

# MINUTES

## Rappahannock Area CSB

### September Prevention Public Information Committee Meeting

Wednesday, September 12, 2018, 12:00 pm - 1:00 pm

Board Room 208, 600 Jackson Street, Fredericksburg, Va 22401

#### In Attendance

Amy Umble; Andrea Merwin; Brandie Williams; Debra Draper; Diane Deibel; Greg Sokolowski; Jane Yaun; Karen Kallay; Ken Lapin; Michelle Wagaman

#### Not In Attendance

Beth Elkins; Jim Howard; Linda Carter

#### A. FY 2018 Healthy Families Year-End Report

Michelle Wagaman

Michelle Wagaman updated the Committee on the Healthy Families Rappahannock Area's Year-End Report for Fiscal Year 2018. In the past year, HFRA has served 212 families and provided 257 in-home assessments. The agency conducted 2,581 home visits. Family support workers traveled 83,000 miles across five localities in the past year.

#### ATTACHMENT I

#### B. Healthy Families Rappahannock Area Youth in Philanthropy Grant

Michelle Wagaman

Michelle Wagaman told the Committee that Healthy Families Rappahannock Area submitted a grant to the Youth in Philanthropy program. This grant was submitted to support Program for Teen Parents, which is a part of HFRA for the first time this year.

#### ATTACHMENT II

The Committee passed a motion recommending the Board approve the YIP grant if awarded to Healthy Families Rappahannock Area.

Move: Debra Draper Second: Ken Lapin Status: Passed

#### C. Healthy Families Community-Based Child Abuse Prevention Grant Update

Michelle Wagaman

Michelle Wagaman reported to the Committee that Healthy Families Rappahannock Area lost one of its funding sources, the Community-Based Child Abuse Prevention Grant. This fund provides \$46,265 each year over a three-year period.

### ATTACHMENT III

#### D. FY 2018 Rappahannock Area Kids on the Block Year-end Report

Michelle  
Wagaman

Michelle Wagaman presented the Year-End report for Rappahannock Area Kids on the Block for FY 2018. The puppet troupe conducted a total of 43 community and group presentations in Fiscal Year 2018 and performed for 5,211 community members.

### ATTACHMENT IV

#### E. Program for Teen Parents

Michelle Wagaman

Michelle Wagaman updated the Committee on the Program for Teen Parents. Parent Educator Joan Gillis retired at the end of Fiscal Year 2018 after 18 years of service to RACSB and the community. During the past school year, Joan worked with 35 pregnant or parenting teens. Of those teens, seven graduated high school, five obtained a GED, 12 are returning for the next school year, six lost their baby, and five chose not to remain in services or school or relocated from the area.

Moving forward, Program for Teen Parents will be part of Healthy Families Rappahannock Area.

### ATTACHMENT V

#### F. Mental Health First Aid training

Michelle Wagaman

Michelle Wagaman updated the Committee on Mental Health First Aid trainings. RACSB began providing the adult and youth Mental Health First Aid classes in 2014. In FY 2018, RACSB trained 439 individuals bringing our cumulative total of individuals trained to 1,159.

### ATTACHMENT VI

#### G. REVIVE! Opioid Overdose Reversal Training

Michelle Wagaman

Michelle Wagaman updated the Committee on REVIVE! Opioid Reversal Training. RACSB began providing REVIVE! in July 2017. Over the past year, two instructors and a community volunteer hosted 26 trainings, training a total of 295 individuals. RACSB has provided training to several community organizations.

### ATTACHMENT VII

#### H. FY 2018 Dare to Be You Year-end Summary

Michelle Wagaman

Michelle Wagaman updated the Committee on DARE to Be You for the end of

Fiscal Year 2018. RACSB is one of eight CSBs to receive the Family Wellness Grant. In FY 2018, RACSB facilitated eight sessions serving 126 individuals.

## ATTACHMENT VIII

### I. FY 2018 Understanding ACEs Training Year-end Report

Michelle  
Wagaman

Michelle Wagaman updated the Committee on Understanding ACEs training for FY 2018. During that fiscal year, RACSB trained 157 individuals through 10 trainings.

## ATTACHMENT IX

### J. CounterTools--Tobacco Merchant Education

Michelle Wagaman

Michelle Wagaman updated the Committee on CounterTools--Tobacco Merchant Education. Community Services Boards staff stopped at potential tobacco retailers and map the exact locations of each. This mapping is then used to complete a store audit. In FY 2018, RACSB Prevention staff visited, audited, and provided merchant education in the past two years. Prevention Specialists Sherry Thompson and Jennifer Bateman traveled more than 500 miles and devoted more than 100 hours to this project.

## ATTACHMENT X

### K. Prevention Programs--FY 2018 Year-End Summary

Michelle  
Wagaman

Michelle Wagaman updated the Committee on Prevention Programs for Fiscal Year 2018. RACSB Prevention Services staff facilitates several evidence-based curriculums in partnership with local schools and community groups. These curriculums include: Second Step; HALO (Healthy Alternatives for Little Ones); and Too Good for Drugs. Second Step served 139 youths; HALO served 55 youths; and Too Good for Drugs served 140 youths.

## ATTACHMENT XI

### L. Agency Rebranding Update

Amy Umble

Amy Umble provided the Committee an update on RACSB's rebranding projects with Darwin, a Pittsburgh-based firm that specializes in human services branding. Jane Yaun told the Committee that the Rebranding Team chose to go forward with a branded campaign, which would retain RACSB's name but create a concise message that would better help the community understand what RACSB does.

## ATTACHMENT XII

### M. Upcoming Events

Amy Umble

Amy Umble reviewed a list of upcoming events. She told the Committee that these events show that the community is becoming more involved in the issues of mental health, substance abuse, and developmental disability. The list also showcases the many ways RACSB participates in community collaborations.

### ATTACHMENT XIII

#### N. 2018 Catalyst Awards

Amy Umble

Amy Umble presented the nomination for the Catalyst Awards. These would be similar to the agency's long-standing volunteer awards but would allow people to receive recognition for paid work. She told the Committee this would open the field to more nominations and should provide a greater variety.

### ATTACHMENT XIV

The Committee passed a motion recommending the Board approve the Catalyst Award nominations, with RACSB added to the title of the award and with the nominator's name and contact information moved to the top of the form.

Move: Debra Draper Second: Greg Sokolowski Status: Passed

#### O. RACSB Facilities Tours

Amy Umble

Amy Umble presented a schedule of Facilities Tours for FY 2019. She reminded the Committee that these tours are a good way to learn more about RACSB's work and to get a better feel for programs and services.

### ATTACHMENT XV

#### P. Other Business

Jane Yaun

#### Q. Adjournment

The meeting adjourned at 1:34 p.m.