

## LEGAL SERVICES Servicios legales

Legal Aid Works . . . . . 540-371-1105

## ADDITIONAL RESOURCES Recursos adicionales

2-1-1 Virginia for Community Resources . . . . . 211  
Brain Injury Services, Inc. . . . . 540-785-6122  
Central Virginia Housing Coalition. . . . . 540-604-9943  
Children's Home Society of Virginia . . . 540-226-0583  
Department of Rehabilitative Services . 540-899-4161  
disAbility Resource Center . . . . . 540-373-2559  
Employment Resources . . . . . 540-372-6710  
FAHASS . . . . . 540-907-4555  
Fredericksburg Food Bank. . . . . 540-371-7666  
FRED Regional Transit . . . . . 540-372-1222  
Healthy Families Rappahannock Area . . 540-374-3366  
Healthy Generations Agency on Aging . 540-371-3375  
Infant & Toddler Connection of the  
Rappahannock Area . . . . . 540-899-3753

Kenmore Club . . . . . 540-373-7737  
Parent Education – Infant  
Development Program . . . . . 540-372-3561  
Project LINK . . . . . 540-891-3132  
Rappahannock Adult Activities . . . . . 540-373-7643  
Rappahannock Goodwill Industries. . . . 540-371-3070  
Rappahannock United Way . . . . . 540-373-0041  
S.E.R.V.E. . . . . 540-288-9603  
Virginia Employment Commission . . . . 540-322-5757  
Virginia Veteran and Family Support. . . 804-690-3217

## MEDICATION DISPOSAL BINS Contenedores para desechar medicamentos

Fredericksburg Police Department  
2200 Cowman Boulevard  
Fredericksburg, VA 24401  
Monday - Friday 8:00 a.m. to 4:00 p.m.

Spotsylvania County Sheriff's Office  
9119 Dean Ridings Lane  
Spotsylvania, VA 22553  
Monday - Friday 8:00 a.m. to 4:30 p.m.

King George Sheriff's Office  
10445 Government Center Boulevard  
King George, VA 22485  
Available 24 hours a day

Stafford County Sheriff's Office  
1225 Courthouse Rd  
Stafford, VA 22554  
Monday - Friday 8:00 a.m. to 9:00 p.m.

Kaiser Permanente facility  
1201 Hospital Dr  
Fredericksburg, VA 22401  
540-368-3700

CVS and Walgreen Pharmacies have permanent medication disposal bins on-site at many of their locations. Please call your local pharmacy to confirm or visit <https://safe.pharmacy/drug-disposal/> for a location near you.

Scan QR Code for online Community Resources link.



Information current as of October 2022 and subject to change without notice.

## 24-Hour Emergency Services 540-373-6876

### RACSB LOCATIONS

#### RACSB Administrative Offices & Fredericksburg Clinic:

##### Ronald W. Branscome Building

600 Jackson St., Fredericksburg, VA 22401  
540-373-3223

##### Caroline County: Patricia K. Spaulding Building

19254 Rogers Clark Blvd., Ruther Glen, VA  
22546 804-633-9997

##### King George County: Marie O. Kunlo Building

8479 St. Anthony's Rd., King George, VA 22485  
540-775-9879

##### Spotsylvania County: Edith O. Fleming Building

7424 Brock Rd., Spotsylvania, VA 22553  
540-582-3980

##### Stafford County: Charles A. Cooper Building

15 Hope Rd., Stafford, VA 22554  
540-659-2725



Provided by

Prevention Services of the  
Rappahannock Area  
Community Services Board

RappahannockAreaCommunityServicesBoard

@RappAreaCSB @hope\_starter

[rappahannockareacsb.org](http://rappahannockareacsb.org)

## CRISIS/MENTAL HEALTH HELPLINES (24-HOURS)

Línea de ayuda ante una crisis o Línea de ayuda para la salud mental, disponible las 24 horas del día

Emergency (police, fire, rescue) . . . . .	911
RACSB Emergency Services . . . . .	540-373-6876
Suicide & Crisis Lifeline . . . . .	9-8-8
Region 1 Call Center . . . . .	434-230-9704
Nacional de Prevencion del Suicidio . . . . .	888-628-9454
National Maternal Mental Health Hotline Call or text 1-833-9-HELP4MOMS . . . . .	(1-833-943-5746)
Crisis Textline . . . . .	741741, type "Hello"
Trever Project Hotline . . . . .	866-488-7386 or text 678678
Poison Control Center . . . . .	800-222-1222
RCASA (Sexual Assault) . . . . .	540-371-1666/540-371-6771
Empowerhouse (Domestic Violence) . . . . .	540-373-9373 877-734-7238
Safe Harbor Child Advocacy Center . . . . .	540- 891-6280
Snowden at Fredericksburg . . . . .	540-741-3900
Fredericksburg Dept. of Social Services . . . . .	540-372-1032

Stafford Dept. of Social Services . . . . .	540-658-8720
Spotsylvania Dept. of Social Services . . . . .	540-507-7898
King George Dept. of Social Services . . . . .	540-775-3544
Caroline Dept. of Social Services . . . . .	804-633-5071

## COUNSELING/MENTAL HEALTH SUPPORTS Consejería/asistencia para la salud mental

Rappahannock Area Community Services Board (RACSB) 24-hour Emergency Services . . . . .	540-373-6876
Fredericksburg Clinic . . . . .	540-373-3223
Caroline County Clinic . . . . .	804-633-9997
King George County Clinic . . . . .	540-775-9879
Spotsylvania County Clinic . . . . .	540-582-3980
Stafford County Clinic . . . . .	540-659-2725
Catholic Charities . . . . .	540-371-1124
Fredericksburg Counseling Services . . . . .	540-373-2320
Fredericksburg Christian Health Center . . . . .	540- 785-8500
Mental Health America of Fredericksburg . . . . .	540-371-2704
National Alliance on Mental Illness (NAMI) – Rappahannock . . . . .	540-847-6974

## SUBSTANCE USE DISORDER Apoyo para el trastorno causado por el consumo de sustancias controladas

Rappahannock Area Community Services Board (RACSB) 24-hour Emergency Services . . . . .	540-373-6876
Fredericksburg Clinic . . . . .	540-373-3223
Caroline County Clinic . . . . .	804-633-9997
King George County Clinic . . . . .	540-775-9879
Spotsylvania County Clinic . . . . .	540-582-3980
Stafford County Clinic . . . . .	540-659-2725
Al-Alon . . . . .	888-425-2666
Alateen . . . . .	888-425-2666
Alcoholics Anonymous . . . . .	540-752-2228
Narcotics Anonymous . . . . .	800-777-1515
Office on Youth . . . . .	540-755-2636
Project LINK . . . . .	540-891-3132
Rappahannock Area ASAP . . . . .	540-372-3558 540-645-6310

## LAW ENFORCEMENT Orden público

Caroline County . . . . .	804-633-1120
Fredericksburg . . . . .	540-373-3122
King George County . . . . .	540-775-2049
Spotsylvania County . . . . .	540-507-7200
Stafford County . . . . .	540-658-4450
University of Mary Washington Police . . . . .	540-654-1025
Germanna College Police . . . . .	540-891-3079

## HOUSING/SHELTER Vivienda/refugios

Homelessness Helpline . . . . .	540-358-5801
MICAH . . . . .	540-479-4116
Thurman Brisben Center . . . . .	540-899-9853
Salvation Army . . . . .	540-373-3431
Quin Rivers (Rent/Mortgage Assistance) . . . . .	540-368-2700
Rappahannock Refuge/ Loisann's Hope House . . . . .	540-371-0831

## HEALTH Salud

Moss Free Clinic . . . . .	540-741-1061
Fredericksburg Christian Health Center . . . . .	540-785-8500
McGuire VA Clinic . . . . .	540-370-4468
Community Health Center of the Rappahannock Region . . . . .	540-735-0560
Rappahannock Area Health District . . . . .	540-899-4797
Caroline County Health Dept. . . . .	804-633-5465
Fredericksburg Health Dept. . . . .	540-899-4142
King George County Health Dept. . . . .	540-775-3111
Spotsylvania County Health Dept. . . . .	540-507-7400
Stafford County Health Dept. . . . .	540-659-3101

## PARENT RESOURCE CENTERS Centros de recursos para padres

Fredericksburg City Schools . . . . .	540-372-1127
Caroline County Public Schools . . . . .	804-633-7083
King George County Public Schools . . . . .	540-755-5833
Spotsylvania County Public Schools . . . . .	540-582-3616
Stafford County Public Schools . . . . .	540-658-6710