

ADDITIONAL RESOURCES

For help finding a provider:

Mental Health America of Fredericksburg
Helpline
540-371-2704
www.mhafed.org

SAMHSA Treatment locator
800-662-4357
<https://findtreatment.gov>

Hotlines:

24-Hour Emergency Services
Rappahannock Area Community Services Board
540-373-6876
www.rappahannockareacsb.org

Never Use Alone
800-484-3731
<https://neverusealone.com>

Suicide & Crisis Lifeline
Call or Text 9-8-8
www.988lifeline.org

Warm Lines:

ALIVE RVA
1-833-4PEERVA (473-3782)
8:00 a.m. to Midnight, 7 Days a Week
<https://aliverva.org>

Mental Health America of Virginia Warm Line
1-866-400-6428
9:00 a.m. to 5:00 p.m., Monday-Friday
www.mhav.org

Support groups:

Alcoholics Anonymous
<https://www.aadistrict30va.org/wp/>

Narcotics Anonymous
<https://rappna.org/>

Celebrate Recovery
<https://www.celebraterecovery.com/>

Smart Recovery
<https://www.smartrecovery.org/>

HARM REDUCTION

Harm reduction is a set of practical strategies and ideas aimed at reducing negative consequences associated with drug use. Harm Reduction is also a movement for social justice built on a belief in, and respect for, the rights of individuals who use drugs.

Towards this approach and in an effort to stop opiate overdose there are local resources for Methadone, Suboxone, Narcan/naloxone, drug testing kits, therapy, and case management. Harm Reduction kits are available at the below mentioned providers. Kits include at least: first aid, sharps disposal container; sterile water; Narcan and Xylazine and Fentanyl test strips.

Save One Life: Carry Narcan

GET MORE INFORMATION AT

www.save1lifefxbg.org



Narcan/Naloxone is a medication that reverses opioid poisoning. You can obtain free Narcan with the following providers. Please call ahead to confirm availability.

Brightview Health	833-510-4357
Conscious Healing	540-402-1199
Lighthouse Counseling of Fxbg	540-907-0121
New Genesis Recovery Center	540-412-8330
Rappahannock Area CSB	540-373-3223
For training:	
www.rappahannockareacsb.org/naloxone	
Zoe Freedom Center	540-388-2748
Fredericksburg Health Dept	540-899-4142
Caroline County Health Dept.	804-633-5465
King George Co. Health Dept.	540-775-3111
Spotsylvania Co. Health Dept.	540-659-3101
Stafford Co. Health Dept.	540-659-3101

Mail order Naloxone through Chris Atwood
Foundation at:
<https://www.thecaf.org/get-narcan>

SUBSTANCE USE TREATMENT AND RECOVERY RESOURCE INFORMATION



Supported by:

**Opioid Taskforce and
Harm Reduction Committee**



**Community Collaborative for
Youth and Families**

www.thecommunitycollaborative.org

INPATIENT PROGRAMS

Outpatient (Opioid & Alcohol) Detox

Coleman Institute 540-684-1659
204 N. Hamilton St., Richmond, VA 23221

Detoxification

Spotsylvania Regional Hosp 540-498-4000
4600 Spotsylvania Pkwy., Fredericksburg 22408

CATS INOVA 855-694-6682
8095 Innovation Park Dr., Fairfax, VA 22031

Chippenham/Tucker Pavilion 804-483-0050
7101 Jahnke Rd., Richmond, VA 23225

Inpatient Rehabilitation

Williamsville Wellness 804-559-9959
Hanover, VA

Farley Center/Williamsburg Plc 888-226-4883
Williamsburg, VA

Recovery Centers of America 888-612-0954
Maryland

Ashley Treatment Center 800-799-4673
Maryland

Pyramid Healthcare 757-699-4330
Newport News and Radford VA.

Sobrius Health 276-601-2736
506 Cliffview Rd., Galax, VA 24333

National Capital Treatment 703-841-0703
& Recovery
200 Glebe Rd., Arlington, VA 22203

Mainspring Recovery 571-621-7007
17470 Richmond Hwy., Dumfries, VA 22026

OUTPATIENT PROGRAMS

Brightview Health 833-510-4357
5610 Southpoint Center Blvd., Fredericksburg
22408

Conscious Healing 540-402-1199
450 Solomon Dr., Ste. 101, Fredericksburg 22405

Lighthouse Counseling 540-907-0121
of Fredericksburg
420 Hudgins Rd., Fredericksburg 22408

New Genesis Recovery Center 540-412-8330
3516 Plank Rd., Ste. 6C, Fredericksburg 22401
Available: Individual/Group therapy

Rappahannock Area Community Services Board
Five locations; Central Intake: 540-373-3223

Zoe Freedom Center 540-388-2748
928 Bragg Rd., Fredericksburg, VA 22407

Insight Psychological Services 540-658-0888
Melissa Keylor, LPC, CSAC
2126 Jefferson Davis Hwy., Stafford, 22554

Snowden at Fredericksburg 540-741-3900
1200 Sam Perry Blvd., Fredericksburg 22401

Pinnacle/FCCR Fredericksburg 540-735-9350
11720 Main St., Suite 108, Fredericksburg 22408

SOULutions LLC 540-847-2876
150 Olde Greenwich Dr., Fredericksburg 22401

Transitions, Process of Change 703-862-3762
Richmond Hwy., Stafford 22554 x2124

Angelo Recovery & Counseling 540-898-2020
Falcon Dr., Ste. 3, Fredericksburg 22408 x120

MEDICATION ASSISTED TREATMENT

Methadone

Pinnacle/FCCR 540-735-9350
11720 Main St., Suite 108, Fredericksburg
22408

Suboxone

Rappahannock Area Community Services
Board Central Intake: 540-373-3223

Brightview Health 833-510-4357
5610 Southpoint Center Blvd, Fredericksburg
22408

Pinnacle/FCCR 540-735-9350
11720 Main St., Suite 108, Fredericksburg
22408

Savida Health 540-369-2202
6330 Five Mile Centre, Fredericksburg 22407

Dr. Getachew Woldeher 540-657-9191
2146 Jefferson Davis Hwy., Stafford 22554

Outreach Recovery 240-552-9904
1802 Augustine Ave, Fredericksburg 22401

Dr. James DeSimone 540-658-9340
422 Garrisonville Rd., Stafford 22554

Dr. Sudhir Nagaraja 540-479-1319
4900 Hood Dr., Fredericksburg, 22408

Groups Recover Together 540-202-2554
240 Executive Center Pkwy., Fredericksburg
22401

Crossroads Fredericksburg 800-805-6989
4024 Plank Rd., Fredericksburg, 22407