



VOICE/TDD (540) 373-3223

FAX (540) 371-3753

NOTICE

TO: Prevention/Public Information Committee
Debbie Draper, Chair, Linda Carter, Beth Elkins, Karen Kallay, Ken Lapin, David Vaughn, and Barbara Williams

FROM: Ronald W. Branscome
Executive Director

SUBJECT: Prevention/Public Information Committee Meeting
Wednesday, September 14, 2016, 12:00 p.m.
600 Jackson Street, Board Room 208, Fredericksburg, VA

DATE: September 6, 2016

A Prevention/Public Information Committee meeting has been scheduled for Wednesday, September 14, 2016, 12:00 p.m., 600 Jackson Street, Board Room 208, Fredericksburg, VA.

Looking forward to seeing you on the 14th.

cc: Linda Ball, Chairman

RAPPAHANNOCK AREA COMMUNITY SERVICES BOARD
PREVENTION/PUBLIC INFORMATION COMMITTEE

Wednesday, September 14, 2016, 12:00 p.m.
Board Room 208
Ronald W. Branscome Building
600 Jackson Street, Fredericksburg, VA 22401

agenda

- | | | | |
|-------|--|-------------------|---------|
| I. | Clinic Open House Events | White pp. | Wagaman |
| II. | 2016 Distinguished Volunteer Nominations | Ivory pp. | Wagaman |
| III. | Annual Report and DVD | Teal p. | Wagaman |
| IV. | FY 2016 Media Mentions | Green pp. | Wagaman |
| V. | Social Media Update | Blue pp. | Wagaman |
| VI. | Board of Directors Tours | Purple pp. | Wagaman |
| VII. | Upcoming Events | Ivory p. | Umble |
| VIII. | Other Business | | Draper |
| IX. | Adjournment | | |



Rappahannock Area Community Services Board

Mental Health • Intellectual Disability • Substance Abuse
• Early Intervention & Prevention Services

Proudly serving the City of Fredericksburg and the Counties of Caroline, King George, Spotsylvania, and Stafford since 1970

Administration/Executive Director: 600 Jackson Street • Fredericksburg, VA 22401 • 540-373-3223 • Fax: 540-371-3753 • www.racsb.state.va.us

The Rappahannock Area Community Services Board (RACSB) will once again host a series of clinic open house events for locally elected officials, community partners, and the public.

The events will be held: from 7:00 p.m. to 8:30 p.m. on the following dates:

- October 19, 2016 – Fredericksburg Clinic, Spotsylvania County Clinic, and Stafford County Clinic (to be held at Kenmore Club)
- October 25, 2016 – Caroline County Clinic
- November 3, 2016 – King George County Clinic

**Rappahannock Area Community Services Board
Clinic Open House Events for Legislators and Community Members
2016 Invitation**

My RACSB....

...Keeps me well. ...Is home. ...Saved my life. ...Is a job that a love. ...Is community.

Join the Rappahannock Area Community Services Board at any of our fall open house events learn more about community-based behavioral health, developmental disability, prevention, and early intervention services.

The evening will feature a video presentation highlighting RACSB accomplishments and plans for the future. RACSB will recognize two volunteers for their service to the community in the areas of behavioral health and developmental disability. Heavy hors d'oeuvres will be served.

RSVP one week in advance of the open house to Amy Umble, Public Information Officer, at 540-940-2314 or aumble@racs.state.va.us.

The events begin at 7:00 p.m. with refreshments and networking. A formal presentation will begin at 7:20 p.m.

October 19, 2016

Kenmore Club at the Barbara C. Terry Building
632 Kenmore Avenue, Fredericksburg, VA 22401

(additional parking available at 700 Kenmore Avenue and 600 Jackson Street)

October 25, 2016

Caroline County Clinic
Patricia K. Spaulding Building
19254 Rogers Clark Boulevard, Ruther Glen, VA 22546

November 3, 2016

King George County Clinic
Marie O. Kunlo Building
8479 St. Anthony's Road, King George, VA 22485

Rappahannock Area Community Services Board

Clinic Open House Events for Legislators and Community Members 2016 Agenda

Agenda

Welcome & Introductions

Chair or Designee, Board of Directors*
Rappahannock Area Community Services Board

- Introduce RACSB Board members in attendance
- Introduce elected officials and other dignitaries
- Recognize clinic coordinator and key staff; encourage facility tours

Video Presentation

- We will show the video on TV/screen in large conference room

2016 Distinguished Volunteer

Debbie Draper (or designee), Board of Directors*
Rappahannock Area Community Services Board

- We will recognize individuals in their home locality unless the individual selects a different date
- All winners will be recognized via the PowerPoint slide show

Speaker (if appropriate)

Speakers will present an overview of new programs being implemented at RACSB over the next year.

Closing Remarks

Board of Directors*
Rappahannock Area Community Services Board








*Board member from locality to be determined.

Planning District 16 Elected Officials

Caroline County






Name	Position/District	Contact Information	Term
Charles Culley 	County Administrator	804-633-5380 Fax: 804-633-4970 cculley@co.caroline.va.us P.O. Box 447 212 North Main St. Bowling Green, VA 22427	Member since 2012
Jeffrey M. "Jeff" Sili 	Bowling Green District	804-633-9084 jsili@co.caroline.va.us jeffsili@carolinefirst.org 205 Travis St. Bowling Green, VA 22427	Member since 2008
Clayton T. Forehand 	Madison District	804-314-3214 cforehand@co.caroline.va.us P.O. Box 217 Ladysmith, VA 2250	Member since 2016 Replaced Wayne Acors
Floyd W. Thomas (Chairman) 	Mattaponi District	804-572-1593 fthomas@co.caroline.va.us floydthome@aol.com P.O. Box 964 Bowling Green, VA 22427	Member since 1992
Nancy Long 	Port Royal District	540-621-9277 nlong@co.caroline.va.us P.O. Box 217 Port Royal, VA 22535	Member since 2016 Replaced Calvin Taylor
Reggie L. Underwood 	Reed Church District	804-690-7936 rlunderwood@co.caroline.va.us 26090 Ruther Glen Rd. Ruther Glen, VA 22546	Member since 2011
Jeffrey S. Black 	Western Caroline District (newly created in 2012)	804-448-1748 jsb231@aol.com 208 Woodside Ln. Ruther Glen, VA 22546	Member since 2012

City of Fredericksburg

Name	Position/District	Contact Information	Term
Timothy J. Baroody	City Manager	540-372-1010 51 Princess Anne Street Room 203 Fredericksburg VA 22401 bcameron@fburg.city.state.va.us	
 Mary Katherine Greenlaw	Mayor, At-large	540-372-1022/540-372-1010 Clerk 715 Princess Anne Street, Room 208 greenlawforcouncil@cox.net marykatherinegreenlaw@gmail.com P.O. Box 7447, Fredericksburg, VA 22404	Mayor July 2, 2012 – June 30, 2016 Council 7/1/2008 – 6/30/2012
 Bradford C. "Brad" Ellis	Ward 1	540-371-0925/540-372-1010, x228 (clerk) 715 Princess Anne Street, Room 208 P.O. Box 7447, Fredericksburg, VA 22404 bellis@fredericksburgva.gov	7/1/2014 – 6/30/2018
 William C. Withers, Jr.	Vice Mayor, Ward 2	540-371-8069/540-372-1010, x228 (clerk) Office: 715 Princess Anne Street, Room 208 Mailing: P.O. Box 7447, Fredericksburg, VA 22404 clydejr@verizon.net	7/1/2014 – 6/30/2018
 Timothy P. Duffy, Ph.D.	Ward 3	571-402-9485/540-372-1010, x228 (clerk) 540-899-8806 Office: 715 Princess Anne Street, Room 208 Mailing: P.O. Box 7447, Fredericksburg, VA 22404 DuffyforCouncil@gmail.com	7/1/2014 – 6/30/2018
 Charlie L. Frye, Jr.	Ward 4	540-374-1612/540-372-1010, x228 (clerk) Office: 715 Princess Anne Street, Room 208 Mailing: P.O. Box 7447, Fredericksburg, VA 22404 chuck_fryejr@yahoo.com	7/1/2014 – 6/30/2018
 Kerry P. Devine	At-large	540-371-7872 (h) Office: 715 Princess Anne Street, Room 208 Mailing: P.O. Box 7447, Fredericksburg, VA 22404 Kerrydevine@cox.net kdevinejohn@aol.com	7/1/2012 – 6/30/2016 Served since 2004
 Matthew J. Kelly	At-large	540-455-7122 715 Princess Anne Street Room 208 P.O. Box 7447 Fredericksburg, VA 22404 kelly058@verizon.net	7/2/2012 – 6/30/2016 Previously served 7/1/2002 – 6/30/2010

<http://fredericksburgva.gov/index.aspx?nid=263> has links to form email for all council members
P.O. Box 7447, Fredericksburg, VA 22404

King George County

Name	Position/District	Contact Information	Term
Travis Quesenberry	County Administrator	540-775-9181 Fax: 540-775-5248 tquesenberry@co.kinggeorge.state.va.us 10459 Courthouse Dr., Suite 200 King George, VA 22485	Retiring in 2016
Ruby Brabo 	Chairman, At-large	540-200-8640 rbrabo@co.kinggeorge.state.va.us	Elected 2015; Replaced Dale Sisson; previously represented the Dahlgren District
John Jenkins, Jr. 	Vice-chairman, Dahlgren District	540-663-6069 jenkinsje@co.kinggeorge.state.va.us	Elected 2015; replaced Ruby Brabo
Richard Granger 	James Madison District	540-775-9604 rgranger@co.kinggeorge.state.va.us	Elected 2015 Replaced Joe Grzekia who did not seek re-election
James B. "Jim" Howard 	James Monroe District	540-755-9039 jlobuglio@co.kinggeorge.state.va.us	Elected 2013; served previously
Cedell Brooks, Jr. 	Shiloh District	540-775-9465 cbrooks@co.kinggeorge.state.va.us	Re-elected 2013

Spotsylvania County

BOS@spotsylvania.va.us

540-507-7010

Name	Position/District	Contact Information	Term
Mark B. Taylor	County Administrator	540-507-7010 (w) NDickinson@spotsylvania.va.us	
Chris Yakabouski 	Battlefield District	Cell: 540-424-1440 Fax: 540-582-7655 cyakabouski@spotsylvania.va.us P. O. Box 99 Spotsylvania, VA 22553	Elected 2013
Greg Cebula 	Berkeley District	Cell: 540-940-9276 Fax: 540-582-8543 gcebula@spotsylvania.va.us P. O. Box 99 Spotsylvania, VA 22553	Elected 2013 to replace retiring Emmitt Marshall
Timothy J. McLaughlin 	Chancellor District	Phone: 540-850-9092 Fax: 540-582-9837 McLaughlinTJ@spotsylvania.va.us P. O. Box 99 Spotsylvania, VA 22553	Elected 2012 Replaced Hap Connors
David Ross 	Courtland District	571-594-0814 Fax: 540-582-9842 David.Ross@spotsylvania.va.us P. O. Box 99 Spotsylvania, VA 22553	Elected 2012 Replaced Jerry Logan
Gary F. Skinner 	Chair, Lee Hill District	540-891-6610 (h) Fax: 540-710-1282 gskinner@spotsylvania.va.us gary.skinner@gdit.com P. O. Box 99 Spotsylvania, VA 22553	Re-elected 2013
Greg Benton 	Livingston District	540-854-4168 (H) 540-903-5261 (C) Fax: 540-507-7019 GBenton@spotsylvania.va.us PO Box 99 Spotsylvania, VA 22553	Elected 2016 Replaced Ann Heidig
Paul D. Trampe 	Salem District	540-850-9073 Fax: 540-582-9843 PTrampe@spotsylvania.va.us P. O. Box 99 Spotsylvania, VA 22553	Elected 2012 Replaced Gary Jackson

Mailing Address:
P.O. Box 99, Spotsylvania, VA 22552

Physical Address:
9104 Courthouse Road, Spotsylvania, VA 22553

Stafford County P.O. Box 339, Stafford, VA 22555-0339

Name	Position/District	Contact Information	Term
Doug Barnes	Interim County Administrator	540-658-4541 (w) dbarnes@staffordcountyva.gov P. O. Box 339 Stafford, Virginia 22555-0339	
 Paul V. Milde III	Aquia District	540-845-1880 (c) pmilde@staffordcountyva.gov http://www.paulmilde.com/ P.O. Box 339 Stafford, VA 22555-0339	1/1/2014 – 12/31/2017 Re-elected 2013
 Meg Bohmke	Falmouth District	540-373-2485 540-658-4541 mbohmke@staffordcountyva.gov P. O. Box 339 Stafford, Virginia 22555-0339	1/1/2014 – 12/31/2017 Replaced Susan Stimpson
 Laura Sellers	Vice-Chairman, Garrisonville District	540-226-6338 lsellers@staffordcountyva.gov P.O. Box 339 Stafford, VA 22555-0339	1/1/2014 – 12/31/2017 Replaced Ty Schieber
 Robert "Bob" Thomas	Chairman, George Washington District	540-446-9216 bthomas@staffordcountyva.gov www.georgewashingtonsupervisor.com P.O. Box 339 Stafford, VA 22555-0339	1/1/2016 – 12/31/2019 Re-elected 2015
 Jack Cavalier	Griffis-Widewater District	540-207-5317 Cell: 540-207-5317 jcavalier@staffordcountyva.gov P.O. Box 339 Stafford, VA 22555-0339	1/1/2012 – 12/31/2015 Previously elected 1999
 Gary Snellings	Hartwood District	540-371-6293 (h) gsnellings@co.stafford.va.us P.O. Box 339 Stafford, VA 22555-0339	1/1/2014 – 12/31/2017 Re-elected
 Wendy Maurer	Rock Hill District	540-226-6589 maurerw@staffordcountyva.gov P.O. Box 339 Stafford, VA 22555-0339	1/1/2016 – 12/31/2019 Replaced Cord Sterling

<http://stafford.va.us/index.aspx?nid=319>


P.O. Box 339, Stafford, VA 22555-0339

1300 Courthouse Road, Stafford, VA 22554

Virginia Senators

<http://viriniageneralassembly.gov/>

Name	District/Term	Capitol Office	District Office	Committee Assignment
<p>Ryan T. McDougale (R)</p> 	<p>4th District - Caroline County (All); Essex County (All); Hanover County (Part); King George County (Part); Lancaster County (All); Middlesex County (All); Northumberland County (All); Richmond County (All); Spotsylvania County (Part); Westmoreland County (Part)</p> <p>House: 2002-2006 Senate: 2006 -</p>	<p>804-698-7504 Fax: 804-698-7943 district04@senate.virginia.gov</p> <p>Senate of Virginia P.O. Box 396 Richmond, VA 23218</p> <p>Room Number: 314 Legislative Assistant: Jason De La Cruz, Jordan Stewart and Rachel Mills</p>	<p>804-730-1026 Fax: 804-730-1051 P.O. Box 187 Mechanicsville, VA 23111</p> <p>www.ryanmcdougale.com</p>	<p>Rules, Chair</p> <p>Finance</p> <p>Courts of Justice</p> <p>Rehabilitation and Social Services</p> <p>Transportation</p>
<p>Bryce E. Reeves (R)</p> 	<p>17th District - Albemarle County (Part); Culpeper County (Part); Fredericksburg City (All); Louisa County (Part); Orange County (All); Spotsylvania County(Part)</p> <p>Senate: 2012 (defeated Edd Houck)</p>	<p>804-698-7517 Fax: 804-698-7651 district17@senate.virginia.gov</p> <p>Senate of Virginia P.O. Box 396 Richmond, VA 23218</p> <p>Room Number: 312 Legislative Assistant: Cassy Horn, Samantha Azarelli, Shawn Rusterholz</p>	<p>540-645-8440 P.O. Box 7021 Fredericksburg, VA 22404</p> <p>www.brycereeves.com 11205 Gray Fox Point, Spotsylvania, VA 22551</p>	<p>General Laws and Technology</p> <p>Courts of Justice</p> <p>Privileges and Elections</p> <p>Rehabilitation and Social Services (Chair)</p> <p>Rules</p>
<p>Jill Holtzman Vogel (R)</p> 	<p>27th District - Clarke County (All); Culpeper County (Part); Fauquier County (All); Frederick County (All); Loudoun County (Part); Stafford County (Part); Winchester City(All)</p> <p>Senate: 2008 -</p>	<p>Phone: (804) 698-7527 Fax: (804) 698-7651 district27@senate.virginia.gov</p> <p>Senate of Virginia P.O. Box 396 Richmond, VA 23218</p> <p>Room No: 309 Legislative Assistant: Tricia Stiles</p>	<p>Phone: (540) 662-4551 Fax: (540) 341-8809</p> <p>117 East Piccadilly Street Suite 100-A Winchester, VA 22601</p>	<p>Rules</p> <p>General Laws and Technology</p> <p>Courts of Justice</p> <p>Finance</p> <p>Privileges and Elections, Chair</p>
<p>Richard Stuart (R)</p> 	<p>28th District - King George County (Part); Prince William County (Part); Spotsylvania County (Part); Stafford County (Part); Westmoreland County (Part)</p> <p>Senate: 2008 -</p>	<p>804-698-7528 Fax: 804-698-7651 district28@senate.virginia.gov</p> <p>Senate of Virginia P.O. Box 396 Richmond, VA 23218</p> <p>Room Number: 302 Legislative Assistant: Taylor B. Stephens; Devon Gooch</p>	<p>804-493-8892 Fax: 804-493-8897</p> <p>P.O. Box 1146 Montross, VA 22520 www.stuartforsenate.com Richard@stuartforsenate.com Home: P.O. Box 128 Mollusk, VA 22517 acp@kaballero.com</p>	<p>Agriculture, Conservation and Natural Resources (Chair)</p> <p>General Laws and Technology</p> <p>Commerce and</p>


				Labor Courts of Justice Rules
 Scott A. Surovell	36th District - Fairfax County (Part); Prince William County (Part); Stafford County (Part) House: 2010-2016 Senate: 2016 – Sen. Puller retired	Phone: (804) 698-7536 district36@senate.virginia.gov Senate of Virginia P.O. Box 396 Richmond, VA 23218 Room No: 308 Legislative Assistant: Nadine Slocum	Phone: (703) 249-4484 Fax: (703) 542-3741 P.O. Box 289 Mount Vernon, VA 22121-0073	General Laws and Technology Local Government Rehabilitation and Social Services

Virginia House of Delegates

<http://viriniageneralassembly.gov/>

Name	District/Term	Capitol Office	District Office	Committee Assignment
 William J. "Bill" Howell (Bill) (R)	28th District: Stafford County (part); City of Fredericksburg (part) House: 1988 – Speaker of the House: 2003 –	804-698-1028 Fax: 804-698-6728 delwhowell@house.virginia.gov General Assembly Building P.O. Box 406 Richmond, Virginia 23218 Room Number: 635 Legislative Assistant: Kathy Roberts, Chief of Staff; Matthew Moran, Director of Policy & Communications; Chris West, Deputy Director of Policy and Communications Secretary During Session: Debbie Howard	540-371-1612 Fax: 540-371-7449 P.O. Box 8296 Fredericksburg, VA 22404 delwhowell@house.virginia.gov Home: 6 Hunters Ct., Falmouth, VA 22405 delhowell@aol.com www.williamjhowell.org 106 Carter St., 22405	Speaker of the House 2003 – Rules (Chair)
 L. Mark Dudenhefer (R)	2nd District: Counties of Prince William (part) and Stafford (Part) House: 2016 – Previously served 2012-2013; replacing Michael T. Futrell	804-698-1002 Fax: 804-698-6702 delmdudenhefer@house.virginia.gov General Assembly Building P.O. Box 406 Richmond, Virginia 23218 Room Number: 407 Legislative Assistant: Dale Hendon Secretary During Session: Mary Woodley	P.O. Box 657 Garrisonville, VA 22463 (804) 698-1002 http://va02.com/	Education Science/ Technology Transportation

<p>Robert D. "Bobby" Orrock, Sr. (R)</p> 	<p>54th District: Caroline County (part) and Spotsylvania County (part)</p> <p>House: 1990 –</p>	<p>804-698-1054 Fax: 804-698-6754 DelBORrock@house.virginia.gov</p> <p>General Assembly Building P.O. Box 406 Richmond, Virginia 23218</p> <p>Room Number: 701 Legislative Assistant: Judy Robinson Secretary During Session: Jackie Price</p>	<p>540-891-1322 P.O. Box 458 Thornburg, VA 22565 DelBORrock@house.virginia.gov</p> <p>boorock@wwlnk.net 12387 Nancy Wrights Dr., Woodford, VA 22580</p> <p>www.bobbyorrock.net</p>	<p>Health Welfare and Institutions (Chair)</p> <p>Finance</p> <p>Agriculture Chesapeake and Natural Resources</p> <p>Rules</p>
<p>Hyland F. "Buddy" Fowler, Jr. (R)</p> 	<p>55th District: Caroline County (part); Hanover County (part); Spotsylvania County (part)</p> <p>House: 2014</p>	<p>804-698-1055 Fax: 804-698-6755 delbfowler@house.virginia.gov</p> <p>General Assembly Building P.O. Box 406 Richmond, Virginia 23218</p> <p>Room Number: 810 Legislative Assistant: Dale Hargrove Alderman Secretary During Session: Kathy Glazebrook</p>	<p>804-305-8867 Fax: 10321 Washington Hwy Glen Allen, VA 23059</p> <p>http://buddyfowler.com</p>	<p>Finance</p> <p>Militia, Police and Public Safety</p> <p>Privileges and Elections</p>
<p>Peter F. Farrell (R)</p> 	<p>56th District: Counties of Goochland (part), Henrico (part), Louisa, and Spotsylvania (part)</p> <p>House: 2012 –</p>	<p>804-698-1056 Fax: 804-698-6756 delpfarrell@house.virginia.gov</p> <p>General Assembly Building P.O. Box 406 Richmond, Virginia 23218</p> <p>Room Number: 528 Legislative Assistant: Jameson Babb and Ben Dessart Secretary During Session: Burnette Sales</p>	<p>804-644-0266 P.O. Box 87 Richmond, VA 23218</p> <p>www.farrellfordelegate.com</p>	<p>Commerce and Labor</p> <p>Finance</p> <p>Health, Welfare, and Institutions</p>
<p>Mark L. Cole (R)</p> 	<p>88th District: Fauquier County (part); Spotsylvania County (part); Stafford County (part); City of Fredericksburg (part)</p> <p>House: 2002 –</p>	<p>804-698-1088 Fax: 804-698-6788 DelMCole@house.virginia.gov</p> <p>General Assembly Building P.O. Box 406 Richmond, Virginia 23218</p> <p>Room Number: 822 Legislative Assistant: Karen Stuber Secretary During Session: Barbara Kelley</p>	<p>540-786-3402 delmcole@house.virginia.gov P.O. Box 41965 Fredericksburg, VA 22404-1965</p> <p>www.markcole.com 540-226-9105</p>	<p>Privileges and Elections (Chair)</p> <p>Education Finance</p>
<p>Margaret B. Ransone (R)</p>	<p>99th District: Caroline County (part), King George County,</p>	<p>804-698-1099 Fax: 804-786-6310 DelMRansone@house.virginia.gov</p>	<p>804-472-4181 Fax: 804-493-8481 P.O. Box 358 Kinsale, VA 22488</p>	<p>Privileges and Elections</p> <p>Commerce</p>

	Lancaster County, Northumberland, Richmond, and Westmoreland House: 2012 Replaced Al Pollard	General Assembly Building P.O. Box 406 Richmond, Virginia 23218 Room Number: 512 Legislative Assistant: Jake Salmons Secretary During Session: Harriett Frank	DeIMRansone@house.virginia.gov www.margaretransone.com	and Labor Agriculture Chesapeake and Natural Resources
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Following the 2012 redistricting, Caroline and Spotsylvania Counties are no longer part of the 97th District which is represented by Chris Peace.

Commonwealth of Virginia

Governor Terry R. McAuliffe (D)

Elected 11/2013

Office of the Governor, Patrick Henry Building, 3rd Floor, 1111 East Broad St., Richmond, VA 23219

Phone: 804-786-2211

Fax: 804-371-6351

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Lt. Governor Ralph S. Northam (D)

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Attorney General

Mark R. Herring (D)

www.herringforag.com

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U.S. Senators

Mark R. Warner (D)

919 E. Main Street, Suite 630, Richmond, VA 23219

U.S. Senate, 475 Russell Senate Office Bldg., Washington, D.C. 20510

202-224-2023

Re-elected 2014

senator@warner.senate.gov

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Timothy Kaine (D)

919 E. Main Street, Suite 970, Richmond, VA 23219

U.S. Senate, 231 Russell Senate Office Bldg., Washington, D.C. 20510

804-771-2221 Fax: 804-771-8313

202-224-4024 Fax: 202-228-6363

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www.kaine.senate.gov

U.S. House of Representatives – 1st Congressional District

Rob Wittman (R)

Re-elected 2014

540-548-1086

www.wittman.house.gov

P.O. Box 999, Montross, VA 22520

2454 Rayburn House Office Bldg., Washington, D.C. 20515

202-225-4261 Fax: 202-225-4382



Rappahannock Area Community Services Board

Mental Health • Intellectual Disability • Substance Abuse
• Early Intervention & Prevention Services

*Proudly serving the City of Fredericksburg and the Counties of Caroline, King George,
Spotsylvania, and Stafford since 1970*

Administration/Executive Director: 600 Jackson Street • Fredericksburg, VA 22401 • 540-373-3223 • Fax: 540-371-3753 • www.racsb.state.va.us

Memorandum

To: Ron Branscome, Executive Director **From:** Michelle Wagaman, Prevention and Public Information Coordinator

Date: 8/29/2016

Re: 2016 Distinguished Volunteer Nominations

The Rappahannock Area Community Services Board has received the following nominations for the 2016 Distinguished Volunteer Awards:

Behavioral Health

- Bobby Anderson
- Susan Calhoun-Sousie
- Brenda Lackie

Developmental Disability

- Susan Hartsook (two nominations)
- Judy Little

Distinguished Volunteer of the Year Nominee – Behavioral Health

Name: Bobby Anderson

Nominated by: Sherry Norton-Williams, Rappahannock Area Kids on the Block

Bobby Anderson is retired but you wouldn't know it from his schedule and membership in numerous community organizations. He is an active and dedicated volunteer seeking to improve the overall health of our community.

Bobby served on the Board of Directors of the Rappahannock Area Council for Sexual Assault and took on the role of interim Executive Director for several months. He has been a Big Brother and mentor.

Bobby currently serves on the Leadership Team of our local coalition, The Community Collaborative for Youth and Families. He is also active with the Data Committee. Bobby has spent several weekends visiting the jail to conduct a survey to aid the long-term goal to reduce recidivism. He regularly is the first to volunteer, seeks opportunities to collaborate, and brings his experience to the table.

Bobby is active with the Fredericksburg Host Lion's Club. He regularly volunteers to provide the sight and hearing screenings at community events.

Distinguished Volunteer of the Year Nominee – Behavioral Health

Name: Susan Calhoun-Sousie

Nominated by: Tracy Ringquist, Interim Director, Recovery in Motion

Susan definitely embodies the characteristics of initiative, creativity, leadership, dependability, excellent inter-relationships with co-workers, and members, and has outstanding performance in her volunteer roles of co-director and group facilitator at Recovery in Motion.

Susan's initiative and creativity are closely intertwined. She did not want the monthly calendar to just say "drop-in" as the activity, so she created several new groups. These groups included a support group for Spanish speakers; a writing workshop; sewing circle; The Great Ideas Forum (a discussion group); and Moving from Surviving to Thriving. The last two groups have been quite popular with members. Susan has structured the groups to make them engaging to members. She uses handouts and videos to supplement the materials she presents. She frequently reformats information she finds online to make it more visually appealing, easier to read, and to print on less paper. Susan's creativity is particularly evident in her creation of forms for the office. She has a true gift for creating forms from scratch to help streamline office procedures. Some of the forms she has made include the general daily sign in sheet, group sign in sheet, and membership application.

Susan has provided solid leadership and has been quite dependable. When she agreed to be co-director, she thought the position would be three months long. She ended up filling that role, as a volunteer, for 11 months. While working as co-director, she also facilitated five to six groups each week. In the 11 months she was functioning as co-director and facilitator, she only missed one day of work. She is always very prompt with her follow-through of all tasks.

Susan has strong inter-relationships with co-workers, the public, and members. She worked very well with the other co-director. They worked as a team and there was no sense of competition. Susan has represented Recovery in Motion in several public events and has an easy way of relating to people that gets them talking. Members love her. There are always positive things

when a member discusses Susan and the groups she facilitates. A member said, “Susan has wonderful skill as a group facilitator. She has a way of interjecting her words of wisdom with a touch of her own style of humor at just the right time.” Susan’s outgoing personality, coupled with her skill as a peer support specialist, are a huge asset in her work at Recovery in Motion.

Susan’s most outstanding act was reformatting a program called Pathways to Recovery. The facilitator and participant manual used differed units of time within each chapter. She spent a great deal of time working on the facilitator manual so the objectives of each section became synchronized with those of the participant manual. This was a complicated and tedious undertaking that she did on her own, so that the program would be substantially more user friendly for the next person who facilitates it.

In closing, Susan deserves recognition for all of her hard work as both co-director and group facilitator.

Distinguished Volunteer of the Year Nominee – Behavioral Health

Name: Brenda Lackie

Nominated by: Tracy Ringquist, Interim Director, Recovery in Motion

Brenda Lackie embodies the six (6) characteristics used for this nomination. Brenda comes up with creative topics for the support group she co-facilitates, including such things as “*What Can I Invent?*” - *Maybe it's not the circumstances, but the way you're telling the "story". We will look at how to create a new framework that allows for the choices you desire; Vision Board - Supplies will be provided for creating a poster expressing your aspirations and goals. Start dreaming now! What is safer than safe? - Using the past in a way that helps us grow and thrive. Handling Loss and Uncertainty: Helpful strategies for coping with grief and ambiguous circumstances.* Members like her groups and really enjoyed making vision boards; they have requested it be repeated in the future.

Brenda also volunteers as interim office manager. I am consistently amazed at her level of initiative! If she sees something that she can improve, she tackles making a better system for what needs to be fixed. She works very well independently.

Over the last year, Brenda has stepped up from being an active member, to taking the Peer Recovery Specialist training, to becoming a facilitator, to also volunteering as interim office manager which includes supervision of the receptionists and greeters. Because of her volunteer work at Micah and Recovery in Motion, Brenda has received her certification as a peer recovery specialist.

Brenda is one of the most dependable people I have ever met. If she says she will be here, I never have to worry that she won't show. There was one instance that she needed to provide emergency peer support for someone from Micah. Brenda called me several hours before her shift, explained the situation and asked if it was alright if she went to help this person because it might make her late to work. To date, she has not missed any days. She gave me several weeks' notice that she is going to miss a day for family reasons.

Brenda works very well with others, be they co-workers, the public or members. Brenda has a calm aura that is infectious to all. Co-workers respect her. A fellow co-worker asked not to be re-nominated for this award; she would rather see Brenda recognized for all her hard work. Brenda has had some challenging calls from the public and handled them calmly and graciously.

A member so aptly described Brenda as “a wonderful person. If she sees something wrong or someone sad, she goes right to them.” Brenda has very quickly adapted to her role as office manager. She has been asked to use software that she has never used before and has produced output with it in substantially less time than our old manager who had been using the software for months. Brenda is quite resourceful and I am regularly astonished with her work. Brenda is a great asset to us and deserves this recognition.

Distinguished Volunteer of the Year Nominee – Developmental Disability

Name: Susan Hartsook

Nominated by: Jim Gillespie, RAAI Director and Deb Johnson, RACSB Administrative Associate, Community Support Services

In an effort to help individuals with Developmental Disabilities in our community, Susan Hartsook has volunteered on the Board of Directors of Rappahannock Adult Activities since 2004. During her 12 years on the RAAI Board, Ms. Hartsook has been an active leader holding the positions of Secretary/Treasurer in 2006, Vice-President from 2007 to 2010, and President from 2011 to 2015. She is a high achiever contributing to family picnics, fundraisers, employee appreciation events, and many endeavors to develop better services for the people with developmental disabilities.

With her banking and management experience, Ms. Hartsook has helped RAAI set-up activity fund procedures and assisted with maintaining RAAI Board financial accounts.

Ms. Hartsook has devoted many years on the RAAI Business Committee in the development of the RAAI Long Range Plan and Employment opportunities for RAAI individuals expressing a desire to work.

Ms. Hartsook gives endless time and resources to the annual Mayfest fundraiser. In addition to working the event, she recruits volunteers, including her family and youth groups such as The Rainbow Girls and Boy Scouts. The popular RAAI raffle is in large part due to Susan's creative raffles prized and the encouragement of others to also donate.

Ms. Hartsook is a strong advocate at social events and educates the public about the RAAI mission and vision. Susan spearheaded a large Chamber of Commerce Public information party for RAAI last year. This outreach publicized the needs of persons with developmental disabilities to a new segment of our community and left a lasting impression.

Ms. Hartsook has strong leadership skills in developing a productive Board. People are attracted to her abilities and friendship.

She is always available to contribute her talents, funds and humor to help RAAI expand their mission. For years she has worked behind the scenes and it is time to put her front and center as Volunteer of the Year for her positive impact on individuals with Developmental Disabilities.

Distinguished Volunteer of the Year Nominee – Developmental Disability

Name: Susan Hartsook

Nominated by: Kathy Valentine, RAAI Board of Directors

The Board of Directors of Rappahannock Adult Activates, Inc. agrees on the nomination of Susan Hartsook for the 2016 Distinguished Volunteer Service Award. Susan has been involved with the RAAI as a member of the Board and a contributor to the success of many individuals attending day support services at RAAI.

Susan is known in the community as: Marketing Manager, Vice President with Union Bank and Trust, Mike's wife, mother of two grown children, and the grandmother to three adorable grandchildren. To those of us associated with RAAI, she is known as a person that will always give her time and energies to make life better for individuals with Intellectual Disabilities. She led the Board of Directors as President for 3 years and served in many other capacities on the Board. Susan has volunteered to take time on her weekends to be present at plant sales, Mayfest, and any other event that needed a hand. She has attended many committee meetings over the years.

Susan has worked with the Board when there were tough decisions to be made and has also assisted in making sure there were opportunities for individuals attending RAAI to benefit from new opportunities. She has given her time and talents to help formulate Long Range Plans, making sure that the pathways we have taken never leave Day Support as just a place to come to, but a place that helps each individual have a chance to be involved out in their community on a daily basis. She has always promoted individual achievement at the highest level for each person with severe and profound disabilities. Additionally, she has been sensitive to the requirements needed to achieve those goals.

When it has come to funding events or providing materials and manpower, Susan is at the top of the list. Susan often has been at the forefront volunteering her financial resources, setting the

tone for her employer to give financially, bringing her family and friends out to give of their time, and looking to other community members to also give of their time and resources.

Susan continues to emphasize that the tireless work accomplished daily by the staff of RAAI should never be taken for granted. She has led the Board of Directors in efforts to show recognition to the achievements made by staff members. She understands that their job often is very difficult, but that the staff members love the individuals they support every day. Due to her many years in management with the bank, board member Susan is often asked for suggestions on how we can ease some of the staff's load to provide better services to the individuals at RAAI.

In closing, it has been an honor to serve with Susan Hartsook on the Board of Directors for the past 15 years. Her service has been of great value to each individual that has received services through Rappahannock Adult Activities, Inc., and this community. Her integrity and leadership have provided positive light for those with Intellectual Disabilities, in their challenges to be successful in all of the ventures ahead. Susan often leads a discussion with "Why not, there has to be a way," and we as Rappahannock Adult Activities, Inc., Board and Staff have silently adopted this as our motto.

Distinguished Volunteer of the Year Nominee – Developmental Disability

Name: Judy Little

Nominated by: Melessa Suder, Horticulture Specialist

Judy is a vital part of Rappahannock Adult Activities' (RAAI) horticultural success.

Each year, she volunteers to round up and schedule approximately 35 Master Gardeners to help with planting and working the two-week sale. This is no small task. In addition, she has scheduled speakers for Mayfest and been more than happy to help in any way when asked. I've never had her tell me "no" and every time she says "yes" it's with a smile and enthusiasm.

During the plant sale, Judy makes herself available almost daily to assist customers in selecting plants for their flower beds and vegetable gardens. She sets up an informational table during the plant sale providing customers with educational handouts and soil testing kits.

Judy has volunteered with us for 10 years and looks forward to it each and every year. She helps in setup and shutdown and helps me compile a list after each sale of which vegetables sold great and which ones we should replace.

She has become rather popular with our customers and some even ask for the "Vegetable Queen" while shopping. She has my utmost respect and the respect of all those who help with the plant sale.

Judy has also been involved with the Fall Mum Sale as well as the Poinsettia Sale. She has spent many hours at RAAI during the sales, but also watering, unloading plant deliveries, setting up displays, tearing down displays, etc. I simply cannot imagine our Horticulture Program without her being part of it. She is an amazing and generous woman who is fully deserving of the Volunteer of the Year Award.



Rappahannock Area Community Services Board

Mental Health • Intellectual Disability • Substance Abuse
• Early Intervention & Prevention Services

*Proudly serving the City of Fredericksburg and the Counties of Caroline, King George,
Spotsylvania, and Stafford since 1970*

Administration/Executive Director: 600 Jackson Street • Fredericksburg, VA 22401 • 540-373-3223 • Fax: 540-371-3753 • www.racsb.state.va.us

Memorandum

To: Ron Branscome, Executive Director **From:** Michelle Wagaman, *Prevention and Public Information Coordinator*
Date: 9/1/2016 **Phone Number:** 540-940-2314
Re: Annual Report & DVD **Email:** mwagaman@racsb.state.va.us

The theme for the Fiscal Year (FY) 2016 Rappahannock Area Community Services Board Annual Report and DVD is “My RACSB.”

RACSB is working with local vendor Stafford Printing to print and mail the Annual Report.

RACSB has once again contracted with BonAdventure Video and Creative Group to film and produce the DVD. Filming began in mid-July and continuing. Several weeks in September will be spent in the studio editing and creating the final product. The DVD will debut at the clinic open house events. It will then be shown in RACSB clinic lobbies and at community events throughout the year. The DVD will also be placed on RACSB social media accounts and the state YouTube site.



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In Fiscal Year 2016 RACSB disseminated 20 media releases that resulted in 614 media mentions.

RACSB staff members conducted 38 community presentations.

RACSB media releases are posted on the agency website, employee Intranet, and social media presences. The releases are distributed via email to local media outlets as well as to RACSB staff. Online calendars and other resources are utilized. RACSB utilizes the Rappahannock United Way list serve to share information with community partners and civic minded individuals.

Month	Number of Media Releases	Number of Media Mentions	Number of Presentations
July 2015	2	29	4
August 2015	0	49	3
September 2015	3	54	5
October 2015	0	42	1
November 2015	2	49	6
December 2015	1	52	0
January 2016	1	39	0
February 2016	1	66	3
March 2016	1	51	0
April 2016	5	78	9
May 2016	2	76	4
June 2016	1	29	2
Totals:	19	614	39



Rappahannock Area Community Services Board

Fiscal Year 2016 Media Mentions

Media Releases

1. July 15, 2015 – RACSB Elects New Board Officers
2. July 16, 2015 – RACSB Welcomes New Board Member
3. September 11, 2015 – Rappahannock Adult Activities Fall Plant Sale Starts September 14th
4. September 23, 2015 – Vendors Sought for Craft Fair to Benefit the Program for Teen Parents
5. September 28, 2015 – RACSB to Host Annual Clinic Open House Events
6. November 11, 2015 – Craft Fair to Benefit the Program for Teen Parents
7. November 11, 2015 – Rappahannock Adult Activities Poinsettia Sale
8. December 11, 2015 – Rappahannock Adult Activities Assistant Coordinator to Retire; Celebration to be Held December 17
9. January 22, 2016 – RACSB Announces Mental Health First Aid Training Dates for 2016
10. February 18, 2016 – RACSB Hosting Community Open House at the New Wolfe Street Intermediate Care Facility
11. March 1, 2015 – 12th Annual Art of Recovery Exhibit Seeks Submissions
12. April 6, 2016 – RACSB Youth Mental Health First Aid Training on April 19
13. April 8, 2015 – RACSB Seeks Input into Comprehensive Plan
14. April 14, 2016 – 12th Annual Art of Recovery Exhibit opens May 16th
15. April 25, 2016 – 30th Annual Mayfest Celebration to be held May 7th at Rappahannock Adult Activities
16. April 26, 2016 – Healthy Families Rappahannock Area Hosting Safety First Regional Car Seat Campaign on Many 14th
17. May 5, 2016 – RACSB Extends Deadline to Provide Input into Comprehensive Plan
18. May 11, 2016 – Kenmore Club Hosting Peer-to-Peer Class
19. June 29, 2016 – RACSB Seeks Nominations for 31st Annual Volunteer Award

Total: 19

Media Mentions

1. July 1, 2015 – June 30, 2015 – Office on Youth: RACSB FY2015 Community Partner
2. July 2, 2015 Veteran's Corner Vocal newsletter: Local Support Groups for Veterans & Their Family Members (HPR1)
3. July 12, 2015 – The Free Lance-Star: RACSB Volunteer Award Nominations

4. July 12, 2015 – The Free Lance-Star: Ad seeking residential counselors
5. July 12, 2015 – The Free Lance-Star: The Sunshine Lady House counselor ad
6. July 16, 2015 – The Free Lance-Star: The Caroline Progress Patricia K. Spaulding Building mental health services ad
7. July 17, 2015 – Stafford County Sun: Charles A. Cooper Building mental health services ad
8. July 17, 2015 – The Free Lance-Star: Healthy Families-Rappahannock Area
9. July 17, 2015 – Stafford County Sun: Matthew Zurasky reelected RACSB Board of Directors
10. July 18, 2015 – The Journal: Marie O. Kunlo Building mental health services ad
11. July 19, 2015 – The Free Lance-Star: SPOTLIGHT Volunteer Nomination Request
12. July 19, 2015 – The Free Lance-Star: seeking residential counselors & full time Mental Health Residential Counselors
13. July 23, 2015 - Veteran's Corner Vocal enewsletter: Local Support Groups for Veterans & Their Family Members (HPR1)
14. July 24, 2015 - Veteran's Corner Vocal enewsletter: Local Support Groups for Veterans & Their Family Members (HPR1)
15. July 24, 2015 – Fredericksburg Today: RACSB Crisis Intervention Team (CIT) Training, completed by Fredericksburg Police Officer Melanie Schafer
16. July 26, 2015 – The Free Lance-Star: Kathy Collins, RACSB Board of Directors
17. July 26, 2015 – The Free Lance-Star: Tocqueville Society – James and Janis Gillespie,
18. Bruce and Sharon Killian, Ken and Sherri Lapin (Sharon Lee), Matt Zurasky
19. July 26, 2015 – The Free Lance-Star: 2014 Rapp. United Way Campaign Donation Thank you to RACSB
20. July 26, 2015 – The Free Lance-Star: Day Support Counselors employment ad
21. July 26, 2015 – The Free Lance-Star: Residential Counselors employment ad
22. July 26, 2015 – The Free Lance-Star: Job Fair for behavioral health and intellectual disability services
23. July 26, 2015 – The Free Lance-Star: Employee of the Fourth Quarter-Tiana Corbet (Leeland Road Group Home Manager)
24. July 27, 2015 - Veteran's Corner Vocal enewsletter: Local Support Groups for Veterans & Their Family Members (HPR1)
25. July 30, 2015 - Veteran's Corner Vocal enewsletter: Local Support Groups for Veterans & Their Family Members (HPR1)
26. July 30, 2015 – The Caroline Progress: Patricia K. Spaulding Building services ad
27. July 2, 2015 – Veteran's Corner Vocal enewsletter: Local Support Groups for Veterans & Their Family Members (HPR1)
28. July 31, 2015 – Stafford County Sun: Charles A. Cooper Building services ad
29. July 2015 – Marie O. Kunlo Building services ad
30. August 2015 – Fredericksburg Regional Business: RACSB newly elected officers Matthew Zurasky, Linda Ball, G. Warren Samuel
31. August 2015 – Fredericksburg Parent and Family: Fredericksburg Main Street Initiative
32. August 2015 – Fredericksburg Parent and Family: Early childhood development intervention
33. August 2015 – FredParent.net: RACSB Project Link
34. August 2015 – Fredericksburg Parent and Family: RACSB Parenting Resource ad

35. August 2, 2015 – The Free Lance-Star: Job Fair for behavioral health and intellectual disability services ad (LARGE AD)
36. August 2, 2015 – The Free Lance-Star: : Job Fair for behavioral health and intellectual disability services ad (small AD)
37. August 2, 2015 – The Free Lance-Star: “Help Wanted” section 218 for various positions
38. August 3, 2015 – Chamber of Commerce: Joe Wickens, RACSB Service Board Member
39. August 3, 2015 – Spotsylvania Sheriff’s Office: Donation to Virginia Wounded Warrior Project
40. August 4, 2015 – Fredericksburg.com: Chamber of Commerce Leadership class, Joe Wickens, RACSB Service Board Member
41. August 5, 2015 – KG Journal: Job Fair ad for behavioral health and intellectual disability services
42. August 5, 2015 – Rappahannock United Way: 2016 Roundtable Schedule
43. August 5, 2015 – Fredericksburgparent.net: RACSB Parent Education-Infant Development Program
44. August 5, 2015 – The Free Lance-Star: Job Fair ad for various positions
45. August 6, 2015 – Caroline Progress: Patricia K. Spaulding Building services ad
46. August 6, 2015 – Caroline Progress: Job Fair ad for behavioral health and intellectual disability services
47. August 6, 2015 – Virginia Dept. of Behavioral Health & Developmental Services: Monthly newsletter
48. August 6, 2015 - Veteran’s Corner Vocal newsletter: Local Support Groups for Veterans & Their Family Members (HPR1)
49. August 8, 2015 – The Free Lance-Star: Wall of Honor, Marie Kunlo devoted decades to RACSB
50. August 8, 2015 – The Free Lance-Star: Employment ad for Mental Health Residential Counselors
51. August 9, 2015 – The Free Lance-Star: Employment ad for various positions
52. August 9, 2015 – Fredericksburg.com: Kathy Collins, three-year term RACSB BoD
53. August 10, 2015 - Veteran’s Corner Vocal newsletter: Local Support Groups for Veterans & Their Family Members (HPR1)
54. August 13, 2015 - Veteran’s Corner Vocal newsletter: Local Support Groups for Veterans & Their Family Members (HPR1)
55. August 12, 2015 – The Journal: Marie O. Kunlo Building services ad
56. August 14, 2015 – Stafford County Sun: Charles A. Cooper Building services ad
57. August 14, 2015 – Fredericksburg.com: Wall of Honor, Marie Kunlo devoted volunteer to RACSB for decades
58. August 16, 2015 – The Free Lance-Star: Employment ad for various positions
59. August 16, 2015 – The Free Lance-Star: Employment ad for PACT Team Leader/Coordinator II & Manager-Mental Health Nurse, PACT
60. August 17, 2015 - Veteran’s Corner Vocal newsletter: Local Support Groups for Veterans & Their Family Members (HPR1)
61. August 19, 2015 - Veteran’s Corner Vocal newsletter: Local Support Groups for Veterans & Their Family Members (HPR1)
62. August 21, 2015 – Stafford County Sun: Charles A. Cooper Building services ad
63. August 23, 2015 – The Free Lance-Star: Employment ad for various positions

64. August 23, 2015 – The Free Lance-Star: Juvenile Drug Treatment Court Supervisor
65. August 23, 2015 – The Free Lance-Star: RACSB intervention program for cannabis oil usage in a toddler for seizures
66. August 23, 2015 – Fredericksburg.com: Toddler enrolled in RACSB intervention program for the use of cannabis oil with a toddler suffering from seizures
67. August 24, 2015 - Veteran’s Corner Vocal newsletter: Local Support Groups for Veterans & Their Family Members (HPR1)
68. August 26, 2015 – Caroline Progress: Patricia K. Spaulding Building services ad
69. August 26, 2015 – Marie O. Kunlo Building services ad
70. August 27, 2015 - Veteran’s Corner Vocal newsletter: Local Support Groups for Veterans & Their Family Members (HPR1)
71. August 28, 2015 – Stafford County Sun: Charles A. Cooper Building services ad
72. August 28, 2015 – The Free Lance-Star Guide To Living: RACSB Child Development page 38
73. August 28, 2015 – The Free Lance-Star Guide To Living: RACSB Services List page 55
74. August 28, 2015 – The Free Lance-Star Guide To Living: RACSP Rappahannock Area Kids On The Block/Summer Junction page 54
75. August 30, 2015 – The Free Lance-Star: “Thank You” from RACSB to current & future employees
76. August 30, 2015 – The Free Lance-Star: Employment ad for various positions
77. August 30, 2015 – The Free Lance-Star: Youth Mental Health First Aid Training
78. August 31, 2015 - Veteran’s Corner Vocal newsletter: Local Support Groups for Veterans & Their Family Members (HPR1)
79. September 2015 – Fredericksburg Parent and Family: Early Childhood Intervention page 26
80. September 2015 – FredParent.net: RACSB Project Link page 19
81. September 2015 – Fredericksburg Parent and Family: RACSB Youth Mental Health First Aid Training
82. September 1, 2015 – NAMI-R: Monthly Meeting (September)
83. September 3, 2015 – Veteran’s Corner Vocal newsletter: “Art of Recovery” celebrates eleven years
84. September 3, 2015 - Veteran’s Corner Vocal newsletter: Local Support Groups for Veterans & Their Family Members (HPR1)
85. September 3, 2015 – The Journal: Patricia K. Spaulding Building services ad
86. September 4, 2015 – The Free Lance-Star: Obituary, Barbara C. Terry, served 20 years on RACSB Board of Directors
87. September 4, 2015 – Fredericksburg.com: Obituary, Barbara C. Terry, served Rappahannock area for 20 years volunteering
88. September 6, 2015 – The Free Lance-Star: Employment ad for residential counselors
89. September 6, 2015 – Classified section ad for Mental Health Residential Counselors
90. September 8, 2015 – The Free Lance-Star: Obituary, Wanda Mundy attended Rappahannock Adult Activities Center since 1978
91. September 8, 2015 – Fredericksburg.com: Obituary, Wanda Mundy attended Rappahannock Adult Activities Center since 1978
92. September 9, 2015 – The Journal: Marie O. Kunlo Building services ad

93. September 9, 2015 – The Caroline Progress: Obituary, Barbara Crismond Terry, RACSB BOD for 20 years
94. September 10, 2015 - Veteran’s Corner Vocal enewsletter: Local Support Groups for Veterans & Their Family Members (HPR1)
95. September 10, 2015 – HEALTHY FAMILIES: Flyer “Healthy Families Rappahannock Area 2015 Graduation Ceremony
96. September 10, 2015 – Fredericksburgparent.net RACSB ”PROJECT LINK” Blogger Glenda Knight, MA on FASD Month
97. September 11, 2015 – Stafford County Sun: Charles A. Cooper Building services ad
98. September 11, 2015 – The Free Lance-Star: RACSB “Mental Health First Aid” training course
99. September 13, 2015 – The Free Lance-Star: RACSB Residential Counselors ad
100. September 13, 2015 – The Free Lance-Star: Rappahannock Adult Activities “Fall Plant Sale” ad
101. September 13, 2015 – The Free Lance-Star: RACSB “Now Hiring” PACT Team Leader/Mental Health Nurse
102. September 14, 2015 – Fredericksburg Regional Chamber of Commerce: RACSB advertisement
103. September 14, 2015 - Veteran’s Corner Vocal enewsletter: Local Support Groups for Veterans & Their Family Members (HPR1)
104. September 14, 2015 – The Free Lance-Star: Wounded Warrior Annual BBQ by American Legion Post 89
105. September 17, 2015 – Fredericksburg Today: “Recovery In Motion” free workshop
106. September 17, 2015 – The Caroline Progress: Patricia K. Spaulding Building services ad
107. September 20, 2015 – The Free Lance-Star: Rappahannock Adult Activities “Fall Plant Sale” ad
108. September 20, 2015 – The Free Lance-Star: Residential Counselors employment ad
109. September 20, 2015 – The Free Lance-Star: Juvenile Drug Treatment Court Supervisor employment ad
110. September 21, 2015 - Veteran’s Corner Vocal enewsletter: Local Support Groups for Veterans & Their Family Members (HPR1)
111. September 23, 2015 – The Journal: Marie O. Kunlo Building services ad
112. September 23, 2015 – Rappahannock UW-info share Yahoo: RACSB Program For Teen Parents November 21st Craft Fair ad
113. September 23, 2015 – The Free Lance-Star: Shiloh Baptist Church State Landmark/Rev. Lawrence A. Davies
114. September 23, 2015 – Fredericksburg.com: Shiloh Baptist Church State Landmark/Rev. Lawrence A. Davies
115. September 23, 2015 – MEDIA RELEASE: Teen Parent Program Craft Fair Benefit for 11/21/15
116. September 24, 2015 – Veteran’s Corner Vocal enewsletter: Local Support Groups for Veterans & Their Family Members (HPR1)
117. September 25, 2015 – Stafford County Sun: Charles A. Cooper Building services ad
118. September 25, 2015 – Fredericksburgparent.net: RACSB ”PROJECT LINK” Blogger Glenda Knight, MA on FASD Month

119. September 27, 2015 – The Free Lance-Star: Recruiting ad – various positions for employment
120. September 27, 2015 – The Free Lance-Star: Residential Counselors employment ad
121. September 27, 2015 – The Free Lance-Star: Clinic Open House Events ad for: Spotsylvania County Clinic, Fredericksburg Clinic, Stafford County Clinic, Caroline County Clinic, King George County Clinic
122. September 26, 2015 – The Free Lance-Star: Wounded Warrior benefit from DECA students from King George High School
123. September 27, 2015 – The Free Lance-Star: HOUCK Shooting article with RACSB Mental Health Resources list
124. September 27, 2015 – Fredericksburg.com: Mental Health Resources Available in Fredericksburg Region
125. September 27, 2015 – Fredericksburg.com: Christ Church Celebrates Expanded Ministry RACSB was permitted to expand of its programs
126. September 28, 2015 – Fredericksburg.com: Mental Health Resources Available in Fredericksburg Region
127. September 28, 2015 – Fredericksburg.com: Mental Health Resources Available in Fredericksburg Region
128. September 28, 2015 – Rappahannock UW-info share Yahoo: RACSB hosting annual clinic open house events
129. September 28, 2015 – MEDIA RELEASE: RACSB to Host Annual Clinic Open House Events
130. September 28, 2015 – The Free Lance-Star: Safe Harbor for Kids, RACSB provides trauma therapist Tia Bach.
131. September 28, 2015 – Fredericksburg.com: Safe Harbor for abused Kids, needs space. RACSB Therapist Tia Bach provides trauma counseling
132. September 2015 – King George LIVING WELL: Marie Kunlo article of her dedication to the Rappahannock community
133. October 2015 – Fredericksburg Parent: Parenting Resources ad
134. October 2015 – FredParent.NET: “Project LINK” ad
135. October – Fredericksburg Parent and Family: “Early Intervention” (PE-ID & Child Find special ed)
136. October 1, 2015 – The Caroline Progress: Patricia K. Spaulding Building services ad
137. October 2, 2015 – Fredericksburgchamger.org: RACSB hosting open house for five outpatient clinics; Spotsylvania Clinic, Fredericksburg Clinic, Caroline County Clinic, King George County Clinic
138. October 2, 2015 – Stafford County Sun: RACSB Hosts Open Houses for; Spotsylvania County Clinic, Fredericksburg Clinic, Stafford County Clinic, Caroline Clinic, King George County Clinic
139. October 4, 2015 – The Free Lance-Star: Health Calendar, RACSB Mental Health First Aid training for adults
140. October 5, 2015 - Veteran’s Corner Vocal newsletter: Local Support Groups for Veterans & Their Family Members (HPR1)
141. October 5, 2015 – Fredericksburg.com: Micah Ministries in association with RACSB
142. October 5, 2015 – NAMI-R email distribution: Program/Presentation on “opioid antidotes” presented in part by RACSB

143. October 6, 2015 – Fredericksburg Regional Chamber of Commerce: RACSB as a participating advertiser
144. October 6, 2015 – The Free Lance-Star: VA Attorney General offering police statewide Crisis Intervention Training (CIT) via RACSB
145. October 6, 2015 – Fredericksburg.com: AG Mark Herring offering police statewide “Crisis Intervention Training via RACSB
146. October 7, 2015 – The Journal: Marie O. Kunlo Building services ad
147. October 9 2015 – Stafford County Sun: Charles A. Cooper Building services ad
148. October 11, 2015 – The Free Lance-Star: Juvenile Drug Treatment Court Supervisor employment ad
149. October 11, 2015 – The Free Lance-Star: Residential Counselors employment ad
150. October 11, 2015 – The Free Lance-Star: RACSB hosting open house events for; Spotsylvania County Clinic, Fredericksburg Clinic, Stafford County Clinic, Caroline County Clinic, King George County Clinic
151. October 11, 2015 – Fredericksburg.com: RACSB hosting open house events for; Spotsylvania County Clinic, Fredericksburg Clinic, Stafford County Clinic, Caroline County Clinic, King George County Clinic
152. October 11, 2015 – The Free Lance-Star: RACSB hosting open house events for; Spotsylvania County Clinic, Fredericksburg Clinic, Stafford County Clinic, Caroline County Clinic, King George County Clinic
153. October 12, 2015 – The Free Lance-Star: RACSB hosting open house events for; Spotsylvania County Clinic, Fredericksburg Clinic, Stafford County Clinic, Caroline County Clinic, King George County Clinic
154. October 13, 2015 – TheJobNetwork.com: PACT Team Leader/Coordinator II Manager employment ad
155. October 15, 2015 – The Caroline Progress: Patricia K. Spaulding Building services ad
156. October 18, 2015 – The Free Lance-Star: RACSB employment ad for Residential Counselors
157. October 18, 2015 – The Free Lance-Star: Help Wanted ad for Utilization Review Specialist
158. October 18, 2015 – The Free Lance-Star: Help Wanted ad for Day Support Aide and Counselor
159. October 18, 2015 – The Free Lance-Star: Help Wanted ad for Residential Counselors
160. October 19, 2015 – Fredericksburg.com: Obituary for George B. Land donations to the Leeland Group Home c/o RACSB
161. October 21, 2015 – Governor’s Update/LIST SERVE: (DBHDS) selects RACSB to become one of the CCBHC
162. October 21, 2015 – The Journal: Marie O. Kunlo Building services ad
163. October 22, 2015 – Fauquier.com: (DBHDS) selects RACSB to become one of the CCBHC
164. October 23, 2015 – AugustaFreePress.com: Federal grant announcement for CCBHC, RACSB selected
165. October 23, 2015 – CavalierDaily.com: Governor announces federal grants for CCBHC, RACSB selected

166. October 23, 2015 – Fredericksburg.com: The Rappahannock Rotary Club presented 2015 “Citizen of the Year” award to Ronald Branscome, Executive Director for the RACSB Board for more than 30 years
167. October 25, 2015 – The Free Lance-Star: RACSB Plans Open House at Clinics ad
168. October 25, 2015 – The Free Lance-Star: RACSB Employment ad for various full-time/part-time positions
169. October 25, 2015 – The Free Lance Star: RACSB Clinic Open House announcement
170. October 25, 2015 – The Free Lance-Star: RACSB Employment ad for Residential Counselors
171. October 26, 2015 – MartinsvilleBulletin.com: Governor’s grant announcement for CCBHC which RACSB is selected
172. October 28, 2015 – Rappahannock Rotary Club Rapsheet: “Citizen of the Year” to Ron Branscome, RACSB Executive Director for more than 30 years.
173. October 30, 2015 – Rappahannock Regional Jail Community Corrections OPEN HOUSE listing RACSB as participant
174. October 30, 2015 – The Free Lance-Star: RACSB Employment ad for PACT Team Leader/Coordinator II and Manager-Mental Health Nurse, PACT
175. November 2015 – Central Park “Digital Billboard” announcement for Craft Fair at Chancellor High School
176. November 2015 – Fredericksburg Parent and Family: RACSB Parent Resources ad
177. November 2015 – Fredericksburg Parent and Family: RACSB (PE-ID) and Child Find resource ad
178. November 2015 – Fredericksburg Parent and Family: RACSB “Project LINK” ad
179. November 2015 – The Community Give: RACSB participant
180. November 1, 2015 – The Free Lance-Star: RACSB Employment ad for Residential Counselors
181. November 1, 2015 – The Free Lance-Star: RACSB Employment ad for Utilization Review Specialist
182. November 2, 2015 – Fredericksburg.com: RACSB Counselors Marci Bartley & Dianne Bachman offer tips for teens after a potential school threat
183. November 4, 2015 – The Journal: Marie O. Kunlo Building services ad
184. November 5, 2015 – The Caroline Progress: Patricia K. Spaulding Building services ad
185. November 6, 2015 – Stafford County Sun: Charles A. Cooper Building services ad
186. November 6, 2015 – Fredericksburg.com: Article of Virginia’s record for disabled persons care is poor; RACSB operates local program for disabled Virginians.
187. November 7, 2015 – Fredericksburg.com: July bill aims to stem heroin overdoses; RACSB Director Bransome stated more people seeking treatment for opiate addictions
188. November 7, 2015 – The Free Lance-Star: Sen. Kain Introduces measure to encourage doctors to prescribe opiate antidote. More local people are seeking treatment through RACSB
189. November 8, 2015 – The Free Lance-Star: RACSB Employment ad for Day Support Specialist
190. November 8, 2015 – The Free Lance-Star: RACSB Employment ad for Residential Counselors
191. November 8, 2015 – The Free Lance-Star: (Classified) RACSB “Employee of the First Quarter FY2016 – Michele Morgan, Mental Health Nurse

192. November 9, 2015 – The Free Lance-Star: Vendors Sought for Craft Fair-YoungLives to benefit the RACSB’s “Program for Teen Parents”
193. November 11, 2015 – MEDIA RELEASE: Rappahannock Adult Activities Poinsettias Sale
194. November 11, 2015 – MEDIA RELEASE: November 21st Craft Fair-to Benefit Program for Teen Parents
195. November 12, 2015 – Vocal enewsletter; Veteran’s Corner: Virginia Wounded Warrior Program
196. November 12, 2015 – Spotsylvania Parent Resource Center flyer: “Parenting Your Anxious Child or Teen” with RACSB’s Glenda Knight
197. November 15, 2015 – The Free Lance-Star: RACSB runs new mental health crises center for MWH
198. November 15, 2015 – Fredericksburg.com: RACSB runs new mental health crises center for MWH
199. November 15, 2015 – The Free Lance-Star: Rappahannock Adult Activities accepting orders for holiday poinsettias
200. November 15, 2015 – Fredericksburg.com: Rappahannock Adult Activities accepting orders for poinsettias. Proceeds will support day programs for adults with intellectual and other developmental disabilities
201. November 15, 2015 – The Free Lance-Star: RACSB Employment ad for Residential Counselors
202. November 16, 2015 - The Free Lance-Star: Vendors Sought for Craft Fair-YoungLives to benefit the RACSB’s “Program for Teen Parents”
203. November 17, 2015 – Fredericksburg.com: Mary Washington Hospital’s new Crisis Assessment Center; Michelle Minor of RACSB “This is something that, in the long run, benefits the community as a whole
204. November 18, 2015 – The Journal: Marie O. Kunlo Building services ad
205. November 19, 2015 – Caroline Progress: Patricia K. Spaulding Building services ad
206. November 19, 2015 – Vocal enewsletter; Veteran’s Corner: Wellness Support Group for Military Veterans, Service Members and Family Members in Richmond
207. November 20, 2015 – Stafford County Sun: Charles A. Cooper Building services ad
208. November 20, 2015 – The Free Lance-Star: “Teen Moms & Dads get a leg up” with the RACSB’s “Program for Teen Parents”
209. November 22, 2015 – The Free Lance-Star: RACSB Employment ad for Utilization Review Specialist
210. November 22, 2015 – The Free Lance-Star: (Calendar) RACSB “Youth Mental Health First Aid training course for December 3rd – 4th
211. November 23, 2015 – Vocal enewsletter; Veteran’s Corner: Wellness Support Group for Military Veterans, Service Members and Family Members in Prince George
212. November 23, 2015 – Fredericksburg.today: RACSB Craft Fair proceeds will benefit the “Childcare Assistance Fund”
213. November 23, 2015 – Fredericksburg.com: RACSB’s “Program for Teen Parents” offers teen moms and dads help to succeed
214. November 23, 2015 – Fredericksburg Today: Rappahannock Adult Activities is accepting orders for holiday poinsettias

215. November 23, 2015 – Fredericksburg.com: Rare free mental health clinic in Fredericksburg area is partnered with several agencies including RASCB
216. November 23, 2015 – mhafred.org/blog: “Another Day” Campaign for Suicide Prevention – RACSB is a Premier Sponsor
217. November 27, 2015 – The Free Lance-Star: Letters to the Editor list include: Sara Branner, Janice P. Davies, Lawrence A. Davies, Lynn DelaMer, Karen Kallay
218. November 29, 2015 – The Free Lance-Star: (Classified) RACSB Employment ad for Residential Counselors
219. November 29, 2015 – The Free Lance-Star: RACSB Employment ad for Residential Counselors
220. November 29, 2015 – The Free Lance-Star: (Health Calendar) RACSB “Youth Mental Health First Aid training course on December 3rd & 4th
221. November 29, 2015 – The Free Lance-Star: Community Calendar; “Connections” Mental Health Support Group, Wounded Warriors
222. November 30, 2015 – Fredericksburg.com: “Making Strong Families Happen” article; YoungLives
223. November 30, 2015 – Vocal enewsletter: Wounded Warrior Local support groups for Veterans and their family members (HPR1)
224. December 2015 – FredParent.NET: RACSB ad for Valuable Parenting Resources List of services
225. December 2015 – Fredericksburg Parent and Family: RACSB “Project Link” ad
226. December 2015 – Fredericksburg Parent and Family: RACSB (PE-ID) Program for “Birth-2 Years
227. December 2015 – Fredericksburg Parent and Family: RACSB (Child Find) Program for “Ages 3-5”
228. December 2015 – Vocal enewsletter: FY 2016 Roundtable Schedule for Rappahannock Area Mental Health Task Force – Wounded Warriors for March 11, 2016
229. December 2015 – Gingerbread House Contest Winner: Entry Level 12 – Special Needs 2. “RACSB, RAAI Gingerbread House” Jessica Diager
230. December 2, 2015 – The Journal: Marie O. Kunlo Building services ad
231. December 2, 2015 – The Free Lance-Star: Letters to the Editor list include: Lawrence A. Davies
232. December 2, 2015 – fredericksburgparent.net: “Babies Can’t Wait” Preparing Babies and Toddlers for the Holidays!
233. December 3, 2015 – Caroline Progress: Patricia K. Spaulding Building services ad
234. December 3, 2015 – Vocal enewsletter, Veteran’s Corner: Wounded Warrior Program for Veterans, Service Members and their Family posted group places and times for the area
235. December 4, 2015 – Stafford County Sun: Charles A. Cooper Building services ad
236. December 5, 2015 – The Free Lance-Star: Letters to the Editor list include: Lawrence A. Davies, Karen Kallay
237. December 6, 2015 – The Free Lance-Star: RACSB Employment ad for Utilization Review Specialist
238. December 6, 2015 – The Free Lance-Star: RACSB 24-Hour Emergency Services facility call numbers

239. December 6, 2015 – The Free Lance-Star: RACSB Employment ad for Residential Counselors
240. December 8, 2015 – The Free Lance-Star: Woman’s flashback of neighborhood where former G&H Manufacturing Company now houses some programs for the RACSB
241. December 10, 2015 – Vocal enewsletter: Local Support Groups for Veterans and their Family Members (HPR1) posted meeting times and places for the area
242. December 11, 2015 – Fredericksburg.com: Flashback column of former G&H Manufacturing Company now houses some programs for the RACSB
243. December 11, 2015 – MEDIA RELEASE: Rappahannock Adult Activities Assistant Coordinator Retires - Susan Graves, 30 years of service
244. December 11, 2015 – Rappahannock United Way group share: RACSB Susan Graves retirement announcement
245. December 12, 2015 – The Free Lance-Star: The Editor’s List: Lawrence A. Davies, Karen Kallay
246. December 13, 2015 – The Free Lance-Star: RACSB Employment ad for Residential Counselors
247. December 13, 2015 – The Free Lance-Star: RACSB Employment ad Mental Health Nurse, (PACT)
248. December 13, 2015 – The Free Lance-Star: Shiloh Baptist Church Thanksgiving Service, Rev. Lawrence A. Davies read the Mayor’s proclamation
249. December 13, 2015 – The Free Lance-Star: RACSB ad “Thanking the community and employees for the year”
250. December 14, 2015 – Fredericksburg.com: Susan Graves, retires after 30 years of service from the Rappahannock Adult Activities Inc.
251. December 16, 2015 – The Free Lance-Star: Susan Graves, retires after 30 years of service from the RAAI (Rappahannock Adult Activities Inc.
252. December 16, 2015 – The Journal: Marie O. Kunlo Building services ad
253. December 16, 2015 – Fred Biz: Susan Graves retires after 30 years at RACSB’s RAAI
254. December 16, 2015 – Fredericksburg.com: Susan Graves to retire after 30 years at RACSB
255. December 16, 2015 – Fredericksburg.com: Susan Graves to retire after 30 years at RACSB
256. December 17, 2015 – The Caroline Progress: Patricia K. Spaulding Building services ad
257. December 18, 2015 – Stafford County Sun: Charles A. Cooper Building services ad
258. December 19, 2015 – The Free Lance-Star: The Editor’s List: Lawrence A. Davies, Karen Kallay
259. December 20, 2015 – The Free Lance-Star: RACSB employment ad for Residential Counselors
260. December 20, 2015 – The Free Lance-Star: RACSB employment ad for Residential Counselors in Caroline, King George, Spotsylvania, Stafford, City of Fredericksburg
261. December 21, 2015 – Vocal enewsletter: RACSB Wounded Warrior Program; Local Support Groups for Veterans and Their Family Members
262. December 22, 2015 – Rappahannock United Way Yahoo Group: Mental Health Roundtable January 8, 2016
263. December 22, 2015 – Fredericksburg.com: Crumbly houses where George slept on exhibit – “RACSB, RAAI Gingerbread House” – Jessica Diager

264. December 27, 2015 – The Free Lance-Star: (Community Calendar) “Connections” Mental Health Support Group/KaKallay
265. December 27, 2015 – The Free Lance-Star: RACSB employment ad for Residential Counselors
266. December 27, 2015 – The Free Lance-Star: RACSB employment ad for positions available Residential Counselors in all RACSB locations
267. December 28, 2015 – Vocal newsletter: RACSB Wounded Warrior Program: Local Support Groups for Veterans and Their Family Members (HPR I)
268. December 28, 2015 – Vocal newsletter: RACSB FY2016 Roundtable Schedule; March 11, 2016 Virginia Veteran and Family Support (formerly Virginia Wounded Warrior Program)
269. December 30, 2015 – The Journal: Marie O. Kunlo Building services ad
270. December 31, 2015 – Caroline Progress: Patricia K. Spaulding Building services ad
271. December 31, 2015 – The Caroline Progress: RACSB “Mental Health and Abuse Services” at Patricia K. Spaulding Building
272. 2015 Annual Report – Virginia Association of Community Services Boards: RACSB Al Collins, Chair (Page 3)
273. 2015 Annual Report – Virginia Association of Community Services Boards: RACSB (CSU) (Page 16)
274. 2015 Annual Report - Stafford Junction, Where Lives Connect: “Special Thanks to Our Support Network” (Page 2) RACSB
275. January 2016 – FredParent.NET: RACSB Programs and Facilities Listings
276. January 2016 – FredParent.NET: RACSB Early Intervention (PE-ID) Birth-2 Years
277. January 2016 – FredParent.NET: RACSB Early Intervention (Child Find) Ages 3-5
278. January 20, 2016 – Children’s Museum of Richmond: February Events: RACSB “Special Night for Special Needs” February 5th (pages 2,3)
279. January 1, 2016 – Stafford County Sun: Charles A. Cooper Building services ad
280. January 3, 2016 – The Free Lance-Star: RACSB employment Residential Counselor ad
281. January 3, 2016 – The Free Lance-Star: RACSB employment various positions ad
282. January 3, 2016 – The Free Lance-Star: Editor’s List: Karen Kallay
283. January 4, 2016 – Vocal newsletter: Local Support groups for Veterans and Their Family Members (HPR I)
284. January 4, 2016 – Vocal newsletter: RACSB FY2016 Roundtable Schedule; March 11, 2016 Virginia Veteran and Family Support
285. January 10, 2016 – The Free Lance-Star: (Classified) RACSB employment Day Support Aide and Counselor ad
286. January 10, 2016 – The Free Lance-Star: RACSB Services and Facilities ad
287. January 10, 2016 – The Free Lance-Star: RACSB employment Residential Counselors ad
288. January 13, 2016 – The Journal: Marie O. Kunlo Building services ad
289. January 13, 2016 – The Free Lance-Star: (Community Calendar) “Connections” Mental Health Support Group, RACSB’s Kakallay
290. January 15, 2016 – Stafford County Sun: Charles A. Cooper Building services ad
291. January 16, 2016 – The Free Lance-Star: Obituary – George Carlton Onderdonk, served on RACSB Board
292. January 17, 2016 – The Free Lance-Star: RACSB employment at Residential Counselors

293. January 17, 2016 – The Free Lance-Star: RACSB employment Day Support Counselors and Residential Counselors
294. January 18, 2016 – Vocal enewsletter: Local Support Groups for Veterans and Their Family Members (HPR I)
295. January 18, 2016 – Vocal enewsletter: RACSB FY2016 Roundtable Schedule; March 11, 2016 Virginia Veteran and Family Support
296. January 21, 2016 – Vocal enewsletter: Local Support Groups for Veterans and Their Family Members (HPR I)
297. January 21, 2016 – Vocal enewsletter: RACSB FY2016 Roundtable Schedule; March 11, 2016 Virginia Veteran and Family Support
298. January 21, 2016 – Fredericksburgparent.net: (Babies Can't Wait) Calendar; "Special Night for Special Needs" February 5.
299. January 21, 2016 – Fredericksburgparent.net (Babies Can't Wait) PE-ID on Facebook or online at www.racsb.state.va.us/
300. January 21, 2016 – Fredericksburg.com: Code 2 for 12 Month Employees Inclement weather closing announcement: Early Closing at noon for all RACSB offices
301. January 22, 2016 - Fredericksburg.com: Code 2 for 12 Month Employees Inclement weather closing announcement: Early Closing at noon for all RACSB offices
302. January 22, 2016 – MEDIA RELEASE: RACSB "Mental Health First Aid 2016 Training Dates"
303. January 22, 2016 – The Free Lance-Star: Sanity testing set for man accused of trying to hire a hit man from jail; testing will be performed by the RACSB to be completed by March 24th
304. January 22, 2016 – Rappahannock United Way Yahoo Group Share: RACSB offering "Mental Health First Aid Training"
305. January 22, 2016 – FredParent enewsletter: RACSB "Special Night for Special Needs" on February 5, 2016 at The Children's Museum of Richmond (Fredericksburg location)
306. January 24, 2016 – The Free Lance-Star: RACSB employment ad Residential Counselors
307. January 27, 2016 – The Journal: Marie O. Kunlo Building services ad
308. January 29, 2016 – Stafford County Sun: Charles A. Cooper Building services ad
309. January 29, 2016 – Fredericksburg.com: (Business Notes) RACSB will again provide adult and youth curriculums for mental health first aid training sessions beginning in February 2016
310. January 31, 2016 – The Free Lance-Star: RACSB FY2016 "Employee of the Second Quarter" is Toni DeLeon
311. January 31, 2016 – The Free Lance-Star: RACSB employment ad Residential Counselor for all locations
312. January 31, 2016 – The Free Lance-Star: RACSB employment ad Residential Counselor
313. January 31, 2016 – The Free Lance-Star: RACSB offers Mental Health First Aid Training for youths and adults
314. February 2016 – Fredericksburg Parent: RACSB Early Intervention program birth-2years (PE-ID)
315. February 2016 – Fredericksburg Parent: RACSB Early Intervention program ages 3-5 (Child Find)
316. February 2016 – Fredericksburg Parent: RACSB programs and facilities listings

317. February 1, 2016 – Fredericksburg Chamber of Commerce: (Membership News) RACSB Offering Mental Health First Aid Training
318. February 2, 2016 – Fredericksburg Chamber of Commerce: RACSB offering “Youth Mental Health First Aid Training” February 19, 2016, April 18-19, June 21-22, October 3, December 7-9 at various locations
319. February 3, 2016 – The Free Lance-Star: “National Alliance on Mental Illness” presentation at RACSB Kenmore Club
320. February 3, 2016 – Children’s Museum of Richmond: RACSB “Special Night for Special Needs” at CMoR Chesterfield and Fredericksburg February 5th
321. February 2, 2016 – Fredericksburg Chamber of Commerce: RACSB offering “Adult Mental Health First Aid Training” March 2-3, May 18-19, July 26-27, September 14-15, November 2-3 at various locations
322. February 4, 2016 – Vocal enewsletter: Wounded Warrior Combat Support Groups
323. February 4, 2016 – Vocal enewsletter: RACSB Offering Mental Health First Aid Training
324. February 4, 2016 – Vocal enewsletter: RACSB Rappahannock Area Mental Health Task Force Round Table Schedules; Virginia Veteran & Family Support, Child & Family Mental Health, Human Trafficking
325. February 4, 2016 – Office on Youth: YOUTH FIRST 10 Year Celebration Conference; RACSB “Program for Teen Parents” recipient of the service project
326. February 5, 2016 – youthfirstconference.org: Service Project for 2016 is RACSB Program for Teen Parents
327. February 5, 2016 – Stafford County Sun: RACSB “Youth Mental Health First Aid Training” February 19 8-5pm
328. February 7, 2016 – The Free Lance-Star: RACSB employment Residential Counselors
329. February 7, 2016 – The Free Lance-Star (Health Calendar) Youth Mental Health First Aid Training February 19
330. February 7, 2016 – The Free Lance-Star: (Healthy Life) How to Get Help for a teen in trouble, RACSB Description and facilities listings
331. February 8, 2016 – Vocal enewsletter: Virginia Veteran & Family Support program- “Combat Support Group meeting notice
332. February 8, 2016 – Vocal enewsletter: RACSB Offering Mental Health First Aid Training
333. February 8, 2016 – Vocal enewsletter: RACSB Round Table schedule; Virginia Veteran & Family Support, Child & Family Mental Health, Human Trafficking
334. February 9, 2016 – FredParent eletter: RASCB Early Intervention (PE-ID Program) ad
335. February 10, 2016 – The Journal: Marie O. Kunlo Building services ad
336. February 11, 2016 – Vocal enewsletter: Virginia Wounded Warrior “Combat Support Group” area schedules
337. February 11, 2016 – Vocal enewsletter: RACSB offering Mental Health First Aid Training throughout the local area
338. February 11, 2016 – Vocal enewsletter: RACSB Round Table schedules for Virginia Veteran & Family Support, Child & Family Support, Human Trafficking
339. February 12, 2016 – Stafford County Sun: Charles A. Cooper Building services ad
340. February 15, 2016 – Vocal enewsletter: Virginia Wounded Warrior “Combat Support Group” area schedules

341. February 15, 2016 - Vocal newsletter: RACSB Offering Mental Health First Aid Training throughout the local area
342. February 15, 2016 – Vocal newsletter: RACSB Round Table schedules for Virginia Veteran & Family Support, Child & Family Mental Health, Human Trafficking
343. February 16, 2016 – Fredericksburg.com: “The Community Summit on Heroin and Opiate Threat” panel representatives include RACSB on February 22, 2016.
344. Spring 2016 - @YourLibrary: CRRL proud partner; Page 13 RACSB logo
345. February 18, 2016 – Vocal newsletter: Virginia Wounded Warrior Program “Combat Support Group” local meeting schedules
346. February 18, 2016 – Vocal newsletter: RACSB offering Mental Health First Aid Training throughout the local area
347. February 18, 2016 – Vocal newsletter: RACSB Round Table Schedule for Virginia Veteran & Family Support, Child & Mental Health, Human Trafficking
348. February 18, 2016 – MEDIA RELEASE: RACSB Hosting Community Open House at the new Wolfe Street Intermediate Care Facility February 28th 1-3pm
349. February 19, 2016 – Rappahannock United Way Yahoo Group Share: RACSB Hosting Community Open House at the new Wolfe Street Intermediate Care Facility February 28th 1-3pm
350. February 19, 2016 – Fredericksburg Chamber.org: RACSB Hosting Community Open House at new Wolfe Street Intermediate Care Facility, February 28 1-3pm
351. February 21, 2016 – The Free Lance-Star: RACSB will host an open house at the new Wolfe Street Intermediate Care Facility on February 28 1-3pm. The community is encouraged to come
352. February 21, 2016 – Stafford County Sun: RACSB “Youth Mental Health First Aid Training February 19 8-5
353. February 21, 2016 – The Free Lance-Star: RACSB Hosting Open House for new Wolfe Street Facility
354. February 21, 2016 – The Free Lance-Star: RACSB employment – Utilization Review Specialist
355. February 21, 2016 – The Free Lance-Star: RACSB employment ad seeking Residential Counselors
356. February 22, 2016 – Vocal newsletter: Virginia Wounded Warrior Program “Combat Support Group” local meeting schedules
357. February 22, 2016 – Vocal newsletter: RACSB offering Mental Health First Aid Training throughout the area
358. February 22, 2016 – Vocal newsletter: RACSB Roundtable Schedule for Virginia Veteran & Family Support, Child & Family Mental Health, Human Trafficking
359. February 22, 2016 – Fredericksburg.today: RACSB Hosting Community Open House at new Wolfe Street Intermediate Care Facility, February 28 1-3pm
360. February 22, 2016 – Fredericksburg Regional Chamber of Commerce: (Upcoming Events) RACSB Hosting Open house for new facility February 28, 1-3pm
361. February 24, 2016 – InsideNova.com: Community Foundation awards \$2,050 to RACSB “Rappahannock Area Kids on the Block” for a Youth Emergency Preparedness Program and Curriculum
362. February 25, 2016 – Vocal newsletter: Virginia Wounded Warrior Program “Combat Support Group” local schedule

363. February 25, 2016 – Vocal newsletter: RACSB offering Mental Health First Aid Training throughout the local area
364. February 25, 2016 – Vocal newsletter: RACSB Roundtable Schedule for Virginia Veteran & Family Support, Child & Family Mental Health, Human Trafficking
365. February 25, 2015 – The Free Lance-Star: Obituary; Leama Harriet Hamer, family thanks RACSB & RAAI for their compassion, help & support of Leama throughout the past 30 years
366. February 25, 2016 – FredParent: (Education E-letter) RACSB’s PE-ID Program hosting “Family Fun Day for Kids with Disabilities” March 8 10-Noon at Fredericksburg Field House
367. February 26, 2016 – Stafford County Sun: Charles A. Cooper Building services ad
368. February 26, 2016 – Stafford County Sun: RACSB Community Open House, Wolfe Street Intermediate Care Facility February 28 1-3
369. February 27, 2016 – The Free Lance-Star: RACSB facility on Wolfe Street serves adults with severe disabilities. Open house will be February 28 from 1-3pm
370. February 27, 2016 – The Free Lance-Star: RACSB Lawrence Davies presents plaque Black History honoree Gaye Adegbalola
371. February 27, 2016 – Fredericksburg.com: RACSB opened its third intermediate care facility in the Fredericksburg area; holding a Community Open House February 28 1-3pm
372. February 28, 2016 – The Free Lance-Star: (Community Calendar) “Connections” Mental Health Support Group, Veterans Peer Support Group, Village Fathers (parenting group for dads), Wounded Warrior Support Groups, YoungLives (pregnant & teen parenting group)
373. February 28, 2016 – The Free Lance-Star: RACSB Job Fair for March 19
374. February 28, 2016 – The Free Lance-Star: RACSB Hosting Open House at New Wolfe Street Facility
375. February 28, 2016 – The Free Lance-Star: RACSB “Art of Recovery” Exhibit art submission deadline information
376. February 28, 2016 – The Free Lance-Star: (Help Wanted) Day Support Aide and Counselor for The Adult Activity Center
377. February 29, 2016 – Vocal newsletter: Virginia Wounded Warrior Program “Combat Support Group” local schedules
378. February 29, 2016 – Vocal newsletter: RACSB offering Mental Health First Aid Training schedule throughout the area
379. February 29, 2016 – Vocal newsletter: RACSB Roundtable Schedule for Virginia Veteran & Family Support, Child & Family Mental Health, Human Trafficking
380. March 2016 – Fredericksburg Parent and Family: RACSB’s PE-ID Program Early Intervention Birth-2 years development screenings advertisement
381. March 2016 – Fredericksburg Child and Family: RACSB’s PE-ID Program Early Intervention Ages 3-5 years development screenings advertisement
382. March 2016 – Fredericksburg Parent and Family: RACSB Employment advertisement on page 20
383. March 1, 2016 – Rappahannock United Way Yahoo Group Share: 12th Annual “The Art Recovery” Exhibit, RACSB seeking entries

384. March 3, 2016 – Vocal newsletter: 12th Annual “The Art of Recovery” Exhibit looking for Artwork for the open house
385. March 3, 2016 – Vocal newsletter: Virginia Wounded Warrior “Combat Support Group” local meeting schedule
386. March 3, 2016 – Vocal newsletter: RACSB Roundtable schedule for Virginia Veteran & Family Support, Child & Family Mental Health, Human Trafficking
387. March 3, 2016 – CovenantFuneralService.com: Obituary; Leama Hamer, lived with her friends and caregivers in group homes run by RACSB for the past 30 years
388. March 3, 2016 – Fredericksburg.com: Obituary; Leama Hamer, lived most of her life in Fredericksburg and the past 30 years lived with her friends and caregivers in group homes run by the RASCB
389. March 4, 2016 – Rappahannock United Way Yahoo Group Share: The Rappahannock Area Mental Health Task Force Roundtable March 11, focus is Virginia Veteran and Family Support
390. March 6, 2016 – The Free Lance-Star: RACSB advertisement seeking art entries for annual “Art of Recovery” Exhibit
391. March 6, 2016 – The Free Lance-Star: RACSB Employment Job Fair March 19
392. March 6, 2016 – The Free Lance-Star: RACSB Employment advertisement for a Dental Clinic Coordinator
393. March 7, 2016 – Vocal newsletter: Virginia Wounded Warrior Program “Combat Support Group” local meeting schedules
394. March 7, 2016 – Vocal newsletter: RACSB Roundtable schedule for Virginia Veteran & Family Support, Child & Family Mental Health, Human Trafficking
395. March 7, 2016 – Vocal newsletter: 12th Annual “The Art of Recovery” Exhibit is looking for artwork for the open house
396. March 10, 2016 – The Caroline Progress: RACSB display at the 12th Annual “Family Fair” at Caroline Middle School March 12
397. March 11, 2016 – The Free Lance-Star: (Parenting Resources) RACSB programs noted were: Dare To Be You, Teen Parents Program, Parent Education/Infant Development Program, Rappahannock Area Kids On The Block
398. March 11, 2016 – The Free Lance-Star: RACSB Community Programs advertisement
399. March 11, 2016 – Stafford County Sun: Charles A. Cooper Building services ad
400. March 13, 2016 - The Free Lance-Star: RACSB Employment advertisement for a Dental Clinic Coordinator
401. March 13, 2106 – The Free Lance-Star: RACSB Employment Job Fair for March 19
402. March 14, 2016 – Vocal newsletter: RACSB Virginia Wounded Warrior Program “Combat Support Group” area schedules
403. March 16, 2016 – Vocal newsletter: RACSB 12th Annual “The Art of Recovery” Exhibit seeking entries for the open house March
404. March 17, 2016 – Vocal newsletter: Virginia Wounded Warrior Program is now “Virginia Veteran and Family Support”
405. March 17, 2016 – Vocal newsletter: Virginia Wounded Warrior Programs “Combat Support Group” local area meeting information
406. March 17, 2016 – Vocal newsletter: RACSB 12th Annual “The Art of Recovery” Exhibit seeking entries for the open house in March

407. March 18, 2016 – Fredericksburg.today: Quote about fundraising is essential, from Ron Branscome, Rappahannock Unite Way Chairman of the Board
408. March 18, 2016 – WJLA.COM: Jennifer Lemich, Substance Abuse Coordinator, participated in a television news interview
409. March 18, 2016 – REDDIT.COM/Fredericksburg: “Can anyone recommend a psychiatrist?” 1 of 8 comments was: “RACSB helped me out. Their wait time is about four months, though.” 2 of 8 comments was: “...RACSB is kinda of meh but if you don’t have insurance it is better than getting no help. Best of luck to you!”
410. March 20, 2016 – The Free Lance-Star: RACSB Employment ad for “physical therapist” and “speech & language pathologist”
411. March 21, 2016 – dRc email newsletter: RACSB now providing crisis services for children “Children’s Crisis Services”
412. March 21, 2016 – Vocal enewsletter: Virginia Wounded Warrior Program “Combat Support Groups” area meeting information
413. March 21, 2016 – Vocal enewsletter: RACSB 12th Annual “The Art of Recovery” Exhibit seeking artwork for open house exhibit
414. March 23, 2016 – The Free Lance-Star: Marie O. Kunlo Building services ad
415. March 25, 2016 – FredParent: RACSB (PE-ID) Early Intervention advertisement (page 1)
416. March 25, 2016 – The Free Lance-Star: Charles A. Cooper Building services ad
417. March 27, 2016 – The Free Lance-Star: RACSB employment ad for “financial analyst” and “internal auditor”
418. March 27, 2016 – The Free Lance-Star: RACSB employment ad Residential Counselors
419. March 27, 2016 – The Free Lance-Star: RACSB 12th Annual “Art of Recovery” exhibit announcement
420. March 27, 2016 – The Free Lance-Star: RACSB Rappahannock Adult Activities, Inc. “Annual Plant Sale” beginning April 30
421. March 27, 2016 – The Free Lance-Star: (Communities) RACSB seeking entries for annual “Art of Recovery” exhibit
422. March 27, 2016 – The Free Lance-Star: (Be Well) RACSB “Art of Recovery” entries sought
423. March 28, 2016 – Fredericksburg Parent and Family (Education e-letter): RACSB “Special Night for Special Needs” with a performance from Rappahannock Area Kids on the Block
424. March 28, 2016 – Chamber of Commerce: Roundtable schedule: April 27: “Business After Hours, Rappahannock Adult Activities, 5:30-7:30pm
425. March 30, 2016 – Children’s Museum of Richmond: “Special Night for Special Needs” April 1 5:30-7:30 (page 1)
426. March 30, 2016 – Children’s Museum of Richmond: RACSB logo (page 2)
427. March 30, 2016 – Fredericksburg Parent and Family: (Cool Things To Do E-newsletter); “Special Night for Special Needs” April 1 5:30-7:30pm
428. March 31, 2016 – Vocal enewsletter: RACSB 12th Annual “The Art of Recovery” Exhibit Seeks Artwork for open house in March
429. March 31, 2016 – Vocal enewsletter: Virginia Wounded Warrior Program “Combat Support Group” local meeting information

430. 2015-2016 – Fredericksburg Chamber of Commerce: Membership Directory; RACSB Community Resources advertisement (page 15), Membership Index-RACSB (page 30), Buyers Guide-RACSB Intellectual Disability advertisement (page 46)
431. April 2016 – Fredericksburg Parent and Family: Rappahannock Adult Activities, Inc. 30th Annual Mayfest Spring Plant Sale May 7
432. April 2016 – Fredericksburg Parent and Family: RACSB “Art of Recovery” May 6-29
433. April 2016 – Fredericksburg Parent and Family: RACSB advertisement Early Intervention Program for birth-2 years (PE-ID)
434. April 2016 – Fredericksburg Parent and Family: RACSB advertisement Early Prevention Program for ages 3-5 (CHILD FIND)
435. April 1, 2016 – Chamber of Commerce: Business After Hours, Rappahannock Adult Activities, Inc. on April 28
436. April 3, 2016 – The Free Lance-Star: “Addiction & Recovery” article on heroin. RACSB Clinic listings
437. April 3, 2016 – The Free Lance-Star: RACSB employment ad for “Financial Analyst” and “Internal Auditor”
438. April 4, 2016 – Vocal newsletter: RACSB 12th Annual “The Art of Recovery” Exhibit on May 6th-seeking artwork entries for exhibit
439. April 4, 2016 – Vocal newsletter: RACSB Virginia Wounded Warrior Program is now called “Virginia Veteran and Family Support”
440. April 4, 2016 – Vocal newsletter: Wounded Warrior Program local support group schedule for “Combat Support Groups” meeting
441. April 5, 2016 – The Free Lance-Star: FAAR accepting clothes donations; with local nonprofit “ProjectLINK” for professional clothing for women
442. April 6, 2016 – Fredericksburg.com: FAAR (Fredericksburg Area Assoc. of Realtors) partnering with “ProjectLINK” to host a professional clothing drive
443. April 6, 2016 – Fredericksburg.com: (Local Business) FAAR partnering with ProjectLINK is accepting professional clothing donations
444. April 6, 2016 – MEDIA RELEASE: RACSB Youth Mental Health First Aid Training on April 19
445. April 6, 2016 – The Journal: Marie O. Kunlo Building services ad
446. April 8, 2015 – The Free Lance-Star: RACSB employment ad for “Residential Counselors”
447. April 8, 2016 – Stafford County Sun: Charles A. Cooper Building services ad
448. April 8, 2016 – Chamber of Commerce: Business After Hours at Rappahannock Adult Activities, Inc. on April 28 FREE EVENT
449. April 8, 2016 – Chamber of Commerce: The Community Collaborative for Youth and Families hosting a training “Got Trauma? How it affects you” on April 18
450. April 8, 2016 – MEDIA RELEASE: RACSB “Seeks Input for Comprehensive Plan”
451. April 8, 2016 – MEDIA RELEASE: Training on “Affects of Trauma” hosted by Community Collaborative for Youth and Families on April 18
452. April 10, 2016 – The Free Lance-Star: RACSB employment ad for MH Nurses, RN or LPN
453. April 10, 2016 – The Free Lance-Star: RACSB employment ad for Clinic Coordinator I at Outpatient Clinic Caroline County

454. April 11, 2016 – Vocal newsletter: RACSB 12th Annual “The Art of Recovery” Exhibit on May 6th-seeking artwork entries for exhibit
455. April 11, 2016 – Chamber of Commerce newsletter: (Calendar Events) Business After Hours, Rappahannock Adult Activities on April 28
456. April 11, 2016 – Vocal newsletter: “Two Job Openings with RACSB” for PACT-“Peer Support Specialist”
457. April 11, 2016 – Vocal newsletter: Virginia Wounded Warrior Program local support group schedules for the region “Combat Support Group”
458. April 13, 2016 – FredericksburgParent.net newsletter: (Cool Things To Do) Rappahannock Adult Activities, Inc. 30th Annual Mayfest on May 7 & Spring Plant Sale
459. April 14, 2016 – Vocal newsletter: RACSB 12th Annual “The Art of Recovery” Exhibit on May 6th, seeking art entries for exhibit
460. April 14, 2016 – Vocal newsletter: RACSB “Two Job Openings” for PACT-“Peer Support Specialist”
461. April 14, 2016 – Vocal newsletter: Virginia Wounded Warrior Program “Combat Support Group” area meeting schedules
462. April 14, 2016 – Rappahannock United Way Yahoo group share: RACSB 12th Annual “The Art of Recovery” Exhibit on May 6
463. April 15, 2016 – Chamber of Commerce: Business After Hours, Rappahannock Adult Activities, Inc. on April 28th
464. April 15, 2016 – Children’s Museum of Richmond newsletter (Fredericksburg): “Special Night for Special Needs” sponsored by RACSB advertisement
465. April 16, 2016 – Fredericksburgparent.net newsletter: (Cool Things To Do) Rappahannock Adult Activities, Inc. 30th Annual Mayfest on May 7 & Spring Plant Sale
466. April 17, 2016 – The Free Lance-Star: (Health Calendar) RACSB “Youth Mental Health First Aid Training for April 18-19
467. April 17, 2016 – The Free Lance-Star: Employment ad for “MH Nurses, RN or LPN”
468. April 17, 2016 – The Free Lance-Star: Employment ad for “Clinic Coordinator I” for Outpatient Clinic-Caroline County
469. April 18, 2016 – Chamber of Commerce: (Calendar Events) Business After Hours, Rappahannock Adult Activities, Inc. on April 28
470. April 18, 2016 – VirginiaPreventionWorks.org: 12th Annual “The Art of Recovery” in Fredericksburg May 6th
471. April 18 2016 – Fredericksburg.com: (Healthy Living) RACSB “sets more youth mental health training sessions”
472. April 18, 2016 – Vocal newsletter: Virginia Wounded Warrior Program (HPR-I) “Combat Support Group” local meeting schedules
473. April 18, 2016 – Vocal newsletter: RACSB 12th Annual “The Art of Recovery” seeking entries for art exhibit for May 6th
474. April 20, 2016 – fredericksburgparent.net newsletter: (Cool Things To Do) Rappahannock Adult Activities, Inc. 30th Annual Mayfest and Spring Plant Sale May 7
475. April 21, 2016 – Vocal newsletter: RACSB 12th Annual “The Art of Recovery” Exhibit seeking art entries for May 7
476. April 21, 2016 – Vocal newsletter: Virginia Wounded Warrior Program (HPR-I) “Combat Support Group” local meeting schedules

477. April 22, 2016 – Stafford County Sun: (Calendar of Events) “Art of Recovery” Exhibit May 6
478. April 25, 2016 – Vocal enewsletter: Virginia Wounded Warrior Program (HPR-I) “Combat Support Group” local meetings schedules
479. April 24, 2016 – The Free Lance-Star: RAAI Mayfest Celebration & Annual Plant Sale advertisement
480. April 24, 2016 – The Free Lance-Star: RACSB employment ad – MH Nurses, RN or LPN
481. April 24, 2016 – The Free Lance-Star: RACSB employment ad – MH Nurse, LPN or RN for Crisis Stabilization Program & PACT, Nurse-LPN for outpatient & immediate care facilities
482. April 24, 2016 – The Journal: Marie O. Kunlo Building services ad
483. April 25, 2016 – Vocal enewsletter: RACSB 12th Annual “The Art of Recovery” Exhibit Opens May 6th
484. April 25, 2016 – fredericksburgparent.net enewsletter: RACSB (PE-ID) Early Intervention Program advertisement
485. April 25, 2016 – Richmond Times-Dispatch: Heroin article, RACSB workshop advertisement
486. April 25, 2016 – Chamber of Commerce: (Calendar of Events) email; Business After Hours Annual Plant Sale at RAAI April 28 5:30-7:30
487. April 25, 2016 – The Free Lance-Star: (Community Calendar) “Village Fathers” Tuesdays at 7pm
488. April 25, 2016 – The Free Lance-Star: (Community Calendar) “Wounded Warriors Support Groups” various area locations
489. April 25, 2016 – The Free Lance-Star: (Community Calendar) “YoungLives” Mondays at 6pm
490. April 26, 2016 – Fredericksburg.today (Business Briefs): RAAI’s Annual Plant Sale Mayfest Celebration email
491. April 26, 2016 – Rappahannock United Way Yahoo group share: RACSB “Health Families Rappahannock Area” along with GEICO offering “Free Car Seat Distribution & Installation” for May 14
492. April 26, 2016 – MEDIA RELEASE: RACSB Healthy Families Rappahannock Area along with GEICO offering “Free Car Seat Distribution & Installation” May 14
493. April 26, 2016 – The Community Collaborative: RACSB & RAAI 30th Annual Mayfest Celebration & Annual Spring Plant Sale on May 7
494. April 26, 2016 – Rappahannock United Way Yahoo group share: RACSB & RAAI 30th Annual Mayfest Celebration & Annual Spring Plant Sale on May 7
495. April 26, 2016 – Chamber of Commerce: “Business After Hours” with Rappahannock Adult Activities, Inc. “Garden Party Plant Sale” for Chamber members on April 28
496. April 26, 2016 – Fredericksburg.today: RAAI’s Annual Plant Sale and Mayfest Celebration on May 7
497. April 28, 2016 – Chamber of Commerce: Rappahannock Adult Activities, Inc., Garden Party today from 5:30-7:30 Rain or Shine!
498. April 28, 2016 – Vocal enewsletter: Virginia Wounded Warrior (HPR-I) “Combat Support Program” local meeting schedules

499. April 28, 2016 – Vocal enewsletter: RACSB 12th Annual “The Art of Recovery” Exhibit Opens May 6th
500. April 28, 2016 – The Free Lance-Star: (Weekender) RAAI Spring Plant Sale May 3
501. April 28 2016 – The Free Lance-Star: (Weekender) RAAI Spring Plant Sale May 5
502. April 28, 2016 – The Free Lance-Star: (Weekender) RAAI Spring Plant Sale April 30
503. April 29, 2016 – Stafford County Sun: (Calendar of Events) RACSB & RAAI Mayfest Celebration May 7
504. April 29, 2016 – Stafford County Sun: (Calendar of Events) RACSB along with GEICO “Car Seat Distribution & Installation” May 14
505. April 29, 2016 – Stafford County Sun: (Calendar of Events) RACSB “Art of Recovery” Exhibit May 6
506. April 29, 2016 – Stafford County Sun: (Calendar of Events) RACSB & RAAI Mayfest Celebration May 7
507. April 29, 2016 – Stafford County Sun: (Calendar of Events) RACSB & GEICO “Car Seat Distribution & Installation” May 14
508. April 29, 2016 – Stafford County Sun: (Calendar of Events) Semi-annual Drive “dispose of prescription drugs” April 30
509. May 2016 – Ponshopstudio.com: Twelfth Annual The Art of Recovery Exhibit-Open Reception is Friday, May 6 5-9pm
510. May 2016 – WHURK.org/Calendar: Virginia Events Calendar RACSB 12th Annual “The Art of Recovery” Exhibit May 6 at PONSHP Studio and Gallery
511. May 2016 – WHURK.org: “Art of Recovery” PONSHP Studio and Gallery Opening Reception May 6 5-9
512. May 2016 – Front Porch Fredericksburg: RACSB 12th Annual “Art of Recovery” Exhibit article May 6
513. May 2016 – Front Porch Fredericksburg: RACSB 12 Annual “Art of Recovery” hand logo
514. May 2016 – Front Porch Fredericksburg: WINGS (Women in Giving Spirit) celebrates two decades of serving area programs including: RACSB Career Club Mental Health Association in Fredericksburg
515. May 2016 – Fredericksburg Regional Chamber of Commerce: (Buyers’ Guide) under INTELLECTUAL DISABILITY-RACSB Jackson Street Facility information (see ad page 15)
516. May 2016 – Fredericksburg Regional Chamber of Commerce: (Member’s Index) RACSB, Intellectual Disability page 30
517. May 2016 – Fredericksburg Regional Chamber of Commerce: RACSB community resource facilities advertisement on page 15
518. May 2016 – Fredericksburg Parent and Family: RACSB (PE-ID) Birth-2years Early Intervention Screenings
519. May 2016 – Fredericksburg Parent and Family: RACSB (Child Find) Ages 3-5 Early Intervention Screenings
520. May 2016 – Fredericksburg Parent and Family: RACSB “Art of Recovery” Exhibit Open Reception May 6 5-9 at PONSHP Studio and Gallery
521. May 2016 – Fredericksburg Parent and Family: RAAI 30th Annual Mayfest May 7 10-3
522. May 2016 – Fredericksburg Parent and Family: RAAI Spring Plant Sale April 30 – May 14

523. May 1 2016 – The Free Lance-Star: “Art of Recovery” Exhibit Opening Reception at PONSHP Studio and Gallery May 6 5-9
524. May 1 2016 – The Free Lance-Star: “Art of Recovery” Exhibit Opening Reception at PONSHP Studio and Gallery May 6 5-9
525. May 1, 2016 – The Free Lance-Star: RACSB Employment for MH Nurses, RN or LPN
526. May 1, 2016 – The Free Lance-Star: RACSB Employment for MH Nurse, RN or LPN to work in Crisis Stabilization Center and PACT
527. May 1, 2016 – The Free Lance-Star: RACSB Employment for Nurse – LPN to work in Outpatient and Intermediate Care Facility
528. May 1, 2016 – The Free Lance-Star: Mayfest Offers Plants, Family Fun, 30th Annual Mayfest on May 7
529. May 1, 2016 – The Free Lance-Star: Regional Car Seat Safety Event set for May 12 at GEICO with Healthy Families Rappahannock Area
530. May 2, 2016 – Vocal enewsletter: RACSB “The Art of Recovery” Exhibit at PONSHP Studio and Gallery Opens May 6
531. May 3, 2016 – Fredericksburg.today: RACSB 12th Annual “The Art of Recovery” Exhibit opens May 6 at PONSHP Studio and Gallery
532. May 4, 2016 – The Free Lance-Star: 30th Annual Mayfest May 7 10-3 for RAAI
533. May 4, 2016 – The Journal: Marie O. Kunlo Building services ad
534. May 5, 2016 – The Free Lance-Star: (ARTS) 12th Annual “Art of Recovery” Exhibit Friday reception 5-9 May 5 at PONSHP Studio and Gallery
535. May 5, 2015 – The Free Lance-Star: (WEEKENDER Calendar) Spring Plant Sale-RAAI May 5 10-4
536. May 5, 2016 – The Free Lance-Star (WEEKENDER Calendar) Spring Plant Sale-RAAI May 6 (see May 5 listing)
537. May 5, 2016 – The Free Lance-Star (WEEKENDER Calendar) 30th Annual Mayfest Celebration May 7 10-3
538. May 5, 2016 – The Free Lance-Star: (WEEKENDER Calendar) “The Art of Recovery” Exhibit at PONSHP Studio and Gallery announcement with photo of art by Karen Rees “No More”
539. May 5, 2016 – The Free Lance-Star (WEEKENDER Calendar) Spring Plant Sale-RAAI May 7 (see May 5 listing)
540. May 5, 2016 – The Free Lance-Star (WEEKENDER Calendar) Spring Plant Sale-RAAI May 8 (see May 5 listing)
541. May 5, 2016 – The Free Lance-Star (WEEKENDER Calendar) Spring Plant Sale-RAAI May 9 (see May 5 listing)
542. May 5, 2016 – The Free Lance-Star (WEEKENDER Calendar) Spring Plant Sale-RAAI May 10 (see May 5 listing)
543. May 5, 2016 – The Free Lance-Star (WEEKENDER Calendar) Spring Plant Sale-RAAI May 10 (see May 5 listing)
544. May 5, 2016 – The Free Lance-Star (WEEKENDER Calendar) Spring Plant Sale-RAAI May 11 (see May 5 listing)
545. May 5, 2016 – The Free Lance-Star (WEEKENDER Calendar) Spring Plant Sale-RAAI May 12 (see May 5 listing)
546. May 5, 2016 – Vocal enewsletter: RACSB “The Art of Recovery” Exhibit Opens at PONSHP Studio and Gallery May 6

547. May 5, 2016 – The Free Lance-Star (WEEKENDER) RAAI 30th Annual Mayfest May 7 10-3
548. May 5, 2016 – The Free Lance-Star (WEEKENDER) RACSP “Art of Recovery” Exhibit at PONSHOP Studio and Gallery May 6 5-9 Open Reception
549. May 6, 2016 – Fredericksburg.com: Article “Mayfest helps adults with disabilities bloom” RAAI & National Park Service partnership helping adults with disabilities started 30 years ago and continues
550. May 7, 2016 – FredParent (Cool Things To Do): 30th Annual Mayfest Celebration May 7 10-3
551. May 8, 2016 – The Free Lance-Star: RACSB Mayfest celebration background information article
552. May 8, 2016 – The Free Lance-Star: RACSB Healthy Families Rappahannock Area & GEICO hosting “regional car seat safety” event benefiting low income and Medicaid recipients
553. May 8, 2016 – The Free Lance-Star: “Art of Recovery” Exhibit at PONSHOP Studio and Gallery May 6-29
554. May 8, 2016 – The Free Lance-Star: RACSB Employment ad for “Clinic Coordinator I for Outpatient Clinic Caroline County
555. May 8, 2016 – The Free Lance-Star: RACSB Employment ad for MH Nurses, RN or LPN
556. May 9, 2016 – Fredericksburg.com (FredBiz): Clothing event offers women a fresh start at work-ProjectLINK & FAAR hosting professional type clothing drive
557. May 9, 2016 – Rappahannock United Way Yahoo group share: RACSB Roundtable Schedule “Children and Family Mental Health” May 13 12:30-2:30 at Rappahannock United Way
558. May 9, 2016 – InsideNova.com: RACSB 30th Annual RAAI Mayfest Celebration benefiting adults with intellectual disabilities
559. May 9, 2016 – Fredericksburg.com: FAAR & ProjectLINK held a “professional clothing drive” helping local woman with work clothes that they cannot afford
560. May 9, 2016 – Vocal newsletter: RACSB “The Art of Recovery” Exhibit at PONSHOP Studio and Gallery Opens May 6
561. May 11, 2016 – MEDIA RELEASE: RACSB Kenmore Club hosting “Peer-to-Peer” classes June 24-August 26 on Fridays 10-12
562. May 11, 2016 – Rappahannock United Way Yahoo group share: Kenmore Club hosts “Peer-to-Peer” classes on Fridays 10-12 beginning June 24-August 26
563. May 11, 2016 – InsideNova: RACSB with GEICO hosting Car Seat Distribution & Installation May 14 9-11
564. May 12, 2016 – The Caroline Progress: “Low-income families eligible to receive free car seats this Saturday” Healthy Families Rappahannock Area along with GEICO May 14
565. May 12, 2016 – Vocal newsletter: RACSB “The Art of Recovery” Exhibit opens at PONSHOP Studio and Gallery May 6
566. May 12, 2016 – The Free Lance-Star: (WEEKENDER Calendar) “The Art of Recovery” artwork at PONSHOP Studio and Gallery
567. May 12, 2016 – The Free Lance-Star: (WEEKENDER Calendar) Spring Plant Sale-RAAI 10-4pm

568. May 12, 2016 – The Free Lance-Star: (WEEKENDER Calendar) Spring Plant Sale-RAAI 10-4pm May 13
569. May 12, 2016 – The Free Lance-Star: (WEEKENDER Calendar) Spring Plant Sale-RAAI 10-4pm May 12
570. May 15, 2016 – The Free Lance-Star: RACSB employment ad for several positions: Mental Health Therapists, Substance Abuse Therapist, Coord.-Jail & Detention Services, Clinic Coord. I, Child/Adolescent Psychiatrist
571. May 15, 2016 – The Free Lance-Star: RACSB employment for: MH Nurses-RN or LPN
572. May 15, 2016 – The Free Lance-Star: RACSB “Art of Recovery” Exhibit at PONSHOP Studio and Gallery May 6-29
573. May 15, 2016 – The Free Lance-Star: (Calendar) RACSB “Adult Mental Health First Aid Training” May 18-19
574. May 17, 2016 – RAAI Directors gives “Thank You” to community for supporting annual Spring Plant Sale & 30th Mayfest Celebration which helps supplement funding area day programs for adults with intellectual disabilities
575. May 17, 2016 – The Free Lance-Star: (Letter to the editor) RAAI Directors thank plant sale’s backers for annual Mayfest Celebration
576. May 18, 2016 – The King George Journal: RACSB resources noted in article “Northern Neck officials struggle with answers for drug abusers”
577. May 19, 2016 – The Free Lance-Star (Weekender) RACSB “Art of Recovery” Exhibit at PONSHOP Studio & Gallery
578. May 20, 2016 – InsideNova: RACSB Charles A. Cooper Building Services ad
579. May 20, 2016 – Fredericksburg Regional Chamber of Commerce: Leadership Fredericksburg 2016 Class Graduation Ceremony announcement; Joe Wickens of RACSB
580. May 23, 2016 – Fredericksburg Today: Fredericksburg Regional Chamber of Commerce – Leadership Fredericksburg Graduates Ninth Class on May 20; Joe Wickens of RACSB
581. May 26, 2016 – The Free Lance-Star: (Weekender ARTS) RACSB “Art of Recovery” Exhibit at PONSHOP Studio & Gallery
582. May 29, 2016 – The Free Lance-Star: RACSB Employment ad for MH Nurses-RN or LNP
583. May 29, 2016 – The Free Lance-Star: RACSB Employment ad for MH Nurse-LPN or RN for Outpatient, ICF Nurse-LPN for Outpatient or Intermediate Care Facility
584. May 30, 2016 – The Free Lance-Star: (Community Calendar) Meeting The Rappahannock Chapter of National Association of Mental Illness meeting June 1 Contact is Karen Kallay
585. May 31, 2016 – Fredericksburg Parent enewsletter (Cool Things To Do): RACSB services ad on top of front page
586. June 2016 – FredParent.net: RACSB Services ad
587. June 2016 – FredParent.net: RACSB Services & Location ad (half page)
588. June 2016 – FredParent.net: RACSB Early Intervention Screenings Birth-2 years with PE-ID
589. June 2016 – FredParent.net: RACSB Early Intervention Screenings Ages 3-5 with Child Find
590. June 2, 2016 – The Free Lance-Star: Job Fair for Military Personnel includes: RACSB

591. June 3, 2016 – The Free Lance-Star: (Letters of the Editor) “Congress needs to back treatment for addiction” by Karen Kallay
592. June 3, 2016 – InsideNova: RACSB Charles A. Cooper Building services ad
593. June 2, 2016 – Fredericksburg.com: Job Fair for Military Personnel sponsored in part by RACSB at 2pm today
594. June 4, 2016 – The Free Lance-Star: (Legal Ad) RACSB “Soliciting Sealed Bids” for Renovation & Addition to Bridgewater Street; pre-bid conference June 9 at 3pm
595. June 5, 2016 – The Free Lance-Star: RACSB Employment ad for MH Nurses-RN or LPN
596. June 5, 2016 – The Free Lance-Star: RACSB Youth Mental Health First Aid Training ad
597. June 5, 2016 – The Free Lance-Star: (Legal Ad) RACSB “Soliciting Sealed Bids” for Renovation & Addition to Bridgewater Street; pre-bid conference June 9 at 3pm
598. June 5, 2016 – The Free Lance-Star: RACSB employment ad for MH Nurse-LPN or RN in Outpatient, ICF Nurse-LPN for Outpatient & Intermediate care facility
599. June 5, 2016 – The Journal: Marie O. Kunlo Building services ad
600. June 17, 2015 – The Free Lance-Star: (Classifieds) RACSB employment ad for Public Information Officer
601. June 17, 2016 – InsideNova: Charles A. Cooper Building services ad
602. June 19, 2016 – The Free Lance-Star: RACSB “Mental Health First Aid Training” For Youth on June 21 8:30-4, June 22 8:30-12:30
603. June 19, 2016 – The Free Lance-Star: RACSB “Mental Health First Aid Training for Adults Jul 26 8:30-2, July 27 8:30-12:30
604. June 20, 2016 – Vocal newsletter: RACSB Job Opening for PACT Peer Support Specialist advertisement
605. June 23, 2016 – Vocal newsletter: RACSB Job Opening for PACT Peer Support Specialist advertisement
606. June 26, 2016 – The Free Lance-Star: RACSB “Time For a New Approach to Addiction” RACSB partners with four case workers & two mental health workers which is too few for the 1,800 inmates in & out of jail every month
607. June 26, 2016 – The Free Lance-Star: RACSB “Mental Health First Aid Training
608. June 26, 2016 – The Free Lance-Star: RACSB employment ad for MH Nurses, RN or LPN
609. June 26, 2016 – The Free Lance-Star: RACSB employment ad for MH Nurses-LPN or RN for work in Outpatient
610. July 26, 2016 – The Free Lance-Star: RACSB employment ad for ICF Nurse-LPN for work in outpatient and intermediate care facility
611. June 27, 2016 – Vocal newsletter: RACSB Job Opening for PACT Peer Support Specialist advertisement
612. June 29, 2016 – The Journal: RACSB Marie O. Kunlo Building services ad
613. June 29, 2016 – MEDIA RELEASE: RACSB seeking nominations for Annual Volunteer Awards for “31st Annual Distinguished Volunteer Awards” for Behavioral Health and Development Services
614. June 30, 2016 – Vocal newsletter: RACSB Job Opening for PACT Peer Support Specialist advertisement

Total 614

Fiscal Year 2016 Community Presentations

1. June 8, 2015 – Janine Gupton, Susan Graves, Joe Wickens, Susan Utter, Cutrina Gallagher: Participants in the “Provider Fair” at Northern Virginia Training Center
2. June 24, 2015 – Michelle Miner facilitated a “Crisis Intervention Training” for communication officers at the Rappahannock Regional Criminal Justice Academy
3. July 10, 2015 – Alison Standring, Michelle Wagaman, DeAnna Neal, Christine Garman, Jamie Biagi: Participants in the “Special Night for Special Needs” hosted by Parent Education-Infant Development Program at Children’s Museum of Richmond.
4. July 10, 2015 – Sherry Norton-Williams: Performed at the “Special Nights for Special Needs” (Puppeteer Specialist)
5. July 10, 2015 – Michelle Miner: Presented to the Mental Health Task Force Quarterly Roundtable
6. July 27-31 – Michelle Miner: Hosted the “Crisis Intervention Team” training for Law Enforcement Officers
7. August 5, 2015 – Michelle Miner: Hosted the “Crisis Intervention Team” training for Dispatchers
8. August 8, 2015 – Sherry Norton-Williams: Performed at the Fredericksburg Parent and Family Back to School Expo
9. August 18, 2015 – Glenda Knight: Provided a workshop on “The Impact of Maternal Substance abuse in Pregnancy and Early Childhood”
10. September 9-10, 2015 – Intellectual Disability Residential Staff participated at the information and recruitment fair at Northern Virginia Training Center
11. September 10, 2015 – Health Families – Rappahannock Area hosted their first group graduation
12. September 11, 2015 – Glenda Knight, served on a panel discussing substance abuse and recovery at the Mental Health Taskforce Roundtable
13. September 19, 2015 – The Parent Education – Infant Development Program hosted graduation
14. September 19, 2015 – Rappahannock Area Kids on the Block participated in Kids Convention at Spotsylvania Towne Center
15. October 13, 2015 – Michelle Wagaman joined Pam Garrett, Dr. Michael Horne for a discussion on “The Community Collaborative for Youth and Families” and an “Internet Safety” workshop on NewsTalk 1230
16. November 3, 2015 – Michelle Miner – participated in Town Talk with Ted Schobel. The topic was “Mental Health Awareness and At-Risk Interventions”
17. November 5, 2015 – Jennifer Lemich – presented on “Substance Abuse Disorder” at Riverbend High School
18. November 9, 2015 – Glenda Knight presented at the Family and Parenting Workshop: “Mental Wellness in Families” at Riverbend High School
19. November 12, 2015 – Glenda Knight presented on “Parenting Your Anxious Child or Teen” at Courtland High School
20. November 13, 2015 – The Parent Education – Infant Development Program hosted “Special Night for Special Needs” at Children’s Museum of Richmond (Fredericksburg location)

21. November 13, 2015 – Sherry Norton-Williams performed at the “Special Night for Special Needs” event at Children’s Museum of Richmond (Fredericksburg location)
22. February 4, 2016 – Samantha Romano provided training on social media to the Rappahannock Adult Activities BoD and staff
23. February 5, 2016 – Jennifer Bateman, Joan Gillis, Sherry Norton-Williams, Sherry Thompson, Michelle Wagaman participated in the annual Youth First Conference
24. February 19, 2016 – Joan Gillis, Glenda Knight facilitated a Youth Mental Health First Aid Training
25. April 6, 2016 – Samantha Romano, Michelle Wagaman participated in the Virginia Department of Health, “Health Fair” in the City of Fredericksburg
26. April 10, 2016 – Rebecca Howson-Jacobs, DeAnna Neal, Anapaula Ojeda, Beth Shultz participated in the “Autism Awareness Day”
27. April 18, 2016 – Tia Bach, Glenda Knight participated in the “Got Trauma? How it affects you” training
28. April 22, 2016 – Portia Bennett participated in the “Reentry Resource Fair”
29. April 23, 2016 – Kelly Cook, Stacy McDonald, Beth Shultz participated in the “Healthy Kids Day” at Kings Dominion
30. April 25, 2016 – Portia Bennett, Pam Robins participated in the “Family Reunification” Seminar
31. April 28, 2016 – Tia Bach, Glenda Knight participated in a panel session as part of a Paper Tigers Screening at Germanna Community College
32. April 30, 2016 – Mary DiSalvo, Beth Shultz participated in the “Healthy Kids Day” at Stafford YMCA
33. April 30, 2016 – DeAnna Neal participated in the “Healthy Kids Day” at Spotsylvania YMCA
34. May 4, 2016 – Amy Jindra presented at the NAMI-Rappahannock Legislators Meet and Greet
35. May 12, 2106 – Michelle Miner presented information on mental health and the work place to the Fredericksburg Regional Society of Human Resource Management
36. May 13, 2013 – Honore’ Shrader presented on “Children’s Mobile Crisis Services” at the Mental Health Task Force Roundtable
37. May 18-19, 2016 – Michelle Miner, Sherry Norton-Williams facilitated “Mental Health Aid” Training
38. June 21-22, 2016 – Sherry Norton-Williams, Sherry Thompson facilitated “Mental Health Aid” Training
39. June 23, 2016 – Joan Gillis, Michelle Miner participated in the Fredericksburg Chamber of Commerce Business Bash at Fredericksburg Fair Grounds

Total: 39



Rappahannock Area Community Services Board

Mental Health • Intellectual Disability • Substance Abuse
• Early Intervention & Prevention Services

Proudly serving the City of Fredericksburg and the Counties of Caroline, King George, Spotsylvania, and Stafford since 1970

Administration/Executive Director: 600 Jackson Street • Fredericksburg, VA 22401 • 540-373-3223 • Fax: 540-371-3753 • www.racsb.state.va.us

Update on Social Media Activities at RACSB

The Rappahannock Area Community Services Board (RACSB) and a limited number of programs launched their social media presence on March 25, 2015 on the following platforms: Facebook; Twitter; and Pinterest.

Facebook pages maintained (number of followers as of September 1, 2016):

- Rappahannock Area Community Services Board (340)
- Rappahannock Adult Activities – RAAI (629)
- Healthy Families Rappahannock Area (314)
- Rappahannock Area Kids on the Block (67)
- Kenmore Club – RACSB (59)
- Parent Education – Infant Development Program (85)

Twitter handles have been created (number of followers as of September 1, 2016):

- @RappAreaCSB (217)
- @RappAdultAct (88)
- @RappAreaKOB (69)
- @HealthyFamRA (59)

Completed activities include:

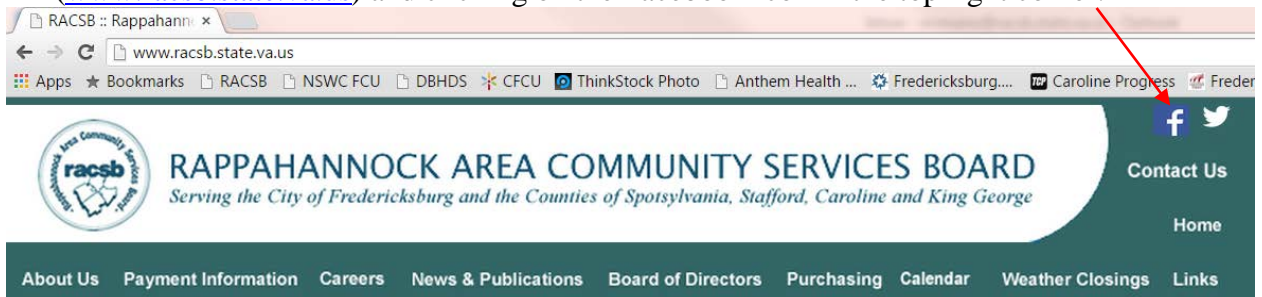
1. Added Facebook and Twitter logos with links to RACSB website (homepage, career, and links).
2. Added Facebook and Twitter logos to literature (brochures, employee newsletter shells, etc.)
3. Revision to Guide to Services by addition of Social Media Policy section
4. Merging of multiple Facebook location pages (Facebook creates locations based on addresses)
5. Began utilizing TweetDeck within Twitter for easier tracking and posting to multiple accounts
6. Claimed Yelp business pages which will allow for better monitoring and responding to reviews
7. Ongoing Social Media Buzz article in the monthly Inside RACSB newsletter
8. Created Facebook ads to promote RAAI's Mayfest and Plant Sale as well as The Art of Recovery exhibit. Additional ads will be utilized to help better promote the RACSB page.

RACSB Champion

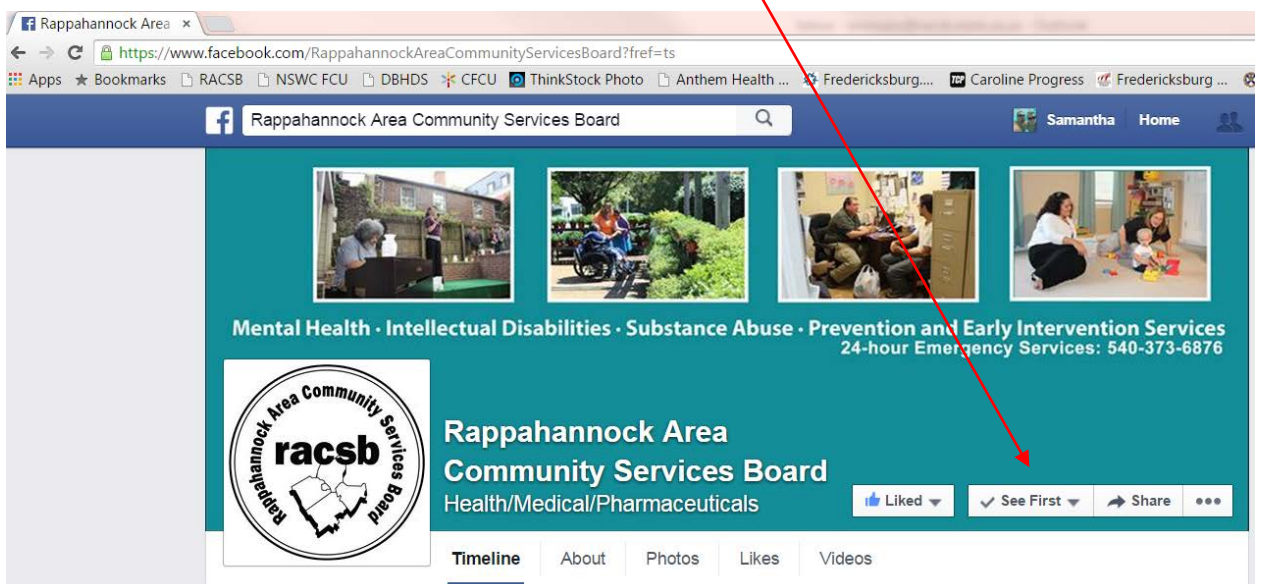
One way to help RACSB increase our awareness on social media is becoming a RACSB Champion.

Here are step-by-step guidelines for helping RACSB on social media:

1. “Like” us on Facebook. You can do this easily by going to the RACSB website (www.racsb.state.va.us) and clicking on the Facebook icon in the top right corner.

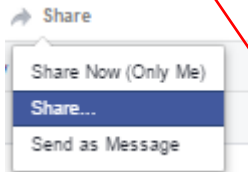


2. When you are viewing the RACSB Facebook page, make sure that the settings are “see first.” This will show you new posts at the top of News Feed. This will make it easier for liking, sharing and, commenting on RACSB post.



3. You see a post by RACSB...what can you do to help?

- a. Click like.
- b. Better yet, comment.
- c. Even better, click the share button.



- d. The best, share the link on your page and get your friends involved.*

*Example:



Rappahannock Area Community Services Board

Mental Health • Intellectual Disability • Substance Abuse
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RACSB Facility Tours

RACSB has historically scheduled six (6) facility tours each fiscal year. Moving forward tours will be offered on a quarterly basis. Tour routes and duration have been amended.

Rappahannock Area Community Services Board
Tours for the Board of Directors
Designated Tuesday once a Quarter from 9:30 a.m. to 2:30 – 2:45 p.m.

Tours depart from and return to the Ronald W. Branscome Building (600 Jackson Street, Fredericksburg). Transportation and lunch are provided. Please reserve your seat at least one (1) week prior to the tour (Amy Umble: 540-940-2314 or aumble@racs.state.va.us)

Tour #1: Tuesday, September 27, 2016

- **Ruffins Pond Group Home**, 10100 Heriot Row, Fredericksburg, VA 22408 (9:45 a.m. – 10:00 a.m.)
- **ROSS Building**, Bowman Center, 3306 Bourbon St., Fredericksburg, VA 22408 (10:10 a.m. – 10:35 a.m.)
 - **Intellectual Disability Supportive Residential Services/Sponsored Placement Program**
 - **Healthy Families Rappahannock Area**
 - **Prevention Programs**
 - DARE To Be You – Rappahannock Area
 - Second Step
 - Too Good For Drugs
 - Program for Teen Parents
 - Rappahannock Area Kids on the Block
- **Rappahannock Adult Activities**, 750 Kings Highway, Fredericksburg, VA 22405 (10:45 a.m. – 11:00 a.m.)
- **Igo Road Group Home**, 6159 Igo Rd., King George, VA 22485 (11:20 a.m. – 11:35 a.m.)
- **Marie O. Kunlo Building**, 8479 St. Anthony's Rd., King George, VA 22485 (11:45 a.m. – 12:25 p.m.)
 - Outpatient Clinic
 - RAAI Day Support Site
 - Lunch
- **Patricia K. Spaulding Building**, 19254 Rogers Clark Blvd., Ruther Glen, VA 22546 (1:00 p.m. – 1:20 p.m.)
 - Outpatient Clinic
 - RAAI Day Support Site and Greenhouse
- **Devon Drive Group Home**, 729 Welsh Dr., Ruther Glen, VA 22546 (1:40 p.m. – 1:55 p.m.)

Sign-up no later than September 20th.

Tour #2: Tuesday, January 31, 2017 (inclement weather date February 28, 2017)

- **Leeland Road Group Home**, 82 Leeland Rd., Fredericksburg, VA 22405 (9:45 a.m. – 10:00 a.m.)
- **Myers Drive Respite Home**, 10 Myers Dr., Falmouth, VA 22405 (10:10 a.m. – 10:25 a.m.)
- **New Hope Estates Group Home**, 163 New Hope Church Rd., Fredericksburg, VA 22405 (10:35 a.m. – 10:50 a.m.)
- **Scottsdale Estates**, 2 Scottsdale Dr., Fredericksburg, VA 22405 (10:55 a.m. – 11:10 a.m.)
- **Galveston Road Group Home**, 532 Galveston Rd., Fredericksburg, VA 22405 (11:20 a.m. – 11:35 a.m.)
- **Home Road Supervised Apartments**, 200 Home Rd., Fredericksburg, VA 22405 (11:50 a.m. – 12:05 p.m.)
- **Charles A. Cooper Building**, 15 Hope Rd., Stafford, VA 2554 (12:20 p.m. – 1:15 p.m.)
 - Outpatient Clinic
 - RAAI (lunch)
- **Specialized Transportation Services**, 460 Lendall Ln., Fredericksburg, VA 22405 (1:30 p.m. – 1:45 p.m.)

Sign-up no later than January 24th.

Tour #5: Tuesday, April 25, 2017

- **Churchill Drive Group Home**, 900 Churchill Drive, Fredericksburg, VA 22407 (9:45 a.m. – 10:00 a.m.)
- **Ross Drive/Lucas Street Intermediate Care Facilities**, 5604 Ross Drive/5701 Lucas Street, Fredericksburg, VA 22407 (10:10 a.m. – 10:45 a.m.)
- **Piedmont Drive Group Home**, 11430 Piedmont Dr., Fredericksburg, VA 22407 (11:00 a.m. – 11:15 a.m.)
- **Stonewall Estates Group Home**, 601 Halleck St., Fredericksburg, VA 22407 (11:30 a.m. – 11:45 a.m.)
- **Edith O. Fleming Building**, 7424 Brock Rd., Spotsylvania, VA 22553 (12:10 p.m. – 12:45 p.m.)
 - Rappahannock Adult Activities (RAAI)
 - Outpatient Clinic
 - Lunch
- **Christ Church RAAI Site**, 8951 Courthouse Rd., Spotsylvania, VA 22535 (12:50 p.m. – 1:05 p.m.)
- **Brittany Commons Supervised Apartment Program**, 10101 Moorgate Ave., Apt. 205, Spotsylvania, VA 22553 (1:15 p.m. – 1:30 p.m.)
- **Twin Lakes**, Rappahannock Adult Activities, 1646 Lafayette Blvd., Fredericksburg, VA 22401 (1:40 p.m. – 1:55 p.m.)
- **Belmont Supervised Apartment Program**, 2524 Carriage Ln., Fredericksburg, VA 22401 (2:05 p.m. – 2:25 p.m.)

Sign up no later than April 18th.

Tour #6: Tuesday, July 25, 2017

- **Liberty Street Supervised Apartments**, 915 Liberty St., Fredericksburg, VA 22401 (9:40 a.m. – 9:55 a.m.)
- **Riverplace Supervised Apartments**, 708 Sophia St., Fredericksburg, VA 22401 (10:05 a.m. – 10:20 a.m.)
- **Bridgewater Street Supervised Apartments and Mental Health Residential Services**, 401 Bridgewater St., Fredericksburg, VA 22401 (10:30 a.m. – 10:45 a.m.)
- **Lafayette Boulevard Boarding House**, 818 Lafayette Blvd., Fredericksburg, VA 22401 (11:00 a.m. – 11:15 a.m.)
- **Wolfe Street Intermediate Care Facility**, 815 Wolfe St., Fredericksburg, VA 22401 (11:20 a.m. – 11:40 a.m.)
- **Mental Health Crisis Stabilization Program at The Sunshine Lady House for Mental Health Wellness & Recovery**, 617 Wolfe St., Fredericksburg, VA 22401 (11:45 a.m. – 12:00 p.m.)
- **Ronald W. Branscome Building**, 600 Jackson St., Fredericksburg, VA 22401 (12:05 a.m. – 12:45 p.m.)
- **Parent Education – Infant Development Program**, 700 Kenmore Ave., Fredericksburg, VA 22401 (12:55 p.m. – 1:10 p.m.)
- **Kenmore Club**, Barbara C. Terry Building, 632 Kenmore Ave., Fredericksburg, VA 22401 (1:15 p.m. – 1:30 p.m.)

Sign-up no later than July 18th.

Rappahannock Area Community Services Board

Upcoming Events

- Friday, September 16, 2016: Breaking Taboo: Speaking from Experience and Research on Suicide, Suicide Prevention Awareness Day, Charlottesville (to register: <https://www.eventbrite.com/e/breaking-taboo-speaking-from-experience-and-research-on-suicide-tickets-25977901603?aff=eac2>)
- Saturday, September 10, 2016: Knock out Addiction; Fredericksburg Fair Grounds
- September 12 – September 16, 2016: Rappahannock Adult Activities Fall Mum and Pansy Sale; Monday – Friday 9:30 a.m. to 2:00 p.m., Hurkamp Park, Fredericksburg Farmers Market; Closed Saturday and Sunday
- September 14 – 15, 2016: Mental Health First Aid training (adult)
- Saturday, September 17, 2016: Parent Education – Infant Development Program Graduation; 10:00 a.m.
- Saturday, September 17, 2016: B101.5 Kids Convention, Spotsylvania Towne Centre, 10:00 a.m. – 6:00 p.m. Rappahannock Area Kids on the Block performing (booth space donated by NSWC FCU)
- September 24, 2016: Race Against Violence; Rappahannock Area Kids on the Block
- Saturday, September 24, 2016: The American Legion Riders Post 89 of King George will host the 8th Annual BBQ & Bike Rally, from 11:00 a.m. to 2:00 p.m. Proceeds will benefit the Virginia Veteran and Family Support Program.
- Sunday, September 25, 2016: Out of Darkness Suicide Prevention Walk (American Foundation for Suicide Prevention)
- Tuesday, September 27, 2016: Transportation Roadeo “Fun Run” 9:00 a.m. to 2:00 p.m.; Eagles Lodge (Cool Springs Road)
- Saturday, October 15, 2016: Another Day: Walk for Suicide Prevention (Mental Health America of Fredericksburg)
- Wednesday, October 19, 2016: Open House (Fredericksburg, Spotsylvania and Stafford) at Kenmore Club; 632 Kenmore Ave.; 7:00 p.m. to 8:30 p.m.
- Tuesday, October 25, 2016: Open House at the Caroline County Clinic; 7:00 p.m. to 8:30 p.m.
- Thursday, November 3, 2016: Open House at the King George County Clinic; 7:00 p.m. to 8:30 p.m.