
January 2023 Program Planning and Evaluation Committee Meeting Minutes

Call to order

A meeting of the Program Planning and Evaluation Committee of Rappahannock Area Community Services Board was held at 600 Jackson Street on **January 10, 2023**. Attendees included Susan Muedler, Jacob Parcell, Glenna Boerner, Sarah Ritchie, Melissa White, Susan Gayle, Matt Zurasky, Jacque Kobuchi, Tina Cleveland, Joe Wickens, Brandie Williams, Amy Umble, Michelle Runyon, Stephanie Terrell, Patricia Newman, Carley Hurd, Amy Jindra, and Nadine Mayo. Nancy Beebe and Claire Curcio were not present.

Extraordinary Barriers List

Patricia Newman reviewed the case of two individuals on the Extraordinary Barriers List. Barriers to placement include the need for a public guardian, the combination of physical and psychiatric care needs, registered sex offender status and the not guilty by reason of insanity process.

Independent Assessment Certification and Coordination Team Update

Jacque Kobuchi told the Committee that RACSB received 15 referrals and completed 14 IACCT referrals in December. Six were from Spotsylvania, four from Stafford, three from Caroline, one from King George, and one from the City of Fredericksburg.

Information Technology/Electronic Health Record Update

Brandie Williams said that the information technology department closed 857 help tickets in December. Community Consumer information was submitted to the state Dec. 28, 2022.

Crisis Intervention Team (CIT) Assessment Center Report – December 2022

Jacque Kobuchi reported that the CIT Assessment Center Assessed 28 individuals in the month of December 2022: Fredericksburg 6; Caroline 2; King George 0; Spotsylvania 5; Stafford 14.

Emergency Custody Order and Temporary Detention Order Report – December 2022

Jacque Kobuchi told the Committee that emergency services staff completed 296 emergency evaluations in December 2022. Fifty-five Emergency Custody Orders (ECO) were issued, 51 Temporary Detention Orders were issued and 51 Temporary Detention Orders (TDO) were executed. One individual was sent to the state hospital as a bed of last resort.

December 2022 Wait List

Stephanie Terrell reported that 342 individuals were waiting more than 30 days for outpatient therapy appointments as of Dec. 31, 2022. As of Jan. 3, 2023, there were six older adolescents and adults and no children under the age of 13 waiting longer than 30 days for a psychiatry intake appointment.

The Community Support Services waiting lists included: Mental Health Residential, 2 (needs, 0; referral, 0; acceptance, 2); Developmental Disability Residential, 97 (needs, 91; referral, 5; acceptance, 1); Assertive Community Treatment, 12 (needs, 6; referral, 6, acceptance, 0); and DD Waiver Services, 794.

Corrective Action Plan

Stephanie Terrell reviewed a licensing violation the agency received for Lucas Street Intermediate Care Facility. She discussed the corrective action plan RACSB submitted to DBHDS.

ACTION TAKEN: The Committee unanimously approved a motion to recommend the Board approve the corrective action plan as presented.

Moved by: Susan Gayle Seconded by: Melissa White

Data Highlights

Brandie Williams reviewed reports on behavioral health and developmental disability performance measures. She told the Committee that RACSB is committed to using data-driven decision-making to improve performance and quality.

Sunshine Lady House

Amy Jindra reported that the Sunshine Lady House for Wellness and Recovery would implement a temporary closure due to staffing shortages. She said that the crisis stabilization program has regulation requirements of 24-hour nursing, 1:6 staffing ratios, 24/7 admissions, daily availability for psychiatric assessment and medication management, and more. Significant and persistent staffing shortages prevent the program from meeting regulatory standards. The program closure is anticipated for less than six months with monthly review by the crisis stabilization coordinator and community support services director. During the closure period, individuals needing crisis stabilization services will be referred to the Wellness Recovery Center in Charlottesville and Arbor House in Harrisonburg.

Ken Lapin suggested that RACSB develop a plan to inform the community and address any concerns.

Adjournment

The meeting adjourned at 11:29 a.m.