

MINUTES

Rappahannock Area CSB

December Program Planning and Evaluation

Tuesday, December 11, 2018, 10:30 am - 12:00 pm

Board Room 208, 600 Jackson Street, Fredericksburg, VA 22401

In Attendance

Al Collins; Amy Umble; Andrea Merwin; Brandie Williams;
Donna Andrus; Elizabeth Wells; Greg Bundrick; Jacque
Kobuchi; Jane Yaun; Jim Howard; Joe Wickens; Karen Kallay;
Kari Norris; Kheia Hilton; Matt Zurasky; Nancy Beebe; Rhonda
Pellicano; Sharon Killian; Stephanie Terrell; Suzanne Poe; Tina
Sears

Not In Attendance

Ken Lapin; Linda Ball

A. Extraordinary Barriers List

Elizabeth Wells

Elizabeth Wells reviewed the Extraordinary Barriers List. The agency has three individuals on the EBL and barriers to discharge include the legal process for individuals found Not Guilty by Reason of Insanity and the need for a developmental disability Medicaid waiver and supports for an individual with developmental disability and mental illness.

ATTACHMENT I

B. Emergency Services Activity and TDO Exception Report

Kari
Norris

Kari Norris updated the Committee on Emergency Services activity. In November, Emergency Services staff completed 373 emergency evaluations and assisted with the execution of 79 Emergency Custody Orders and 63 Temporary Detention Orders. In seven instances, state psychiatric hospitals were used as facilities of last resort.

ATTACHMENT II

C. CIT Assessment Center Report

Kari Norris

Kari Norris told the Committee that the CIT Assessment Center assessed 38 individuals in November 2018 (Fredericksburg, 12; Caroline, 3; King George, 0; Spotsylvania, 15; and Stafford, 8). The RACIT program held a quarterly 8-hour training for dispatchers on Nov. 13. Four dispatchers from Orange and Essex counties were trained.

ATTACHMENT III

D. Independent Assessment Certification and Coordination Team (IACCT) Update

Donna Andrus

Donna Andrus updated the Committee on the Independent Assessment Certification and Coordination Team. In November, RACSB received 18 referrals and completed 18 assessments (Spotsylvania, 11; Stafford, 2; Caroline, 1; King George, 1; Fredericksburg, 3).

ATTACHMENT IV

E. Information Technology and Electronic Health Record Update

Suzanne Poe

Suzanne Poe updated the Committee on Information Technology, including meeting with Netsmart representatives; integration between electronic health records and the Waiver Management System; new phone systems at the Stafford, Caroline, and King George clinics; and electronic room scheduling for the agency.

ATTACHMENT V

F. Wait List

Stephanie Terrell

Stephanie Terrell updated the Committee on the Wait List. As of Nov. 30, there were no individuals waiting for outpatient therapy services. As of Dec. 5, there were 45 older adolescents and adults waiting longer than 30 days for their psychiatric intake appointment. There were three people waiting for mental health residential services (needs=0; referral=2; acceptance=1); 150 waiting for intellectual disability residential services (needs=140; referral=8; acceptance=2); and 24 for the Program for Assertive Community Treatment (needs=15; referral=6; acceptance=3). There are 80 individuals enrolled in PACT.

Matt Zurasky asked about tracking the wait list for psychiatric intake appointments for children younger than 14. Jane Yaun said that those numbers could be reported in future meetings. The Committee discussed the shortage of psychiatrists who work with children and adolescents. Jane said that a new board-certified child and adolescent psychiatrist will start Jan. 14.

ATTACHMENT VI

The Committee passed a motion recommending the Board approve the wait list.

Move: Al Collins Second: Matt Zurasky Status: Passed

G. FY 2018 CARF Performance Analysis

Brandie Williams

Brandie Williams reported on the annual performance analysis for CARF. RACSB programs accredited by CARF include mental health outpatient; substance abuse outpatient; adult mental health case management; substance

abuse case management; child and adolescent case management; crisis stabilization; psychosocial rehabilitation; community housing; and drug court.

In Fiscal Year 2018, RACSB provided mental health services to 6,792 people. Matt Zurasky requested an explanation for the drop in numbers of individuals served between FY 2017 and FY 2018. Jane Yaun attributed the drop to staff vacancies and a rise in acuity of need.

Jane Yaun said that starting in January, this report will be done with an improved analysis and a focus on one program at a time.

ATTACHMENT VII

H. Unannounced Licensing Review--RAAI

Stephanie Terrell

Stephanie Terrell told the Committee that the Department of Behavioral Health and Developmental Services licensing specialist conducted an unannounced visit at the Caroline County site of Rappahannock Adult Activities. No violations were found, but the licensing specialist made two recommendations.

ATTACHMENT VIII

The Committee passed a motion recommending the Board approve the action plans as noted.

Move: Al Collins Second: Matt Zurasky Status: Passed

I. Quality Assurance Report

Stephanie Terrell

Stephanie Terrell told the Committee that Quality Assurance staff completed site inspections and chart reviews for Developmental Services Support Coordination (Fredericksburg); Mental Health Outpatient Clinic (Caroline); and Juvenile Drug Court. Twenty-eight charts were reviewed, and 13 noted discrepancies. Kheia Hilton requested a way to record progression on quality assurance reports. Stephanie Terrell confirmed future reports would be crafted to show whether programs were improving.

ATTACHMENT IX

J. Regional Advisory Group

Jane Yaun

Jane Yaun told the Committee that the Department of Behavioral Health and Developmental Services has convened an advisory group of 18 executive directors. She has been asked to participate in the group, which consists of nine members chosen by DBHDS and nine chosen by the Virginia Association of Community Services Boards.

ATTACHMENT X

K. Adjournment (Kheia Hilton)

The meeting adjourned at 12:07 p.m.