

MINUTES

Rappahannock Area CSB

March Board of Directors Meeting

Tuesday, March 19, 2019, 5:00 pm - 6:26 pm

Board Room 208, 600 Jackson Street, Fredericksburg, VA 22401

In Attendance

Al Collins; Amy Umble; Andrea Merwin; Beth Elkins; Brandie Williams; Greg Sokolowski; Jacque Kobuchi; Jane Yaun; Jim Howard; Joe Wickens; John Butler; Karen Kallay; Kari Norris; Ken Lapin; Kheia Hilton; Lacy Fisher; Lawrence Davies; Linda Carter; Matt Zurasky; Nancy Beebe; Rhonda Pellicano; Stephen Curtis; Terry Moore; Tina Sears

Not In Attendance

Debra Draper; Diane Deibel; Linda Ball

A. Minutes, Board of Directors, 2/19/19

Kheia Hilton

The Board of Directors approved the minutes with a correction to the attendance, denoting that Nancy Beebe was present.

Jim Howard abstained from the vote.

Move: Al Collins Second: Lawrence Davies Status: Passed

B. Employee Service Awards

Jane Yaun

Jane Yaun presented Employee Service Awards to:

Five Years of Service:

Barbara Blankenbaker, LCSW Child/Adolescent Therapist
Jessica Cooper, Utilization Review Specialist
Anita Curley, LPN, ICF Nurse, Ross/Lucas
Sumonia Howard, ID Residential Counselor, New Hope Group Home
Marcu Jaquin, ID Residential Counselor, Brittany Commons
Derrick Kearse, ID Residential Counselor, Devon Drive Group Home
Sophia Little, RAAI Day Support Counselor
Christina Lyons, RAAI Support Counselor
Fe McCollum, RAAI Day Support Counselor
Tab Nagel, Property Maintenance Technician
Patrick O'Connell, Van Driver
Rhonda Pellicano, Finance and Administration Director

Holly Talent, PE-ID, Physical Therapy

Ten Years of Service:

Abdul Seay, RN, MH Nurse, Crisis Stabilization

Fifteen Years of Service:

Ebony Morris, ID Residential Counselor, Piedmont Group Home

C. Public Comments

D. Presentation--Emergency Services and Residential Crisis Stabilization

Kari
Norris

Kari Norris, Emergency Services Coordinator, and John Butler, Crisis Stabilization Services Coordinator, spoke to the Board about their services to provide an overview of the continuum of care for individuals with mental health crises.

E. Health Insurance Renewal

Matt Davis with McGriff Insurance presented health insurance renewal suggestions for the next year.

For the next year, Anthem projects a 8.68% increase from the current expected funding rates and a 30.18% increase from the current funding rates. Enrollment has increased 2.6% on a contract basis and a 5.5% on a member basis.

Of 533 members who filed claims in the current period, 314 had less than \$1,000 in claims, and 92 members did not file any claims at all.

Recommendations included:

Changing specific stop-loss to \$125,000 vs \$80,000

Maintaining a flat rate for employees on the base insurance program

Migrating to the essential formulary

Product changes to migrate closer to benchmarks

The Board approved the health insurance changes as presented.

Move: Beth Elkins Second: Nancy Beebe Status: Passed

F. Consent Agenda

1. Program Planning and Evaluation Committee, 3/12/19

Kheia
Hilton

The Board approved the Program Planning and Evaluation Committee consent agenda as presented.

Move: Linda Carter Second: Lawrence Davies Status: Passed

2. Finance Committee, 3/12/19

Al Collins

The Board approved the Finance Committee consent agenda as presented.

Move: Linda Carter Second: Lawrence Davies Status: Passed

3. Personnel Committee Meeting, 3/13/19

Ken Lapin

The Board removed the Compensation and Classification Study from the consent agenda and approved the rest of the agenda as presented.

Move: Linda Carter Second: Lawrence Davies Status: Passed

4. Prevention/Public Information Committee Meeting 3/13/19

Karen
Kallay

The Board approved the consent agenda as presented.

Move: Linda Carter Second: Lawrence Davies Status: Passed

G. Impact of Compensation/Classification Study Changes

Jane
Yaun

Jane Yaun told the Board that the Compensation/Classification study presented some recommendations for changes: implementing a career ladder, changing some pay grades, and allowing discretionary changes for some positions as the Executive Director sees a need. The recommended pay grade changes would impact the budget by \$5,565.00 for FY19.

The Board passed the changes as presented to the Personnel Committee.

Move: Matt Zurasky Second: Tina Sears Status: Passed

H. Other Business

I. Report of Executive Director

Jane Yaun told the Board that RACSB is recruiting for a psychiatrist for the Program for Assertive Community Treatment.

She also said that an adult mobile crisis team is in discussion for STEP-VA. Localities are approving budget requests, and Spotsylvania County and the City of Fredericksburg have recommended budgets that include RACSB's full funding request.

She reminded the Board that in the next Fiscal Year, the CSB is looking at a \$600,000-state general fund cut related to Medicaid expansion. RACSB would receive some additional, restricted dollars related to STEP-VA.

She told the Board that David Vaughn, a former Board Member, died the prior

week. Services would be held Thursday. She told the Board that the next Board tour would be April 23. She reminded the Board that the VACSB conference would be May 1-3.

J. Report of Directors and Coordinators

Amy Umble
Brandie Williams
Jacque Kobuchi
Joe Wickens
Michelle Wagaman
Rhonda Pellicano
Terry Moore

Rhonda Pellicano said that the agency issued a request for audits and would interview them and report back with results.

Joe Wickens said that the third annual Garden Party would be held April 25, 6-8 p.m. Tickets would be \$35.

Brandie Wickens reported that the first plan for Waiver Management Integration Systems went through that day.

K. Board Time

Beth Elkins thanked everyone for their kind thoughts during her recent surgery and recovery.

Nancy Beebe said she took Mental Health First Aid this week and was very impressed with the content and the staff.

Al Collins said he would attend his last VACSB meeting.

Matt Zurasky congratulated the employees who received service awards.

L. Adjournment

The meeting adjourned at 6:26 p.m.