

### **About the Art of Recovery Exhibit**

Since 2005, the Fredericksburg community has embraced the Art of Recovery Exhibit. Each year, the quality and quantity of art increases as more individuals throughout the Commonwealth of Virginia learn about the exhibit and want to become involved.

The exhibit coincides with National Mental Health Month.

### **About the Traveling Exhibit**

For the past six years, the exhibit has traveled to The Walkerton Tavern (2892 Mountain Road, Glen Allen, VA 23060). For four years, the exhibit was also displayed at the Department of Behavioral Health and Developmental Services (DBHDS) in Richmond. Dates for the traveling exhibit will be announced at a later date.

### **About Art Therapy**

Art therapy in a mental health profession setting uses the creative process of art making to improve and enhance the physical, mental, and emotional well-being of individuals of all ages. It is based on the belief that the creative process involved in artistic self-expression helps individuals resolve conflicts and problems, develop interpersonal skills, manage behavior, reduce stress, and increase self-esteem and self-awareness. When words are not enough, images and symbols can help tell stories. The ability to tell stories through art can lead to a path of wellness and recovery.

### **About RACSB**

Founded in 1970, the Rappahannock Area Community Services Board (RACSB) is committed to improving the quality of life for people with mental health, developmental disability, and substance abuse problems and to preventing the occurrence of these conditions. RACSB uses an integrated community-based system of care that is responsive to individual needs and choices. RACSB serves the residents of the City of Fredericksburg and the Counties of Caroline, King George, Spotsylvania, and Stafford. To learn more, visit [www.rappahannockareacsb.org](http://www.rappahannockareacsb.org).

### **About Kenmore Club**

Kenmore Club provides psychosocial rehabilitation services supporting adults with severe and persistent mental illness. Their goal is to provide citizens living with the effects of mental illness the chance to contribute, to work, and to become self-supporting members of the community. Kenmore Club is located at 632 Kenmore Avenue, Fredericksburg (540-373-7737).

### **About the Gallery**

PONSHOP is a multifaceted storefront: an artist studio, gallery, retail store, and classroom. The vision of the owners, Gabriel and Scarlett Pons, is to provide a place that embodies what they love: art, design, and creative education. The gallery features a variety of work from artists in the Fredericksburg, Virginia region. Their studio doubles as a classroom, providing workshops for students interested in everything from painting, ceramics, and architecture to street art and skateboarding. To learn more, visit [www.ponshopstudio.com](http://www.ponshopstudio.com).

THIRTEENTH ANNUAL

# **Art of Recovery Exhibit**

*Featuring original artwork of  
individuals with mental illness*

**May 4-27, 2018**

**CALL FOR ARTISTS**

**Entry Deadline April 2**

Rappahannock Area Community Services Board (RACSB) is currently seeking entries for the Thirteenth Annual "The Art of Recovery" exhibit. The art show features original artwork by adults with mental illness. The show is organized by members of Kenmore Club, RACSBs psychosocial clubhouse for adults with severe and persistent mental illness.

The exhibit will be on display at The PONSHOP Studio and Gallery located at 712 Caroline Street, Fredericksburg.



**Rappahannock Area  
Community Services Board  
540-373-3223**

**[www.rappahannockareacsb.org](http://www.rappahannockareacsb.org)**

# Fourteenth Annual Art of Recovery Exhibit

The Art of Recovery provides a forum for artists living with mental illness to gain confidence in their abilities, address misconceptions surrounding mental illness, and experience community support.

## Eligibility

This exhibition is open to artists with mental illness. There is no fee to enter. There is no limit to the number of entries. Pieces must be **original** and available for sale (include price and dimensions).

## Specifications

All work submitted must be **original** artwork, framed appropriately and equipped with a hanging wire on the back for installation. Please refer to hanging and framing instructions for additional guidance.

Drawings, paintings, sculpture, textiles, prints, mixed media, and ceramics will be considered. Artists are encouraged to submit high-quality photographs when not providing the actual work for consideration.

## Calendar

All entries must be submitted for consideration by April 2. Artists will be notified of decisions by April 17th. All pieces selected must be delivered to RACSB no later than April 26th. Items not selected will be returned the week of May 1st. The opening reception will be held Friday, May 4th from 5:00 p.m. to 9:00 p.m. with a gallery welcome around 6:30 p.m. The initial exhibit at The PONSHP will conclude May 27th.

## Agreement

By submitting work for entry, artist agrees to allow representations of work to be shown and reproduced for publicity purposes. Artist assumes liability for damaged or lost pieces. Only original work will be displayed.

# Entry Form

All work must be submitted for consideration by April 2.

## Artist Information

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_ Zip Code \_\_\_\_\_

Phone \_\_\_\_\_

Email \_\_\_\_\_

## Supporting Agency (optional)

\_\_\_\_\_

By signing below, I agree to the parameters of entry to this exhibition.

Signature \_\_\_\_\_

Date \_\_\_\_\_

To submit artwork or to learn more,  
contact Amy Jindra  
at 540-373-7737 or  
artofrecovery@rappahannockareacsb.org

Submissions may also be mailed to:  
RACSB/Kenmore Club  
attn: Art of Recovery  
632 Kenmore Avenue Fredericksburg,  
VA 22401

## Entry #1

Artist \_\_\_\_\_

Title \_\_\_\_\_

Year of completion (if known) \_\_\_\_\_

Media \_\_\_\_\_

Dimensions \_\_\_\_\_

Framed \_\_\_\_\_ Yes \_\_\_\_\_ No

Traveling Exhibit \_\_\_\_\_ Yes \_\_\_\_\_ No

Price \_\_\_\_\_ gallery reserves 40% of all sales

## Entry #2

Artist \_\_\_\_\_

Title \_\_\_\_\_

Year of completion (if known) \_\_\_\_\_

Media \_\_\_\_\_

Dimensions \_\_\_\_\_

Framed \_\_\_\_\_ Yes \_\_\_\_\_ No

Traveling Exhibit \_\_\_\_\_ Yes \_\_\_\_\_ No

Price \_\_\_\_\_ gallery reserves 40% of all sales

## Entry #3

Artist \_\_\_\_\_

Title \_\_\_\_\_

Year of completion (if known) \_\_\_\_\_

Media \_\_\_\_\_

Dimensions \_\_\_\_\_

Framed \_\_\_\_\_ Yes \_\_\_\_\_ No

Traveling Exhibit \_\_\_\_\_ Yes \_\_\_\_\_ No

Price \_\_\_\_\_ gallery reserves 40% of all sales

## Entry #4

Artist \_\_\_\_\_

Title \_\_\_\_\_

Year of completion (if known) \_\_\_\_\_

Media \_\_\_\_\_

Dimensions \_\_\_\_\_

Framed \_\_\_\_\_ Yes \_\_\_\_\_ No

Traveling Exhibit \_\_\_\_\_ Yes \_\_\_\_\_ No

Price \_\_\_\_\_ gallery reserves 40% of all sales

No limit to the number of submissions. Please copy form as needed.