

## MINUTES

### Rappahannock Area CSB

#### October PPE Meeting

Tuesday, October 9, 2018, 10:30 am - 11:30 am

Board Room 208; 600 Jackson Street; Fredericksburg, Va. 22401

#### In Attendance

Al Collins; Amy Umble; Andrea Merwin; Brandie Williams; Debra Draper; Donna Andrus; Elizabeth Wells; Greg Bundrick; Jacque Kobuchi; Jane Yaun; Jim Howard; Joe Wickens; Karen Kallay; Kari Norris; Ken Lapin; Matt Zurasky; Nancy Beebe; Patricia Newman; Sharon Killian; Stephanie Terrell; Stephen Curtis; Suzanne Poe; Tina Sears

#### Not In Attendance

Kheia Hilton; Linda Ball

#### A. Meeting Agenda

#### B. Extraordinary Barriers List

Elizabeth Wells

Elizabeth Wells updated the Committee on the Extraordinary Barriers List. She reviewed the situations of six individuals who have barriers to discharge from state behavioral health facilities. Barriers include not guilty by reason of insanity, lack of response from authorized representative, lack of bed availability in supervised apartments, and family uncertainty surrounding ability to return home.

#### ATTACHMENT I

#### C. Emergency Services Activity and TDO Exception Report

Kari Norris

Kari Norris reported that emergency services staff performed 423 emergency evaluations, executed 91 emergency custody orders and 85 temporary detention orders in September, and in 14 cases, Western State Hospital was used as a facility of last resort when a community facility was not found at the end of an 8-hour emergency custody order.

## ATTACHMENT II

### D. CIT Assessment Center Report

Kari Norris

Kari Norris reported that the CIT Assessment Center assessed 32 individuals in the month of September (Fredericksburg, 12; Caroline, 1; King George, 4; Spotsylvania, 9; and Stafford, 6). The Rappahannock Area Crisis Intervention Team held an 8-hour training for dispatchers on Sept. 25. Six dispatchers were trained from Orange, Fauquier and Spotsylvania counties.

## ATTACHMENT III

### E. Independent Assessment Certification and Coordination Team (IACCT) Update

Donna Andrus

Donna Andrus gave an update on the Independent Assessment Certification and Coordination Team Update. She told the Committee that in September, RACSB received and completed 22 IAACCT referrals. Fourteen were initial referrals and eight were reauthorizations.

## ATTACHMENT IV

### F. Information Technology and Electronic Health Record Update

Suzanne Poe

Suzanne Poe updated the Committee on information technology and electronic health records, including: a new client alignment representative from NetSmart, Waiver Management System integration is still not working statewide, hardware for telephone systems have arrived at various locations, Community Consumer Submission data is due Oct. 10 and 11, a part-time data entry clerk resigned and processes were reviewed and efficiencies found for this job, Incident Tracker software has been purchased, and Canon copiers and printers have been replaced.

## ATTACHMENT V

## G. Myers Drive Quarterly Review

Steve Curtis

Stephen Curtis updated the Committee on Myers Drive Respite Home. He said that 37 individuals used the respite program for adults with developmental disability from July 1 through September 30. Total revenue for the previous quarter was \$48,222.47, the largest quarterly revenue to date.

## ATTACHMENT VI

## H. Data Highlights--Behavioral Health Measures

Brandie Williams

Brandie Williams updated the Committee on data highlights for Behavioral Health Measures. She said that these measures would be different in the future and would be outcome-based. She also told the Committee that RACSB uses data measurements to improve services.

## ATTACHMENT VII

## I. Permanent Supportive Housing Fund

Joe Wickens

Joe Wickens updated the Committee on the permanent supportive housing fund. He told the Committee that RACSB was not awarded a state grant for permanent supportive housing for individuals with mental illness who are homeless or who are at-risk of homelessness.

## ATTACHMENT VIII

## J. Wait List

Stephanie Terrell

Stephanie Terrell updated the Committee on the waiting list for services as of Oct. 1. There are no individuals waiting for therapy, mainly because of Same Day Access. There were 23 older adolescents and adults waiting more than 30 days for their intake appointment. For mental health residential, nine are on a list for services (needs=1, referral=6, acceptance=2), 146 are on a list for intellectual disability residential services (needs=140, referral=4, and

acceptance=2), 21 individuals are on a list for PACT services (needs=13, referral=6, and acceptance=2). There are 81 individuals enrolled in PACT.

## ATTACHMENT IX

### K. Quality Assurance Report

Stephanie  
Terrell

Stephanie Terrell told the Committee that Quality Assurance staff reviewed group day and community engagement services with Spotsylvania Rappahannock Adult Activities and the Program for Assertive Community Treatment. She said that 30 charts were reviewed and 21 noted discrepancies. Corrective action plans have been created to address the discrepancies.

## ATTACHMENT X

### L. DBHDS Corrective Action Plan

Stephanie  
Terrell

Stephanie Terrell reported to the Committee that on Aug. 31, RACSB received a corrective action plan based on an investigation conducted in May. The investigation concerned an allegation of lack of treatment with dignity. RACSB's internal investigation found the allegation credible, and a citation came from the Department of Behavioral Health and Developmental Services. The department has approved RACSB's corrective action plan.

## ATTACHMENT XI

The Committee passed a resolution recommending the Board approve the corrective action plan as presented.

Move: Jim Howard Second: Nancy Beebe Status: Passed

### M. Treatment Options

Karen Kallay

Karen Kallay asked about whether RACSB could look into new treatment options, such as EMDR. Sharon Killian and Jane Yaun said they were looking into training staff in EMDR in the spring.

Sharon Killian said that staff also fold some new evidence-based techniques into treatment.

N. Adjournment

Ken Lapin

The meeting adjourned at 11:36 a.m.