



Project LINK presents the
NURTURING
Program for Families
in Substance Abuse Treatment & Recovery

- Weekly meetings on Thursdays, 12:30 p.m. to 2 p.m. on Jan. 18—May 3
- Lunch is provided
- FRED Bus tokens available for parents needing transportation
- RACSB Fredericksburg Clinic, 600 Jackson Street, Room 224



The Nurturing Program for Families in Substance Abuse Treatment and Recovery incorporates a framework for understanding parent and child behavior in the context of substance use, disruptions to attachment and child development. This 16-session educational group helps moms and moms-to-be understand how substance use impacts behavior, development, relationships, and attachment. SAMHSA includes this parenting curriculum in its registry of Evidence-based Programs and Practices.

To register or to learn more, call 540-891-3132.

Project LINK is a program of the Rappahannock Area Community Services Board