

MINUTES

Rappahannock Area CSB

March Program Planning and Evaluation

Tuesday, March 12, 2019, 10:00 am - 11:34 pm

Board Room 208, 600 Jackson Street, Fredericksburg, VA 22401

In Attendance

Al Collins; Amy Umble; Andrea Merwin; Brandie Williams;
Donna Andrus; Elizabeth Wells; Jacque Kobuchi; Jane Yaun;
Jim Howard; Joe Wickens; Karen Kallay; Kari Gent; Kari Norris;
Ken Lapin; Kheia Hilton; Matt Zurasky; Patricia Newman; Rhonda
Pellicano; Stephanie Terrell; Suzanne Poe

Not In Attendance

Linda Ball; Nancy Beebe; Tina Sears

A. Extraordinary Barriers List

Elizabeth Wells

Elizabeth Wells reviewed the cases of five individuals on the Extraordinary Barriers List, three at Western State Hospital and three at Piedmont Geriatric Hospital. Barriers to discharge include the not guilty by reason of insanity process, developmental disability, Discharge Assistance Planning money availability, a need for public guardians, and need for appropriate assisted living facilities that can offer both mental healthcare and physical healthcare.

ATTACHMENT I

B. Emergency Services Activity and TDO Exception Report

Kari
Norris

Kari Norris reported that Emergency Services staff completed 417 emergency evaluations in February, resulting in 72 Emergency Custody Orders and 71 Temporary Detention Orders. In eight instances, individuals went to state psychiatric hospitals when a community facility was not found at the end of an eight-hour period.

ATTACHMENT II

C. CIT Assessment Center Report

Kari Gent

Kari Gent reported that the CIT Assessment Center assessed 38 individuals in the month of February 2019 (Fredericksburg, 11; Caroline, 3; King George, 2; Spotsylvania, 15; and Stafford 7.)

ATTACHMENT III

D. Independent Assessment Certification and Coordination Team (IACCT) Update

Donna
Andrus

Donna Andrus reported that RACSB received 19 IACCT referrals and completed 18 assessments in February. Of those assessments, 13 recommended Level C Residential and five recommended Level B Group Home.

ATTACHMENT IV

E. Information Technology and Electronic Health Record Update

Suzanne
Poe

Suzanne Poe provided an update on Information Technology and Electronic Healthcare Records, including additional patches installed in Avatar, removal of the tableau dashboard measures from the state, expansion of telemedicine to Medication Assisted Treatment, installation of equipment for a new backup and disaster recovery system, release of the Community Consumer Submission, and planning of telephone system and internet services for River Club.

ATTACHMENT V

F. Wait List

Stephanie Terrell

Stephanie Terrell told the Committee that as of Feb. 28, there were no individuals on the wait list for outpatient therapy services. There were seven adults waiting longer than 30 days for their psychiatric intake appointment. For children ages 13 and below, 12 individuals were waiting for a psychiatric intake appointments.

For mental health residential services, there are 6 individuals on the waiting list (needs, 0; referral, 5; acceptance, 1). For ID residential services, there are 148 individuals waiting for placement (needs, 141; referral, 4; acceptance, 3). For Program for Assertive Community Treatment, there are 28 individuals on the wait list (needs, 12; referral, 13; acceptance, 3). There are 82 individuals enrolled in PACT.

ATTACHMENT VI

The Committee passed a motion recommending the Board approve the February Wait List as presented.

Move: Ken Lapin Second: Matt Zurasky Status: Passed

G. Quality Assurance Chart Reviews

Stephanie Terrell

Stephanie Terrell reported that Quality Assurance staff reviewed charts for Sponsored Placement and ID Residential--Churchill and Ruffins Pond. Twenty-two charts were reviewed. No discrepancies were found in Sponsored Placement. In Churchill and Ruffins Pond, one chart had a discrepancy in the Individual Service Plan. Both programs improved from earlier chart reviews.

ATTACHMENT VII

H. DBHDS Employment Metric

Joe Wickens

Joe Wickens reported that the Department of Behavioral Health and

Developmental Services provided an employment metric requirement for community services boards. By April 1, the increase of the number of employment individuals on the waiver should increase by 2% until the CSB reaches 25% of waiver recipients employed. By June 30, the number of employed individuals on the waiver should increase by 5% until the CSB reaches 25%. For RACSB, this would apply to 503 individuals. Now, 13% of those individuals receive waiver employment services. This is 65 individuals. By April 1, the agency will need to have 75 individuals receiving employment services to meet the 2% increase requirement. By June 30, RACSB would need to have 90 individuals receiving employment services to meet the 5% requirement.

The challenges to meeting these requirements include: a waiting list for Department of Aging and Rehabilitative Services, lack of jobs for individuals with developmental disability, and transportation issues.

ATTACHMENT VIII

I. Mental Health Residential CARF Mid-Year Performance Analysis

Brandie Williams

Brandie Williams told the Committee that RACSB conducts annual performance evaluations for CARF requirements. She reviewed an evaluation for Mental Health Residential Services. In Fiscal Year 2019, there are 39 individuals served in this program. MH Residential has seen an increase in secondary diagnoses of autism spectrum disorders in recent years. The program reached its goals of effectiveness, efficiency, and access by CARF metrics. This metric has not yet been implemented. A survey is being developed and should be completed by April 2019.

ATTACHMENT IX

The Committee passed a motion recommending the Board approve the Mid-Year Performance Analysis as presented.

Move: Al Collins Second: Karen Kallay Status: Passed

J. Serious Incident Summary

Jacque Kobuchi

Jacque Kobuchi reported that there were nine suicide attempts from Oct. 1- Dec. 30, 2018. One individual died by suicide. Four of the nine attempts resulted in a medical admission and seven resulted in admissions to psychiatric facilities.

ATTACHMENT X

K. First Quarter Incident Report Review Summary

Stephanie Terrell

Stephanie Terrell reported that from October through December 2018, Quality Assurance Staff received and triaged 586 incident reports; 53 of these reports were reported to DBHDS through the Computerized Human Rights Information System. She said that a new electronic incident reporting system will provide the most accurate accounting of incident report numbers.

ATTACHMENT XI

L. RACSB's Strategic Planning Process

Jane Yaun

Jane Yaun told the Committee that the RACSB usually does a six-year Local Comprehensive Plan with a revision plan every two years. She suggested the development of a three-year plan that would develop a roadmap for each of the three years of the plan. There would be an annual review. She noted that strategic plan experts advocate for shorter plans.

ATTACHMENT XII

The Committee passed a motion recommending the adoption of a three-year strategic plan as presented.

Move: Al Collins Second: Jim Howard Status: Passed

M. Adjournment

The meeting adjourned at 11:34 a.m.