
September 2022 Prevention/Public Information Committee Meeting Minutes

Call to order

A meeting of the Public Information/Prevention Committee of Rappahannock Area Community Services Board was held at 600 Jackson Street on **September 13, 2022**. Attendees included Sarah Ritchie, Matt Zurasky, Nancy Beebe, Glenna Boerner, Jacob Parcell, Claire Curcio, Susan Muerdler, Jacque Kobuchi, Stephanie Terrell, Amy Jindra, Tina Cleveland, Joe Wickens, Michelle Runyon, Michelle Wagaman, Amy Umble, and Hosanna Gifford.

Prevention Programs FY 2022 Year-end Summary

Michelle Wagaman said that RACSB Prevention Services facilitates several evidence-based curriculums in partnership with local schools and community groups. These curriculums include: Second Step; HALO (Healthy Alternatives for Little Ones); and Too Good for Drugs. These sessions were provided in-person. Additionally, a Vaping Education presentation has been provided for high school health classes, which was facilitated virtually.

Understanding Adverse Childhood Experiences Training FY 2022 Year-end Summary

The RACSB began facilitating the ACE Interface “Understanding Adverse Childhood Experiences and Building Resilient Communities” in April 2018. In response to COVID-19 precautions, we partnered with Community Services Boards from across the Commonwealth to facilitate virtual trainings throughout FY 2021, which continued in FY 2022. We also hosted local trainings that were open to the community as well as those at the request of various organizations. The number of participants attending the virtual trainings has decreased significantly compared to the prior year, with 690 participants in FY 2022.

Suicide Prevention Initiatives FY 2022 Year-end Summary

Michelle Wagaman Reported that in FY 2022, 599 community members were trained (27 adult and 7 youth trainings held). Since first offering Mental Health First Aid training in 2014, a total of 3,133 community members have been trained. Trainings have also been held in partnership with Rappahannock Regional Criminal Justice Academy, University of Mary Washington, U.S. Air Force Air Traffic Controllers, and Stafford County Government. In addition to providing gatekeeper trainings like ASIST and Mental Health First Aid, the initiatives promote help seeking behaviors and lethal means safety. RACSB distributes medication lock boxes and gun locks through clinics, trainings, and prevention outreach efforts. In FY 2022, RACSB distributed 130 medication lock boxes, 338 cable gun locks, 333 trigger gun locks, 1,626 medication deactivation kits, 56,000 wallet resource cards.

Prevention Efforts Related to Opioid Epidemic FY 2022 Year-end Report

In FY 2022, RACSB hosted 53 trainings and trained a total of 736 individuals. Additionally, 10 train-the-trainer events were held for another 56 individuals. RACSB entered into a memorandum of understanding with the Virginia Department of Health to allow REVIVE! Instructors to dispense Naloxone (Narcan) to those completing the REVIVE! Training. A total of 693 doses were dispensed in

FY 2022. One Hidden in Plain Sight event was hosted in FY 2022. RACSB is collaborating with the Spotsylvania County Sheriff's Office to create mobile Hidden in Plain Sight trailer that can be utilized at various community events throughout the year.

Virginia Problem Gambling and Gaming Prevention

The Department of Behavioral Health and Developmental Services (DBHDS) has released the "Virginia Substance Abuse Prevention Block Grant Gaming and Gambling Environmental Scan Report" dated June 2022. This report summarizes the findings from the environmental scans conducted by all 40 CSBs between October 2021 and May 2022.

Healthy Families Rappahannock Area FY 2022 Year-end Report

In FY 2022, Health Families Rappahannock Area completed 399 screenings, completed 198 parent assessments, offered services to 133 families, enrolled 88 new families, conducted 2,713 home visits with 262 families, and served 358 families.

Upcoming Events

RACSB staff will be hosting and/or participating in a number of upcoming events: Barbershop Talk on September 12, 2022; PhotoVoice reception on September 13, 2022; Baron "Deuce" P. Braswell II 5K Run/Walk Against Teen Violence on September 17, 2022; Mental Health America of Fredericksburg's Another Day Walk on September 24, 2022; March the Runway on October 2, 2022; American Foundation for Suicide Prevention's Out of Darkness Walk on October 15, 2022.

Communication Goals

Amy Umble reviewed her communication goals, stating that the agency met most of the FY 2022 Communications Goals. Additional initiatives that were not part of the goals included a monthly column with the Rappahannock Area Health District (in FY 2023, RACSB will be the only contributor to the column) and acquisition of the agency's Google business listings (this is ongoing).

Media Reports

Amy Umble disseminated 12 media releases in FY 2022. These releases go to newspaper and online media outlets, radio stations, community partners, staff, and local government officials.

Other Business

No other business was addressed.

Adjournment

The meeting adjourned at 2:15 PM.