RAPPAHANNOCK AREA COMMUNITY SERVICES BOARD

January 28, 2025

600 Jackson Street, Board Room 208 Fredericksburg, VA, 22401

agenda

I.	Call to Order, Beebe					
II.	*Minutes, Board of Directors, December 17, 2024, Beebe					
III.	Public Comment, Beebe					
IV.	Employee Service Awards, Wickens					
	A. Five Years:					
	1. Dwayne Coleman, Asst Group Home Manager, Churchill					
	2. Tammy Miller, Nurse Manager, Crisis Stabilization					
	3. Britton Pickeral, Asst Site Leader, Kings Hwy					
	4. Agnes Sabumuremyi, DSP, Scottsdale Estates					
	B. Ten Years:					
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	3. Myers Respite Update, <i>Curtis</i>					
	4. *Title IV Policy Update, <i>Jindra</i>					
	5. Sunshine Lady House Utilization Memorandum, <i>Jindra</i>					
	6. Residential Vacancies Memorandum, <i>Jindra</i>					

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IX.	Report from the Executive Director, Wickens	
X.	Board Time	
XI.	Closed Session	
XII.	Adjournment	

*Requires Board Approval

December 2024 Board of Directors Meeting Minutes

I. CALL TO ORDER

A meeting of the Board of Directors of Rappahannock Area Community Services Board was held on December 17, 2024, at 600 Jackson Street and called to order by Chair, Nancy Beebe at 3:00 p.m. *Attendees included*: Nancy Beebe, Claire Curcio, Jacob Parcell, Shawn Kiger, Ken Lapin, Glenna Boerner, Greg Sokolowski, Bridgette Williams and Carol Walker. *Not Present*: Matthew Zurasky Melissa White, Susan Gayle and Sarah Ritchie.

II. MINUTES, BOARD OF DIRECTORS, October 15, 2024

The Board of Directors approved the minutes from the October 15, 2024, meeting. ACTION TAKEN: The Board approved the October 15, 2024 minutes Moved by: Ms. Carol Walker Seconded by: Ms. Glenna Boerner

III. MINUTES, BOARD OF DIRECTORS, November 19, 2024

The Board certified the action the committee took to enter closed session in the absence of a quorum during the November 19, 2024 meeting.

ACTION TAKEN: The Board approved the action to enter closed session. Moved by: Ms. Claire Curcio Seconded by: Ms. Carol Walker

The Board of Directors approved the minutes from the November 19, 2024, meeting. ACTION TAKEN: The Board approved the November 19, 2024 minutes Moved by: Mr. Ken Lapin Seconded by: Ms. Shawn Kiger

IV. PUBLIC COMMENT

No Action Taken

V. SERVICE AWARDS

Mr. Joe Wickens recognized all employees with awards:

<u>5 years</u>

Deanna Barker, DSP, Kings Hwy

Emily Mooney, Developmental Services Support Coordinator

Crystal Vial, Physical Therapist, PEID

20 years

India Daniels, DSP, Churchill

VI. BOARD CORE BEHAVIORS, Mr. Jacob Parcell

Mr. Parcell reminded the Board of the core board behaviors throughout the discussions.

VII. PROGRAM REPORTS

A. COMMUNITY SUPPORT SERVICES, Ms. Amy Jindra

- 1. **Program Update** Ms. Jindra gave an overview of her programs: currently RAAI is working on two customized rate proposals for applications for DBHDS that will allow them to have a higher rate for reimbursement for services. For DD Residential, this is the first time they will have all their assistant managers and manager positions in group homes filled. Also, Steve Curtis has become a person-centered thinking trainer. It's a two-day training that provides tools and training on how to become more person-centered for non-clinical staff. They are waiting to hear back from WSAC, the committee that makes determinations about waiver allotments. They are anticipating about 30 additional waiver slots. Early intervention currently has 541 children enrolled in the program. They are working to schedule 16 assessments per week. Mental Health Residential Services PSH has filled the new CTI case manager position. They also housed two new individuals in November, which brings the total to 62 individuals currently housed.
- 2. **Mental Health and Developmental Disabilities Residential Vacancies** During the month of November, Mental Health and Developmental Disabilities Residential experienced changes in program enrollment and vacancies. Programs actively seek referrals from support coordination, case management, hospital liaisons and other community members. Ms. Jindra took the Board through the vacancy and referral movements for November.
- 3. **Sunshine Lady House Utilization** Ms. Jindra shared that in November Sunshine served 27 individuals from RACSB catchment area and 6 individuals from outside the area, for a total of 131 bed days. She provided graphs illustrating the program goal and utilization by month. Sunshine Lady House received 48 referrals and accepted 42 for admission. Of the 42 individuals accepted into the program, 32 chose to participate in services. Only 6 individuals were denied due to medical needs and behavioral concerns exceeding program limitations. The program served 3 individuals for medically managed detox.
- 4. **Department of Rail and Transportation (DRPT) Grant** Ms. Jindra shared that this was in last months packet but there was no quorum to approve it. The additional handout is a letter requesting approval in order to apply for additional vehicle grant. It explains the grant funding process.

The Board moved to approve the FY26 DRPT Section 5310 Grant Application.

ACTION TAKEN: The Board approved the FY26 DRPT Section 5310 Grant Application

Moved by: Mr. Shawn Kiger Seconded by: Ms. Ken Lapin

B. CLINICAL SERVICES, Ms. Jacque Kobuchi

- 1. **Program Update** Ms. Kobuchi gave highlights of her program. She stated that they do have a therapist that is based at the child advocacy center, Safe Harbor, that participates in the team- not sure everyone is aware of that. Safe Harbor has a grant and they are able to pay us fully right now for that position. Also, they have hired a new psychiatrist for medical services, he will start in July. This will allow us to provide more in-person services. With the case management team, Ramon Test, one of their adult mental health case managers, received the Spotsylvania Regional Behavioral Health Docket Team Member of the Year Award. The Fredericksburg Therapeutic Docket is coming in 2025. Ann Baker will be the administrator for that program.
- 2. **State Hospital Census Report** -Ms. Kobuchi shared that they have 40 individuals that are at state hospitals receiving treatment. There are a variety of hospitals where they are receiving treatment. Western State Hospital is our main hospital where we send people. There is one individual on the Extraordinary Barriers List.
- 3. Emergency Custody Order (ECO)/ Temporary Detention Order (TDO) Report – October 2024. Ms. Kobuchi stated that Emergency Services staff completed 190 emergency evaluations in November. Sixty-one individuals were assessed under an emergency custody order and sixty-nine total temporary detention orders were served of the 190 evaluations. Staff facilitated three admissions to the state hospital, which included one admission to Catawba, one admission to Northern Virginia Mental Health Institute, and one admission to Commonwealth Center for Child and Adolescent. A total of seventeen individuals were involuntarily hospitalized outside of our catchment area in November. All seventeen individuals were able to utilize alternative transport. Data reports submitted.
 - 4. **CIT and Co-Response Report-** Ms. Kobuchi reported that the CIT Assessment Center served 22 individuals in the month of November. She took the Board through a chart indicating the number of Emergency Custody orders by locality, those that were able to be transferred into CAC custody, and those who could have used the assessment center if there was additional capacity.
- 5. **Outpatient Waitlist and Same Day Access** Ms. Kobuchi said their goal is to eliminate all of the waitlists for outpatient treatment and to increase the access to same day access, eventually seeing all patients through same day access. Currently, Fredericksburg, King George, Caroline, the Children's Clinic and the Spotsylvania Clinic do not have waitlists. Stafford is the only waitlist that remains. Ms. Kobuchi stated that Stafford currently has about fifty people on their waitlist, so the number is definitely coming down. They are also fully staffed now in Stafford, although it will take time to get the new therapists trained. Regardless, Ms. Kobuchi believes that, by January, they will not have a waitlist in Stafford. She added that all of the staff are taking the goal very seriously and she believes they will meet it. Ms. Beebe asked if the numbers

will be way down by January or completely down. Ms. Kobuchi said she is hoping they don't have a waitlist in Stafford the next time the Board meets.

C. COMPLIANCE, Ms. Stephanie Terrell

- 1. **Program Update -** Ms. Terrell spoke about the Commission on Accreditation of Rehabilitation Facilities (CARF) Corner. She said that in 2025, they will be working to get our CARF survey completed. She noted that the RACSB has been CARF certified since 1995. She will continue to put some updates in that corner regarding what to expect and how programs are preparing for the survey that is going to happen next year. Ms. Boerner asked if this was every year. Ms. Terrell said that re-accreditation occurs every three years. Ms. Terrell said the compliance team is having their first CARF Q-Tip this month to kick it off. Ms. Brandie Williams added that we started this back in 1995, before we were required to do so, based on our commitment to quality. With the first round of redesign through DMAS, they started requiring accreditation in order to bill Medicaid for certain services. So, what we started through our commitment to quality, we are now seeing the fruits of that effort as we do not have to scramble in order to continue to provide the services. We are ahead of the game with our accreditation. There are CSBs that have never pursued their accredidation and are now going to have to because Medicaid is requiring it.
- 2. **Quality Assurance Report** Ms. Terrell said that they reviewed one program because Compliance staff were working on other projects in the month of November, normally they review four programs. For November, they reviewed Drug Court Services. Discrepancies noted were with Assessment, the Individual Service Plan, the Quarterly Review and the Progress Note areas of that program. In comparing the audit reviews of Drug Court from the previous audits to the current audits, the average score increased from 61 to 72 on a 100-point scale. Corrective Action Plan provided.
- 3. October Licensing Report Ms. Terrell said we received four licensing reports: one for Crisis Stabilization/Sunshine Lady House related to late reporting of a Level 2 critical incident; one licensing report for Caroline County Developmental Disability Case Management related to a Human Rights investigation; one licensing report for Mental Health Support Services related to Human Rights; and one licensing report for Adult Mental Health Case Management related to Human Rights investigation. Corrective Action Plan documentation provided additional details regarding the citations and RACSB's response.

The Board moved to approve the October Licensing Report ACTION TAKEN: The Board approved the October Licensing Report Moved by: Mr. Ken Lapin Seconded by: Ms. Carol Walker

4. **November Licensing Report** – Ms. Terrell said that for November they received approval for two Corrective Action Plans. Devon Drive Group Home received a licensing report related to two Human Rights investigations related to abuse, physical, and neglect, failure to provide services necessary for health,

safety and welfare. RAAI received a licensing report related to two Human Rights complaints regarding dignity. Corrective Action Plans were provided.

The Board moved to approve the November Licensing Report ACTION TAKEN: The Board approved the November Licensing Report Moved by: Ms. Claire Curcio Seconded by: Ms. Carol Walker

D. COMMUNICATIONS, Ms. Amy Umble

1. **Program Update** - Ms. Umble said that the staff holiday party was last week with 270 employees and their guests attending. It was a great success.

E. PREVENTION, Ms. Michelle Wagaman

- Program Update Ms. Wagaman went through Prevention Services Top 5 for December: 1) Partnered with Fredericksburg City Schools to host a Youth Mental Health First Aid training on December 10th. This is in preparation of bringing teenMHFA to James Monroe High School 2) Hosted their annual site visit with Keith Cartwright from DBHDS Office of Behavioral Health Wellness 3) Healthy Families hosted their annual holiday event on December 14th with 115 families registered 4) Trained approximately 200 health careers students at the Spotsylvania County Public Schools Career and Technical Center in REVIVE 5) Lock and Talk Virginia won an award from MarCom (marketing and communications) for a :30 Public Service Announcement: https://www.youtube.com/watch?v=wllf5CouaT4
- 2. **Families Forward Impact Report** Ms. Wagaman shared that Healthy Families is part of Impact Virginia which is part of Families Forward Virginia. She shared the First Quarter 2024-2025 Impact Report. It shows that home visiting works, this primary prevention has really positive outcomes that you can see the impact that having a home visitor for first time parents has a positive outcome on the child, as well as the parents.

F. FINANCE, Ms. Brandie Williams

- Program Update Ms. Williams introduced the new Finance Director, Ms. Sara Keeler, to the Board. She shared how pleased we are to welcome her to the team. Ms. Williams added that one of Ms. Keeler's first tasks will be to fill our newly vacant Accounting Coordinator position along with the Financial Analyst position. Ms. Williams then shared that the accounting program update is primarily about the gift of audits. The accounting department continues to receive multiple audit activities to complete. They have already completed the ICF audit, ICF Cost Report, and submitted all required documents for the overall agency audit. Additionally, DBHDS has informed the agency that they are going to do their multi-departmental site visit in January.
- 2. Ms. Williams reviewed the Summary of Investment and Health Insurance.
- 3. Ms. Williams reviewed the Fee Revenue Reimbursement and Collections.
- 4. Ms. Williams reviewed the Write-Off Report.
- 5. Ms. Williams reviewed Payroll Statistics.

Mr. Lapin asked if the significant reduction in overtime hours was due to increased management of it or increased staffing. Ms. Williams said it was due to increased staffing. Mr. Wickens added that it was also due to the hard work of Ms. Amy Jindra, CSS Director, making a very conscious effort to ensure her programs were not approving unnecessary overtime.

6. Ms. Williams reviewed the September Financial Summary.

The Board moved to approve the September Financial Summary ACTION TAKEN: The Board approved the September Financial Summary Moved by: Ms. Claire Curcio Seconded by: Ms. Carol Walker

7. Ms. Williams reviewed the October Financial Summary.

The Board moved to approve the October Financial Summary ACTION TAKEN: The Board approved the October Financial Summary Moved by: Ms. Carol Walker Seconded by: Mr. Ken Lapin

8. **Finance Policy and Procedure Update – Purchasing** Ms. Williams shared that RACSB maintains a Finance Policy and Procedures Manual to guide our fiscal process to ensure compliance. The Department of Behavioral Health and Developmental Services (DBHDS) conducted a follow-up internal audit of RACSB and identified an inconsistency in our policy for purchasing and our practice approving requisitions. Over five years ago, RACSB began allowing coordinators to approve requisitions submitted by program management for amounts up to \$500. If the requisition is under that amount, no Director approval is needed. However, the Finance Policy and Procedures Manual was not updated to reflect that change in practice. An update to the manual in order to align our policy with our practices in this area was provided for the Board's review and approval.

The Board moved to approve the update to the Finance Policy and Procedures Manual. ACTION TAKEN: The Board approved the update to the Finance Policy and Procedures Manual. Moved by: Ms. Glenna Boerner Seconded by: Mr. Greg Sokolowski

9. **Health Insurance Premium Holiday for Applicable Employees** – Ms. Williams shared that this is something the agency has not done before. She said that the RACSB operates a self-funded health insurance program through Anthem. Further, we contract with USI Insurance Services for benefits consulting. Through negotiation and consideration of positive claims history, RACSB has experienced reduced expense projections, as well as a significant increase in our Health Insurance Account balance. Our current balance as of November 2024 is \$3,717,371. Ms. Williams continued that our USI Insurance

Consultants have recommended we consider passing along some of the savings to employees through granting an "Employee Premium Holiday". This would include the agency not deducting the employee's contribution towards their health plan from their paycheck. For any applicable pay period, no additional contributions would be made to the Health Insurance Account. Once deposited in the Health Insurance Account, funds can only be used for the purposes of claims and related insurance administration expenses. We collect from employees and deposit approximately \$200,000 per payroll into the Health Insurance Account. RACSB leadership recommends the Board consider granting and "Employee Premium Holiday" for the next two pay periods for those staff that are enrolled in a health insurance plan which requires an Employee premium contribution. Total estimated cost is \$400,000.

Ms. Curcio asked what percentage of our employees participate in the health plans. Ms. Williams said about 80%. Mr. Lapin asked why just two pay periods if we have \$3.7 million. Ms. Williams said because she always commits to bring a very conservative option but she would be supportive for the will of the Board. Ms. Boerner asked if it stays at \$3.7 million. Ms. Williams said yes, minus whatever our claims are for that month. Mr. Parcell asked if it would be reasonable to extend to four pay periods. Ms. Williams said she believed that to be reasonable and something she would be comfortable with. Ms. Beebe asked if this affects coverage somehow, given many of the rules and regulations. Mr. Mestler said no. Ms. Curcio asked about the 20% of employees that are not going to get this, how are they going to react to this. Mr. Lapin said that the 80% who paid into it are the ones who built it up. It was agreed that the messaging around this would need to be transparent. Ms. Williams added that the whole idea is passing the cost savings onto to those who have paid into something.

Mr. Lapin asked if this was going to impact the higher graded positions more than the lower graded positions. Ms. Williams said no. Mr. Mestler added that it would not be disproportionate in who it affects.

Mr. Parcell asked how much roughly per pay period, per employee, would this be. Ms. Williams said for the basic family plan its \$355 a month, for an individual its \$150 a month.

Mr. Parcell made the motion to accept the premium holiday and to increase the request to four pay periods.

ACTION TAKEN: The Board approved the health insurance premium holiday for four pay periods.

Moved by: Ms. Glenna Boerner Seconded by: Mr. Greg Sokolowski

G. HUMAN RESOURCES, Mr. Derrick Mestler

1. **Program Update** – Mr. Mestler went over program highlights for November. HR continued their hiring trend, including two hard-to-fill positions. He mentioned the Finance Director new hire, Sara Keeler, along with the fact they filled the last vacancy in his own department. The HR Specialist began last week and he is excited for her to start digging into the employment and new hire process to get more positions filled, especially the harder to fill positions. Last month they finished the Germanna Cohort Internship Program. We hired three of the interns from that class. They are now preparing for the next group that begins in January. Currently, there are twelve interns enrolled.

Mr. Mestler shared that the Spotsylvania Clinic received its National Health Service Corps (NHSC) site recertification. The NHSC's mission is to build healthy communities by supporting qualified health care providers dedicated to working in underserved areas. The NHSC supports more than 17,000 primary care medical, dental, and behavioral health providers through scholarships and loan repayment programs. By having this designation, we are able to provide access for our staff and future staff to grants and loan repayment programs.

- 2. **Applicant and Recruitment Update** Mr. Mestler noted that we continue to see a good applicant flow. He noted that this is an area they will be diving more into with their new specialist. There are currently 44 open positions (34 full-time and 10 part-time). The Board was very pleased with the low number of open positions.
- 3. **Turnover Report** Mr. Mestler shared that HR processed a total of ten employee separations for the month of November. Of the ten, eight separations were voluntary, two separations were involuntary. Mr. Mestler noted that he has been on the Veterans Health Administration Jobs USA website to check the Veterans Clinic activity in regards to hiring. They are posting more positions out there but currently of the sixty job positions posted, forty of them are remote and twenty of them are onsite. He said only two positions appear to be somewhat competitive with us, and they are two social worker positions- but they are very general social worker positions. Not all of the positions posted are open to the public. Many of them are for internal federal employees only.

H. DEPUTY EXECUTIVE DIRECTOR, Ms. Brandie Williams

- 1. **Program Update** Ms. Williams shared that the data exchange transition is coming with a projected go-live date of March 1, 2025. This will be a huge modernization in the way we are getting data to and from DBHDS. We are very excited about it. WAMS changes from 4.0 is finally settling in. Team has worked through challenges in the design which were not apparent until after the go-live. Trac-IT we continue to test our extract for required data to upload to Trac-IT. RACSB started submitting Early Intervention Service level data through CCS 3 process.
- 2. **Combined Information Technology and Dashboards Data Report** Ms. Williams provided the Dashboard report breaking out the measure, month of measure, state target, state average and RACSB percentages. In the Information Technology Department, there were 919 tickets in the month of November and 1,978 Zoom meetings for 4,507 participants.
- 3. **State of the Workforce and Compensation Update FY2025 -** Ms. Williams said that during the June 2024 Board meeting, the Board of Directors received an update on the state of the workforce, barriers to workforce, financial

position, and potential classification and compensation recommendations. The Board of Directors approved the recommendations resulting in salary increases for FY2025. At that meeting, RACSB executive staff committed to providing an update on the State of the Workforce and Compensation no later than December 2024 in order to consider any mid-year Costs of Living adjustments. Ms. Williams took the Board through the provided graphs and covered Barriers and Threats to RACSB Workforce, Financial Position and Considerations, Living Wage Criteria, and Cost of Living Cost Projections. Ms. Williams said we still remain confident that we can fully fund and have some cushion at the end of the year of the changes that were made in July. We are looking forward to more information and data so we can predict that positive variance.

VIII. REPORT FROM THE EXECUTIVE DIRECTOR, Mr. Joseph Wickens

- A. Mr. Wickens spoke about the Strategic Plan and explained that the Executive Committee has made the decision to seek a consultant to assist us in focusing on the next three-year Strategic Plan. He said they have looked at five potential providers to assist them in this process and have narrowed it down to one that has Netsmart experience, and also comes from the CSB world. There will be more to follow in the coming months to involve meetings with the Board and with the management team.
- B. Mr. Wickens gave a reminder about the VACSB Legislative Conference to be held in Richmond January 21st, if you're interested, please let Diana know. The conference falls on the same day as the regularly scheduled Board of Director's meeting on January 21^{st –} Mr. Wickens reminded the Board of the reschedule date for the Board of Director's meeting on January 28th.
- C. Mr. Wickens welcomed Ms. Sara Keeler to the team. He also recognized Ms. Williams for her hard work and outstanding efforts covering the Finance Director position and team over the past months. Thank you, Brandie!

IX. BOARD TIME

- A. Mr. Sokolowski said thank you for all that you do and he welcomed the new Finance Director. Looking forward to many great things in 2025.
- B. Ms. Bridgette Williams said that everyone is doing a great job and she welcomed the new Finance Director.
- C. Mr. Lapin said that we are very pleased to have the new Finance Director and to please pass along to her staff that we wish them a very Merry Christmas and happy holidays.
- D. Mr. Kiger thanked the staff for all that they do and he also welcomed the new Finance Director.
- E. Ms. Beebe introduced the Board to her granddaughter, Varion.
- F. Ms. Boerner said thanks to everybody and Merry Christmas.
- G. Ms. Walker shared that she ran into Marci Catlett, Superintendent of Fredericksburg City Schools, who made a point of coming up to Ms. Walker in a restaurant and saying what a great job Brandie had done when she talked to the community youth forum. Ms. Walker thanked Brandie. Ms. Walker also had an opportunity yesterday to meet some of our staff in action at work and it was a real blessing. She said thank you for that.

- H. Before Ms. Curcio could speak, Ms. Beebe shared that Ms. Curcio was on the front page of Sunday's newspaper. Ms. Curcio then said that it was for her church. She continued that she wanted to thank everyone, the older staff and the newer staff.
- I. Mr. Parcell said thank you for all of your hard work. He thinks there is a lot of tangible results from all of the hard work and it's great.

X. ADJOURNMENT

The meeting adjourned at 5:15 PM.

Board of Directors Chair

Executive Director



January 10, 2025

Dear Rachael,

Congratulations on your selection as Employee of the Quarter for the Second Quarter 2025 (covering the months October - December 2024). The following nominations were submitted on your behalf:

1. I would like to nominate Rachael Nieves for employee of the quarter. Rachael goes above and beyond to bring joy to all employees in any way she can. There is no limit to the creativity she brings to the table and the ideas she comes up with to keep employees spirits up and rally behind RACSB Admin being a team (HR, Payroll, Finance, and IT). She provides monthly calendar updates which always contain a picture or meme to make us laugh and they always follow a theme of what is happening at RACSB that month, even if it's just the season changing. Her monthly calendar updates recognize all Admin staff and their birthdays. It always has a warm welcome for new Admin staff when they start and a sincere good-bye when an employee is leaving. She keeps us informed about who will be out of the office. She is our information hub. Her monthly calendars identify key information for Admin employees from payroll information that is due, to board meetings dates, as well as key deadline dates for finance. Her monthly calendar also identifies the NEO week so we know to expect new faces in the building and to welcome them to RACSB. She brings such a joyous spirit to work with her every day, it is a treat to receive the new monthly calendar from her.

In addition to keeping up with the monthly updates for the Admin team, she keeps the room for the reimbursement and finance team festive. She finds a reason to celebrate all employees by including them in all the creative activities she comes up with and is always decorating the door they have to enter each day just to bring a smile to employees faces. I occasionally have to visit Suite 205 to bring finance documents to be filed and I look forward to walking that way. She is always placing creative things around their suite on the 2nd floor of Jackson Street including fun games for us to play when we need a small break from work. These fun games are always educational (she loves giving us little tidbits of information). She was our Google Assist/Siri when the 2024 Summer Olympics came around, I learned all kinds of interesting facts from the hallway decorations she put up. Her games also give all who walk that way an opportunity to get to know her team a little better. We have several conference rooms in that corner of the building which are always visited by our employees who work out in the field for meetings or trainings. The Halloween "get to know the employees" door decorations which allowed employees to play a game of matching up with personal facts with finance team members was challenging and fun.



She plans our Annual Administration Holiday Luncheon. She picks the date, reserves the room, she starts the sign-up list for the food that will be shared, and comes up with small gestures for us to show each other appreciation around the holidays.

Rachael makes a difference in the employees lives who work behind the scenes to help this organization thrive. Community, inclusion, and empathy drives who she is. Rachael is not required to spend additional time outside of work thinking of ways to bring her coworkers closer and making Jackson Street a joyous place to be. I think she should be recognized for the effort she puts into going above and beyond to not only do her work but also to make RACSB a place where employees are brought together for fellowship and to get to know the person sitting next to them 40 hours out of every week. I found myself conversing with employees I don't usually communicate with working on her giant Christmas crossword puzzle. It was awesome!! She is awesome!!

2. I want to nominate Rachael Nieves for the employee of the quarter. She coordinated the Annual Luncheon on December 6th. The time, planning, and effort she put in from the decorations, games, food, and prizes were outstanding.

A one-time salary supplement of \$500 will be added to your paycheck.

The Rappahannock Area Community Services Board thanks you for your outstanding level of service to the agency. Please join us to be recognized at 600 Jackson Street in Board Room 208 for the Board of Directors Meeting on January 28, 2025, at 3:00 PM. The recognition will come at the beginning of the meeting, and then you will be photographed.

Please RSVP to this email <u>ddobson@rappahannockareacsb.org</u>, or call 540.899.4371 to let me know if you are able to attend.

Sincerely, a What

Joseph Wickens, Executive Director Rappahannock Area Community Services Board

Cc: Derrick Mestler, Human Resources Director

Board Core Behaviors







Open and Honest Communication Ask Tough Questions Next Level Decision Making



Community Support Services Program Updates

January 2025

DD Day Support Rappahannock Adult Activities, Inc. (RAAI) - Lacey Fisher

RAAI is currently supporting 114 individuals and continuing to assess those on the waitlist of 36. Three individuals have start dates in the next 90 days. The second Community Engagement group has started out of the Massad branch YMCA. We continue to assess individuals to expand this service. The program has only 8 vacant DSP positions (2 full time and 6 part time). The reduced open positions allow RAAI to assess those on the waitlist quicker when referrals are received. The holidays were celebrated throughout the season at all our sites with parties and fun themed spirit days. Welcome to Brendan Rath, our new Horticulture DSP!

Developmental Disabilities (DD) Residential Services - Stephen Curtis

Individuals that reside in RACSB group homes enjoyed a Christmas party hosted by the Lion's Club this year on 12/9 complete with dinner and gifts for all. The Lion's Club has hosted this special event for individuals in our services for decades, and it is always a big hit and a great time for individuals to enjoy.

An individual chose to move into Leeland Road from Devon Drive effective 12/13. We continue to assess for all Group Home vacancies and have 2 individuals slated to move in January - 1 to the vacancy at Igo, and 1 to the vacancy at Ruffins Pond.

DD Residential celebrates going into the new year approaching roughly 12 staffing vacancies program wide. This time last year, we were looking at over 45 vacancies and struggling to push ahead. This past year, backed by amazing support from the Board, the Management team, and an investment in quality improvement, accountability, and training, we are in such a great position to redefine DD Residential. Targets for the upcoming year are to continue to ensure training goals are met, fill all resident vacancies, expand our SAP and SP programs, reduce medication errors, improve charting and HCBS compliance initiatives, and to work on retaining high quality staff. We are extremely grateful for the tools and resources we have been provided to improve quality of service delivery.

Developmental Disabilities Support Services - Jen Acors

In December, 30 FIS slots were distributed to RACSB. Staff are working to assist individuals who were awarded these slots connected with services.

Early Intervention: Parent Education and Infant Development (PEID) - Suzanne Haskell

There are currently 543 children enrolled in the program receiving a combination of services to include service coordination, speech therapy, physical therapy, occupational therapy and educational developmental services. We are working to schedule 16 assessments per week. We had 47 referrals in December. We have recently visited all pediatricians and daycares in the area, providing PE-ID pamphlets to each. There are currently 16 providers on staff.

Mental Health (MH) Residential Services - Nancy Price

Lafayette Boarding House filled one community bed in December.

A long-time resident of Lafayette Boarding House transitioned to an Assisted Living Facility in order to support increased medical needs. Jennifer Beall, LBH Manager, went above and beyond to identify this placement, coordinate tours for the individual and their family, and provide ongoing support during and after the transition.

MH Residential received 8 transitional referrals from state hospitals in December. Three individuals are in the process of completing passes, one individual is scheduled for the initial assessment and the other four referrals were withdrawn by the hospital due to various circumstances.

PSH Manager, Lori Weresnick, left RACSB in December. I am happy to announce that Laura Watson, current PSH Case Manager, has accepted the position of PSH Manager. Laura will transition into her new role on January 20.

Psychosocial Rehabilitation: Kenmore Club - Anna Loftis

Kenmore Club is having a relaxing January after the busy holiday season. We have planned trips to the NOVA Wild Zoo, ice skating, and some museums in Richmond, but are also planning on focusing on more small group activities that promote learning, and art groups to help prepare for the Art of Recovery. We are pleased that our vocational efforts have been so fruitful. We have six members who will begin college classes at Germanna this semester and will be



providing space to get their work done with staff support in the building. We are also looking ahead at planning our Super Bowl party next month, which is always a large turnout.

Sunshine Lady House (Crisis Stabilization) - Latroy Coleman

SLH received 31 prescreens in the month of December 2024. Four of the prescreens were not appropriate to crisis stabilization due to needing a higher level of care. Four of the prescreens were contacted for admittance but decided not to come to the program. The census continued to vary through the holiday season. Greater efforts towards outreach and coordination have been made to assist with improving the program census. Several obstacles have been identified to include doctor time for 24hr admittance as well as coordination from ED to SLH. The coordinator of ES and SLH are collaborating to address concerns that could potentially impact recommendations and services. In regards to the team, SLH has two vacant mental health specialist positions, one full time therapist position and a peer position. We are excited to have our newest mental health residential specialist on January 7, 2025! We are also welcoming two interns in January's NEO training.

Memorandum

To: Joe Wickens, Executive Director
From: Steve Curtis, DD Residential Coordinator
Date: December 20, 2024
Re: KOVAR Grant

On August 27th, 2024, Myers Drive submitted a grant application to the Virginia Knights of Columbus Charity, also known as KOVAR, requesting funds to replace a portable lift in the home and for subsidization for guest activities, typically paid for by families. Our purpose for the activity funding was to increase the level of enjoyable activities during stays in order to promote higher program utilization. Upon review of our grant application, a representative contacted us to inquire more about the requested funds for guest activities, and suggested that the board likely would not approve that portion of the grant. KOVAR seeks to fund more quantifiable and tangible use items within the scope of their mission to support individuals with intellectual disabilities. The representative invited us to consider other needs and update our request.

On December 20th, 2024, Myers Drive re-submitted a grant application to KOVAR to request funds to replace a portable lift in the home, and to replace furnishings in the home to help freshen the home's decor. Furnishings we are asking to replace via KOVAR funds include a sofa, loveseat, ottoman, a lounge chair, and 6 dining room chairs. This re-submitted grant will be reviewed on KOVAR's February 1st board meeting.

As a reminder, KOVAR's maximum award for a grant request is \$15,000, and we are eligible to apply every 18 months. Our last award provided furnishings that were distributed amongst 4 group homes. We became eligible once again in late August to re-apply.

KOVAR's mission is to empower and help non-profit organizations with financial support to improve access to affordable housing, job training, sports participation, and personal care for Virginians with Intellectual Disabilities. For well over 20 years, KOVAR has been a huge help to RACSB residential and day support programs, largely in helping us procure new furnishings and items that directly improve the lives of individuals in our services.

We look forward to hearing back on our resubmittal and to sharing more about our services with KOVAR.

Memorandum

To: Joe Wickens, Executive Director
From: Steve Curtis, DD Residential Coordinator
Date: January 7th, 2025

Re: Myers Drive Respite Update

In December 2023, the Myers Respite team implemented improvement strategies to enhance the program's effectiveness, increase revenues, and manage expenses while also committing to offering valued services to individuals in our community. The following bullets highlight progress updates for each of the implemented strategies since they were last reviewed in late August 2024.

- To help mitigate expenses, staff will continue to be assigned to work in other programs during periods of low utilization and associated expenses will be allocated to those other programs.
 - From August 1st to December 30, 61.25 hours were worked and allocated to other programs. At this time, fewer hours are continuing to be allocated into other programs in part related to position freezes highlighted in the next bullet.
- Myers Respite program will freeze two vacant Direct Support Professional positions reducing expenses by approximately \$92,112.
 - A Full-time Direct Support Professional, and 1 Part-Time Direct Support Professional remain frozen since November 2023. In addition, a 2nd FT position that was vacated on March 28th, 2024 has remained frozen. These frozen positions equate to approximately \$142,840 annually in salary expenses.
- Myers staff will continue to pursue other opportunities to promote services in the community.
 - The KOVAR grant that was applied for on August 27th requesting monies for the purchase of a new portable lift for the home, as well as to supplement exciting community outing activities for guests at reduced costs required modification. Specifically, upon review of our grant application, a representative contacted us from KOVAR to inquire more about the requested funds for guest activities, and suggested that the board likely would not approve that portion of the grant. The representative invited us to consider other needs and update our grant request.

- On December 20th, 2024, Myers Drive re-submitted a grant application to KOVAR to request funds for a new portable lift in the home, and to replace furnishings in the home to help freshen the home's decor. Furnishings we are asking to replace via KOVAR funds include a sofa, loveseat, ottoman, a lounge chair, and 6 dining room chairs. This re-submitted grant will be reviewed at KOVAR's February 1st board meeting.
- An open house was held on November 3rd from 1 to 4 PM to answer questions and provide tours to prospective guests and families. The Myers supervisor promoted the event and provided an overview of the referral process during meetings with support coordination teams leading up to the event. As a result of the open house, 11 families attended or reached out for information because they had heard about the event. All interested parties have been followed up with and are now involved in the assessment process for services. A special education teacher coordinator also reached out from Stafford schools in order to get information about the program/arrange a tour for the benefit of teachers/students/families when she heard about the open house. She was provided a tour with her colleagues on November 7th and provided with information to share back with her students/families.
- A FAQ document was created both for the benefit of the open house, as well as to provide to support coordinators for distribution to families. We are working on a new program brochure update currently as well to accompany the FAQ.
- Support coordinators can in turn refer people on their caseloads to Myers whose families could benefit from the program
 - The Myers Drive Supervisor continues to be in contact with support coordinators to encourage referrals and keep them apprised of assessments regarding any individuals on their caseload. In the next month, the supervisor will speak to support coordination regarding individuals who recently received the new round of waivers in order to be able to begin reaching out to families to share information.
 - 8 individuals are currently being assessed to use Myers respite services (6 have the waiver; 2 are self-pay). Additionally, since August 1st, 5 individuals have been assessed, accepted, and began using the service (4 have the waiver; 1 is self-pay).
 - From December 1st 2023 December 1st, 2024, Myers had an enrollment of 61 different people. By the end of January 2024, 49 individuals will be currently enrolled, 71% of which have the waiver.
- The manager and her team will continue to reach out and invite guests to use their authorized waiver hours.

- The Respite team continues to track the available number of hours for all individuals that have the waiver benefit for the purposes of making invitation calls to maximize program utilization. The supervisor has also had conversations with families that have the waiver to discuss/pre-plan how they wish to break their hours across the year to maximize planning for utilization purposes.
- Myers is re-evaluating utilization and scheduling. The program proposes to manage scheduling to maximize participation before opening additional days.
 - To maximize daily usage of Respite, the management team continued outreach efforts to families inviting them to use the program, targeting a minimum of 3 people using the program on any given day. Management also continued to call families to fill slots with other guests each time a cancellation occurred. Overall monthly utilization (both waiver and private pay) has been as follows:
 - August 26%
 - September 38%
 - October -20%
 - November 26%
 - December 18%
 - Being able to provide overnight care continues to be a distinguishing benefit of Myers Drive Respite. Myers served 23 different individuals for overnight stays in the program from August 1st through December 31st for a total of 164 overnights.
- Myers will evaluate the self-pay rate.
 - As a reminder, the new standard flat fee of \$11.44 per hour began at the beginning of May 2024 after notifying families of the change (formerly, RACSB's sliding scale's lowest rate was \$10/service with a monthly maximum of \$40).
 - From August 1 to December 31, 2024, 372.5 private pay hours were provided and equated to \$4261 in revenue.
 - Since the change in the private pay standard flat fee was introduced in May 2024, revenue generated has been \$19,410 for 1697 hours.
 - Of note, total private pay revenue from January 1 December 31st, 2023 totaled \$7165 for 2945 service hours.
 - Also of note, total private pay hours provided in 2024 equated to 2801 hours. While this is a slight decrease in use for private pay individuals compared to 2023, overall, interest in using the service still remains for those families without the waiver for their loved one.

- In FY25 Myers will pursue a goal of 40% Medicaid utilization or the equivalent of 20,966 hours annually for a revenue of \$474,439.
 - Myers comparisons between FY23 and FY24 Medicaid utilization for August to December showed increases for September, November, and December. August was about even and we saw a dip in October.
 - See chart below for specific monthly breakdowns for guest Medicaid utilization.
 - Medicaid hours billed for August December, 2023 equated to 4576.25 service hours, or 21% Medicaid utilization on average for the period. Medicaid hours billed for August – December, 2024 equated to 5247.50 service hours, or 24% Medicaid utilization on average for the period. When comparing the service hours for the period, we provided 15% more Medicaid hours from August through December 2024 than compared to 2023.



Medicaid Utilization

- For August 1st to December 31st, Medicaid revenue totaled \$126492, an overall increase this year as compared to 2023 (\$90209).
- Please remember when viewing the graph below that collections represented for each month generally reflect the billing hours from the previous month. Also of note, money received for rendered services can and does stagger in timing over the course of a year based upon when DMAS (Department of Medical Assistance Services) posts payments and/or verifies new authorizations during individualized plan years. Simply put, we can expect to see some variance between the time services are billed and revenue is realized from those rendered services.

Medicaid Billing



• Additional information/comparisons

- FY23 ended with a revenue of \$211,785.54 leaving Myers Drive at a deficit of \$406,042. FY24 ended with a revenue of \$285,354.64 leaving Myers Drive at a deficit of \$390,073. Myers saw an increase of 35% in overall reimbursements during that period.
- To date in FY25, revenue is \$123,763. Over the last couple of months, we have lost 5 guests who have moved into residential programs and 2 guests whose families have moved out of the area. Even with this change, interest continues to build in using the program and utilization hours are increasing as compared with last year.
- Lastly, the Virginia Department of Medical Assistance Services (DMAS) is working to conduct a rate study for Developmental Disability (DD) Services and are asking that all providers complete and return the Provider Cost & Wage Surveys. The unique thing about the survey is that there is a separate survey included for providers that offer Center-Based Respite services. This is a valuable exercise to participate in for Myers Drive, as it will highlight to our payors the financial burdens we undertake to operate this valuable service. The surveys are due by January 31st.

At this time, we recommend that Myers Respite Home continue to operate and serve our community with our unique respite service. We will continue to focus in on the outlined strategies and targets above with the continued goal of increasing utilization, revenues, and opportunities to our guests and their families.

Title VI Plan and Procedures

Rappahannock Area

Community Services Board Specialized Transportation



Adopted date

October 4, 2024 January 28, 2025

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I. INTRODUCTION

Title VI of the Civil Rights Act of 1964 prohibits discrimination on the basis of race, color, or national origin in programs and activities receiving Federal financial assistance. Specifically, Title VI provides that "no person in the United States shall, on the ground of race, color, or national origin, be excluded from participation in, be denied the benefits of, or be subjected to discrimination under any program or activity receiving Federal financial assistance." (42 U.S.C. Section 2000d).

The Civil Rights Restoration Act of 1987 clarified the intent of Title VI to include all programs and activities of Federal-aid recipients, sub-recipients, and contractors whether those programs and activities are federally funded or not.

Recently, the Federal Transit Administration (FTA) has placed renewed emphasis on Title VI issues, including providing meaningful access to persons with Limited English Proficiency.

Recipients of public transportation funding from FTA and the Virginia Department of Rail and Public Transportation (DRPT) are required to develop policies, programs, and practices that ensure that federal and state transit dollars are used in a manner that is nondiscriminatory as required under Title VI.

This document details how **Rappahannock Area Community Services Board** incorporates nondiscrimination policies and practices in providing services to the public. **Rappahannock Area Community Services Board**'s Title VI policies and procedures are documented in this plan and its appendices and attachments. This plan will be updated periodically (at least every three years) to incorporate changes and additional responsibilities that arise.

II. OVERVIEW OF SERVICES

The Rappahannock Area Community Services Board (RACSB) (RACSB) is committed to improving the quality of life for people <u>experiencing mental health and substance use</u> challenges, developmental disabilities residing in Planning District 16. RACSB also works to provide education and prevention services to improve the quality of life for community <u>members</u>, with mental health, developmental disability and substance abuse problems and preventing the occurrence of these conditions. We doServices are integrated this thru integrated and community-based. RACSB seeks to provide a system of care that is responsive to individual needs and choices. We-The Agency respects and provides the dignity, rights, and full participation of all participants and their families. RACSB provides services in alignment with Title VI of the Civil Rights ACT of 1964.

RACSB's Specialized Transportation Program serves an essential function in many of its community-based services. The focus is to provide safe, efficient and reliable transportation service for individuals to and from agency sponsored programs and community locations. RACSB's Specialized Transportation serves individuals enrolled in various RACSB programs who due to specific needs require professional care while in transit. This manual is set forth to provide all RACSB vehicle operators in the agency with specific guidelines to help them perform their jobs professionally while promoting an atmosphere of mutual respect and caring among everyone involved in the transportation process.

III. POLICY STATEMENT AND AUTHORITIES

Title VI Policy Statement

Rappahannock Area Community Services Board is committed to ensuring that no person shall, on the grounds of race, color, national origin, as provided by Title VI of the Civil Rights Act of 1964 and the Civil Rights Restoration Act of 1987 (PL 100.259), be excluded from participation in, be denied the benefits of, or be otherwise subjected to discrimination under any program or activity, whether those programs and activities are federally funded or not.

The **Rappahannock Area Community Services Board** Title VI Manager is responsible for initiating and monitoring Title VI activities, preparing required reports, and other responsibilities as required by Title 23 Code of Federal Regulations (CFR) Part 200, and Title 49 CFR Part 21.

Date

Signature of Authorizing Official	
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Authorities

Title VI of the 1964 Civil Rights Act provides that no person in the United States shall, on the grounds of race, color, or national origin, be excluded from participation in, be denied the benefits of, or be otherwise subjected to discrimination under any program or activity receiving federal financial assistance (refer to 49 CFR Part 21). The Civil Rights Restoration Act of 1987 broadened the scope of Title VI coverage by expanding the definition of the terms "programs or activities" to include all programs or activities of Federal Aid recipients, sub recipients, and contractors, whether such programs and activities are federally assisted or not.

Additional authorities and citations include: Title VI of the Civil Rights Act of 1964 (42 U.S.C. Section 2000d); Federal Transit Laws, as amended (49 U.S.C. Chapter 53 et seq.); Uniform Relocation Assistance and Real Property Acquisition Policies Act of 1970, as amended (42 U.S.C. 4601, et seq.); Department of Justice regulation, 28 CFR part 42, Subpart F, "Coordination of Enforcement of Nondiscrimination in Federally-Assisted Programs" (December 1, 1976, unless otherwise noted); U.S. DOT regulation, 49 CFR part 21, "Nondiscrimination in Federally-Assisted Programs of the Department of Transportation—Effectuation of Title VI of the Civil Rights Act of 1964" (June 18, 1970, unless otherwise noted); Joint FTA/Federal Highway Administration (FHWA) regulation, 23 CFR part 771, "Environmental Impact and Related Procedures" (August 28, 1987); Joint FTA/FHWA regulation, 23 CFR part 450 and 49 CFR part 613, "Planning Assistance and Standards," (October 28, 1993, unless otherwise noted); U.S. DOT Order 5610.2, "U.S. DOT Order on Environmental Justice to Address Environmental Justice in Minority Populations and Low-Income Populations," (April 15, 1997); U.S. DOT Policy Guidance Concerning Recipients' Responsibilities to Limited English Proficient Persons, (December 14, 2005), and Section 12 of FTA's Master Agreement, FTA MA 13 (October 1, 2006).

IV. NONDISCRIMINATION ASSURANCE TO DRPT

In accordance with 49 CFR Section 21.7(a), every application for financial assistance from the Federal Transit Administration (FTA) must be accompanied by an assurance that the applicant will carry out the program in compliance with DOT's Title VI regulations. This requirement is fulfilled when the Virginia Department of Rail and Public Transportation (DRPT) submits its annual certifications and assurances to FTA. DRPT shall collect Title VI assurances from sub-recipients prior to passing through FTA funds.

As part of the Certifications and Assurances submitted to DRPT with the Annual Grant Application and all Federal Transit Administration grants submitted to the DRPTR Rappahannock Area Community Services Board submits a Nondiscrimination Assurance which addresses compliance with Title VI as well as nondiscrimination in hiring (EEO) and contracting (DBE), and nondiscrimination on the basis of disability (ADA).

In signing and submitting this assurance, Rappahannock Area Community Services Board confirms to DRPT the agency's commitment to nondiscrimination and compliance with federal and state requirements.

V. PLAN APPROVAL DOCUMENT

Add meeting minutes from board meeting

I hereby acknowledge the receipt of the Rappahannock Area Community Services Board Title VI Implementation Plan 2024 - 2026. I have reviewed and approve the Plan. I am committed to ensuring that no person is excluded from participation in, or denied the benefits of transit services on the basis of race, color, or national origin, as protected by Title VI according to Federal Transit Administration (FTA) Circular 4702.1B Title VI requirements and guidelines for FTA sub-recipients.

Signature of Authorizing Official

DATE

NAME, TITLE

Rappahannock Area Community Services Board

VI. ORGANIZATION AND TITLE VI PROGRAM RESPONSIBILITIES

The Rappahannock Area Community Services Board's Director of Compliance and Human Rights is responsible for ensuring implementation of the agency's Title VI program. Title VI program elements are interrelated and responsibilities may overlap. The specific areas of responsibility have been delineated below for purposes of clarity.

Overall Organization for Title VI

The Title VI Manager and staff are responsible for coordinating the overall administration of the Title VI program, plan, and assurances, including complaint handling, data collection and reporting, annual review and updates, and internal education. <u>RACSB's Compliance Department provides oversight related to the responsibilities of the Title VI Manager. Designees may be appointedment to manage aspects of responsibilities detailed below.</u>

Detailed Responsibilities of the Title VI Manager

The Title VI Manager is charged with the responsibility for implementing, monitoring, and ensuring compliance with Title VI regulations. Title VI responsibilities are as follows:

1. Process the disposition of Title VI complaints received.

2. Collect statistical data (race, color or national origin) of participants in and beneficiaries of agency programs, (e.g., affected citizens, and impacted communities).

3. Conduct annual Title VI reviews of agency to determine the effectiveness of program activities at all levels.

4. Conduct Title VI reviews of construction contractors, consultant contractors, suppliers, and other recipients of federal-aid fund contracts administered through the agency.

5. Conduct training programs on Title VI and other related statutes for agency employees.

6. Prepare a yearly report of Title VI accomplishments and goals, as required.

7. Develop Title VI information for dissemination to the general public and, where appropriate, in languages other than English.

8. Identify and eliminate discrimination.

9. Establish procedures for promptly resolving deficiency status and writing the remedial action necessary, all within a period not to exceed 90 days.

General Title VI responsibilities of the agency

The Title VI Manager is responsible for substantiating that these elements of the plan are appropriately implemented and maintained, and for coordinating with those responsible for public outreach and involvement and service planning and delivery.

1. Data collection

To ensure that Title VI reporting requirements are met, Rappahannock Area Community Services Board's Compliance Department -Specialized Transportation-will maintain:

- A database or log of Title VI complaints received. The investigation of and response to each complaint is tracked within the database or log.
- A log of the public outreach and involvement activities undertaken to ensure that minority and low-income people had a meaningful access to these activities.

2. Annual Report and Updates related to Transportation

As a sub-recipient of FTA funds, Rappahannock Area Community Services Board Specialized Transportation is required to submit a Quarterly Report Form to DRPT that documents any Title VI complaints received during the preceding quarter and for each year. Rappahannock Area Community Services Board Specialized Transportation will also maintain and provide to DRPT an annual basis, the log of public outreach and involvement activities undertaken to ensure that minority and low-income people had a meaningful access to these activities.

Further, <u>we_RACSB</u> will submit to DRPT updates to any of the following items since the previous submission, or a statement to the effect that these items have not been changed since the previous submission, indicating date:

- A copy of any compliance review report for reviews conducted in the last three years, along with the purpose or reason for the review, the name of the organization that performed the review, a summary of findings and recommendations, and a report on the status or disposition of the findings and recommendations
- Limited English Proficiency (LEP) plan
- procedures for tracking and investigating Title VI complaints
- A list of Title VI investigations, complaints or lawsuits filed with the agency since the last submission
- A copy of the agency notice to the public that it complies with Title VI and instructions on how to file a discrimination complaint

3. Annual review of Title VI program

Each year, in preparing for the Annual Report and Updates, the Title VI Manager will review the agency's Title VI program to assure implementation of the Title VI plan. In addition, they will review agency operational guidelines and publications, including those for contractors, to verify that Title VI language and provisions are incorporated, as appropriate.

4. Dissemination of information related to the Title VI program

Information on <u>our RACSB's implementation of</u> Title VI program will be disseminated to agency employees, contractors, and beneficiaries, as well as to the public, as described in the "public outreach and involvement "section of this document, and in other languages when needed according to the LEP plan as well as federal and State laws/regulations.

5. Resolution of complaints

Any individual may exercise his or her right to file a complaint if that person believes that he, she or any other program beneficiaries have been subjected to unequal treatment or discrimination in the receipt of benefits/services or prohibited by non-discrimination requirements. Individuals may file anonymous email complaints directly to RACSB's Compliance Department or may call them directly. For complaints related to transporting of individuals in services, Rappahannock Area Community Services BoardRACSB's Specialized Transportation will report the complaint to DRPT within three business days (per DRPT requirements), and make a concerted effort to resolve complaints locally, using the agency's Title VI Complaint Procedures. All Title VI complaints and their resolution will be logged as described under Section 1. Data collection and reported annually (in addition to immediately) to DRPT.

6. Written policies and procedures

Our Title VI policies and procedures are documented in this plan and its appendices and attachments. This plan will be updated periodically to incorporate changes and additional responsibilities that arise. During the course of the Annual Title VI Program Review (item 3 above), the Title VI Manager will determine whether or not an update is needed.

7. Internal education

Our<u>RACSB</u> employees will receive training on Title VI policies and procedures upon hiring and upon promotion. This training will include requirements of Title VI, our obligations under Title VI (LEP requirements included), and required data that must be gathered and maintained. In addition, training will be provided when any Title VI-related policies or procedures change (agency-wide training), or when appropriate in resolving a complaint.

Title VI training is the responsibility of Director of Compliance and Human Rights.

8. Title VI clauses in contracts

In all federal procurements requiring a written contract or Purchase Order (PO), Rappahannock Area Community Services BoardRACSB's service contracts, including those related to Specialized Transportation.² contract/PO will include appropriate non-discrimination clauses. The Title VI Manager will work with the Director of Finance or their designee who is/are responsible for procurement contracts and PO's to ensure appropriate non-discrimination clauses are included.

VII. PROCEDURES FOR NOTIFYING THE PUBLIC OF TITLE VI RIGHTS AND HOW TO FILE A COMPLAINT

Requirement to Provide a Title VI Public Notice

Title 49 CFR Section 21.9(d) requires recipients to provide information to the public regarding the recipient's obligations under DOT's Title VI regulations and apprise members of the public of the protections against discrimination afforded to them by Title VI. At a minimum, Rappahannock Area Community Services Board Specialized Transportation shall disseminate this information to the public by posting a Title VI notice on the agency's website and in public areas of the agency's office(s).

Title VI of the Civil Rights Act of 1964 prohibits discrimination on the basis of race, color, or national origin in programs and activities receiving Federal financial assistance. Specifically, Title VI provides that "no person in the United States shall, on the ground of race, color, or national origin, be excluded from participation in, be denied the benefits of, or be subjected to discrimination under any program or activity receiving Federal financial assistance" (42 U.S.C. Section 2000d).

Rappahannock Area Community Services Board Specialized Transportation is committed to ensuring that no person is excluded from participation in, or denied the benefits of its transportation services on the basis of race, color, or national origin, as protected by Title VI in Federal Transit Administration (FTA) Circular 4702.1B. If you feel you are being denied participation in or being denied benefits of the transit services provided by Rappahannock Area Community Services Board Specialized Transportation, or otherwise being discriminated against because of your race, color, national origin, gender, age, or disability, our contact information is:

SEE APPENDIX A-Title VI Notice to the Public SEE APPENDIX B-Title VI Notice to the Public List of Locations

TITLE VI COMPLAINT PROCEDURES

Requirement to Develop Title VI Complaint Procedures and Complaint Form.

In order to comply with the reporting requirements established in 49 CFR Section 21.9(b), all recipients shallRACSB has develop procedures for investigating and tracking Title VI complaints filed against them and make their procedures for filing a complaint available to members of the public. Recipients Appendix C includes a Title VI complaint form as required by 49 CFR. must also develop a Title VI complaint form. The <u>The</u> form and procedure for filing a complaint shall be available on the recipient's<u>RACSB's</u> website and at their its facilities. <u>any</u> individual may exercise his or her right to file a complaint with Rappahannock Area Community Services Board Specialized Transportation if that person believes that he or she has been subjected to unequal treatment or discrimination in the receipt of benefits or services.

As related to Specialized Transportation and to comply with DRPT requirementsAny individual may exercise his or her right to file a complaint with Rappahannock Area Community Services Board Specialized Transportation if that person believes that he or she has been subjected to unequal treatment or discrimination in the receipt of benefits or services. We, RACSB will report the complaint to DRPT within three business days (per DRPT requirements), and make a concerted effort to resolve complaints locally, using the agency's Nondiscrimination Complaint Procedures. All Title VI complaints and their resolution will be logged and reported annually (in addition to immediately) to DRPT.

Instructions for filing Title VI complaints are posted on the agency's website and in the vehicles operated in passenger service, and agency facilities. RACSB also includes the statement below on the Specialized Transportation's brochure.

The following language is printed on and on posters on the interior of each vehicle operated in passenger service:

Rappahannock Area Community Services Board <u>Specialized Transportation</u> is committed to ensuring that no person is excluded from participation in, or denied the benefits of its transit services on the basis of race, color or national origin, as protected by Title VI of the Civil Rights Act of 1964.

For additional information on Rappahannock Area Community Services Board's <u>Specialized Transportation's</u> nondiscrimination policies and procedures, or to file a complaint, please visit the website at rappahannockareacsb.org or contact Stephanie Terrell, Director of Compliance and Human Rights at 600 Jackson Street, Fredericksburg, Virginia 22401.

Instructions for filing Title VI complaints are posted on the agency's website and in posters on the interior of each vehicle operated in passenger service and agency's facilities, and are also included within Rappahannock Area Community Services Board Specialized Transportation's brochure.

SEE APPENDIX C – Title VI Complaint Form

Procedures for Handling and Reporting Investigations/Complaints and Lawsuits

Should any Title VI investigations be initiated by FTA or DRPT, or any Title VI lawsuits are filed against Rappahannock Area Community Services Board the agency will follow these procedures:

Procedures

1. Any individual, group of individuals, or entity that believes they have been subjected to discrimination on the basis of race, color, or national origin may file a written complaint with the Title VI Manager. The complaint is to be filed in the following manner:

- a. Using the Appendix C, Complaint form, the entity will submit their concern within 180 days of the alleged occurrence.
- a. A formal complaint must be filed within 180 calendar days of the alleged occurrence.
- b. The complaint shall be in writing and signed by the complainant(s).
- c. The complaint should include:
 - the complainant's name, address, and contact information
 - (i.e., telephone number, email address, etc.)
 - the date(s) of the alleged act of discrimination (if multiple days, include the date when the complainant(s) became aware of the alleged discrimination and the date on which the alleged discrimination was discontinued or the latest instance).
 - a description of the alleged act of discrimination
 - the location(s) of the alleged act of discrimination (include vehicle number if appropriate)
 - an explanation of why the complainant believes the act to have been discriminatory on the basis of race, color, and national origin
 - if known, the names and/or job titles of those individuals perceived as parties in the incident
 - contact information for any witnesses
 - indication of any related complaint activity (i.e., was the complaint also submitted to DRPT or FTA?)
- d. The complaint shall be submitted to the Rappahannock Area Community Services Board <u>Title VI ManagerCompliance Director</u> at 600 Jackson Street, Fredericksburg Virginia, 22401 or sterrell@rappahannockareacsb.org.
- e. Complaints received by any other employee of Rappahannock Area Community Services Board will be immediately forwarded to the Title VI Manager.
- f. In the case where a complainant is unable or incapable of providing a written statement, a verbal complaint of discrimination may be made to the Title VI Manager. Under these circumstances, the complainant will be interviewed, and the Office of Consumer Affairs will assist the complainant in converting the verbal allegations to writing.

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- 2. Upon receipt of the complaint, the Title VI Manager will immediately:
 - a. notify DRPT (no later than 3 business days from receipt)
 - b. notify the Rappahannock Area Community Services Board Authorizing Officialc. ensure that the complaint is entered in the complaint database
- 3. Within 3 business days of receipt of the complaint, the Title VI Manager will contact the complainant by telephone to set up an interview.
- 4. The complainant will be informed that they have a right to have a witness or representative present during the interview and can submit any documentation he/she perceives as relevant to proving his/her complaint.
- 5. If DRPT has assigned staff to assist with the investigation, the Title VI Manager will offer an opportunity to participate in the interview.
- 6. The alleged discriminatory service or program official will be given the opportunity to respond to all aspects of the complainant's allegations.
- 7. The Title VI Manager will determine, based on relevancy or duplication of evidence, which witnesses will be contacted and questioned.
- 8. The investigation may also include:
 - a. investigating contractor operating records, policies or procedures
 - b. reviewing routes, schedules, and fare policies and schedules
 - c. reviewing operating policies and procedures
 - <u>d.</u>_reviewing scheduling and <u>dispatch recordstransportation logs</u> <u>d.</u>e. reviewing facility and vehicle camera footage

e.f. observing behavior of the individual whose actions were cited in the complaint

- 9. All steps taken and findings in the investigation will be documented in writing and included in the complaint file.
- 10. The Title VI Manager will contact the complainant at the conclusion of the investigation, but prior to writing the final report, and give the complainant an opportunity to give a rebuttal statement at the end of the investigation process.
- 11. At the conclusion of the investigation and within 60 days of the interview with the complainant, the Title VI Manager will prepare a report that includes a narrative description of the incident, identification of persons interviewed, findings, and recommendations for disposition. This report will be provided to the Authorizing Official, DRPT, and, if appropriate, Rappahannock Area Community Services Board's legal counsel.
- 12. The Title VI Manager will send a letter to the complainant notifying them of the outcome of the investigation. If the complaint was substantiated, the letter will indicate the course of action that will be followed to correct the situation. If the complaint is determined to be unfounded, the letter will explain the reasoning, and refer the complainant to DRPT in the event the complainant wishes to appeal the determination. This letter will be copied to DRPT.
- 13. A complaint may be dismissed for the following reasons:
 - a. The complainant requests the withdrawal of the complaint.
 - b. An interview cannot be scheduled with the complainant after reasonable attempts.
 - c. The complainant fails to respond to repeated requests for additional information needed to process the complaint.
- 14. DRPT will serve as the appealing forum to a complainant that is not satisfied with the outcome of an investigation conducted by Rappahannock Area Community Services Board.

DRPT will analyze the facts of the case and will issue its conclusion to the appellant according to their procedures.

A person may also file a complaint directly with the Federal Transit Administration, Office of Civil Rights, Attention: Title VI Program Coordinator, East Building, 5th Floor – TCR, 1200 New Jersey Avenue SE, Washington, DC 20590.

Transportation-Related Title VI Investigations, Complaints, and Lawsuits <u>Record Keeping Requirement</u>

Background

All recipients shall prepare and maintain a list of any of the following that allege discrimination on the basis of race, color, or national origin:

- Active investigations conducted by FTA and entities other than FTA;
- Lawsuits; and
- Complaints naming the recipient.

This list shall include the date that the transportation-related Title VI investigation, lawsuit, or complaint was filed; a summary of the allegation(s); the status of the investigation, lawsuit, or complaint; and actions taken by the recipient in response, or final findings related to the investigation, lawsuit, or complaint. This list shall be included in the Title VI Program submitted to DRPT every three years and information shall be provided to DRPT quarterly and annually.

SEE APPENDIX D – Investigations, Lawsuits, and Complaints Document

VIII. PUBLIC OUTREACH AND INVOLVEMENT

PUBLIC PARTICIPATION PLAN

Introduction

The Public Participation Plan (PPP) is a guide for ongoing public participation endeavors. Its purpose is to ensure that Rappahannock Area Community Services Board utilizes effective means of providing information and receiving public input on transportation decisionsservice access and mitigating barriers for-from low income, minority and limited English proficient (LEP) populations, as required by Title VI of the Civil Rights Act of 1964 and its implementing regulations.

Under federal regulations, transit operatorsRACSB must take reasonable steps to ensure that Limited English Proficient (LEP) persons have meaningful access to their programs and activities. This means that public participationhealth care services and related programming activities, including transportation, opportunities, normally provided in English, should be accessible to persons who have a limited ability to speak, read, write, or understand English.

In addition to language access measures, other major components of the PPP include: public participation design factors; a range of public participation methods to provide information, to invite participation and/or to seek input; examples to demonstrate how population-appropriate outreach methods can be and were identified and utilized; and performance measures and objectives to ensure accountability and a means for improving over time.

-Rappahannock Area Community Services Board <u>utilizes annual comprehensive plans</u>, program participant surveys, community and state gap assessments, to address needs and mitigate barriers to access to care. <u>RACSB established-implements</u> a-public participation plans or processes that will determine how, when, and how often and when specific public participation activities should take place, and which specific measures are most appropriate.

Rappahannock Area Community Services Board will makeuses these determinations based on a demographic analyse is of the population(s) affected, the type of plan, program, and/or service under consideration, and the resources available to seek community input. Efforts to involve minority and LEP populations in public participation activities may include both comprehensive measures, such as placing public notices at all transit stations, stopsin agency facilities, and vehicles, as well as targeted measures to address linguistic, institutional, cultural, economic, historical, or other barriers that may prevent minority and LEP persons from effectively participating in our decision-making process.

SOME OF THOSE EFFECTIVE PUBLIC OUTREACH PRACTICES INCLUDE:

a. Placing public-notices at all transit stations, stops<u>RACSB facilities</u>, and vehicles b. Posting information on the Agency's social media platforms and website a-c. Utilizing translation services

SEE APPENDIX E-Summary of Outreach Efforts

IX. LANGUAGE ASSISTANCE PLAN FOR PERSONS WITH LIMITED ENGLISH PROFICIENCY (LEP)

Introduction and Legal Basis

LEP is a term that defines any individual not proficient in the use of the English language. The establishment and operation of an LEP program meets objectives set forth in Title VI of the Civil Rights Act and Executive Order 13166, Improving Access to Services for Persons with Limited English Proficiency (LEP). This Executive Order requires federal agencies receiving financial assistance to address the needs of non-English speaking persons. The Executive Order also establishes compliance standards to ensure that the programs and activities that are provided by a transportation provider in English are accessible to LEP communities. This includes providing meaningful access to individuals who are limited in their use of English. The following LEP language implementation plan, developed by Rappahannock Area Community Services Board is basedaligns with-on FTA guidelines.

As required, Rappahannock Area Community Services Board developed a written LEP Plan (below). Using American Community Survey (ACS) Census data, Rappahannock Area Community Services Board has evaluated data to determine the extent of need for translation services of its vital documents and materials.

In order to assure access to services, RACSB makes intentional efforts to mitigate communication barriers by providing interpretative services in conjunction with RACSB programming. LEP persons can be a significant market for public transit, and reaching out to these individuals can help increase their utilization of transit. Therefore, it also makes good business sense to translate vital information into languages that the larger LEP populations in the community can understand.

Assessment of Needs and Resources

The need and resources for LEP language assistance were determined through a four-factor analysis as recommended by FTA guidance.

Factor 1: Assessment of the Number and Proportion of LEP Persons Likely to be Served or Encountered in the Eligible Service Population

The agency has reviewed census data on the number of individuals in its service area that have limited English Proficiency, as well as the languages they speak.

U.S. Census Data – American Community Survey (2018-2022)

Data from the U.S. Census Bureau's American Community Survey (ACS) were obtained through <u>www.census.gov</u> by Rappahannock Area Community Services Board's service area. The agency's service area includes a total of *23,156 (6.30%)* persons with Limited English Proficiency (those persons who indicated that they spoke English "less than very well,").

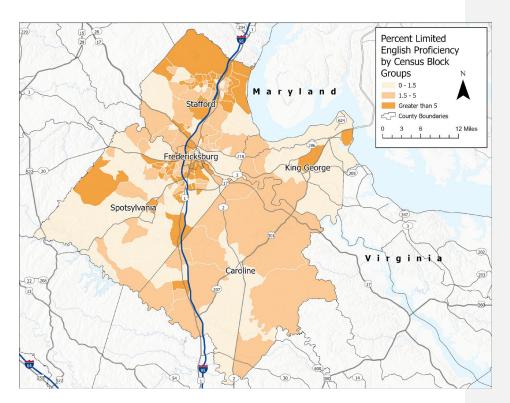
Information from the 2018-2022 ACS also provides more detail on the specific languages that are spoken by those who report that they speak English less than very well. Languages spoken at home by those with LEP are presented below. These data indicate the extent to which translations into other language are needed to meet the needs of LEP persons.

Rappahannock Area CSB Service Area					
Language	Number of LEP Population	Percent of Service Area Population Speaking Language	Percent of LEP Population Speaking Language		
Spanish	13,164	3.58%	56.85%		
French, Haitian, or Cajun	1,955	0.53%	8.44%		
German or other West Germanic languages	35	0.01%	0.15%		

Table 1: Number of LEP Population

Russian, Polish, or other Slavic languages	131	0.04%	0.57%
Other Indo- European Ianguages	3,454	0.94%	14.92%
Korean	581	0.16%	2.51%
Chinese (incl. Mandarin, Cantonese)	333	0.00%	1.44%
	333	0.09%	1.44%
Vietnamese	171	0.05%	0.74%
Tagalog	576	0.16%	2.49%
Other Asian and Pacific Island Ianguages	696	0.19%	3.01%
Arabic	368	0.10%	1.59%
Other and unspecified languages	1,692	0.46%	7.31%
Total LEP Population	23,156	6.30%	
Total Service Area Population		367,576	

Figure 1: Percentage of LEP By Census Block Group



The most spoken language by persons in the LEP population is Spanish (13,164). Two other languages are spoken by more than 5% or 1,000 persons in the LEP population: Other Indo-European languages (3,454) and other unspecified languages (1,692). Figure 1 shows the percentage of LEP by Census Block Group. There are large populations of LEP in and north of Stafford, surrounding Fredericksburg, Spotsylvania and King George.

Factor 2: Assessment of Frequency with Which LEP Individuals Come Into Contact with the Transit Services or System

Rappahannock Area Community Services Board reviewed the relevant benefits, services, and information provided by the agency and determined the extent to which LEP persons have come into contact with these functions through *one or more of* the following channels:

- Contact with transit vehicle operatorsstaff operating vehicles;
- Contact with transit station managers;

- Calls to Rappahannock Area Community Services Board's Office of Consumer Affairs telephone line;
- Access to the agency's website;

We will continue to identify emerging populations as updated Census and American Community Survey data become available for our service area. In addition, when LEP persons contact our agency, we attempt to identify their language and keep records on contacts to accurately assess the frequency of contact.

Information from Community Organizations that Serve LEP Persons (Optional?)

To supplement the Census, education, and labor department data, Rappahannock Area Community Services Board conductsted community outreach to the following organizations that work with LEP populations.

- School systems;
- Community organizations;
- State and local governments;
- Religious organizations;
- Legal aid entities.

Factor 3: Assessment of the Nature and Importance of the Transit Services to the LEP Population

Rappahannock Area Community Services Board provides the following programs, activities and services:

Rappahannock Area Community Services Board (RACSB) is comprised of a variety of services and programs meeting the support needs of persons living in Planning District 16 that have mental health, substance use, and/or developmental disability diagnoses. Carefully orchestrated transportation is an integral part of conducting our services and to linking people to needed resources in their community in order to help build better lives. <u>Individuals in RACSB services</u> <u>receive specialized care while in transit.</u> The following service descriptions characterize our service areas and how transportation plays its role in accomplishing these program missions:

Developmental Disability Day Programming:

RACSB provides licensed Developmental Disability Day Programmingdays services for adults with developmental disabilities as mentioned. <u>RACSB's</u> Rappahannock Adult Activities, Inc. (RAAI) provides day support services to people with disabilities that offer socialization and engagement opportunities within the community. <u>In these servicesRAAI focuses on integration</u> by supporting, individuals travel to and from vast a variety of community destinations, multiple times a day. <u>RAAI to creates</u> connections with others, both through volunteering-volunteer opportunities and in participatingparticipation in <u>community</u> activities amongst the general public. RAAI affords families a caring support structure for their loved ones to attend during the week. Participants benefit from social engagement, recreation, and skill building interventions and activities while also working on independent living skills. For those who do not live in RACSB's residential facilities, RAAI relies on our Specialized Transportation program to get people to programming daily.

To be eligible for RACSB Developmental Day Services, an individual must meet the following criteria: a primary diagnosis of developmental disability, <u>must be</u> over 18 years of age, out of high school and live in Virginia with preference given to those residing in planning district 16. RAAI <u>Day Support</u> drove 200,767 miles within Planning District 16 during FY 2024 <u>accomplishing and workingto support participants' efforts for working towards individual-on-s</u> service goals-and engagement. The program provided 36,674 trips to approximately 114 individuals with disabilities.

Psychosocial Rehabilitation:

At RACSB, Fthe Kenmore Club Program provides psychosocial rehabilitation services to adults over the age of 18 with a diagnosis of serious mental illness who have experienced multiple hospitalizations, crisis stays, incarceration, or some other disruptive living situation due to their illness. The program supports individuals' recovery efforts to help them overpower mental health barriers through integrating them amongst their communitycommunity integration and access to resources. Kenmore Club provides transportation and support to health and wellness, recreation, prevocational, and vocational activities. to accomplish personal goals and partake in healthy living/skill building activities. In linking people to resources and achieving these goals, Kenmore Club staff drove 14,262 miles during FY2024, allowing 83 individuals to access 8,456 trips into their larger community to work on their goals and integration needs.

Developmental Disability Residential Services:

RACSB <u>Developmental Disability</u> Residential Services <u>provide daily living care and skill</u> <u>building activities in a residential setting for adults with developmental disabilities, are licensed</u> by DBHDS and designed to provide training, supports and services for individuals that meet the diagnostic criteria of developmental disabilities. The program's specific focus is for individuals to receive services in a <u>safe</u>, home environment that is <u>safe</u>, appropriate to their level of <u>eare</u> <u>need</u> and properly staffed to provide required supports. <u>We_RACSB</u> values inclusion, <u>and</u> works to support folks in accessingaccess and participating alongside other members of their community in all offerings, including work, leisure and business. During FY2024, RACSB Residential drove 173,345 miles and completed 28,191 trips in the provision of our support services to approximately 34 individuals.

Individuals referred to RACSB Residential services must meet the following minimum criteria to be considered for admission: a diagnosis of developmental disability, must be over 18 years of age if not living with family or legal guardian at time of application for admission, must have an expressed desire to live in the community, develop daily living skills, and to receive supports for their health and safety needs.

Based on past experience serving and communicating with LEP persons and interviews with community agencies, *[as well as questionnaires or direct consultations with LEP persons (if applicable, e.g. through focus groups or individual interviews facilitated/interpreted by a community agency)*], weRACSB understands learned that the following services/routes/programs are currently of particular importance LEP persons in the community.

The following are the most critical services provided by Rappahannock Area Community Services Board for all customers, including LEP persons.

- Safety and security awareness instructions
- Emergency evacuation procedures
- <u>Transportation services for individuals in services</u>
 <u>Public transit services, including</u>
 <u>reduced fare application process</u>
- •
- ADA paratransit services (if your agency operates fixed route), including eligibility
 certification process
- Other paratransit services
- Services targeted <u>at-to</u> low income persons

Factor 4: Assessment of the Resources Available to the Agency and Costs

Costs

The following language assistance measures currently being provided by Rappahannock Area Community Services Board

• <u>We_RACSBare__</u>currently <u>not_providing_translation_of_documentsprovides</u> <u>documents in Spanish, but and</u> verbal interpretations are always made available utilizing the Language Line Service

We anticipate that these activities and costs will remain the same based on the fact that we do not currently provide translation of documents due to the low number of LEP individuals in PD16. As stated previously interpretative services are always available using the Language Line Services.

Based on the analysis of demographic data and contact with community organizations and LEP persons, Rappahannock Area Community Services Board has determined that the following additional services are ideally needed to provide meaningful access:

• Our existing language assistance is sufficient to meet and even exceed demand.

Resources

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<u>RACSB</u> allocates adequate funding to address language barriers for services. The available budget that could be currently be devoted to additional language assistance expenses is \$0.00. This amount is likely to be stable over time.

Rappahannock Area Community Services Board has also requested the following additional grant funding for language assistance: <u>Consequently</u>, the Agency does not seek additional funding for translation services alone.

In addition, in-kind assistance may be available through agency staff membersemployees.

Feasible and Appropriate Language Assistance Measures

Based on the available resources, the following language assistance measures are feasible and appropriate for our agency at this time:

• Language Line Services for interpretation.

LEP Implementation Plan

Through the four-factor analysis, Rappahannock Area Community Services Board has determined that the following types of language assistance are most needed and feasible:

• Language Line Translation Services for telephone contacts.

Staff Access to Language Assistance Services

Agency staff who come into contact with LEP persons can access language services by calling Language Line Services for assistance. All staff will be provided with a list of available language assistance services and additional information and referral resources (such as community organizations which can assist LEP persons). This list will be updated at least annually.

Responding to LEP Callers

Staff who answer calls from the public respond to LEP customers as follows: Contacting the Language Line Services for interaction and assistance.

Responding to Written Communications from LEP Persons

The following procedures are followed when responding to written communications from LEP persons: The recipient will utilize available resources to interpret the communication or will utilize Language Line Services to interact with the person inquiring.

Responding to LEP Individuals in Person

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The following procedures are followed when an LEP person visits our customer service and administrative office: The Language Line will be contacted immediately to provide interpretation.

The following procedures are followed by operators when an LEP person has a question on board a Rappahannock Area Community Services Board vehicle: Referred to telephone assistance with Language Line Services.

Staff Training

As noted previously, all Rappahannock Area Community Services Board staff are provided with a list of available language assistance services and additional information and referral resources, updated annually.

All new hires receive training on assisting LEP persons as part of their sensitivity and customer service training. This includes:

- A summary of the transit-agency's responsibilities under the DOT LEP Guidance;
- A summary of the agency's language assistance plan;
- A summary of the number and proportion of LEP persons in the agency's service area, the frequency of contact between the LEP population and the agency's programs and activities, and the importance of the programs and activities to the population;
- A description of the type of language assistance that the agency is currently providing and instructions on how agency staff can access these products and services; and
- A description of the agency's cultural sensitivity policies and practices.

Also, all staff who routinely come into contact with customers, as well as their supervisors and all management staff, receive annual refresher training on policies and procedures related to assisting LEP persons.

Providing Notice to LEP Persons

LEP persons are notified of the availability of language assistance through the following approaches:

• Upon request when *interaction*-*interacting* with agency staff.

LEP persons will also be included in all community outreach efforts related to service and <u>fee -fare</u>-changes.

Monitoring/updating the plan

This plan will be updated on a periodic basis (at least every three years), based on feedback, updated demographic data, and resource availability.

As part of ongoing outreach to community organizations, Rappahannock Area Community Services Board will solicit feedback on the effectiveness of language assistance provided and unmet needs. In addition, we will conduct periodic review of census data and internal meetings will be used to determine if the adequacy and quality of the language assistance provided, and determine changes to LEP needs.

In preparing the triennial update of this plan, Rappahannock Area Community Services Board will conduct an internal assessment using the Language Assistance Monitoring Checklist provided in the FTA's "Implementing the Department of Transportation's Policy Guidance Concerning Recipients' Responsibilities to Limited English Proficient (LEP) Persons: A Handbook for Public Transportation Providers." *[This checklist attached at the end of this sample plan.]*

Based on the feedback received from community members and agency employees, Rappahannock Area Community Services Board will make incremental changes to the type of written and oral language assistance provided as well as to their staff training and community outreach programs. The cost of proposed changes and the available resources will affect the enhancements that can be made, and therefore Rappahannock Area Community Services Board will attempt to identify the most cost-effective approaches.

As the community grows and new LEP groups emerge Rappahannock Area Community Services Board will strive to address the needs for additional language assistance.

X. MINORITY REPRESENTATION ON PLANNING AND ADVISORY BODIES

Title 49 CFR Section 21.5(b)(1)(vii) states that a recipient may not, on the grounds of race, color, or national origin, "deny a person the opportunity to participate as a member of a planning, advisory, or similar body which is an integral part of the program."

Rappahannock Area Community Services Board Specialized Transportation <u>RACSB's programs</u>, including transportation services, does not have a transit-related, non-elected planning boards, advisory councils or committees, or similar committees, the membership of which we the <u>Agency selects</u>.

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XI. MONITORING TITLE VI COMPLAINTS

As part of the complaint handling procedure, the Title VI Manager investigates possible inequities in service delivery for the route(s) or service(s) about which the complaint was filed. Depending on the nature of the complaint, the review examines span of service (days and hours), frequency, routing directness, interconnectivity with other routes and/or fare_fce_policy. If inequities are discovered during this review, options for reducing the disparity are explored, and service or fare changes are planned if needed.

In addition to the investigation following an individual complaint, the Title VI Manager periodically reviews all complaints received to determine if there may be a pattern. At a minimum, this review is conducted as part of preparing the Annual Report and Update for submission to DRPT.

APPENDIX A - TITLE VI NOTICE TO THE PUBLIC

Title VI of the Civil Rights Act of 1964 prohibits discrimination on the basis of race, color, or national origin in programs and activities receiving Federal financial assistance. Specifically, Title VI provides that "no person in the United States shall, on the ground of race, color, or national origin, be excluded from participation in, be denied the benefits of, or be subjected to discrimination under any program or activity receiving Federal financial assistance" (42 U.S.C. Section 2000d).

Rappahannock Area Community Services Board is committed to ensuring that no person is excluded from participation in, or denied the benefits of its transportation services on the basis of race, color, or national origin, as protected by Title VI in Federal Transit Administration (FTA) Circular 4702.1B. If you feel you are being denied participation in or being denied benefits of the transit services provided by Rappahannock Area Community Services Board Specialized Transportation, or otherwise being discriminated against because of your race, color, national origin, gender, age, or disability, our contact information is:

Name: Stephanie Terrell

Title: Director of Compliance and Human Rights Agency Name: Rappahannock Area Community Services Board Address: 600 Jackson Street City, State Zip code Fredericksburg, Virginia 22401 Telephone Number 540-940-2328 Email address sterrell@rappahannockareacsb.org

APPENDIX B - TITLE VI NOTICE TO THE PUBLIC LIST OF LOCATIONS

RACSB Web Site www.Rappahannockareacsb.org

Rappahannock Adult Activities Inc. Locations with subsequent vehicles to support service delivery. All Agency vehicles providing transportation to the individuals we support.

19254 Rogers Clark Blvd. Ruther Glen, VA 22546
8479 St. Anthony's Rd. King George, VA 22458
7424 Brock Rd. Spotsylvania, VA 22553
750 Kings Hwy Fredericksburg, VA 22405
15 Hope Rd. Stafford, VA 22554
All Agency vehicles providing transportation to the individuals we support.

-Kenmore Club with subsequent vehicles to support service delivery.

_632 Kenmore Ave. Fredericksburg, VA 22401

All Agency vehicles providing transportation to the individuals we support.

-RACSB Residential Offices with subsequent vehicles to support service delivery.

10825 Tidewater Trail, Fredericksburg, VA 22408

All Residential transportation vehicles located at each program.

APPENDIX C - TITLE VI COMPLAINT FORM

SECTION I					
Address:					
City :			State:		
Telelphone (cell)			Telephone	(work)	
Email Address:					
Associate Format	Large			Audia T	
Accessible Format	Print			Audio Ta	ape
Requirements?	TDD			Other	
SECTION II	int on your	hahalf?	Yes*		No
Are you filing this compla			res		NO
*If you answered "yes" to	-				
If not, please supply the r of the person for whom y		•			
Please explain why you ha		-			
		a tinta party.			
Please confirm that you h	ave obtaine	d the permission of	:	Yes	
the aggrieved party if you	are filing o	n behalf of a third p	arty:	No	
SECTION III:				-	
I believe the discrimination	on I experier	nced was based on	(check all that ap	oply):	
()					
Race	() Color	() Nationa	l Origin
Date of Alleged Discrimin	ation (Mont	h, Date, Year):			
Explain as clearly as possi	ble what ha	ppened and why yo	u believe you we	ere discrimi	nated
against. Describe all pers	ons who we	ere involved. Include	e the name and c	ontact infor	rmation of
the person(s) who discrim	ninated agai	nst you (if known) a	is well as names	and contact	t information
of any witnesses. If more	space is ne	eded, please us the	back of this form	۱.	

SECTION IV:					-
Have you previously filed a Title VI con	nplaint	with		Yes	No
this agency?					
SECTION V:					
Have you filed this complaint with any or State court?	other I	Federa	al, State or	local agency, or with an	y Federal
() Yes	(() No		

APPENDIX D - INVESTIGATIONS, LAWSUITS AND COMPLAINTS DOCUMENT

APPENDIX D

Investigations, Lawsuits and Complaints Document

RACSB does not have any ongoing Title VI investigations, lawsuits or complaints.

List of Investigations, Lawsuits and Complaints

	Date (Month, Day, Year)	Summary (include basis of complaint: race, color or national origin)	Status	Action(s) taken
Investigations				
1. None				
Lawsuits				
1. None				
Complaints				
1. None				

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APPENDIX E - SUMMARY OF OUTREACH EFFORTS

- a. Rappahannock Area Community Services Board website. www.rappahannockareacsb.org
- b. Rappahannock Area Community Services Board Facebook page
- c. Media releases through The Freelance Star and local radio stations.
- d. Rappahannock Adult Activities Inc Community Engagement Program:
 - i. Faith Based Organizations
 - ii. YMCA
 - iii. Holiday-Horticulture Activities and Plant Sales

Title VI Plan and Procedures

Rappahannock Area

Community Services Board Specialized Transportation



Adopted date

January 28, 2025

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I. INTRODUCTION

Title VI of the Civil Rights Act of 1964 prohibits discrimination on the basis of race, color, or national origin in programs and activities receiving Federal financial assistance. Specifically, Title VI provides that "no person in the United States shall, on the ground of race, color, or national origin, be excluded from participation in, be denied the benefits of, or be subjected to discrimination under any program or activity receiving Federal financial assistance." (42 U.S.C. Section 2000d).

The Civil Rights Restoration Act of 1987 clarified the intent of Title VI to include all programs and activities of Federal-aid recipients, sub-recipients, and contractors whether those programs and activities are federally funded or not.

Recently, the Federal Transit Administration (FTA) has placed renewed emphasis on Title VI issues, including providing meaningful access to persons with Limited English Proficiency.

Recipients of public transportation funding from FTA and the Virginia Department of Rail and Public Transportation (DRPT) are required to develop policies, programs, and practices that ensure that federal and state transit dollars are used in a manner that is nondiscriminatory as required under Title VI.

This document details how **Rappahannock Area Community Services Board** incorporates nondiscrimination policies and practices in providing services to the public. **Rappahannock Area Community Services Board**'s Title VI policies and procedures are documented in this plan and its appendices and attachments. This plan will be updated periodically (at least every three years) to incorporate changes and additional responsibilities that arise.

II. OVERVIEW OF SERVICES

The Rappahannock Area Community Services Board (RACSB) is committed to improving the quality of life for people experiencing mental health and substance use challenges, developmental disabilities residing in Planning District 16. RACSB also works to provide education and prevention services to improve the quality of life for community members. Services are integrated and community-based. RACSB seeks to provide a system of care that is responsive to individual needs and choices. The Agency respects and promotes the dignity, rights, and full participation of all participants and their families. RACSB provides services in alignment with Title VI of the Civil Rights ACT of 1964.

RACSB's Specialized Transportation Program serves an essential function in many of its community-based services. The focus is to provide safe, efficient and reliable transportation service for individuals to and from agency sponsored programs and community locations. RACSB's Specialized Transportation serves individuals enrolled in various RACSB programs who due to specific needs require professional care while in transit. This manual is set forth to provide all RACSB vehicle operators in the agency with specific guidelines to help them perform their jobs professionally while promoting an atmosphere of mutual respect and caring among everyone involved in the transportation process.

III. POLICY STATEMENT AND AUTHORITIES

Title VI Policy Statement

Rappahannock Area Community Services Board is committed to ensuring that no person shall, on the grounds of race, color, national origin, as provided by Title VI of the Civil Rights Act of 1964 and the Civil Rights Restoration Act of 1987 (PL 100.259), be excluded from participation in, be denied the benefits of, or be otherwise subjected to discrimination under any program or activity, whether those programs and activities are federally funded or not.

The **Rappahannock Area Community Services Board** Title VI Manager is responsible for initiating and monitoring Title VI activities, preparing required reports, and other responsibilities as required by Title 23 Code of Federal Regulations (CFR) Part 200, and Title 49 CFR Part 21.

Signature of Authorizing Official

Date

Authorities

Title VI of the 1964 Civil Rights Act provides that no person in the United States shall, on the grounds of race, color, or national origin, be excluded from participation in, be denied the benefits of, or be otherwise subjected to discrimination under any program or activity receiving federal financial assistance (refer to 49 CFR Part 21). The Civil Rights Restoration Act of 1987 broadened the scope of Title VI coverage by expanding the definition of the terms "programs or activities" to include all programs or activities of Federal Aid recipients, sub recipients, and contractors, whether such programs and activities are federally assisted or not.

Additional authorities and citations include: Title VI of the Civil Rights Act of 1964 (42 U.S.C. Section 2000d); Federal Transit Laws, as amended (49 U.S.C. Chapter 53 et seq.); Uniform Relocation Assistance and Real Property Acquisition Policies Act of 1970, as amended (42 U.S.C. 4601, et seq.); Department of Justice regulation, 28 CFR part 42, Subpart F, "Coordination of Enforcement of Nondiscrimination in Federally-Assisted Programs" (December 1, 1976, unless otherwise noted); U.S. DOT regulation, 49 CFR part 21, "Nondiscrimination in Federally-Assisted Programs of the Department of Transportation—Effectuation of Title VI of the Civil Rights Act of 1964" (June 18, 1970, unless otherwise noted); Joint FTA/Federal Highway Administration (FHWA) regulation, 23 CFR part 771, "Environmental Impact and Related Procedures" (August 28, 1987); Joint FTA/FHWA regulation, 23 CFR part 450 and 49 CFR part 613, "Planning Assistance and Standards," (October 28, 1993, unless otherwise noted); U.S. DOT Order 5610.2, "U.S. DOT Order on Environmental Justice to Address Environmental Justice in Minority Populations and Low-Income Populations," (April 15, 1997); U.S. DOT Policy Guidance Concerning Recipients' Responsibilities to Limited English Proficient Persons, (December 14, 2005), and Section 12 of FTA's Master Agreement, FTA MA 13 (October 1, 2006).

IV. NONDISCRIMINATION ASSURANCE TO DRPT

In accordance with 49 CFR Section 21.7(a), every application for financial assistance from the Federal Transit Administration (FTA) must be accompanied by an assurance that the applicant will carry out the program in compliance with DOT's Title VI regulations. This requirement is fulfilled when the Virginia Department of Rail and Public Transportation (DRPT) submits its annual certifications and assurances to FTA. DRPT shall collect Title VI assurances from sub-recipients prior to passing through FTA funds.

As part of the Certifications and Assurances submitted to DRPT with the Annual Grant Application and all Federal Transit Administration grants submitted to the DRPTR Rappahannock Area Community Services Board submits a Nondiscrimination Assurance which addresses compliance with Title VI as well as nondiscrimination in hiring (EEO) and contracting (DBE), and nondiscrimination on the basis of disability (ADA).

In signing and submitting this assurance, Rappahannock Area Community Services Board confirms to DRPT the agency's commitment to nondiscrimination and compliance with federal and state requirements.

V. PLAN APPROVAL DOCUMENT

Add meeting minutes from board meeting

I hereby acknowledge the receipt of the Rappahannock Area Community Services Board Title VI Implementation Plan 2024 - 2026. I have reviewed and approve the Plan. I am committed to ensuring that no person is excluded from participation in, or denied the benefits of transit services on the basis of race, color, or national origin, as protected by Title VI according to Federal Transit Administration (FTA) Circular 4702.1B Title VI requirements and guidelines for FTA sub-recipients.

Signature of Authorizing Official	DATE

<mark>NAME, TITLE</mark>

Rappahannock Area Community Services Board

VI. ORGANIZATION AND TITLE VI PROGRAM RESPONSIBILITIES

The Rappahannock Area Community Services Board's Director of Compliance and Human Rights is responsible for ensuring implementation of the agency's Title VI program. Title VI program elements are interrelated and responsibilities may overlap. The specific areas of responsibility have been delineated below for purposes of clarity.

Overall Organization for Title VI

The Title VI Manager and staff are responsible for coordinating the overall administration of the Title VI program, plan, and assurances, including complaint handling, data collection and reporting, annual review and updates, and internal education. RACSB's Compliance Department provides oversight related to the responsibilities of the Title VI Manager. Designees may be appointment to manage aspects of responsibilities detailed below.

Detailed Responsibilities of the Title VI Manager

The Title VI Manager is charged with the responsibility for implementing, monitoring, and ensuring compliance with Title VI regulations. Title VI responsibilities are as follows:

1. Process the disposition of Title VI complaints received.

2. Collect statistical data (race, color or national origin) of participants in and beneficiaries of agency programs, (e.g., affected citizens, and impacted communities).

3. Conduct annual Title VI reviews of agency to determine the effectiveness of program activities at all levels.

4. Conduct Title VI reviews of construction contractors, consultant contractors, suppliers, and other recipients of federal-aid fund contracts administered through the agency.

5. Conduct training programs on Title VI and other related statutes for agency employees.

6. Prepare a yearly report of Title VI accomplishments and goals, as required.

7. Develop Title VI information for dissemination to the general public and, where appropriate, in languages other than English.

8. Identify and eliminate discrimination.

9. Establish procedures for promptly resolving deficiency status and writing the remedial action necessary, all within a period not to exceed 90 days.

General Title VI responsibilities of the agency

The Title VI Manager is responsible for substantiating that these elements of the plan are appropriately implemented and maintained, and for coordinating with those responsible for public outreach and involvement and service planning and delivery.

1. Data collection

To ensure that Title VI reporting requirements are met, Rappahannock Area Community Services Board's Compliance Department will maintain:

- A database or log of Title VI complaints received. The investigation of and response to each complaint is tracked within the database or log.
- A log of the public outreach and involvement activities undertaken to ensure that minority and low-income people had a meaningful access to these activities.

2. Annual Report and Updates related to Transportation

As a sub-recipient of FTA funds, Rappahannock Area Community Services Board Specialized Transportation is required to submit a Quarterly Report Form to DRPT that documents any Title VI complaints received during the preceding quarter and for each year. Rappahannock Area Community Services Board Specialized Transportation will also maintain and provide to DRPT an annual basis, the log of public outreach and involvement activities undertaken to ensure that minority and low-income people had a meaningful access to these activities.

Further, RACSB will submit to DRPT updates to any of the following items since the previous submission, or a statement to the effect that these items have not been changed since the previous submission, indicating date:

- A copy of any compliance report for reviews conducted in the last three years, along with the purpose or reason for the review, the name of the organization that performed the review, a summary of findings and recommendations, and a report on the status or disposition of the findings and recommendations
- Limited English Proficiency (LEP) plan
- procedures for tracking and investigating Title VI complaints
- A list of Title VI investigations, complaints or lawsuits filed with the agency since the last submission
- A copy of the agency notice to the public that it complies with Title VI and instructions on how to file a discrimination complaint

3. Annual review of Title VI program

Each year, in preparing for the Annual Report and Updates, the Title VI Manager will review the agency's Title VI program to assure implementation of the Title VI plan. In addition, they will review agency operational guidelines and publications, including those for contractors, to verify that Title VI language and provisions are incorporated, as appropriate.

4. Dissemination of information related to the Title VI program

Information on RACSB's implementation of Title VI will be disseminated to agency employees, contractors, and beneficiaries, as well as to the public, as described in the "public outreach and involvement "section of this document, and in other languages when needed according to the LEP plan as well as federal and State laws/regulations.

5. Resolution of complaints

Any individual may exercise his or her right to file a complaint if that person believes that he, she or any other program beneficiaries have been subjected to unequal treatment or discrimination in the receipt of benefits/services or prohibited by non-discrimination requirements. Individuals may file anonymous email complaints directly to RACSB's Compliance Department or may call them directly. For complaints related to transporting of individuals in services, RACSB's Specialized Transportation will report the complaint to DRPT within three business days (per DRPT requirements), and make a concerted effort to resolve complaints locally, using the agency's Title VI Complaint Procedures. All Title VI complaints and their resolution will be logged as described under Section 1. Data collection and reported annually (in addition to immediately) to DRPT.

6. Written policies and procedures

Our Title VI policies and procedures are documented in this plan and its appendices and attachments. This plan will be updated periodically to incorporate changes and additional responsibilities that arise. During the course of the Annual Title VI Program Review (item 3 above), the Title VI Manager will determine whether or not an update is needed.

7. Internal education

RACSB employees will receive training on Title VI policies and procedures upon hiring and upon promotion. This training will include requirements of Title VI, our obligations under Title VI (LEP requirements included), and required data that must be gathered and maintained. In addition, training will be provided when any Title VI-related policies or procedures change (agency-wide training), or when appropriate in resolving a complaint.

Title VI training is the responsibility of Director of Compliance and Human Rights.

8. Title VI clauses in contracts

In all federal procurements requiring a written contract or Purchase Order (PO), RACSB's service contracts, including those related to Specialized Transportation, will include appropriate non-discrimination clauses. The Title VI Manager will work with the Director of Finance or their designee who is/are responsible for procurement contracts and PO's to ensure appropriate non-discrimination clauses are included.

VII. PROCEDURES FOR NOTIFYING THE PUBLIC OF TITLE VI RIGHTS AND HOW TO FILE A COMPLAINT

Title VI Public Notice

Title 49 CFR Section 21.9(d) requires recipients to provide information to the public regarding the recipient's obligations under DOT's Title VI regulations and apprise members of the public of the protections against discrimination afforded to them by Title VI. At a minimum, Rappahannock Area Community Services Board Specialized Transportation shall disseminate this information to the public by posting a Title VI notice on the agency's website and in public areas of the agency's office(s).

SEE APPENDIX A-Title VI Notice to the Public SEE APPENDIX B-Title VI Notice to the Public List of Locations

TITLE VI COMPLAINT PROCEDURES

<u>Title VI Complaint Procedures and Complaint Form.</u>

In order to comply with the reporting requirements established in 49 CFR Section 21.9(b), RACSB has procedures for investigating and tracking Title VI complaints filed against them and make their procedures for filing a complaint available to members of the public. Appendix C includes a Title VI complaint form as required by 49 CFR. The form and procedure for filing a complaint shall be available on RACSB's website and at its facilities. any individual may exercise his or her right to file a complaint with Rappahannock Area Community Services Board Specialized Transportation if that person believes that he or she has been subjected to unequal treatment or discrimination in the receipt of benefits or services.

As related to Specialized Transportation and to comply with DRPT requirements, RACSB will report the complaint to DRPT within three business days, and make a concerted effort to resolve complaints locally, using the agency's Nondiscrimination Complaint Procedures. All Title VI complaints and their resolution will be logged and reported annually (in addition to immediately) to DRPT.

Instructions for filing Title VI complaints are posted on the agency's website and in the vehicles operated in passenger service, and agency facilities. RACSB also includes the statement below on the Specialized Transportation's brochure.

The following language is printed on posters on the interior of each vehicle operated in passenger service:

Rappahannock Area Community Services Board is committed to ensuring that no person is excluded from participation in, or denied the benefits of its transit services on the basis of race, color or national origin, as protected by Title VI of the Civil Rights Act of 1964.

For additional information on Rappahannock Area Community Services Board's nondiscrimination policies and procedures, or to file a complaint, please visit the website at rappahannockareacsb.org or contact Stephanie Terrell, Director of Compliance and Human Rights at 600 Jackson Street, Fredericksburg, Virginia 22401.

SEE APPENDIX C – Title VI Complaint Form

Procedures for Handling and Reporting Investigations/Complaints and Lawsuits

Should any Title VI investigations be initiated by FTA or DRPT, or any Title VI lawsuits are filed against Rappahannock Area Community Services Board the agency will follow these procedures:

Procedures

- 1. Any individual, group of individuals, or entity that believes they have been subjected to discrimination on the basis of race, color, or national origin may file a written complaint with the Title VI Manager. The complaint is to be filed in the following manner:
 - a. Using the Appendix C, Complaint form, the entity will submit their concern within 180 days of the alleged occurrence.
 - b. The complaint shall be in writing and signed by the complainant(s).
 - c. The complaint should include:
 - the complainant's name, address, and contact information
 - (i.e., telephone number, email address, etc.)
 - the date(s) of the alleged act of discrimination (if multiple days, include the date when the complainant(s) became aware of the alleged discrimination and the date on which the alleged discrimination was discontinued or the latest instance).
 - a description of the alleged act of discrimination
 - the location(s) of the alleged act of discrimination (include vehicle number if appropriate)
 - an explanation of why the complainant believes the act to have been discriminatory on the basis of race, color, and national origin
 - if known, the names and/or job titles of those individuals perceived as parties in the incident
 - contact information for any witnesses
 - indication of any related complaint activity (i.e., was the complaint also submitted to DRPT or FTA?)
 - d. The complaint shall be submitted to the Rappahannock Area Community Services Board Compliance Director at 600 Jackson Street, Fredericksburg Virginia, 22401 or sterrell@rappahannockareacsb.org.
 - e. Complaints received by any other employee of Rappahannock Area Community Services Board will be immediately forwarded to the Title VI Manager.
 - f. In the case where a complainant is unable or incapable of providing a written statement, a verbal complaint of discrimination may be made to the Title VI Manager. Under these circumstances, the complainant will be interviewed, and the Office of Consumer Affairs will assist the complainant in converting the verbal allegations to writing.
- 2. Upon receipt of the complaint, the Title VI Manager will immediately:
 - a. notify DRPT (no later than 3 business days from receipt)
 - b. notify the Rappahannock Area Community Services Board Authorizing Official

c. ensure that the complaint is entered in the complaint database

- 3. Within 3 business days of receipt of the complaint, the Title VI Manager will contact the complainant by telephone to set up an interview.
- 4. The complainant will be informed that they have a right to have a witness or representative present during the interview and can submit any documentation he/she perceives as relevant to proving his/her complaint.
- 5. If DRPT has assigned staff to assist with the investigation, the Title VI Manager will offer an opportunity to participate in the interview.
- 6. The alleged discriminatory service or program official will be given the opportunity to respond to all aspects of the complainant's allegations.
- 7. The Title VI Manager will determine, based on relevancy or duplication of evidence, which witnesses will be contacted and questioned.
- 8. The investigation may also include:
 - a. investigating contractor operating records, policies or procedures
 - b. reviewing routes and schedules
 - c. reviewing operating policies and procedures
 - d. reviewing scheduling and transportation logs
 - e. reviewing facility and vehicle camera footage
 - f. observing behavior of the individual whose actions were cited in the complaint
- 9. All steps taken and findings in the investigation will be documented in writing and included in the complaint file.
- 10. The Title VI Manager will contact the complainant at the conclusion of the investigation, but prior to writing the final report, and give the complainant an opportunity to give a rebuttal statement at the end of the investigation process.
- 11. At the conclusion of the investigation and within 60 days of the interview with the complainant, the Title VI Manager will prepare a report that includes a narrative description of the incident, identification of persons interviewed, findings, and recommendations for disposition. This report will be provided to the Authorizing Official, DRPT, and, if appropriate, Rappahannock Area Community Services Board's legal counsel.
- 12. The Title VI Manager will send a letter to the complainant notifying them of the outcome of the investigation. If the complaint was substantiated, the letter will indicate the course of action that will be followed to correct the situation. If the complaint is determined to be unfounded, the letter will explain the reasoning, and refer the complainant to DRPT in the event the complainant wishes to appeal the determination. This letter will be copied to DRPT.
- 13. A complaint may be dismissed for the following reasons:
 - a. The complainant requests the withdrawal of the complaint.
 - b. An interview cannot be scheduled with the complainant after reasonable attempts.
 - c. The complainant fails to respond to repeated requests for additional information needed to process the complaint.
- 14. DRPT will serve as the appealing forum to a complainant that is not satisfied with the outcome of an investigation conducted by Rappahannock Area Community Services Board. DRPT will analyze the facts of the case and will issue its conclusion to the appellant according to their procedures.

A person may also file a complaint directly with the Federal Transit Administration, Office of Civil Rights, Attention: Title VI Program Coordinator, East Building, 5th Floor – TCR, 1200 New Jersey Avenue SE, Washington, DC 20590.

Transportation-Related Title VI Investigations, Complaints, and Lawsuits Record Keeping Requirement

Background

All recipients shall prepare and maintain a list of any of the following that allege discrimination on the basis of race, color, or national origin:

- Active investigations conducted by FTA and entities other than FTA;
- Lawsuits; and
- Complaints naming the recipient.

This list shall include the date that the transportation-related Title VI investigation, lawsuit, or complaint was filed; a summary of the allegation(s); the status of the investigation, lawsuit, or complaint; and actions taken by the recipient in response, or final findings related to the investigation, lawsuit, or complaint. This list shall be included in the Title VI Program submitted to DRPT every three years and information shall be provided to DRPT quarterly and annually.

SEE APPENDIX D – Investigations, Lawsuits, and Complaints Document

VIII. PUBLIC OUTREACH AND INVOLVEMENT

PUBLIC PARTICIPATION PLAN

Introduction

The Public Participation Plan (PPP) is a guide for ongoing public participation endeavors. Its purpose is to ensure that Rappahannock Area Community Services Board utilizes effective means of providing information and receiving public input on service access and mitigating barriers for low income, minority and limited English proficient (LEP) populations, as required by Title VI of the Civil Rights Act of 1964 and its implementing regulations.

Under federal regulations, RACSB must take reasonable steps to ensure that Limited English Proficient (LEP) persons have meaningful access to their programs and activities. This means that health care services and related programming activities, including transportation, normally provided in English, should be accessible to persons who have a limited ability to speak, read, write, or understand English.

In addition to language access measures, other major components of the PPP include: public participation design factors; a range of public participation methods to provide information, to invite participation and/or to seek input; examples to demonstrate how population-appropriate outreach methods can be and were identified and utilized; and performance measures and objectives to ensure accountability and a means for improving over time.

Rappahannock Area Community Services Board utilizes annual comprehensive plans, program participant surveys, community and state gap assessments, to address needs and mitigate barriers to access to care. RACSB implements public participation plans or processes that will determine how and when specific public participation activities should take place, and which specific measures are most appropriate.

Rappahannock Area Community Services Board uses demographic analyses of the population(s) affected, the type of program, and/or service under consideration, and the resources available to seek community input. Efforts to involve minority and LEP populations in public participation activities may include both comprehensive measures, such as placing public notices in agency facilities and vehicles, as well as targeted measures to address linguistic, institutional, cultural, economic, historical, or other barriers that may prevent minority and LEP persons from effectively participating in our decision-making process.

SOME OF THOSE EFFECTIVE PUBLIC OUTREACH PRACTICES INCLUDE:

- a. Placing notices at RACSB facilities and vehicles
- b. Posting information on the Agency's social media platforms and website
- c. Utilizing translation services

SEE APPENDIX E-Summary of Outreach Efforts

IX. LANGUAGE ASSISTANCE PLAN FOR PERSONS WITH LIMITED ENGLISH PROFICIENCY (LEP)

Introduction and Legal Basis

LEP is a term that defines any individual not proficient in the use of the English language. The establishment and operation of an LEP program meets objectives set forth in Title VI of the Civil Rights Act and Executive Order 13166, Improving Access to Services for Persons with Limited English Proficiency (LEP). This Executive Order requires federal agencies receiving financial assistance to address the needs of non-English speaking persons. The Executive Order also establishes compliance standards to ensure that the programs and activities that are provided by a transportation provider in English are accessible to LEP communities. This includes providing meaningful access to individuals who are limited in their use of English. The following LEP language implementation plan, developed by Rappahannock Area Community Services Board aligns with FTA guidelines.

As required, Rappahannock Area Community Services Board developed a written LEP Plan (below). Using American Community Survey (ACS) Census data, Rappahannock Area Community Services Board has evaluated data to determine the extent of need for translation services of its vital documents and materials.

In order to assure access to services, RACSB makes intentional efforts to mitigate communication barriers by providing interpretative services in conjunction with RACSB programming.

Assessment of Needs and Resources

The need and resources for LEP language assistance were determined through a four-factor analysis as recommended by FTA guidance.

Factor 1:Assessment of the Number and Proportion of LEP Persons Likely to be
Served or Encountered in the Eligible Service Population

The agency has reviewed census data on the number of individuals in its service area that have limited English Proficiency, as well as the languages they speak.

U.S. Census Data – American Community Survey (2018-2022)

Data from the U.S. Census Bureau's American Community Survey (ACS) were obtained through <u>www.census.gov</u> by Rappahannock Area Community Services Board's service area. The agency's service area includes a total of 23,156 (6.30%) persons with Limited English Proficiency (those persons who indicated that they spoke English "less than very well,").

Information from the 2018-2022 ACS also provides more detail on the specific languages that are spoken by those who report that they speak English less than very well. Languages spoken at home by those with LEP are presented below. These data indicate the extent to which translations into other language are needed to meet the needs of LEP persons.

Rappahannock Area CSB Service Area						
Number of LEP Population	Percent of Service Area Population Speaking Language	Percent of LEP Population Speaking Language				
13,164	3.58%	56.85%				
1,955	0.53%	8.44%				
35	0.01%	0.15%				
131	0.04%	0.57%				
3,454	0.94%	14.92%				
581	0.16%	2.51%				
333	0.09%	1.44%				
171	0.05%	0.74%				
	Number of LEP Population 13,164 1,955 35 35 131 331 3,454 581	Number of LEP PopulationPercent of Service Area Population Speaking Language13,1643.58%1,9550.53%350.01%350.01%34540.94%3,4540.94%3330.09%1710.05%				

Table 1: Number of LEP Population

Other Asian and Pacific Island languages	696	0.19%	3.01%
Arabic	368	0.10%	1.59%
Other and unspecified languages Total LEP Population	1,692 23,156	0.46%	7.31%
Total Service Area Population	20,200	367,576	

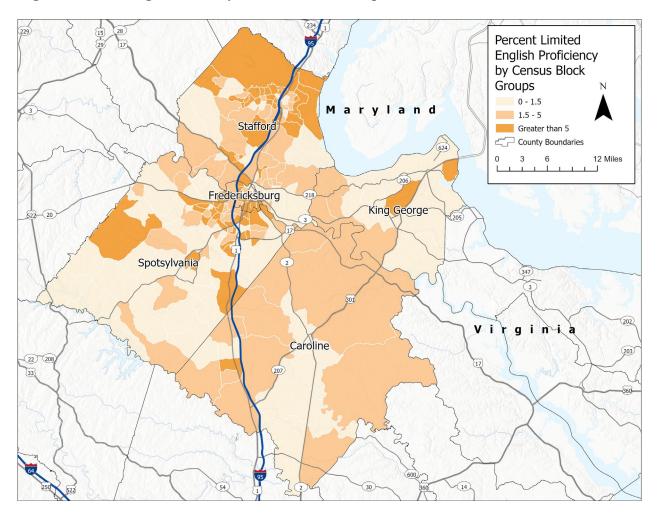


Figure 1: Percentage of LEP By Census Block Group

The most spoken language by persons in the LEP population is Spanish (13,164). Two other languages are spoken by more than 5% or 1,000 persons in the LEP population: Other Indo-European languages (3,454) and other unspecified languages (1,692). Figure 1 shows the percentage of LEP by Census Block Group. There are large populations of LEP in and north of Stafford, surrounding Fredericksburg, Spotsylvania and King George.

Factor 2: Assessment of Frequency with Which LEP Individuals Come Into Contact with the Transit Services or System

Rappahannock Area Community Services Board reviewed the relevant benefits, services, and information provided by the agency and determined the extent to which LEP persons have come into contact with these functions through *one or more of* the following channels:

- Contact with staff operating vehicles;
- Calls to Rappahannock Area Community Services Board's Office of Consumer Affairs telephone line;
- Access to the agency's website;

We will continue to identify emerging populations as updated Census and American Community Survey data become available for our service area. In addition, when LEP persons contact our agency, we attempt to identify their language and keep records on contacts to accurately assess the frequency of contact.

Information from Community Organizations that Serve LEP Persons

To supplement the Census, education, and labor department data, Rappahannock Area Community Services Board conducts community outreach to the following organizations that work with LEP populations.

- School systems
- Community organizations
- State and local governments
- Religious organizations
- Legal aid entities

Factor 3:Assessment of the Nature and Importance of the Transit Services to the LEP
Population

Rappahannock Area Community Services Board provides the following programs, activities and services:

Rappahannock Area Community Services Board (RACSB) is comprised of a variety of services and programs meeting the support needs of persons living in Planning District 16 that have mental health, substance use, and/or developmental disability diagnoses. Carefully orchestrated transportation is an integral part of conducting our services and to linking people to needed resources in their community in order to help build better lives. Individuals in RACSB services receive specialized care while in transit. The following service descriptions characterize our service areas and how transportation plays its role in accomplishing these program missions:

Developmental Disability Day Programming:

RACSB provides licensed days services for adults with developmental disabilities. RACSB's Rappahannock Adult Activities, Inc. (RAAI) provides day support services that offer socialization and engagement opportunities within the community. RAAI focuses on integration by supporting travel to and from a variety of community destinations, multiple times a day. RAAI creates connections with others through volunteer opportunities and participation in community activities. RAAI affords families a caring support structure for their loved ones to attend during the week. Participants benefit from social engagement, recreation, and skill building interventions .

To be eligible for RACSB Developmental Day Services, an individual must meet the following criteria: a primary diagnosis of developmental disability, over 18 years of age, out of high school and live in Virginia with preference given to those residing in planning district 16. RAAI drove 200,767 miles within Planning District 16 during FY 2024 to support participants' efforts for working towards individual service goals. The program provided 36,674 trips to approximately 114 individuals with disabilities.

Psychosocial Rehabilitation:

At RACSB, the Kenmore Club provides psychosocial rehabilitation services to adults over the age of 18 with serious mental illness. The program supports individuals' recovery efforts through community integration and access to resources. Kenmore Club provides transportation and support to health and wellness, recreation, prevocational, and vocational activities. In linking people to resources and achieving these goals, Kenmore Club staff drove 14,262 miles during FY2024, allowing 83 individuals to access 8,456 trips into their larger community to work on their goals and integration needs.

Developmental Disability Residential Services:

RACSB Developmental Disability Residential Services provide daily living care and skill building activities in a residential setting for adults with developmental disabilities. The program's specific focus is for individuals to receive services in a safe, home environment, appropriate to their level of need and properly staffed to provide required supports. RACSB values inclusion, works to support access and participating alongside other members of their community in all offerings, including work, leisure and business. During FY2024, RACSB Residential drove 173,345 miles and completed 28,191 trips in the provision of our support services to approximately 34 individuals.

Individuals referred to RACSB Residential services must meet the following minimum criteria to be considered for admission: a diagnosis of developmental disability, must be over 18 years of age if not living with family or legal guardian at time of application for admission, must have an expressed desire to live in the community, develop daily living skills, and to receive supports for their health and safety needs.

Based on past experience serving and communicating with LEP persons and interviews with community agencies, **RACSB understands** that the following services/routes/programs are currently of particular importance LEP persons in the community.

The following are the most critical services provided by Rappahannock Area Community Services Board for all customers, including LEP persons.

- Safety and security awareness instructions
- Emergency evacuation procedures
- Transportation services for individuals in services
- Other paratransit services
- Services targeted to low income persons

Factor 4: Assessment of the Resources Available to the Agency and Costs

Costs

The following language assistance measures currently being provided by Rappahannock Area Community Services Board

• RACSB currently provides documents in Spanish and verbal interpretations are always made available utilizing the Language Line Service

Based on the analysis of demographic data and contact with community organizations and LEP persons, Rappahannock Area Community Services Board has determined that the following additional services are ideally needed to provide meaningful access:

• Our existing language assistance is sufficient to meet and even exceed demand.

Resources

RACSB allocates adequate funding to address language barriers for services. Consequently, the Agency does not seek additional funding for translation services alone.

In addition, in-kind assistance may be available through agency employees.

Feasible and Appropriate Language Assistance Measures

Based on the available resources, the following language assistance measures are feasible and appropriate for our agency at this time:

• Language Line Services for interpretation.

LEP Implementation Plan

Through the four-factor analysis, Rappahannock Area Community Services Board has determined that the following types of language assistance are most needed and feasible:

• Language Line Translation Services for telephone contacts.

Staff Access to Language Assistance Services

Agency staff who come into contact with LEP persons can access language services by calling Language Line Services for assistance. All staff will be provided with a list of available language assistance services and additional information and referral resources (such as community organizations which can assist LEP persons). This list will be updated at least annually.

Responding to LEP Callers

Staff who answer calls from the public respond to LEP customers as follows: Contacting the Language Line Services for interaction and assistance.

Responding to Written Communications from LEP Persons

The following procedures are followed when responding to written communications from LEP persons: The recipient will utilize available resources to interpret the communication or will utilize Language Line Services to interact with the person inquiring.

Responding to LEP Individuals in Person

The following procedures are followed when an LEP person visits our customer service and administrative office: The Language Line will be contacted immediately to provide interpretation.

The following procedures are followed by operators when an LEP person has a question on board a Rappahannock Area Community Services Board vehicle: Referred to telephone assistance with Language Line Services.

Staff Training

As noted previously, all Rappahannock Area Community Services Board staff are provided with a list of available language assistance services and additional information and referral resources, updated annually.

All new hires receive training on assisting LEP persons as part of their sensitivity and customer service training. This includes:

- A summary of the agency's responsibilities under the DOT LEP Guidance;
- A summary of the agency's language assistance plan;
- A summary of the number and proportion of LEP persons in the agency's service area, the frequency of contact between the LEP population and the agency's programs and activities, and the importance of the programs and activities to the population;
- A description of the type of language assistance that the agency is currently providing and instructions on how agency staff can access these products and services; and
- A description of the agency's cultural sensitivity policies and practices.

Also, all staff who routinely come into contact with customers, as well as their supervisors and all management staff, receive annual refresher training on policies and procedures related to assisting LEP persons.

Providing Notice to LEP Persons

LEP persons are notified of the availability of language assistance through the following approaches:

• Upon request when interacting with agency staff.

LEP persons will also be included in all community outreach efforts related to service and fee changes.

Monitoring/updating the plan

This plan will be updated on a periodic basis (at least every three years), based on feedback, updated demographic data, and resource availability.

As part of ongoing outreach to community organizations, Rappahannock Area Community Services Board will solicit feedback on the effectiveness of language assistance provided and unmet needs. In addition, we will conduct periodic review of census data and internal meetings will be used to determine if the adequacy and quality of the language assistance provided, and determine changes to LEP needs.

In preparing the triennial update of this plan, Rappahannock Area Community Services Board will conduct an internal assessment using the Language Assistance Monitoring Checklist provided in the FTA's "Implementing the Department of Transportation's Policy Guidance Concerning Recipients' Responsibilities to Limited English Proficient (LEP) Persons: A Handbook for Public Transportation Providers." *[This checklist attached at the end of this sample plan.]*

Based on the feedback received from community members and agency employees, Rappahannock Area Community Services Board will make incremental changes to the type of written and oral language assistance provided as well as to their staff training and community outreach programs. The cost of proposed changes and the available resources will affect the enhancements that can be made, and therefore Rappahannock Area Community Services Board will attempt to identify the most cost-effective approaches.

As the community grows and new LEP groups emerge Rappahannock Area Community Services Board will strive to address the needs for additional language assistance.

X. MINORITY REPRESENTATION ON PLANNING AND ADVISORY BODIES

Title 49 CFR Section 21.5(b)(1)(vii) states that a recipient may not, on the grounds of race, color, or national origin, "deny a person the opportunity to participate as a member of a planning, advisory, or similar body which is an integral part of the program."

RACSB's programs, including transportation services, does not have a transit-related, nonelected planning boards, advisory councils or committees, or similar committees, the membership of which the Agency selects.

XI. MONITORING TITLE VI COMPLAINTS

As part of the complaint handling procedure, the Title VI Manager investigates possible inequities in service delivery for the route(s) or service(s) about which the complaint was filed. Depending on the nature of the complaint, the review examines span of service (days and hours), frequency, routing directness, and/or fee policy. If inequities are discovered during this review, options for reducing the disparity are explored, and service are changes are planned if needed.

In addition to the investigation following an individual complaint, the Title VI Manager periodically reviews all complaints received to determine if there may be a pattern. At a minimum, this review is conducted as part of preparing the Annual Report and Update for submission to DRPT.

APPENDIX A - TITLE VI NOTICE TO THE PUBLIC

Title VI of the Civil Rights Act of 1964 prohibits discrimination on the basis of race, color, or national origin in programs and activities receiving Federal financial assistance. Specifically, Title VI provides that "no person in the United States shall, on the ground of race, color, or national origin, be excluded from participation in, be denied the benefits of, or be subjected to discrimination under any program or activity receiving Federal financial assistance" (42 U.S.C. Section 2000d).

Rappahannock Area Community Services Board is committed to ensuring that no person is excluded from participation in, or denied the benefits of its transportation services on the basis of race, color, or national origin, as protected by Title VI in Federal Transit Administration (FTA) Circular 4702.1B. If you feel you are being denied participation in or being denied benefits of the transit services provided by Rappahannock Area Community Services Board Specialized Transportation, or otherwise being discriminated against because of your race, color, national origin, gender, age, or disability, our contact information is:

Name: Stephanie Terrell

Title: Director of Compliance and Human Rights Agency Name: Rappahannock Area Community Services Board Address: 600 Jackson Street City, State Zip code Fredericksburg, Virginia 22401 Telephone Number 540-940-2328 Email address sterrell@rappahannockareacsb.org

APPENDIX B - TITLE VI NOTICE TO THE PUBLIC LIST OF LOCATIONS

RACSB Web Site <u>www.Rappahannockareacsb.org</u>

Rappahannock Adult Activities Inc. Locations with subsequent vehicles to support service delivery.

19254 Rogers Clark Blvd. Ruther Glen, VA 22546
8479 St. Anthony's Rd. King George, VA 22458
7424 Brock Rd. Spotsylvania, VA 22553
750 Kings Hwy Fredericksburg, VA 22405

15 Hope Rd. Stafford, VA 22554

Kenmore Club with subsequent vehicles to support service delivery.

632 Kenmore Ave. Fredericksburg, VA 22401

RACSB Residential Offices with subsequent vehicles to support service delivery.

10825 Tidewater Trail, Fredericksburg, VA 22408

APPENDIX C - TITLE VI COMPLAINT FORM

SECTION I					
Address:					
		_			
City :		State:			
Telelphone (cell)		Telephone (work)		
Email					
Address:					
	Large				
Accessible Format	Print		Audio Ta	ре	
Requirements?	TDD		Other		
SECTION II		-		F	
Are you filing this compla	int on your behalf?	Yes*		No	
*If you answered "yes" to	o this question go to Section III.				
If not, please supply the r	name and relationship				
of the person for whom y	vou are complaining:				
Please explain why you h	ave filed for a third party:				
Please confirm that you h	nave obtained the permission of		Yes		
the aggrieved party if you	are filing on behalf of a third party	:	No		
SECTION III:					
I believe the discrimination	on I experienced was based on (che	eck all that app	ly):		
() Race	() Color	()	National	Origin	
Date of Alleged Discrimination (Month, Date, Year):					
Explain as clearly as possible what happened and why you believe you were discriminated against. Describe all persons who were involved. Include the name and contact information of the person(s) who discriminated against you (if known) as well as names and contact information of any witnesses. If more space is needed, please us the back of this form.					

SECTION IV:						
Have you previously filed a Title VI cor	nplaint	: with		Yes		No
this agency?						
SECTION V:						
Have you filed this complaint with any or State	other	Federa	al, State or	local agency, o	or with an	y Federal
court?						
()						
Yes	(() No			

APPENDIX D - INVESTIGATIONS, LAWSUITS AND COMPLAINTS DOCUMENT

APPENDIX D

Investigations, Lawsuits and Complaints Document

RACSB does not have any ongoing Title VI investigations, lawsuits or complaints.

List of Investigati	ons, Lawsuits a	nd Complaints

	Date (Month, Day, Year)	Summary (include basis of complaint: race, color or national origin)	Status	Action(s) taken
Investigations				
1. None				
Lawsuits				
1. None				
Complaints				
1. None				

APPENDIX E - SUMMARY OF OUTREACH EFFORTS

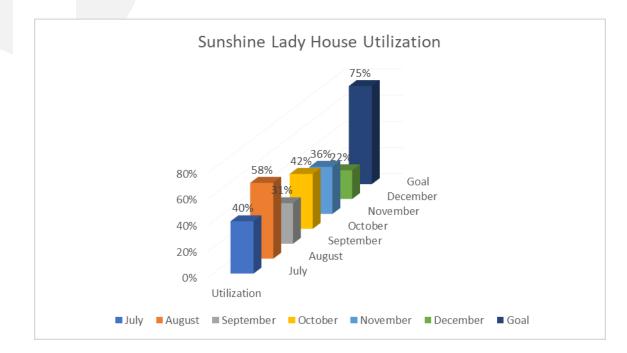
- a. Rappahannock Area Community Services Board website. www.rappahannockareacsb.org
- b. Rappahannock Area Community Services Board Facebook page
- c. Media releases through The Freelance Star and local radio stations.
- d. Rappahannock Adult Activities Inc Community Engagement Program:
 - i. Faith Based Organizations
 - ii. YMCA
 - iii. Horticulture Activities and Plant Sales

Memorandum

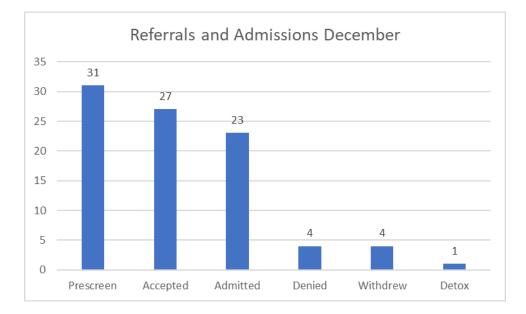
To: Joe Wickens, Executive DirectorFrom: Amy Jindra, CSS DirectorDate: January 16, 2025Re: Sunshine Lady House Utilization

Sunshine Lady House for Wellness and Recovery, is a 12 bed, adult residential crisis stabilization unit. The program provides 24/7 access to services for individuals experiencing a psychiatric crisis. Services include medication management, therapy, peer support, nursing, restorative skill development, crisis interventions, coordination of care, and group support. The program strives to maintain a utilization rate of 75%.

In December Sunshine served 22 individuals from RACSB catchment and 1 individual from outside of the area, for a total of 81 bed days. Below is a graph illustrating the program goal and utilization by month.



Sunshine Lady House received 31 prescreens and accepted 26 for admission. Of the 26 individuals accepted into the program, 23 chose to participate in services. Only 4 individuals were denied due to medical needs and behavioral concerns exceeding program limitations. The program served 1 individual for medically managed detox.

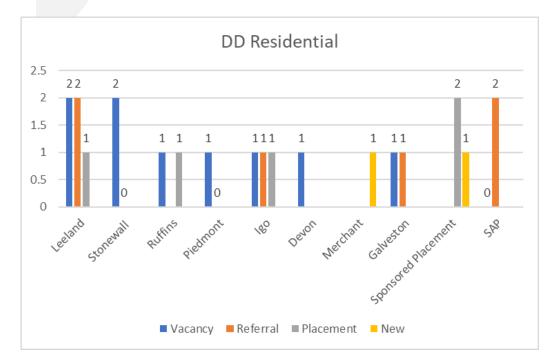


Memorandum

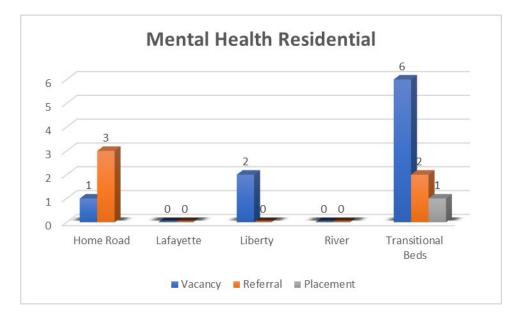
To: Joe Wickens, Executive Director
From: Amy Jindra, CSS Director
Date: January 16, 2025
Re: Mental Health and Developmental Disabilities Residential Vacancies

During the month of December, Mental Health and Developmental Disabilities Residential programs experienced changes in program enrollment and vacancies. Programs actively seek referrals from support coordination, case management, hospital liaisons and other community members.

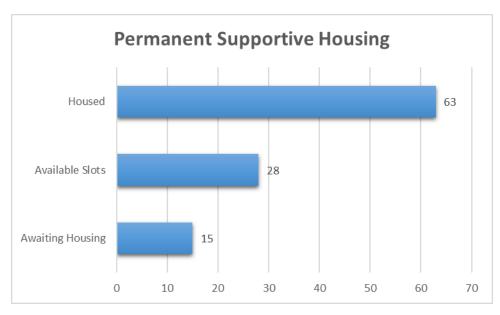
DD Residential anticipates a new move in at Ruffins, eliminating the program's remaining vacancy. An individual slated for the Igo Road vacancy needs additional medical assessment to determine if the program can provide adequate support or if the individual would be better served when a vacancy occurs at Ross ICF. DD Residential received 2 new referrals for Supported Apartment Services, a potential move in for Sponsored placement, and interest at both Leeland and Galveston. Merchant Square has a new move in to follow DBHDS licensing approval. The chart below includes current vacancies, referrals, and anticipated placements.



Mental Health Residential programs have 2 vacancies at Liberty, 1 community bed at Home Road, and all 6 transitional beds vacant. The program currently has an individual on pass for enrollment in one of Lafayette's transitional beds. The program is reviewing another referral for a transition bed and 3 other referrals for the community bed at Home Road.



Permanent Supportive Housing, PSH, provides housing and case management services for individuals with serious mental illness. The program currently has housed 63 individuals leaving 28 of the 91 slots available. PSH also has 15 individuals waiting for housing and 2 slots saved for state hospital discharges.



RAPPAHANNOCK AREA

COMMUNITY SERVICES BOARD

To: Joseph Wickens, Executive Director From: Jacqueline Kobuchi, Director of Clinical Services Date: 1/16/25 Re: Report to RACSB Board of Directors for the January Board Meeting

Outpatient Services

Caroline Clinic - Nancy Love, LCSW

Caroline Clinic Staff completed 26 intakes during December. Seventeen were adults seen on the same day during Same Day Access and nine were scheduled intakes for children and adolescents. The co-ed substance abuse group continues to meet weekly and two individuals successfully completed treatment last month. We have one vacant Office Manager position and are actively recruiting. Clinicians at the Caroline Clinic participated in a training opportunity in December entitled Grief: A Simultaneously Unique, Yet Universal Experience.

Fredericksburg and Children's Services Clinic - Megan Hartshorn, LCSW

During the month of December, the Fredericksburg Clinic completed 70 intake assessments for adults requesting outpatient services. Out of those 70 completed intakes, 45 of those assessments took place over ZOOM and 25 took place in person at the Fredericksburg Clinic. Fifty-three of those intakes were completed the same day the individual called in for services. The Children's Services Clinic completed 21 intakes for children and adolescents. We have been able to hire a new Child/Adolescent Therapist, which will allow greater availability to meet the needs of the individuals served in our area and they will begin at the end of January. We continue to interview for our Intake Therapist position at the Fredericksburg Clinic and hope to have this position filled by the end of January, as well. Both the Fredericksburg Clinic and Children's Services Clinic remained busy during this holiday season, and we welcomed the return of one of our Mental Health Therapists from maternity leave. Throughout the calendar year, the Fredericksburg Clinic completed 840 intakes to initiate outpatient services to individuals in our area and 545 of those intakes were completed the same day that the individual called in for services. The Children's Services Clinic scheduled 256 intakes.

King George Clinic - Sarah Davis, LPC

The King George Clinic continues to offer two weekly substance abuse groups. The groups continue to be well attended. Topics this month included Triggers, Stress Management, Pros/Cons, and Tree of Life. There were two graduates this month. The King George Clinic completed 17 Same Day Access intakes and four non-Same Day Access intakes in December. Staff attended trainings including: Grief: A Simultaneously Unique, Yet Universal Experience; Ethics Training; Care of Sexual and Gender Diverse Populations; and



Psychopharmacology Basics for Behavioral Health Professionals. A previous group participant reached out to the clinic this month and reported 18 months of sobriety!

Spotsylvania Clinic - Katie Barnes, LPC

The Spotsylvania Therapists continue to provide outpatient therapy to individuals ages five and up struggling with mental health and substance use concerns. Clinicians completed 41 diagnostic assessments this month. The Substance Use Therapist continues to facilitate a weekly group. The therapists also provide court ordered restoration services to adults and juveniles.

RACSB continues to employee a Child and Adolescent Therapist at Safe Harbor who provides therapy to children who have been victims of abuse. Services provided at Safe Harbor are free of charge to individuals. The therapist continues to participate in monthly Training for Adoption Competency to enhance skills serving children who do not reside with their biological parents.

The School-Based Therapist continues to provide therapy in Fredericksburg City schools. This program is designed to eliminate barriers to children needing mental health supports. The therapist engaged students virtually and in-person at RACSB clinics during the holiday break.

Stafford Clinic - Lindsay Steele, LCSW

During the month of December, the Stafford clinic met with clients in person, as well as virtually. Stafford clinicians completed 16 intakes for adults and children. The Stafford clinic continues to be on a waitlist and clients are contacted weekly to check in and provide updates. There are 72 adult, children and adolescents on the waitlist. A full time adult therapist began with the clinic in December and there is one opening for a child and adolescent therapist. The co-ed substance use group continues to meet weekly and is run by Nikesha Harrison.

Medical Services - Jennifer Hitt, RN

Outpatient Medical continues to operate with Acute Care Clinic on hold to allow for the transfer of caseload from NP leaving the agency. Transfers should be close to complete by the end of February. A total of 64 outpatient medical diagnostic evaluations were completed for new patients in December.

Case Management - Adult - Patricia Newman

The Adult Mental Health Case Management program provides a variety of different services to individuals in our community through community-based case management, services to individuals who are experiencing housing instability as well as individuals who are hospitalized at one of our State Hospitals. During 2024, our team provided community-based services to 367 individuals, PATH (Projects for Assistance in Transition from



RAPPAHANNOCK AREA COMMUNITY SERVICES BOARD

Homelessness) services to 89 individuals, as well as discharge planning services to 135 individuals while hospitalized at one of our state hospitals.

Child and Adolescent Support Services - Donna Andrus, MS

Child and Adolescent Case Management was relatively calm in the month of December. We often see fewer crises, referrals and placements during the Holiday time. We did have several kids in residential placements who were able to have either home passes or off-site passes with family as they work towards discharge. We also had several discharges from case management services due to completing services and moving out of our locality.

Substance Use Services - Eleni McNeil, LCSW

During the month of December, interviews continued for SUD team vacancies. The SUD team continues to have multiple vacancies, including two Peer Recovery Specialists, a CSAC, a Women's SUD Therapist, an adolescent therapist for Office on Youth, and a SUD therapist for District 21 Probation and Parole. One candidate was offered and accepted one of the peer recovery specialist roles and is scheduled to begin in January.

The SUD services coordinator and assistant coordinator continued to work towards implementing steps to bill for OBOT Care Coordination, with plans to start in January. Coordinator and Project LINK Program Manager began working with compliance to take steps towards billing for Project LINK case management services. Project LINK facilitated their annual Secret Santa event for their program participants, in cooperation with Fredericksburg Area Association of Realtors.

Those served in the month of December in Fredericksburg SUD programs are as follows: Project LINK: 44; OBOT: 81; ARTS Case Management: 40; SUD Outpatient (Fredericksburg): 57

Emergency Services - Natasha Randall, LCSW

In December, Emergency Services staff completed 151 emergency evaluations. Forty-five individuals were assessed under an emergency custody order and sixty total temporary detention orders were served of the 151 evaluations. Staff facilitated two admissions to Piedmont Geriatric Hospital. A total of twelve individuals were involuntarily hospitalized outside of our catchment area in December and all were able to utilize alternative transport. Emergency Services held a 40-hour CIT training in December, training local law enforcement to respond to behavioral health crises. Community Based Crisis Stabilization services have resumed, which was previously known as Child Mobile Crisis, with numerous referrals within the agency.



Specialty Dockets - Nicole Bassing, LCSW

During the month of December, Specialty Dockets continued to add new participants and celebrate some graduations. Recovery Court finished the month with 44 participants. Juvenile Recovery Court currently has three participants and celebrated one graduation this month. Behavioral Health Docket currently has ten participants and completed eligibility screens for three new potential participants. Veterans Docket welcomed one new participant this month and celebrated two graduations, leaving thirteen total participants remaining. The new Veterans and Family Therapist has begun taking new clients and providing services for several veterans or active-duty service members in the community.

Jail and Detention Services - Portia Bennett

Detention has a census of 32 residents. Our part-time therapist at the Detention Center has resigned and will depart mid-February. The Diversion Case Manager position located at the jail has been filled. Tricia Jackson will begin in late January. The SUD Therapist position at the jail is currently vacant with recruitment under way.



TO:	Joe Wickens, Executive Director
FROM:	Patricia Newman – Mental Health Case Management Supervisor Elizabeth Wells – Lead State Hospital Liaison & NGRI Coordinator Chanda Bernal – Adult Mental Health Case Manager
PC:	Brandie Williams – Deputy Executive Director Jacqueline Kobuchi, LCSW – Clinical Services Director Amy Jindra – Community Support Services Director Nancy Price – MH Residential Coordinator Amy Jindra - Acting ACT Coordinator Jennifer Acors – Coordinator Developmental Services Support Coordination
SUBJECT:	State Hospital Census Report

DATE: January 21, 2025

Current Census:

							Total
State Hospital	New	Discharge	Civil	NGRI	Forensic	EBL	Census
Catawba Hospital	1	1	2				2
Central State Hospital	1				2		2
Eastern State Hospital					1		1
Northern Virginia Mental Health Institute		1	2		1		3
Piedmont Geriatric Hospital	2		3		3		6
Southern Virginia Mental Health Institute					1		1
Southwestern Virginia Mental Health							
Institute							0
Western State Hospital	1	4	2	10	10		22
Totals	5	6	9	10	18		37

Extraordinary Barriers List:

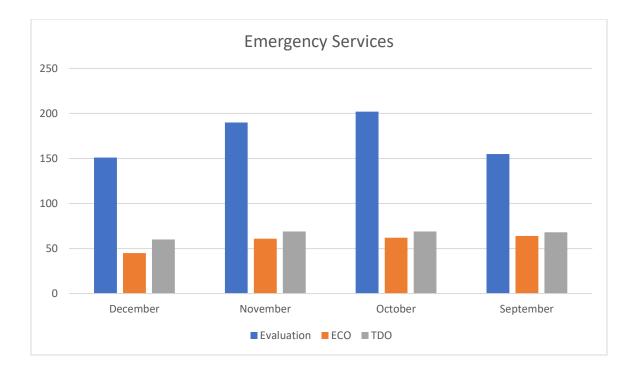
RACSB does not have any individuals on the Extraordinary Barriers List (EBL) at this time. Individuals ready for discharge from state psychiatric hospitals are placed on the EBL when placement in the community is not possible within 7 days of readiness, due to barriers caused by waiting lists, resource deficits, or pending court dates.

To: Joe Wickens, Executive Director
From: Natasha Randall, Emergency Services Coordinator
Date: January 6, 2024
Re: Emergency Custody Order (ECO)/Temporary Detention Order (TDO) Report –December 2024

In December, Emergency Services staff completed 151 emergency evaluations. Forty-five individuals were assessed under an emergency custody order and sixty total temporary detention orders were served of the 151 evaluations. Staff facilitated two admissions to Piedmont Geriatric Hospital.

A total of twelve individuals were involuntarily hospitalized outside of our catchment area in December. Twelve individuals were able to utilize alternative transport.

Please see the attached data reports.



FY25 CSB/BHA Form (Revised: 07/10/2024)									
CSB/BHA Rappahannock Area Community Services Board Month December 2024									
1) Number of Emergency Evaluations	2) Magistrate Issued	Number of ECO Law Enforcement	s Total	3) Number of Civil TDOs Issued	4) f Minor	Number of Civil Older Adult	nber of Civil TDOs Executed 5) Nu Crimin Ider Adult Adult Total Exe		
151	20	Initiated	45	60	1	4	55	60	1

FY '25 CSB/BHA Form (Revised: 07/10/2024)						
СЅВ/ВНА	Rappahannock Area Community Services	Reporting month	10/1/2024, November 2024, December 2		No Exceptions this month	
Date	Consumer Identifier	1) Special Population Designation (see definition)	1a) Describe "other" in your own words (see definition)	2) "Last Resort" admission (see definition)	3) No ECO, but "last resort" TDO to state hospital (see definition)	4) Additional Relevant Information or Discussion (see definition)
12/19/2020	229747220	Older Adult with Medical Acuity		Yes		dx of dementia with multiple medical problems
12/26/2024	116944	Older Adult with Medical Acuity		Yes		multiple bedsearchs denied at all private hospitals

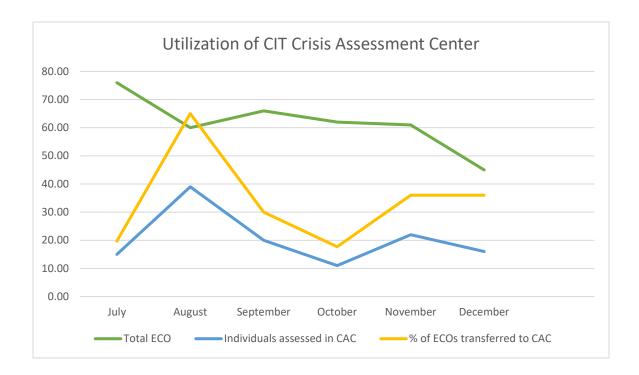
To: Joe Wickens, Executive Director
From: Ashlee Abney, Assistant Emergency Services Coordinator
Date: January 16, 2025
Re: CIT and Co-Response Report

The CIT Assessment Center served 16 individuals in the month of December 2024. The number of persons served by locality were the following: Fredericksburg 6; Caroline 1; King George 0; Spotsylvania 2; Stafford 7; and 0 from other jurisdictions.

The chart below indicates the number of Emergency Custody orders by locality, those that were able to be transferred into CAC custody, and those who could have used the assessment center if there was additional capacity:

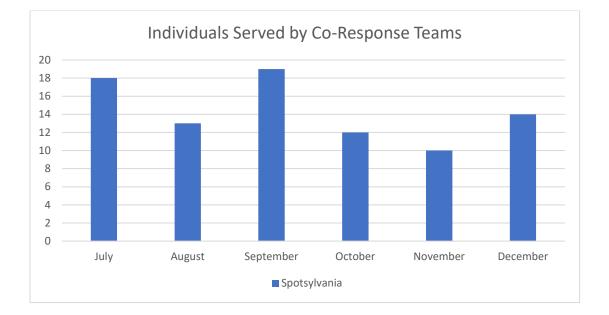
<u>Locality</u>	<u>Total ECO</u>	Custody Transfer to CAC	<u>Appropriate for</u> <u>CAC if Capacity</u>
Caroline	5	1	4
Fredericksburg	10	6	4
King George	1	0	1
Spotsylvania	9	2	7
Stafford	20	7	13
<u>Totals</u>	45	16	29

RAPPAHANNOCK AREA community services board



Co-Response

The Spotsylvania Co-Response Team served 14 individuals in December. The therapist for the Stafford position has been hired and will start in January. The therapist for the Fredericksburg team remains vacant.

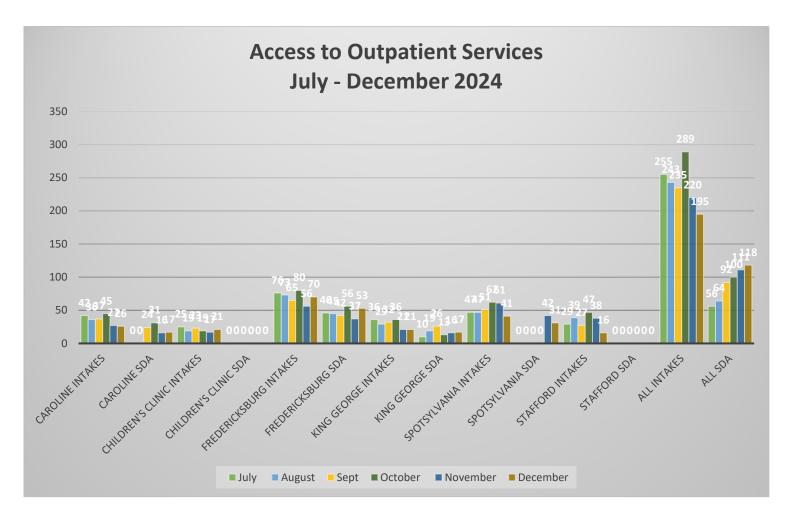


CIT Training

In December 2024, RACSB held a CIT 40-hour class and 24 attendees were newly trained in CIT; 1 Caroline County, 3 VA State, 5 Stafford County, 6 Spotsylvania County, 1 Northern Neck Regional Jail, 1 Orange County, 2 Ashland PD, 2 RRJ Staff, 1 RACSB ACT, 1 NAMI Representative, and 1 Quantico LE. A CIT 40-hour training will also be held February 3rd-7th.

To: Joe Wickens, Executive Director
From: Jacqueline Kobuchi, LCSW, Director of Clinical Services
Date: January 16, 2025
Re: Outpatient Waitlist and Same Day Access

The outpatient clinics have a goal to eliminate all waitlists and increase intake assessments provided through Same Day Access during FY25. The Fredericksburg, King George, Caroline, Children's and Spotsylvania clinics currently have no waiting lists. The Stafford Clinic has a waitlist of 72 individuals. Below is data on the number of intakes completed by clinic, and how many of those are completed through Same Day Access.



RAPPAHANNOCK AREA

MEMORANDUM

To: Jacque Kobuchi, LCSW, Director of Clinical Services
From: Donna Andrus, Child and Adolescent Support Services Supervisor
Date: January 10, 2025
Re: C&A Case Management Residential Placement Quarterly Report

The Child and Adolescent Case Management has set the goal of tracking data and outcomes for children placed in out-of-home placements with the goal of reducing the number of children placed in out-of-home placements and decreasing the length of stay. The Child and Adolescent Case Management team works with each of our localities to provide intensive case management for children placed out of the home through parental agreements and difficult to place foster care cases. When a child is placed out of the home through a parental agreement, the parent maintains custody of the child and enters into an agreement with the locality and RACSB to place the child out of the home for mental health treatment. Children placed in out-ofhome placements have not been able to remain safe and have their mental health needs met in a community setting and need a higher level of care through an out-of-home placement for treatment. An out-of-home placement is only considered once community-based services have been exhausted and found not to be successful. We began tracking this data July 1, 2024.

Attached is the data for the Quarter, October 1, 2024 through December 31, 2024, for number of out-of-home placements, number of admissions this quarter, number of discharges this quarter, length of stay information and numbers per locality.

600 Jackson Street Fredericksburg, VA 22401 540-373-3223

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RAPPAHANNOCK AREA COMMUNITY SERVICES BOARD

October 1, 2024 – December 31, 2024 Data on Child and Adolescent Case Management out of home placements

Total out-of-home placements this quarter: 22 (increase of 2 from 1st Quarter)

Number of admissions this quarter: 5

Number of discharges this quarter: 6

Length of Stays:

Over 3 years: 0

Over 1 year: 6

Under a year: 16

One month: 0

Numbers for each locality:

Caroline County: 1

King George: 2

Stafford County: 3

Fredericksburg City: 8

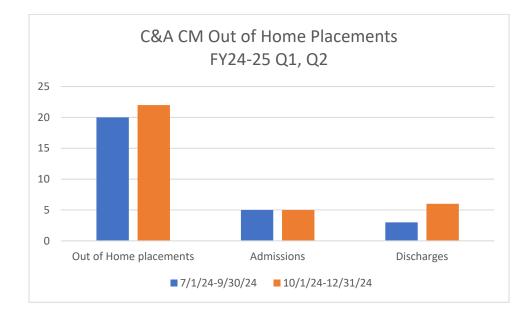
Spotsylvania County: 8

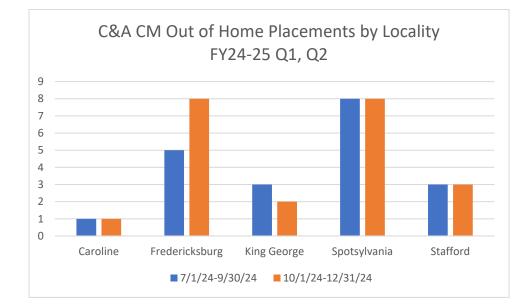
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RappahannockAreaCSB.org

RAPPAHANNOCK AREA





600 Jackson Street Fredericksburg, VA 22401 540-373-3223



RappahannockAreaCSB.org

MEMORANDUM

To: Jacque Kobuchi, LCSW, Director of Clinical Services

From: Nicole Bassing, Specialty Dockets Coordinator

Date: January 16, 2025

Re: Specialty Docket Graduation Rate Report, Quarter Two

During the reporting period of October 1 to December 31, 2024, the Specialty Dockets programs set the goal of 75% graduation rate for all programs.

The Adult Recovery Court program graduated eight participants and terminated three participants this quarter and had one unfortunate client death. This was a 67% graduation rate for the quarter.

The Juvenile Recovery Court Program graduated one participant this quarter and did not have any terminations. This was a 100% graduation rate for the quarter.

The Spotsylvania Behavioral Health Docket graduated one participant this quarter and did not have any terminations. This was a 100% graduation rate for the quarter.

The Rappahannock Veterans Docket graduated two participants this quarter and had one termination. This was a 67% graduation rate for the quarter.

Collectively between the four dockets there was a 83.5% graduation rate this quarter.

Adult Recovery Court (ARC):

Total Participants as of 12/31/24: 46 New Admissions to this quarter: 9 Graduations: 8 Terminations: 3 Deaths: 1 67% graduation rate for the quarter.

Juvenile Recovery Court (JRC):

Total Participants as of 12/31/24: 3

New Admissions this quarter: 0

Graduations: 1

Terminations: 0

100% graduation rate for the quarter.

Spotsylvania Behavioral Health Docket (SBHD):

Total Participants as of 9/30/24:8

New admissions to Spotsylvania Behavioral Health Docket: 3

Graduations: 1

Terminations: 0

100% graduation rate for the quarter.

Rappahannock Veterans Docket (RVD):

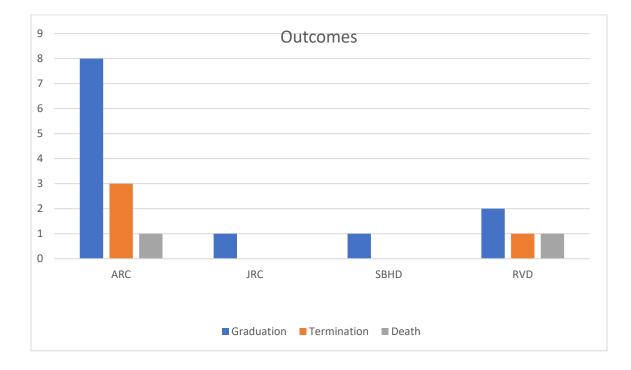
Total Participants as of 12/31/24: 13

New Admissions this quarter: 4

Graduations: 2

Terminations: 1

66% graduation rate for the quarter.



RACSB Program Update Report Compliance December 2024

Incident Reports

- There were 211 incident reports entered into the Electronic Incident Report Tracker during the month of December. This was a decrease of 19 from November and a decrease of 97 from October. All incident reports submitted were triaged by the compliance team.
- The top three categories of reports submitted were Health Concerns (86 reports), Individual Served Safety (31 reports), and Individual Served Injury (21 reports).
- The compliance team entered 26 incident reports into the Department of Behavioral Health and Developmental Services (DBHDS) electronic incident reporting system (18-Level 2, 8-Level 3) during the month of December; an increase of one from the month of November (23-Level 2, 2-Level 3).
- There were zero (0) reports elevated to a care concern by DBHDS. These are reports that, based on the Office of Licensing's review of current serious incidents as well as a review of other recent incidents related to this individual, the Office of Licensing recommends the provider consider the need to re-evaluate the individual's needs as well as review the current individual support plan. DBHDS recommends provider review the results of root-cause analyses completed on behalf of this individual. In addition, providers are encouraged to take the opportunity to determine if systemic changes are needed such as revisions to policies or procedures and/or re-evaluating and updating risk management and/or quality improvement plan.
- DBHDS requires the completion of a root cause analysis for selected incident reports. The root cause analysis must be conducted within 30 days of staff's discovery of the incident. The compliance team requested specific programs, based on submitted incident report, to complete the required root cause analysis. A total of 26 root cause analyses were requested and a total of 18 were due in the month of December. Zero (0) expanded root cause analyses were required in November.

Human Rights Investigations:

• There were no Human Rights Investigations initiated for the month of December. The Compliance team completed one investigation that was initiated in the month of November. That investigation was related to and substantiated for Neglect: Medication Related.

Internal Reviewers:

• Compliance team provided support and guidance to DD Residential Coordinator about the documentation process in regards to the ICFs.

- Compliance team provided support and guidance to Healthy Families on how to complete an incident report and critical incident reports.
- Compliance team provided support and guidance to DD Residential Coordinator about the RCA process and documentation.
- Compliance team provided support and guidance to Ross ICF Group Home about the RCA process.

External Reviewers:

- Compliance team received and responded to 2 Look-Behind Requests for 2 investigations from Cassie Purtlebaugh, Regional Advocate, DBHDS.
- Compliance team received and responded to 4 phone calls and emails from Brian Dempsey, Incident Management Specialist, DBHDS, requesting updates on Serious Incident Reports.
- Compliance team received and responded to an email from Sydnee Williams, Incident Management Specialist, DBHDS, requesting updates on a Serious Incident Report.
- Compliance team received and responded to a chart review, and audit request from the following: Episource (4 client charts). A total of 4 individuals medical records/documents audits were requested.

Complaint Synopsis

• Compliance team received 1 complaint in the month of December. This complaint did not result in a formal investigation. The complaint was categorized under Emergency Services.

Trainings/Meetings

- Compliance team met with Healthy Families on December 3, 2024. Compliance team provided Module Training covering an array of topics to include Human Rights, Incident Reporting, and Audit Processes.
- Compliance team participated in the Training Committee Meeting on December 6, 2024.
- Compliance team provided Discharge Planning Q-Tip training on December 6, 2024.
- Compliance team met with Ross ICF Group Home and provided guidance and training Incident Report and Human Rights during their monthly staff meeting/luncheon celebration on December 13, 2024.
- Compliance team participated in the 2025 DD Inspection Kickoff Training hosted by DBHDS on December 17, 2024 via zoom meeting.
- Compliance team met with ACT team leads to discuss the audit process and incident reporting on December 17, 2024.
- Compliance team provided Introduction to CARF Q-Tip training on December 18, 2024.
- Compliance team provided Discharge Planning Q-Tip training on December 19, 2024.

• Compliance team provided Consumer Orientation and Human Rights Form Q-Tip training on December 19, 2024.

Commission on Accreditation of Rehabilitation Facilities (CARF) Corner

RACSB Accredited Programs

- Case Management/Service Coordination: Integrated: AOD/MH (Adult)
- Case Management/Service Coordination: Integrated: AOD/MH (Children/Adolescent)
- Community Housing: Mental Health (Adult)
- Community Integration: Psychosocial Rehabilitation (Adult)
- Court Treatment: Integrated: AOD/MH (Adult)
- Court Treatment: Integrated: AOD/MH (Children and Adolescent)
- Crisis Stabilization: Integrated (Adult)
- Outpatient Treatment: Integrated (Adult)
- Outpatient Treatment: Integrated (Children and Adolescent)

There over 1500 CARF standards. Standards are separated into 6 sections.

- Aspire to Excellence
- General Program Standards
- Core Treatment Program Standards
- Core Support Standards
- Specific Population Designation Standards
- Certified Community Behavioral Health Clinic Program Standards (CCBHC)

MEMORANDUM

To: Joseph Wickens, Executive Director

From: Stephanie Terrell, Director of Compliance & Human Rights

Date: January 2025

Re: Quality Assurance Report

The Quality Assurance (QA) staff completed chart reviews for the following Rappahannock Area Community Services Board (RACSB) programs:

- Intellectual Disability Group Home Myers Respite
- Developmental Services Support Coordination Fredericksburg

Intellectual Disability Group Home - Myers Respite

There were three staff members responsible for the selected charts.

Findings for the ten open charts reviewed for Intellectual Disability Group Home services were as follows:

- Ten charts were reviewed for Documentation compliance:
 - Discrepancies noted with Documentation:
 - One chart was missing Authorized Representative paperwork.
- Ten charts were reviewed for Individual Service Plan compliance:
 No discrepancies noted with Individual Service Plan.
- Ten charts were reviewed for Quarterly Review compliance:
 - Discrepancies noted with Quarterly Reviews:
 - One chart was missing a Quarterly Review.
- Ten charts were reviewed for Progress Note compliance:
 - No discrepancies noted with Discharge.
- Two charts were reviewed for Medical compliance:
 No discrepancies noted with Medical.
- Two charts were reviewed for Discharge compliance:
 - No discrepancies noted with Discharge.

Comparative Information:

Myers score is currently a 97 on a 100-point scale.

Corrective Action Plan:

Correction(s) made to correct the current discrepancies.

Myers Respite Home - QA Audit: December 2024

1. Coaching has been completed with the program manager as of 12/16/2024 to ensure charting is complete moving forward.

- Charting standards and expectations have been and will continue to be discussed through weekly DD Residential Supervisor meetings, supervision, offered training opportunities, and through periodic program audits of charting. (See notes in spreadsheet for corrections made and to be made to the charting.)
- Charting and documentation expectations will continue to be reinforced through documented supervision and through the peer auditing and supervision processes to help ensure compliance.
- 4. Should there be further issues with meeting these expectations, progressive corrective action will be issued.
- 5. Oversight and corrective action will continue to be overseen by the DD Residential Coordinator and the DD Assistant Coordinators.

Developmental Services Support Coordination - Fredericksburg

There were four staff members responsible for the selected charts.

Findings for the ten open charts and two closed charts reviewed for Developmental Services Support Coordination - Fredericksburg were as follows:

- Ten charts were reviewed for Documentation compliance:
 - Discrepancies noted with Documentation:
 - Two charts were missing the DMAS-460 Form.
 - Two charts were missing Releases Of Information.
- Ten charts were reviewed for Individual Service Plan compliance:
 - Discrepancies noted with Individual Service Plans:
 - Two charts were missing signed Part IVs.
 - Two charts were missing signed Part Vs
 - Two charts had ISPs that were late.
- Ten charts were reviewed for Quarterly Review compliance:
 - Discrepancies noted Quarterly Reviews:
 - Two charts had Quarterly Reviews completed beyond the required due date.
- Ten charts were reviewed for Progress Note compliance:
 - Discrepancies noted with Progress Notes:
 - Seven charts had Notes that were beyond the required due date.
- Two charts were reviewed for Discharge compliance:
 - No discrepancies noted with Discharge.

Comparative Information:

In comparing the audit reviews of Developmental Services Support Coordination -Fredericksburg from the previous audits to the current audits, the average score decreased from 74 to 68 on a 100-point scale.

Corrective Action Plan:

- 1. Late notes
 - a. During monthly supervision's file reviews, Supervisor will discuss any late notes and corrective action will be taken as needed.
 - b. Late notes will also be discussed during January 16th training.
- 2. Part V late
 - a. Corrective action was given for staff who had late plan.

- b. My To Dos will be added to ALL support coordinators home screen in Avatar.
- c. SCs will be required to do the ISP checklist to ensure no documents are missed when completing the ISP. A copy will be scanned to the supervisor when complete as well as uploaded in the chart and discussed in supervision when appropriate.
- d. Part V will also be discussed during January 16th training.
- e. Part V will also be discussed in monthly supervision's file review.
- 3. Late quarterly reports
 - a. Supervisors are now reviewing quarterly review dates and reviewing in supervision to help ensure they are completed timely.
 - b. Supervisors will verify dates quarterlies are completed using either the quarterly tracking report or having staff route quarterlies to them.
 - c. The use of "My To Dos" in Avatar will help address quarterlies left in draft.
 - d. Quarterlies and the use of the tracking report will be discussed during January 16th training.
- 4. Part IV and V not signed
 - a. Attempts to collect signatures for ISP documents will occur at least quarterly and documented on the Quarterly Review.
- 5. Virginia Informed Choice not located
 - a. SCs will be required to do the ISP checklist to ensure no documents are missed when completing the ISP. A copy will be scanned to the supervisor when complete as well as uploaded in the chart and discussed in supervision when appropriate.
 - b. Will also be part of monthly file review with supervisor.
- 6. Releases not located
 - a. SCs will be required to do the ISP checklist to ensure no documents are missed when completing the ISP. A copy will be scanned to the supervisor when complete as well as uploaded in the chart and discussed in supervision when appropriate.
 - b. Will also be part of monthly file review with supervisor.

The releases and one of the late Part V's were completed by a DSSC that has recently received corrective action for not completing documentation timely – the part V had been signed by signature pad but left in draft. The releases had been signed and not uploaded.

To better catch documents that may not be complete or indicate that forms with signatures are not returned, supervisors will ask that RACSB's compliance department to review the charts of staff who are ending employment soon after notification that the employee is leaving RACSB.

On January 16th a training is scheduled for the deficiencies listed above including timely note submission, quarterly review process, ISP checklist, etc. Training logs will be completed. In event a staff member is not present on January 16, 2025, they will receive this training no later than 1/31/25 with their supervisor or coordinator.

MEMORANDUM

To: Joe Wickens, Executive Director
From: Stephanie Terrell, Director of Compliance
Date: January 8, 2025
Re: Licensing Reports

The Department of Behavioral Health and Developmental Services' (DBHDS), Office of Licensing issues licensing reports for areas in which the Department finds agencies in non-compliance with applicable regulations. The licensing report includes the regulatory code which applies to the non-compliance and a description of the non-compliance. The agency must respond to the licensing report by providing a corrective action plan (CAP) to address the areas of non-compliance.

Rappahannock Area Community Services Board (RACSB) received the seven licensing reports: one licensing report for Mental Health (MH) Center-Based Psychosocial Rehabilitation Services for Adults-Kenmore Club related to a licensing renewal inspection on two personnel records; one licensing report for Fredericksburg Substance Abuse Case Management related to a licensing renewal inspection on one personnel record; one licensing report for MH Residential Supervised Living Service for Adults-Home Roads Apartments related to a licensing renewal inspection on two personnel files and on two individual records; one licensing report for MH Support Services for Adults (Skill Building) related to a licensing renewal inspection on two individual records; one licensing report for MH Case Management Service for Adults related to a licensing renewal inspection on two personnel records; one licensing report for Fredericksburg Outpatient MH Clinic related to a licensing renewal inspection on two personnel files; one licensing report for Fredericksburg Developmental Disability (DD) Case Management related to a Human Rights Investigation concerning an allegation of Neglect: failure to provide a service necessary to the health, safety and welfare of the individual.

The attached CAP provides additional details regarding the citations and RACSB's response.

Page: 1 of 2

License #: 101-02-011 Organization Name: Rappahannock Area Community Services Board

Date of Inspection: 10-28-2024 Program Type/Facility Name: 02-011 Kenmore Club

Standard(s) Cited	<u>Comp</u>	

Description of Noncompliance

Actions to be Taken

Planned Comp. Date

12VAC35-105-420. A	NS	Kenmore Club	PR) 11/27/2024	2/1/2025
Any person who assumes the responsibilities of any position as an employee or a contractor shall meet the minimum qualifications of that position as determined by job descriptions.		This regulation was NOT MET as evidenced by: During the course of the license renewal inspection two personnel records were reviewed. Employee #1's job description indicates that the employee shall have a QMHP certification or rehabilitate counselor and there is no verification in employee #1's file that verifies they are a QMHP or a rehabilitative counselor. The provider failed to maintain documentation that support the employee meets the minimum qualifications of their current position as determined by the job description. This citation is considered non-compliant system due to being previously cited on	Employee #1 – verified license from VADHP, printed, put in employee HR file, and logged for tracking in HRIS – Dominion Checklists in place for all stages of employee movement in positions (New hires, transfers, promotions/demotions). Each employee with a status change will be reviewed to ensure minimum qualifications are being met. Protocols are being updated to run monthly report on licenses that will expire in the coming month, supervisors will be notified. Renewed licenses will be updated in system. Monthly auditing of 1% of current employee files to find deficiencies.	
			HR coordinator will review status changes for current employees, HR specialist will review all new hire information to ensure minimum qualifications are being met for incoming employees. OLR) Accepted 11/27/2024	

Page: 2 of 2

License #: 101-02-011 Organization Name: Rappahannock Area Community Services Board			Date of Inspection: 10-28-2024 Program Type/Facility Name: 02-011 Kenmore Club		
Standard(s) Cited	<u>Comp</u>	Description of Noncompliance	Actions to be	aken Planned Con	<u>np. Date</u>
General Comments / Re	ecommendations	:			
		erence with the reviewer and the reviewer's sup tions to be taken will be completed as identified		ese findings. By my signature on the	e
Ann Mays, Licens	ing Specialist	(Signature of Org	anization Representative)	Date	
C = Substantial Compl	iance, N = Non (Compliance, NS = Non Compliance Syster	nic, ND = Non Determined		

Page: 1 of 2

License #: 101-16-003 Organization Name: Rappahannock Area Community Services Board

Date of Inspection: 10-29-2024 Program Type/Facility Name: 16-003 Fredericksburg SA Casemanagemt

Standard(s) Cited	<u>Comp</u>	Description of Noncompliance		Actions to be Taken	Planned Comp. Date
12VAC35-105-430. A. (4) - Employee or contractor personnel records, whether hard- copy or electronic, shall include: 4. Results of any provider credentialing process including methods of verification of applicable professional licenses or certificates;	Ν	This regulation was NOT MET as evidenced by: During the course of the renewal inspection, one personnel record was reviewed. Employee #1 had a CSAC verification in their record, but it expired on 6/30/24. The provider failed to maintain the results of any provider credentialing process including methods of verification of applicable professional licenses.	•	1/25/2024 Employee #1 - verified license from VADHP, printed, put in employee HR fil and logged for tracking in HRIS – Dominion Protocols are being updated to run a monthly report on licenses that will expi in the coming month, supervisors will be notified. Renewed licenses will be updated in system. Monthly auditing of 1% of current employee files to find deficiencies. HR Specialist will monitor monthly audit of expiring licenses. By what date will you have each planne corrective action completed (Ex. Date training completed or Date protocol implemented). Accepted 11/25/2024	re e

Page: 2 of 2

License #: 101-16-003 Organization Name: Rappahannock Area Community Services Board			<u>Date of Inspection:</u> 10-29-2024 Program Type/Facility Name: 16-003 Fredericksburg SA Casemanagemt		
Standard(s) Cited	<u>Comp</u>	Description of Noncompliance	Actions	<u>s to be Taken</u>	Planned Comp. Date
General Comments / Re	commendations:				
, , , , , , , , , , , , , , , , , , , ,		erence with the reviewer and the reviewer's su ions to be taken will be completed as identifie	•	ion of these findings. E	By my signature on the
Ann Mays, Licens	ing Specialist	(Signature of Or	ganization Representative)		Date
C = Substantial Compli	iance, N = Non C	Compliance, NS = Non Compliance Syste	mic, ND = Non Determined		

Description of Noncompliance

Page: 1 of 6

License #: 101-01-012

Standard(s) Cited

Organization Name: Rappahannock Area Community Services Board

<u>Comp</u>

Date of Inspection: 10-29-2024 Program Type/Facility Name: 01-012 Home Rd. Apartments

OLR) Accepted 12/06/2024

Actions to be Taken

 12VAC35-105-410. A. (1) - Each employee or	N	Home Rd. Apartments	PR) 11/27/2024	2/1/2025
contractor shall have a		This regulation was NOT MET as evidenced by:	Job description will be placed in her file.	
written job description that includes: 1. Job title;		During the course of the license renewal inspection, two personnel files were reviewed. Employee #1 did not have a job description for their current position. Therefore, it could not be determined if the job description included the job title.	Checklists in place for all stages of employee movement in positions (New hires, transfers, promotions/demotions). Each employee with a status change will be reviewed to ensure job descriptions are placed in employee file.	
			Monthly auditing of 1% of current employee files to find deficiencies.	
			HR Specialists will review when applicable employment actions take place and monthly auditing of current files.	
			OLR) Accepted 12/06/2024	
12VAC35-105-410. A. (2) - Each employee or	N	Home Rd. Apartments	PR) 12/04/2024	2/1/2025
contractor shall have a		This regulation was NOT MET as evidenced by:	Job description will be placed in her file.	
written job description that includes: 2. Duties and responsibilities required of the position;		During the course of the license renewal inspection, two personnel files were reviewed. Employee #1 did not have a job description for their current position. Therefore, it could not be determined if the job description included the duties and responsibilities required of the position.	Checklists in place for all stages of employee movement in positions (New hires, transfers, promotions/demotions). Each employee with a status change will be reviewed to ensure job descriptions are placed in employee file.	
			Monthly auditing of 1% of current employee files to find deficiencies.	
			HR Specialists will review when applicable employment actions take place and monthly auditing of current files.	

Planned Comp. Date

Description of Noncompliance

Page: 2 of 6

Standard(s) Cited

License #: 101-01-012 Organization Name: Rappahannock Area Community Services Board

<u>Comp</u>

Date of Inspection: 10-29-2024 Program Type/Facility Name: 01-012 Home Rd. Apartments

Actions to be Taken

Plan	ned	Comp.	Date

12VAC35-105-410. A. (3) - Each employee or contractor shall have a written job description that includes: 3. Job title of the immediate supervisor;	Ν	Home Rd. Apartments This regulation was NOT MET as evidenced by: During the course of the license renewal inspection, two personnel files were reviewed. Employee #1 did not have a job description for their current position. Therefore, it could not be determined if the job description included the job title of the immediate supervisor.	 PR) 12/04/2024 Job description will be placed in her file. Checklists in place for all stages of employee movement in positions (New hires, transfers, promotions/demotions). Each employee with a status change will be reviewed to ensure job descriptions are placed in employee file. Monthly auditing of 1% of current employee files to find deficiencies. HR Specialists will review when applicable employment actions take place and monthly auditing of current files. OLR) Accepted 12/06/2024 	2/1/2025
12VAC35-105-410. A. (4) - Each employee or contractor shall have a written job description that includes: 4. Minimum knowledge, skills, and abilities, experience or professional qualifications required for entry level as specified in 12VAC35- 105-420.	Ν	Home Rd. Apartments This regulation was NOT MET as evidenced by: During the course of the license renewal inspection, two personnel files were reviewed. Employee #1 did not have a job description for their current position. Therefore, it could not be determined if the job description included the minimum knowledge skills and abilities, experiences or professional qualifications required.	 PR) 12/04/2024 1. Job description will be placed in her file. 2. Checklists in place for all stages of employee movement in positions (New hires, transfers, promotions/demotions). Each employee with a status change will be reviewed to ensure job descriptions are placed in employee file. 3. Monthly auditing of 1% of current employee files to find deficiencies. 4. HR Specialists will review when applicable employment actions take place and monthly auditing of current files. OLR) Accepted 12/06/2024 	2/1/2025

Description of Noncompliance

Page: 3 of 6

Planned Comp. Date

Standard(s) Cited

License #: 101-01-012 Organization Name: Rappahannock Area Community Services Board

<u>Comp</u>

Date of Inspection: 10-29-2024 Program Type/Facility Name: 01-012 Home Rd. Apartments

Actions to be Taken

12VAC35-105-420. A	NS	Home Rd. Apartments	PR) 12/06/2024	2/1/2025
Any person who assumes the responsibilities of any position as an employee or a contractor shall meet the minimum qualifications of that position as determined by job descriptions.		This regulation was NOT MET as evidenced by: During the course of the license renewal inspection, two personnel files were reviewed. Employee #1's file did not contain a job description of their current role. Therefore, it could not be determined if Employee #1 met the minimum qualifications of their current position as determined by the job description. This citation is considered non-compliant systemic due to being previously cited on 12/12/23.	 Job description will be placed in her file. Checklists in place for all stages of employee movement in positions (New hires, transfers, promotions/demotions). Each employee with a status change will be reviewed to ensure job descriptions are placed in employee file. Monthly auditing of 1% of current employee files to find deficiencies. HR Specialists will review when applicable employment actions take place and monthly auditing of current files. OLR) Accepted 12/06/2024 	
12VAC35-105-420. D Job descriptions shall include minimum knowledge, skills and abilities, professional qualifications and experience appropriate to the duties and responsibilities required of the position.		Home Rd. Apartments This regulation was NOT MET as evidenced by: During the course of the license renewal inspection, two personnel files were reviewed. Employee #1's file did not contain a job description of their current role. Therefore, it could not be determined if Employee #1 had the minimum knowledge, skills, and abilities, professional qualifications and experience appropriate to the duties and responsibilities required of the position. This citation is considered non-compliant systemic due to being previously cited on 12/12/23.	 PR) 12/04/2024 Job description will be placed in her file. Checklists in place for all stages of employee movement in positions (New hires, transfers, promotions/demotions). Each employee with a status change will be reviewed to ensure job descriptions are placed in employee file. Monthly auditing of 1% of current employee files to find deficiencies. HR Specialists will review when applicable employment actions take place and monthly auditing of current files. OLR) Accepted 12/06/2024 	2/1/2025

Page: 4 of 6

License #: 101-01-012 Organization Name: Rappahannock Area Community Services Board

Date of Inspection: 10-29-2024 Program Type/Facility Name: 01-012 Home Rd. Apartments

Standard(s) Cited	<u>Comp</u>	Description of Noncompliance		Actions to be Taken	Planned Comp. Date
12VAC35-105-430. A. (4) - Employee or contractor personnel records, whether hard- copy or electronic, shall include: 4. Results of any provider credentialing process including methods of verification of applicable professional licenses or certificates;		Home Rd. Apartments This regulation was NOT MET as evidenced by: During the course of the license renewal inspection, two personnel files were reviewed. Employee #1 QMHP verification in the file expired on 6/30/24 and Employee #2 did not have any verification of QMHP status. The provider failed to maintain the result of the credentialing process including verification of applicable professional licenses.	1. 2. 3. 4.	12/04/2024 Job description will be placed in her file. Checklists in place for all stages of employee movement in positions (New hires, transfers, promotions/demotions) Each employee with a status change wi be reviewed to ensure job descriptions are placed in employee file. Monthly auditing of 1% of current employee files to find deficiencies. HR Specialists will review when applicable employment actions take pla and monthly auditing of current files. Accepted 12/06/2024	11

Description of Noncompliance

Page: 5 of 6

Planned Comp. Date

Standard(s) Cited

License #: 101-01-012 Organization Name: Rappahannock Area Community Services Board

<u>Comp</u>

Date of Inspection: 10-29-2024 Program Type/Facility Name: 01-012 Home Rd. Apartments

Actions to be Taken

12VAC35-105-665, B	N	Home Rd. Apartments	PR) 12/06/2024	12/4/2024
The ISP shall be				
signed and dated at a		This regulation was NOT MET as evidenced by:	Although the ISP was reviewed with individual #2	
minimum by the person			at time of completion, it was submitted without a	
responsible for		During the course of the license renewal inspection two	signature. The ISP will be signed by individual	
implementing the plan		individual records were reviewed. Individual #2 did not	#2 and scanned into his EHR, effective 12/4/24.	
and the individual		have an ISP signature page for the current ISP. The		
receiving services or		provider failed to have the ISP signed and dated by the	ISP's will be reviewed upon completion to ensure	
the individual's		individual receiving services.	signatures are captured by individuals and staff.	
authorized			Staff will be instructed to notify the MH	
representative in order			Residential Assistant Coordinator via email, once	
to document			an ISP is completed. The assistant coordinator	
agreement. If the			will review the ISP and verify that the signatures	
signature of the			are present. In the event that a signature is	
individual receiving			missing, the responsible staff will immediately be	
services or the			notified and a wet signature will be obtained on	
individual's authorized			the ISP and the signature page will be scanned	
representative cannot			into the to the chart.	
be obtained, the				
provider shall			Charts are audited monthly by the MH	
document attempts to			Residential Assistant Coordinator, but all ISP's	
obtain the necessary			were reviewed in November to make sure they	
signature and the			are signed. Moving forward, MH Residential	
reason why he was			Coordinator will review ISP's at the time they are	
unable to obtain it. The			completed.	
ISP shall be distributed				
to the individual and			OLR) Accepted 12/06/2024	
others authorized to				
receive it.				

Page: 6 of 6

<u>License #:</u> 101-01-012 Organization Name: Rappahannock Area Community Services Board			Date of Inspection: 10-29-2024 Program Type/Facility Name: 01-012 Home Rd. Apartments		
Standard(s) Cited	<u>Comp</u>	Description of Noncompliance	Actions to b	<u>pe Taken</u>	Planned Comp. Date
General Comments / Re	commendations	:			
, , ,		erence with the reviewer and the reviewer's sup tions to be taken will be completed as identified		of these findings. By	y my signature on the
Ann Mays, Licensi	ing Specialist	(Signature of Org	anization Representative)		Date
C = Substantial Compli	iance, N = Non (Compliance, NS = Non Compliance Syster	nic, ND = Non Determined		

Description of Noncompliance

Page: 1 of 2

Planned Comp. Date

Standard(s) Cited

License #: 101-03-001 Organization Name: Rappahannock Area Community Services Board

<u>Comp</u>

Date of Inspection: 10-29-2024 Program Type/Facility Name: 03-001 MH Support Services

Actions to be Taken

12VAC35-105-650. A N	MH Support Services	PR) 12/06/2024	12/4/2024
The provider shall implement a written assessment policy. The policy shall define how assessments will be conducted and documented.	This regulation was NOT MET as evidenced by: During the course of the renewal inspection two individual records were reviewed. Individual #2 was enrolled into services on 7/17/24 and there is no assessment at this time and the addendum to the previous assessment does not address the need for this service or the change in medical necessity. Per the providers assessment policy, an assessment will be completed at the start of services but no later than the admission date or there will be an assessment update to describe how the provider will meet medical necessity criteria for services. The provider failed to implement their assessment policy.	The LMHP that completes the assessments for MHSB services, has been asked that if an individual is recommended for MH skill building services, that it be stated as such in the assessment. Individuals will not be enrolled in services until the assessment is completed and reviewed by the program manager. In the event that an individual is moving to a different level of care within residential services, an updated assessment will be completed and updated at the time of transition. Assessments will be scheduled in advance with the LMHP, to be completed on the date of move, or prior to enrollment if transitioning to a different program. The program manager will be responsible for scheduling the assessments and ensuring individuals are not enrolled until the assessments are complete, and reflect accurate needs for skill building services. MH Residential Assistant Coordinator conducts monthly internal audits, and will verify the need for MH skill building services is documented in the assessment. MH Residential Coordinator will require that the assessment is scheduled for the day of admission to the program, or is completed prior to transfer to a new program. OLR) Accepted 12/06/2024	

Page: 2 of 2

License #: 101-03-001 Organization Name: Rappahannock Area Community Services Board			Date of Inspection: 10-29-2024 Program Type/Facility Name: 03-001 MH Support Services		
Standard(s) Cited	<u>Comp</u>	Description of Noncompliance	Actions to be Ta	ken Planned Comp. Date	
General Comments / Re	commendations	:			
, , , , , , , , , , , , , , , , , , , ,		erence with the reviewer and the reviewer's sup ions to be taken will be completed as identified	pervisor should I desire further discussion of the I by the date indicated.	se findings. By my signature on the	
Ann Mays, Licens	ing Specialist	(Signature of Org	ganization Representative)	Date	
C = Substantial Compli	iance, N = Non (Compliance, NS = Non Compliance Syster	nic, ND = Non Determined		

Page: 1 of 2

License #: 101-16-004 Organization Name: Rappahannock Area Community Services Board

Date of Inspection: 11-06-2024 Program Type/Facility Name: 16-004 Frederickburg MH Casemanagemnt

Standard(s) Cited	Standard(s) Cited Comp Description of Noncompliance		Actions to be Taken	Planned Comp. Date	
12VAC35-105-420. A Any person who assumes the responsibilities of any position as an employee or a contractor shall meet the minimum qualifications of that position as determined by job descriptions.	Ν	Frederickburg MH Casemanagemnt This regulation was NOT MET as evidenced by: During the course of the renewal inspection, two personnel records were reviewed. The job descriptions for Employees #1 and #2 indicate that the employee shall have a master's degree and both Employees #1 and #2 only have verification of a bachelor's degree. The provider failed to maintain the employee shall meet the minimum qualifications as determined by their job description.		es	

Page: 2 of 2

<u>License #:</u> 101-16-004 <u>Organization Name:</u> Rappahannock Area Community Services Board			<u>Date of Inspection:</u> 11-06-2024 Program Type/Facility Name: 16-004 Frederickburg MH Casemanagemnt		
Standard(s) Cited	<u>Comp</u>	Description of Noncompliance	Actions t	o be Taken	Planned Comp. Date
General Comments / Re	commendations:				
		erence with the reviewer and the reviewer's su ions to be taken will be completed as identifie		n of these findings. I	By my signature on the
Ann Mays, Licens	ing Specialist	(Signature of Or	ganization Representative)		Date
C = Substantial Compl	iance, N = Non C	Compliance, NS = Non Compliance Syste	mic, ND = Non Determined		

Page: 1 of 2

License #: 101-07-003 Organization Name: Rappahannock Area Community Services Board

Date of Inspection: 11-06-2024 Program Type/Facility Name: 07-003 Fredericksburg Clinic

Standard(s) Cited	<u>Comp</u>	Description of Noncompliance	Actions to be Taken PI	anned Comp. Date
12VAC35-105-420. A Any person who assumes the responsibilities of any position as an employee or a contractor shall meet the minimum qualifications of that position as determined by job descriptions.	NS	Fredericksburg Clinic This regulation was NOT MET as evidenced by: During the course of the license renewal inspection, two personnel files were reviewed. The job descriptions for both employee #1 & #2 requires an LMHP type. Employee #1 has verification of LPC verification, but this certification expired on 6/30/24. Employee #2 there is no verification of any type of licensure. The provider failed to have verification that the employee meets the minimum qualifications of the position as determined by the job description. This citation is considered non-compliant systemic due to being previously cited on 12/12/23.	 PR) 11/25/2024 Employee #1 – verified license from VADHP, printed, put in employee HR file, and logged for tracking in HRIS – Dominion Employee #2 - verified license from VADHP, printed, put in employee HR file, and logged for tracking in HRIS – Dominion Checklists in place for all stages of employee movement in positions (New hires, transfers, promotions/demotions). Each employee with a status change will be reviewed to ensure minimum qualifications are being met. Protocols are being updated to run monthly report on licenses that will expire in the coming month, supervisors will be notified. Renewed licenses will be updated in system. Monthly auditing of 1% of current employee files to find deficiencies. HR coordinator will review status changes for current employees, HR specialist will review all new hire information to ensure minimum qualifications are being met for incoming employees. 	2/1/2025

Page: 2 of 2

License #: 101-07-003 Organization Name: Rappahannock Area Community Services Board

Date of Inspection: 11-06-2024 Program Type/Facility Name: 07-003 Fredericksburg Clinic

Standard(s) Cited	<u>Comp</u>	Description of Noncompliance	Actions to be Taken Plan	nned Comp. Date
12VAC35-105-430. A. (4) - Employee or contractor personnel records, whether hard- copy or electronic, shall include: 4. Results of any provider credentialing process including methods of verification of applicable professional licenses or certificates;	NS	Fredericksburg Clinic This regulation was NOT MET as evidenced by: During the course of the license renewal inspection, two personnel files were reviewed. The job descriptions for both employee #1 & #2 requires an LMHP type. Employee #1 has verification of LPC verification, but this certification expired on 6/30/24. Employee #2 there is no verification of any type of licensure. The provider failed to maintain the results of credentialing of applicable professional licenses and certificates. This citation is considered non-compliant systemic due to being previously cited on 12/12/23.	 PR) 11/25/2024 Employee #1 – verified license from VADHP, printed, put in employee HR file, and logged for tracking in HRIS – Dominion Employee #2- verified license from VADHP, printed, put in employee HR file, and logged for tracking in HRIS – Dominion Protocols are being updated to run monthly report on licenses that will expire in the coming month, supervisors will be updated in system. HR Specialist will monitor monthly audits of expiring licenses. OLR) Accepted 11/27/2024 	2/1/2025

General Comments / Recommendations:		
	the reviewer and the reviewer's supervisor should I desire further discussion of the aken will be completed as identified by the date indicated.	ese findings. By my signature on the
Ann Mays, Licensing Specialist	(Signature of Organization Representative)	Date
C = Substantial Compliance, N = Non Compliance	e, NS = Non Compliance Systemic, ND = Non Determined	

Page: 1 of 3

License #: 101-16-002 Organization Name: Rappahannock Area Community Services Board

Date of Inspection: 11-07-2024 Program Type/Facility Name: 16-002 Fredericksburg DD Case Mgmt

Actions to be Taken

Standard(s) Cited	<u>Comp</u>	Description of Noncompliance
12VAC35-105-150. (4) - The provider	N	Fredericksburg DD Case Mgmt

Planned Comp. Date

12VAC35-105-150. (4) - The provider including its employees, contractors, students, and volunteers shall comply with: 4. Section 37.2-400 of the Code of Virginia and related human rights regulations adopted by the state board;		Fredericksburg DD Case Mgmt This regulation was NOT MET as evidenced by: See OHR citation below.		
12VAC35-115-50. B. (2) - In receiving all services, each individual has the right to: 2. Be protected from harm including abuse, neglect, and exploitation.	N	 Fredericksburg DD Case Mgmt This regulation was NOT MET as evidenced by: CHRIS#20240059/ Incident date: September 26, 2024 "Neglect" means failure by a person, program, or facility operated, licensed, or funded by the department, excluding those operated by the Department of Corrections, responsible for providing services to do so, including nourishment, treatment, care, goods, or services necessary to the health, safety, or welfare of an individual receiving care or treatment for mental illness, intellectual disability, or substance abuse. Provider substantiated neglect due to the following: Employee #1's lack of follow through with ensuring appropriate services were put in place and lack of responsiveness to service requests that were made for Individual #1 by Individual #1's care team meets the regulatory definition of neglect. During the investigation, it was revealed that Employee #1 did not provide adequate 	 PR) 12/04/2024 Employee # 1 is no longer employed with RACSB. A new support coordinator has been assigned and is making linkages and referrals to supports/services that are needed. Regular team meetings with the residential provider, DBHDS, legal guardian and support coordination staff are currently happening. The provider is gathering the needed documentation to request a other SIS redetermination. Next team meeting scheduled for 10/5/24. SCs will be reminded of the importance of following up and documenting this follow up follow up when an individual has a new need, or need that changed in intensity. Follow up should include contact with individual/substitute decision maker, and potential providers once appropriate 	12/31/2024

Page: 2 of 3

<u>License #:</u> 101-16-002 <u>Organization Name:</u> Rappahanno		f Inspection: 11-07-2024 m Type/Facility Name: 16-002 Fredericksburg DD Case	Mgmt
Standard(s) Cited Comp	Description of Noncompliance	Actions to be Taken	Planned Comp. Date
	 supervision of Individual #1 and Individual #1's needs in that when Individual #1 was released from Entity #1 in September 202 Employee #1 provided no follow-up in ensuring services such as Entity #2 was in place. It appears that Entity #2 only provided one visit and Employee #1 neither followed up was aware that Individual #1 was without Entity #2 for at least 2 weeks after discha from Entity #1 to address Diagnosis #1. Investigators also believe that Employee #1 provided no follow through in making that referral until September 2024. Failure to provide a services necessary to the health, safety and welfare of the individual is a violation of 12VAC35-115-50 (B)(2).	 SC will follow up with individual, care provider of substitute decision maker to ensure that the service that was linked is providing that service and will at least quarterly determine satisfaction with the services being provided. Support Coordination Supervisors will monitor service delivery during monthly supervision. B completing at least one file review each month review documentation of risk, need and,quarterlies are up to date, and that risks a addressed 	d

Page: 3 of 3

License #: 101-16-002 Organization Name: Rappahannock Area Community Services Board			<u>Date of Inspection:</u> 11-07-2024 Program Type/Facility Name: 16-002 Fredericksburg DD Case Mgmt		
Standard(s) Cited	<u>Comp</u>	Description of Noncompliance	Act	<u>ions to be Taken</u>	Planned Comp. Date
General Comments / Re	commendations:				
		ence with the reviewer and the reviewer's su		cussion of these findings.	By my signature on the
Cassie Purtlebaugh	, Human Rights	(Signature of Or	ganization Representative)		Date
C = Substantial Compl	iance, N = Non Co	ompliance, NS = Non Compliance Syste	mic, ND = Non Determined		

Communications Update

January 2025 Digital Content and Metrics Why it matters:

Digital presence has grown in importance in the last decade. Before, it was seen as something extra but now it is essential to doing business.

Digital Engagement Snapshot:

Content Creation:

- Three blog posts
- 24LinkedInposts
- 39Facebook posts
- 21 Tweets
- 28 Instagram posts
- 2025 Prevention trainingsupdated
- 2025 support groupsupdated

Statistics

- Facebook has 72 new fans this month
- Facebook posts reached 11,356 users
- Top Facebook posts were about Early Intervention holiday photo, inclement weather closing notice and a photo of admin staff in ugly holiday sweaters
- Instagram has 11 new followers
- Instagram post engagement was 7.93%
- Most popular Instagram posts: Early intervention team photo, Hope for the Holidays update, admin staff in ugly sweaters
- LinkedIn has 10 new fans
- LinkedIn engagement rate is 7.9%
- Most popular LinkedIn posts were Giving thanks for a 2024 of hope, admin staff in ugly sweaters, early intervention team photo
- Total audience growth for all social media platforms was 98 new fans and followers
- LinkedIn: 634 followers
- Twitter: 465 followers
- Instagram: 411 followers
- Facebook: 2,777 page fans
- RACSB is now on Threads! Our handle is @hope_starter

Spark:

The most visited pages were the home page, employee photo galleries, Caring for your Body and Mind (January's health post)

The employee handbook was the most frequently accessed document. Spark had 151 unique views and 1,557 site visits.

Website:

The most popular pages were: Home, Staff Portal, Contact Us, Employment and Mental Health Services. The site had 65,436 pageviews.

Competitive Analysis:

Facebook

- For Facebook, compared to industry averages for nonprofits: Audience growth rate is 1.73% while industry average is -2.65% Post engagement is 9.25% vs industry average of 1.82% Posting frequency is 1.31 posts per day vs. .39 posts per day.
- For Facebook compared with other CSBs: Fan growth 1.73% and Horizon Behavioral Health's is .66% and Region Ten CSB's is .24%. Our total number of fans is also higher than that of either CSB's Facebook page.
- For Instagram, compared to industry averages for nonprofit: Audience growth is 2.49% vs. -2.09%
 Postengagement rate is 8.12% vs 1.9%
 Post frequency is .9 per day compared to .62 per day
- For Instagram compared with Mary Washington Healthcare and Horizon Behavioral Health: Audience growth is 2.24% and MWHC's is 1.53% and Horizon's is -.41%
- For LinkedIn, compared to industry averages for nonprofit: Audience growth rate is 1.96% vs -1.09% Post engagement is 8.73% vs. 1.91% Post frequency is .83 posts per day compared to .29 posts per day



Internal Communications/Employee Engagement

ICEE Snapshot

Content Creation:

- Four news posts on Spark
- Three updated pages on Spark
- One new employee photogallery
- 16 Viva Engage posts
- One new Engage community
- One employee newsletter

Analytics:

- 151 unique Spark viewers
- 1,557 Spark visits

Employee Engagement

- The Internal Communications/Employee Engagement Committee met one time
- Engagement activities for this month were Secret Pal; Hope for the Holidays; door decorating competition



Blog Post:

Tackling Winter Blues

Winter days can be dark and dreary, which isn't always ideal for mental health.

The season's frosty grip can leave us feeling sluggish, unmotivated and downright blue. Shorter days, colder temperatures and a lack of sunshine can wreak havoc on our mood.

Hibernating under heavy blankets seems tempting–and is a good short-term strategy. But we can do better than just muddling through winter. With a few small steps, we can make it a season to enjoy.

Here are some strategies to banish the winter blues and embrace a vibrant, joyful season:

Embrace the Light:

Harness the Power of Sunshine: Even a short walk on a sunny winter day can significantly boost your mood. Sunlight helps regulate your circadian rhythm, promoting better sleep and energy levels.

Light Therapy: If sunshine is scarce, consider light therapy. Specially designed lamps mimic natural sunlight, proven to be effective in treating Seasonal Affective Disorder.

Move Your Body, Boost Your Mood:

Regular physical activity is a natural antidepressant. Get your heart pumping with brisk walks, jogs, or indoor activities like dancing or yoga.

Embrace Winter Sports: Hit the slopes, go ice skating, or try snowshoeing.

Connect and Cultivate Warmth:

Socialize and Stay Connected: Don't let winter isolate you. Plan game nights, movie marathons, or cozy dinners with friends and family. Strong social connections are essential for emotional well-being.

Nurture Yourself: Pamper yourself with a warm bath, indulge in a cup of herbal tea, or light some cozy candles. Prioritize activities that bring you comfort and relaxation.

Fuel Your Body, Nourish Your Mind:

Eat a Balanced Diet: Winter cravings for comfort food can be intense, but prioritize healthy choices. Include fruits,-vegetables, and whole grains for sustained energy and a healthy mood.

Stay Hydrated: Dehydration can worsen fatigue and negatively impact your mood. Hot herbal teas are a cozy way to boost your water intake.

A Round-Up of Ways to Cope with Winter Blues:

We asked our HopeStarters how they banish winter blues and they suggested:

Use Christmas lights as the primary source of light as much as possible in the winter. The soft glow brings warmth and peace. (Tip: These lights aren't just for Christmas, so feel free to keep them around all winter.) Snuggle with a pet.

Read.

Binge cheesy holiday movies with a super soft blanket.

Remember that even small amounts of exercise help.

Volunteer in the community.

Listen to music

Cook comfort foods.

Socialize with friends and family.

Planthings to do/accomplish in the upcoming months.

Find new ways of decorating or reorganizing.

Bake.

Go for a walk.

Decorate for the different holidays.

Go for coffee with a friend.

Start new craft projects.

Make tropical fruit salads for dessert.

Relax in front of a fire and catch up on a good book.

Be gentle with yourself. With stress and new things this season, take a break if you need it. By incorporating these tips into your routine, you can transform your winter from a season of blues to a time of joy, connection, and self-care. So, bundle up, embrace the sunshine (or light therapy), and chase those winter blues away!



MEDIA RELEASE

Rappahannock Area Community Services Board 600 Jackson Street, Fredericksburg, VA 22401 540-373-3223 Fax: 540-371-3753 www.rappahannockareacsb.org

FOR IMMEDIATE RELEASE Dec. 10, Fredericksburg, VA

RACSB Joins 2024 Gift Responsibly Campaign to Raise Awareness of Youth Gambling Risks

Fredericksburg, Virginia – Early exposure to gambling increases the risks of developing a problem later in life. To raise awareness of this danger, Rappahannock Area Community Services Board has joined the 2024 Gift Responsibly Campaign.

The campaign is organized by the <u>National Council on Problem Gambling</u> (NCPG) and supported by <u>the</u> <u>North American Association of State and Provincial Lotteries</u> (NASPL). RACSB is committed to sharing information and promoting awareness throughout the holiday season.

Children are often introduced to gambling through lottery tickets or scratch-off games, by adults who are unaware of the associated risks.

"Grabbing a lottery scratch ticket might seem like a fun stocking stuffer, however gambling-related gifts of any sort are not appropriate for children under the age of 18," said Michelle Wagaman, RACSB's director of prevention services. "We partner with The Gift Responsibly Campaign as a reminder to our community that adults have a responsibility to role model legal and responsible gaming and gambling."

About Rappahannock Area Community Services Board: Founded in 1970, the Rappahannock Area Community Services Board (RACSB) provides public mental health, developmental disability, substance abuse and prevention/early intervention services to the residents of the City of Fredericksburg and the counties of Caroline, King George, Spotsylvania and Stafford. To learn more, visit <u>www.</u> rappahannockareacsb.org.

About the National Council on Problem Gambling: The NCPG is neutral on legalized gambling. Based in Washington DC, it is the only national nonprofit that seeks to minimize the economic and social costs associated with gambling addiction. If someone you know may have a gambling problem, contact the National Problem Gambling Hotline, which offers hope and help without stigma or shame. Call or text 1-800-GAMBLER or visit www.1800gamblerchat.com. Help is always available and is free and confidential.

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MEDIA RELEASE Rappahannock Area Community Services Board 600 Jackson Street, Fredericksburg, VA 22401 540-373-3223 Fax: 540-371-3753 www.rappahannockareacsb.org

FOR IMMEDIATE RELEASE December 11, 2024, Fredericksburg, VA Formoreinformation, contact: Amy Umble, Communications Coordinator 540-940-2314 or aumble@rappahannockareacsb.org

Art Exhibit Seeks Work by Adults with Mental Illness

Deadline for Entries: March1 Exhibition Dates: May 1-31

Fredericksburg, Virginia – Rappahannock Area Community Services Board seeks entries for its annual "Art of Recovery" exhibit. The art show features original artwork by adults with mental health challenges. The exhibit will open May 1 at the head quarters of Central Rappahannock Regional Library in Fredericksburg, Virginia.

The Art of Recovery provides a forum for artists living with mental illness to gain confidence in their abilities, address misconceptions surrounding mental illness and experience community support.

The RACSB is accepting original 2-Dimensional drawings, paintings, prints, and mixed media. Artwork should be submitted by March 1. Visit rappahannockareacsb.org for an entry form and display instructions.

Entries must be accompanied by a completed entry form, which is available at rappahannockareacsb.org/ art-of-recovery.

 $For details or to submit artwork, contact Anna Loft is at 540-373-7737 \, or \, dl_art of recovery @rappahannockareacsb.org.$



Social Media Report 2024

year in review

1,324 posts 246,158 impressions 875 post shares 6,899 reactions 4,217 followers 3,226 video views 334 comments

Top Facebook Posts

Rappahannock Area Community Services Board

Publishes _____ February 21, 2024 · 🔇

If ensuring 21, 2024. "Optimizing and an ensuring and an ensuring and an ensuring and an ensuring and the shear and the shear



Rappahannock Area Community Services Board Published by Hootsu March 5, 2024 · 🔇



Rappahannock Area Community Services Board Published by Hootsuite November 27, 2024 - 3

¹ Congratulations to Ramon Test, who was banned the Team Member of 2024 for the Spotsylvania Regional Behavioral Health Oocket "Ramon is a mental health case manager who always goes above and beynot he light the people her serves—he truly is a HopeStarter in all the best ways." Behavioral HealthDocket #HopeStarter #WaytoGo



Top Instagram Posts



Top LinkedIn Posts

Rappahannock Area Community Services Board mig. 519 follow 6mo · (S)

We're passionate about removing barriers to behavioral healthcare. So, we were excited to celebrate the signing of SB 403. Executive Director Joe Wickens joined other local community leaders, Governor Youngkin and Senator Tara Durant, who sponsored the bill. Learn more about the bill: https://lnkd.in/eKFJczXr



Rappahannock Area Community Services Board 519 followers 1mo - S y in the

★ Congratulations to Ramon Test, who was banned the Team Member of 2024 for the Spotsylvania Regional Behavioral Health Dockett mental health case manager who always goes above and beyond to help the people he serves---he truly is a HopeStarter in all the best ways. ★ #BehavioralHealthDocket #HopeStarter #WaytoGo



CC Anna L oftis, LCSW and 20 others Reactions

T Congratulations to Julia Ornock, Reimbursement Technician and Chicken Mama Extraordinaire →, for 35 years of service to RACSBF → 1999 might be known for a Taylor Switt abum, the fail of the Berlin Wall, the iaunch of Baywatch and the birth of the flip phone but to us, it will always be remembered for our exceptional new the set of th







Prevention Services Program Updates

Michelle Wagaman, Director

mwagaman@rappahannockareacsb.org 540-374-3337, ext. 7520

Prevention Services Top 5 for January:

- 1. Our dashboard is ready and will be provided quarterly moving forward (and attached).
- 2. Save1Life coalition efforts recognized in recent Free Lance Star article.
- 3. DBHDS is providing each CSB with scholarships for the Creating Trauma Sensitive Schools Conference (virtual).
- 4. Gearing up for the annual Youth First Conference on February 15, 2025.
- 5. We've been invited to provide a project for the Ceili Leahy Senior Day of Service 2025 at James Monroe High School on April 4, 2025.

Substance Abuse Prevention

RACSB Prevention Services continues substance abuse prevention efforts specifically targeting youth. In response to the opioid epidemic and legalization of adult-use cannabis, our target demographics includes adults.

Youth Education/Evidence Based Curriculums – Jennifer Bateman, Prevention Specialist, continues this round of facilitation of the Second Step social emotional learning curriculum with St. Paul's and 4Seasons day care/preschool centers in King George County. Year 2 facilitation of the Second Step Bully Prevention curriculum for the elementary grade levels within Caroline County Public Schools is nearing completion at Lewis and Clark Elementary School.

Coalitions – The Community Collaborative for Youth and Families has set the quarterly meeting schedule for 2025: April 11; July 11; and October 10. Youth First is scheduled for February 14, 2025. The January meeting was cancelled due to the weather. The new website has launched: https://www.thecommunitycollaborative.org/

Tobacco Control – The Prevention Services Team continues to wait for updated materials from DBHDS prior to resuming the merchant education. The recent update is to expect them in January/February 2025. Additionally the store audit is being updated. There will be a training hosted by DBHDS to review the revisions.

Alcohol and Vaping Prevention Education – Jennifer Bateman, Prevention Specialist, continues to schedule for the 2024-2025 academic year to facilitate alcohol prevention and vaping prevention education trainings as part of health classes. She recently scheduled for King George High School and Courtland High School.

Suicide Prevention Initiatives

RACSB Prevention Services takes an active role in suicide prevention initiatives including:

ASIST (Applied Suicide Intervention Skills Training) – This Living Works curriculum is a 2-day interactive workshop in suicide first aid. Participants learn how to recognize when someone may have thoughts of suicide and to work with the individual to create a plan that will support their immediate safety.

The training will be held on the following dates in 2025: March 13-14; June 4-5; July 29-30; and October 24-24.

To register: https://www.signupgenius.com/go/RACSB-ASIST-Training2025

Mental Health First Aid – This 8-hour course teaches adults how to identify, understand, and respond to signs of mental health and substance use disorders. The training introduces common mental health challenges and gives participants the skills to reach out and provide initial support to someone who may be developing a mental health of substance use problem and connect them to the appropriate care.

Adult Mental Health First Aid trainings will be held on the following dates in 2025: February 4; April 29; June 10; September 4; and December 9 (from 8:30 a.m. to 5:00 p.m.).

Mental Health First Aid in Spanish trainings are scheduled for the following dates in 2025: March 18; May 8; August 19; and November 13.

Youth Mental Health First Aid training is scheduled for the following dates in 2025: March 3; May 22; June 17; October 7; and December 2 (from 8:30 a.m. to 5:00 p.m.). We are working with the Boys Scouts (Aquia District) to get their leaders trained.

To register for Adult Mental Health First Aid Training: https://www.signupgenius.com/go/RACSB-MHFA-Training2025

To register for Adult Mental Health First Aid in Spanish Training: https://www.signupgenius.com/go/RACSB-MHFA-Spanish2025

To register for Youth Mental Health First Aid Training: https://www.signupgenius.com/go/RACSB-YouthMHFA-Training2025

safeTALK – This 3-hour suicide alertness training encourages participants to learn how to prevent suicide by recognizing signs, engaging the individual, and connecting them to community resources for additional support.

safeTALK is scheduled for the following dates in 2025: February 5 (1:00 p.m. to 4:00 p.m.); April 24 (9:00 a.m. to noon); July 22 (9:00 a.m. to noon); September 23 (9:00 a.m. to noon); and November 17 (1:00 p.m. to 4:00 p.m.).

To register: https://www.signupgenius.com/go/RACSB-safeTALK2025

Lock and Talk Virginia – Region is nearing completion on an evaluation survey to be utilized by Lock and Talk partners outside of community services boards so we can better track outcomes.

Coalitions – The subgroups formed to address focus areas of teens/young adults; older adults; and first responders/veterans continue to meet and develop goals. Lethal means safety packets were provided to local physician offices. The next coalition meeting will be held February 24, 2025 at 1:00 p.m. at River Club.

State Opioid Response (SOR)

RACSB Prevention Services is actively engaged with community partners to address the opioid response in the areas of prevention, harm reduction, treatment, and recovery.

Coalitions – The Opioid Workgroup meets monthly and is an interdisciplinary professional group. Meetings continued to scheduled and held with local medical providers as we work to increase knowledge and understanding of prevention and harm reduction strategies. A new website the Save 1 Life harm reduction initiative has launched: <u>https://www.save1lifefxbg.org/</u>

The posters have finally been installed on FXBGO! Buses. The Free Lance Star covered the unveiling with an article on December 20, 2024 (included).

Save One Life Naloxone Training and Dispensing – RACSB continues to host virtual trainings twice a month. Additionally, we schedule and host trainings upon the request of community partners. We continue to experience an increase in training/dispensing requests from community organizations.

Virtual training dates for 2025: https://www.signupgenius.com/go/5080F48A5A629A5FF2-54093052-opioid

Additional Initiatives

Responsible Gaming and Gambling – Planning continues to engage stakeholders to create a logic model and plan specific to Planning District 16. RACSB is now a member of the Virginia Council on Problem Gambling. To learn about this organization, please visit <u>www.vcpg.net</u>.

The Virginia Lottery Gift Responsibly campaign social media posts had a combined reach of 903.

We now have slide decks for either a 15-minute overview or hour long training on responsible gaming and gambling.

ACEs Interface – RACSB Prevention Services offers in-person trainings for community members to learn more about the impact of adversity in childhood on brain development and how toxic stress can impact individual and community health.

This Understanding ACEs training will be held on the following dates in 2025: February 10 (1:00 p.m. to 4:00 p.m.); April 9 (1:00 p.m. to 4:00 p.m.); June 11 (2:00 p.m. to 5:00 p.m.); August 5 (9:00 a.m. to noon); September 9 (9:00 a.m. to noon); and October 28 (9:00 a.m. to noon).

150

To register: <u>https://www.signupgenius.com/go/RACSB-ACEs-Training2025</u>

Additionally, RACSB will host two train-the-trainer cohorts in 2025. These are for individuals who would like to become ACE Interface presenters and share this information with their organizations/communities. The train-the-trainer is 2/5 days and will be held February 26-27-28 and August 27-28-29. Keith Cartwright from DBHDS will co-train with RACSB Master Trainers Amy Jindra and Michelle Wagaman.

To register: https://www.signupgenius.com/go/RACSB-ACE-Presenter2025

Community Resilience Initiative –Course 1 Trauma Informed and Course 2 Trauma Supportive are each 6-hour courses that cover brain science, the individual experiences and ways to build individual and community resilience. (Course 1 is a pre-requisite for Course 2). The training is held from 9:00 a.m. to 4:00 p.m.

In 2025, we will host Course 1 on January 23; April 22; July 31; and September 25. Course 2 will be held May 13 and December 4.

To register: https://www.signupgenius.com/go/RACSB-CRI-Training2025

Activate Your Wellness – DBHDS initiative that is primarily a social norms campaign with social media, print materials, and short videos. We plan to resume using this content for "Wellness Wednesday" posts in 2025.

Rappahannock Area Kids on the Block

Rappahannock Area Kids on the Block (RAKOB) is scheduling for spring performances and hopes to return to the multicultural fair at the University of Mary Washington.

Healthy Families Rappahannock Area

HFRA helps parents **IDENTIFY** the best version of themselves, **PARTNERS** with parents with success in parenting, and **EMPOWERS** parents to raise healthy children.

LOCALITY	NUMBER OF REFERRALS	ASSESSMENTS	NUMBER OF Families Receiving Home Visits	NEW Enrollees Year-to-date
CAROLINE COUNTY	1	1	3	1
CITY OF FREDERICKSBURG	3	3	35	4
KING GEORGE COUNTY	2	0	11	2
SPOTSYLVANIA COUNTY	10	7	74	28
STAFFORD COUNTY	4	4	38	14
OUT OF AREA (REFERRED	0	0	0	0
TO OTHER HF SITES)				
TOTAL	20	15	161	49

December 2024

• Healthy Families Rappahannock Area hosted their annual holiday drive through event on December 12, 2024 at the River Club parking lot. A total of 115 families participated. Donations were received from Toys for Tots, Sunshine Volunteers, and CarMax to support the event.

• The program successfully hosted their annual technical assistance/quality assurance visit with Healthy Families Virginia on December 4-5, 2024.

Recent program outcomes for families served by Healthy Families Rappahannock Area: Child Health

- 92% (71 of 77) of children received scheduled Well Care Visits
- 97% (92 of 95) immunization completion

Developmental Screening

- 100% (5 of 5) received scheduled developmental screen (ASQ)
- 100% (3 of 3) received scheduled Social Emotional Screening (ASQ SE)

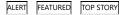
Maternal Health

- 100% (5 of 5) received scheduled Postpartum Care
- 100% (2 of 2) linked to services for Positive Depression Screen

Positive Parenting Practices

• 86% (6 of 7) identify child as having a positive male role model

https://fredericksburg.com/news/local/coalition-works-to-save-lives-from-drug-overdoses/article_2e0f33c4-be16-11ef-8f9e-13556875750b.html



Coalition works to save lives from drug overdoses

Cathy Dyson

Dec 20, 2024



Barb Barlow and Gabrielle Henry of Mental Health America Fredericksburg Region check out posters on Fredericksburg Regional Transit buses. The posters encoura everyone to save a life by carrying Narcan.

Cathy Dyson

Cathy Dyson

n area coalition that focuses on ways to reduce deaths from drug overdoses is taking its message on the road.

The Save 1 Life initiative has partnered with Fredericksburg Regional Transit, also known as FXBGO!, to install posters on all 30 buses in the fleet. The campaign encourages everyone to carry Narcan, which temporarily reverses the effects of an opioid overdose.

The posters include a QR code which accesses the Save 1 Life website at www.save1lifefxbg.org and information on where to get free Narcan. Those interested also can call their local health department or the Rappahannock Area Health District at 540/899-4797.

The logic behind the campaign is simple, said Carmen Greiner, a therapist with Lighthouse Counseling of Fredericksburg and active member of the coalition.

People are also reading...

1 Spotsylvania man convicted of a felony for trying to extort money from a county store clerk

- 2 High school student in Spotsylvania arrested for bringing guns onto school property
- 3 Judge sentences Trump in hush money case but declines to impose any punishment
- 4 Stafford officials start new year with old tensions
- 5 5 Best Weight Loss Solutions of 2025: Your Guide to Achieving Lasting Results

"We need this because people are still dying," she said. "We've been working on this for years, and despite all of the things we've done in the community, we offer treatment, we offer outreach, we have programs in the jails, we have programs in the hospitals, we're doing so many things and yet folks are still falling through the cracks."

According to the Virginia Department of Health, 33 local residents went to emergency rooms in September for drug overdoses. They represent Fredericksburg and the counties of Caroline, Spotsylvania and Stafford. King George also is part of the Rappahannock Area Health District, but the recent numbers don't include the county.

Figures from last year do, and show 275 local residents visited emergency departments for all types of drug overdoses in 2023. Of that total, 63 people died.

However, the death toll was much higher the year before, in 2022, when overdoses claimed 123 local residents. Statewide numbers have seen the same decline, particularly in deaths from opioids, said Michelle Wagaman, prevention services director with the Rappahannock Area Community Services Board.

"I believe the increased availability of Narcan/Naloxone is contributing to less fatalities," she said. "If more people are trained to recognize and respond to a potential opioid overdose, and Narcan is available, we can save lives in our community."

Narcan is a brand name of Naloxone, which blocks the effects of opiates on the brain and restores breathing. Naloxone works only if a person has opiates in his or her system.

Bus riders tend to check out ads on display during the trips, and the poster is "another resource at their fingertips," said Melody Fowler, deputy director of FXBGO! Given the service's ridership, there will be a lot of eyes on the ads; in FY 24, there were 332,441 individual trips taken on the regional transit system.

In addition, the posters represent a new approach an epidemic that's killed more than half a million Americans since 1999.

"The Fredericksburg area is moving in a new direction where we realize if we're gonna change the community and the narrative, we have to work together," said Barb Barlow, executive director of Mental Health America Fredericksburg Region. "This group has for-profits, nonprofits, governmental entities, including schools, engaged and that's what's going to have to happen."

Donors to the local branch of Mental Health America paid for the bus signs, and the organization recently changed its mission to include services for both mental health issues and substance abuse disorder. The two tend to occur together, Barlow said.

Likewise, agencies have been working since an initial town hall in 2017 to collaborate on ideas. The Save 1 Life approach, which started two years ago, focuses more on harm reduction strategies which are ways to keep people safe until they're ready to seek treatment, Greiner said.

"We come it at from an approach that says, you're not a bad person, we just want you not to die," she said.

Harm reduction doesn't mean "anything goes" and does not condone, endorse or encourage drug use, according to the National Harm Reduction Coalition. Instead, it focuses on preventing death and other serious outcomes with strategies such as providing test strips to determine if there's fentanyl in drugs; medication assisted treatment such as methadone and suboxone; providing condoms to prevent spread of disease; and offering medication disposal kits, gun buy-backs and needle-exchange kits.

There's also a national service called the Never Use Alone hotline at 1-877/696-1996 which has someone available over the phone to help drug users establish a safety plan and get medical help, if needed.

"I'm really proud of the community coming together to come up with ways to help people rather than penalize people who are going through a tough time," said Sarah Buskirk, a former public defender in Fredericksburg who operates a sober-living home for women.

She looks at harm reduction strategies the same way she recognized the need for a place for women to live in a safe place as they recovered from addiction. She opened Her House, which stands for Homes Empowering Recovery, in Fredericksburg in August 2024.

"If you can give people just one more day, tomorrow could be the next day that they get better and choose to recover," she said. "If somebody overdoses, that day won't come."





Cathy Dyson: 540/374-5425

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Spreading the word, and safety

The Save 1 Life coalition plans to do more educational events in 2025 at local farmers markets and regional events.

The team also wants to provide Narcan, which reduces the effects of opioid overdose, in high-risk areas for drug use, including local hotels, said Darian Hugo of Brightview Health and a member of the Save 1 Life board.

"We'll continue doing things that are important for the community to keep everyone safe and knowledgeable," she said.

Since Save 1 Life formed in 2022, it has distributed 866 doses of Narcan; 656 medication disposal kits; 159 lockboxes for all types of drugs, including prescriptions; 96 kits to test drugs for potency; 34 first-aid kits; and 19 bottles for needle disposal.

Coalition members, who represent more than 20 businesses, nonprofits and state and federal agencies, have made presentations to 15 local agencies ranging from the Rappahannock Regional Jail Board Authority to the Moss Free Clinic; attended 12 community events; and spoken to four local government boards.

Save 1 Life also has received more than \$50,000 in donated services, supplies or grants from the community.

The team would like to purchase a van, staffed with volunteers who would travel the Rappahannock Area Health District to distribute kits, supplies and education, and in the process, foster relationships with people who use drugs. The estimated cost for the van is \$60,000.

More information on harm reduction strategies is available at 540/907-0121.

Popular in the Community

Rappahannock Area Community Services Board					
Prevention Services Monthly Snapshot					
FY 2025 (July 1, 2024 through June 30, 2025)					

	Initative	Measures/Indicators	Quarter 1	October 2024	Noteworthy	November 2024	Noteworthy	December 2024	Noteworthy	Quarter 2	Year to Date	FY 2024
	Evidence-based Curriculums	Healthy Alternatives for Little Ones (HALO)	0	0	Resumes in 2025	0	Resumes in 2025	0	Resumes in 2025	0	0	36
		Second Step	44	44	St. Paul's Dayschool and Four Seasons Daycare	44	St. Paul's Dayschool and Four Seasons Daycare			88	132	36
		Second Step - Bully Prevention	571	345	Bowling Green Elementary Round 1 and Round 2 (3rd, 4th, 5th)	437	Bowling Green Elementary Round 2- Lewis and Clark Elementary Round 1 (3rd, 4th, 5th)	275	Lewis and Clark Elementary Round 1 (3rd, 4th, 5th)	1057	1628	2,048
5		Too Good for Drugs	24	0	Resumes in 2025	0	Resumes in 2025		Resumes in 2025	0	24	24
Substance Abuse Prevention	Tobacco Control	Merchant Education through CounterTools Initiative	0	0		0	Still awaiting updated materials from DBHDS; 2 year process		Still awaiting updated materials from DBHDS; 2 year process	0	0	270
Abuse	Tobacco/Vaping Prevention Education	Number of Trainings	4	1	Lotus Academy	8	Courtland HS and King George HS	0		9	13	51
9		Number of Individuals Reached	106	7		378		0		385	491	1,961
ubstan	Alcohol Prevention Education	Number of Trainings	0	0		6	King George HS JROTC and nursing students	0		6	6	24
งั		Number of Individuals Reached	0			140		0		140	140	1,115
	Cannabis/Marijuana Prevention Education	Number of Trainings	0	3	King George JROTC	3	King George HS nursing students	0		6	6	24
		Number of Individuals Reached	0	92		70		0		162	162	1,362
	Coalitions	The Community Collaborative for Youth and Families		16	Quarterly meeting with training	n/a	preparing for Youth First	0			36	
	Rappahannock Area Kids on the Block	Number of Performances	1	0	n/a	1	Performed at the Healthy Families graduation celebration			1	2	2
		Number of Individuals Reached	120	0		40				40	160	300
	Mental Health First Aid Training	Number of Adult MHFA Trainings	8	2	Bragg Hill Family Life Center, Stafford	2	Corrections Officers,	0	n/a	4	12	27
		Number of Adult MHFA Participants	177	42	County Government	32	community (Spanish -	0		74	251	456
		Number of Youth MHFA Trainings	1	1	Community	0	Two scheduled for December	2	Community and Fredericksburg	3	4	9
		Number of Youth MHFA Participants	21	16		0		31	City Schools	47	68	153
		Total Number of Participants Trained	198	58		32		31		121	319	36
		Number of teenMHFA Implementations	0	0	_	6	Very first implementation			6	6	n/a
Suicide Prevention		Number of teenMHFA Participants	0	0		150	at Caroline High School for Ms. Camp's 10th grade PE/Health classes			150	150	n/a
е -	ASIST (Applied Suicide	Number of Trainings	1	0	n/a	1	Participants were extremely	0		1	2	3
uicid	Intervention Skills Training)	Number of Participants	25	0		13	engaged with the course.	0		13	38	51
0	safeTALK Training	Number of Trainings	1	1	n/a	0	Schedule quarterly	0		1	2	4
		Number of Participants	12	8		0		0		8	20	61
	Lock and Talk/Means Safety	Medication Lock Boxes Distributed*	44	8		18	HeadStart	35	CIT Training	61	105	269
		Trigger Locks Distributed	148	40		25		27	CIT Training	92	240	445
		Cable Locks Distributed	200	50		25		27	CIT Training	102	302	722
	The Gun Shop Project	Merchant Education	0	0		0		0		0	0	1
	Coalitions	Suicide Prevention Coaltion (CCYF subset)	Active					Active	Meeting held 12/16	45	45	n/a
	Understanding Adverse	Number of Trainings	2	0	n/a	0	scheduled	2		2	4	17
S	Childhood Experiences Training	Number of Participants	109	0		0	training cancelled due to low registrations	35	Chancellor HS staff; community	35	144	330

enti	on Services Monthly Sna	pshot										
025	(July 1, 2024 through Ju	ne 30, 2025)										
	Initative	Measures/Indicators	Quarter 1	October 2024	Noteworthy	November 2024	Noteworthy	December 2024	Noteworthy	Quarter 2	Year to Date	FY 20
<u>i</u>	Community Resilience Initiative	Number of Trainings	1	0	n/a	0	n/a	0	n/a	0	1	3
	Course 1: Trauma Informed	Number of Participants	10	0		0		0		0	10	37
5	Community Resilience Initiative	Number of Trainings	0	1	n/a	0	n/a	0	n/a	1	1	2
amily		Number of Participants	0	11		0		0		11	11	27
	Parenting Sessions	Number of Sessions	0	1		0	n/a	0	n/a	1	1	1
		Number of Adults Participants	0	6	"Self-care isn't	0		0		6	6	31
		Number of Youth Participants	0	0	Selfish" for Spotsy HeadStart	0		0		0	0	-
(SOR	REVIVE!/Safe1Life Trainings	Number of Trainings	24	13	Clinical T4T; Out of	7	UMW and Hidden in Plain	10	Spotsy CTC	30	54	13
		Number of Participants	413	177	Darkness Walk	92	Sight for PE-ID	215	health students trained and 1/4	484	897	1,7
	Naloxone Distribution	Number of Boxes Distributed	438	171		90		64	picked up narcan	325	763	1,60
		Number of Doses (2 doses per box)	876	342		180		128		650	1526	3,3
		Percent of those trained receiving Naloxone	106%	97%		98%		30%		67%	85%	979
2	Safe Storage/Disposal	Medication Deactivation Kits Distributed	614	410		419		35		864	1478	2,50
		Medication Lock Boxes Distributed*	44	8		18		35		61	105	26
D	Drug Take Backs	Operation Medicine Cabinet (October/April)	0	1,635 lbs						1,635 lbs	1,635 lbs	2,80
	Coalitions	Opioid Workgroup/Save1LifeFXBG	0	active	website launched	active		active	FXBGO! Posters	36	36	32
- 50	Awareness/Education	Number Community Presentations	4	0		0		0		0	4	-
Gambling		Number of Individuals Reached	70	0		0		0		0	70	-
	Social Media	Number of Posts	0	0		0		15		15	15	-
L Q		Reach of Posts	0	0		0		904		904	904	-

Finance Department December 2024 Program Updates

Staffing Changes and Opportunities:

There are currently two open positions in the Finance Department: Accounting Coordinator (currently posted) and Financial Analyst (currently on hold). We continue to appreciate our financial consultant, Kelly Young Marinoff, who will be working with Sara to help train her on our financial software and other items.

Reimbursement Department:

We are starting a new write off process internally that will allow us to see write off trends more clearly so we can address any issues quicker.

We are currently working out functionality issues with our new vendor and this caused our client bills that went out in November to be reflected as if they had been sent out in October. For this reason, there is a credit of \$4,858 under consumers for "claims aged 0 - 29 days". The correction has been made and will be reflected when we report on December totals.

In the month of November, we adjusted services that were over one year old for three clients that had not met their spenddown. These adjustments were for ACT and MH Residential services. We continue to work with DSS to meet client spend down requirements. We are seeing progress, but we still expect this trend to continue as some clients may not receive retroactive coverage.

We had an increase in write-offs due to "Max Units Benefits". This increase is a result of multiple ID/DD Residential clients reaching their annual maximum amount of days for this service as established by Medicaid.

In the month of November, we cleaned up claims aged over 90 days for ES and OP services that were not covered by the clients' commercial insurance plan.

Accounting Department:

The Accounting Department has responded to record requests for the DBHDS Internal Audit and the required annual financial audit for the agency. Preparation is underway for the end of year annual financial audits of the HUD group homes and the agency's mid-year regional reporting. Review of Accounts Payable records is in progress to file 1099s to required vendors.

Summary of Cash Investments

Depository	 	Rate	Comments
Atlantic Union Bank			
Checking	\$ 15,731,166	3.25%	
Investment Portfolio			
Cash Equivalents	3,960,789		
Fixed Income	4,987,280		
Total Investment	8,948,069		
Total Atlantic Union Bank	\$ 24,679,235		
Other			
Local Gov. Investment Pool	\$ 35,956	4.62%	Avg. Monthly Yield
Total Investments	\$ 24,715,191		

Health Insurance

FY 2025	Monthly Premiums	Additional Premium Contributions	Monthly Claims & Fees	Interest	Balance
Beginning					
Balance					\$3,029,016
July	\$611,895		\$261,724	\$1,355	\$3,380,542
August	\$171,712		\$322,228	\$1,382	\$3,231,408
September	\$419,303		\$209,940	\$1,341	\$3,442,111
October	\$205,620		\$311,924	\$1,443	\$3,337,250
November	\$595,278		\$216,548	\$1,391	\$3,717,371
December	\$215,650		\$330,102	\$1,537	\$3,604,456
YTD Total	\$2,219,457	\$0	\$1,652,466	\$8,448	\$3,604,456

Other Post-Employment Benefit (OPEB)

*OPEB data is not available this month due to the transition of our OPEB servicer and new platform.

Historical Data	Average Monthly Claims	Monthly Average Difference from PY	Highest Month
FY 2025	\$275,411	\$19,958	\$330,102
FY 2024	\$255,453	\$41,076	\$593,001
FY 2023	\$214,376	(\$97,137)	\$284,428
FY 2022	\$311,513	(\$24,129)	\$431,613
FY 2021	\$335,642	\$14,641	\$588,906

Summary of Investments

Accet Decerintion	ch	ares/Face Value	Market Value		Total Cost		Unrealized		st Incomo	Current Yield
Asset Description Fidelity IMM Gov Class I Fund #57		÷		ć	168,317.24	ć	Gain/Loss	\$	st. Income	
	\$	168,317.24	\$ 168,317.24	\$	•	\$		1.	7,345.00	4.36%
US Treasury Bill (02/06/2025)	\$	1,000,000.00	\$ 977,139.38	Ş	976,436.87	\$	702.51	\$	18,770.62	1.92%
US Treasury Bill (03/27/2025)	\$	400,000.00	\$ 392,974.22	\$	392,732.11	\$	242.11	\$	3,121.78	0.79%
US Treasury Bill (05/15/2025)	\$	1,000,000.00	\$ 982,185.88	\$	981,747.13	\$	438.75	\$	2,574.12	0.26%
US Treasury Bill (06/12/2025)	\$	1,000,000.00	\$ 957,295.03	\$	953,972.50	\$	3,322.53	\$	24,224.97	2.54%
US Treasury Bill (08/07/2025)	\$	500,000.00	\$ 482,877.70	\$	483,455.62	\$	(577.92)	\$	4,872.30	1.01%
Total Cash Equivalents	\$	4,068,317.24	\$ 3,960,789.45	\$	3,956,661.47	\$	4,127.98	\$	60,908.79	1.54%
US Treasury Note (04/30/2025) (est in 2020)	\$	1,000,000.00	\$ 987,390.00	\$	948,906.25	\$	38,483.75	\$	3 <i>,</i> 750.00	0.38%
US Treasury Note (10/15/2025)	\$	1,000,000.00	\$ 1,000,330.00	\$	1,005,781.25	\$	(5,451.25)	\$	42,500.00	4.25%
US Treasury Note (09/30/2025)	\$	500,000.00	\$ 502,650.00	\$	504,570.31	\$	(1,920.31)	\$	25,000.00	4.97%
US Treasury Note (10/15/2026)	\$	500,000.00	\$ 503,140.00	\$	506,738.28	\$	(3,598.28)	\$	23,125.00	4.60%
US Treasury Note (03/15/2027)	\$	500,000.00	\$ 499,950.00	\$	496,308.59	\$	3,641.41	\$	21,250.00	4.25%
US Treasury Note (04/30/2026)	\$	500,000.00	\$ 503 <i>,</i> 965.00	\$	499,023.44	\$	4,941.56	\$	24,375.00	4.84%
US Treasury Note (08/15/2027)	\$	500,000.00	\$ 493,730.00	\$	495,292.97	\$	(1,562.97)	\$	18,750.00	3.80%
US Treasury Note (8/31/2026)	\$	500,000.00	\$ 496,125.00	\$	495,195.31	\$	929.69	\$	18,750.00	3.78%
Total Fixed income	\$	5,000,000.00	\$ 4,987,280.00	\$	4,951,816.40	\$	35,463.60	\$	177,500.00	3.55%
12/31/2024			\$ 8,948,069.45	\$	8,908,477.87	\$	39,591.58	\$	238,408.79	2.30%

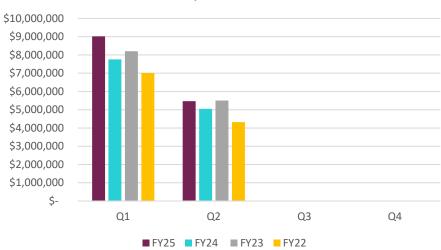
Fee Revenue Reimbursement- November 30, 2024

RAPPAHANNOCK AREA COMMUNITY SERVICES BOARD

FEE REVENUE REIMBURSEMENT REPORT AS OF NOV 30, 2024

AGED CLAIMS		С	urrent Month	Pric	or Month	Prior Year		
Total Claims Outstanding	Total	100%	\$7,102,533	100%	\$6,332,152	100%	\$6,709,005	
	Consumers	52%	\$3,667,706	57%	\$3,603,345	54%	\$3,605,852	
	3rd Party	48%	\$3,434,827	43%	\$2,728,807	46%	\$3,103,153	
Claims Aged 0-29 Days	Total	45%	\$3,186,105	41%	\$2,565,525	45%	\$2,999,007	
	Consumers	0%	-\$4,858	2%	\$114,235	1%	\$92,049	
	3rd Party	45%	\$3,190,963	39%	\$2,451,290	43%	\$2,906,958	
Claims Aged 30-59 Days	Total	4%	\$271,150	2%	\$151,908	2%	\$157,185	
	Consumers	3%	\$195,123	1%	\$41,494	1%	\$39,867	
	3rd Party	1%	\$76,027	2%	\$110,415	2%	\$117,318	
Claims Aged 60-89 Days	Total	1%	\$104,383	2%	\$104,365	2%	\$114,086	
	Consumers	1%	\$41,859	1%	\$64,685	0%	\$23,110	
	3rd Party	1%	\$62,524	1%	\$39,680	1%	\$90,976	
Claims Aged 90-119 Days	Total	1%	\$84,935	1%	\$91,037	1%	\$79,825	
	Consumers	1%	\$60,056	1%	\$52,396	1%	\$55,064	
	3rd Party	0%	\$24,879	1%	\$38,641	0%	\$24,761	
Claims Aged 120+ Days	Total	49%	\$3,455,960	54%	\$3,419,317	50%	\$3,358,902	
	Consumers	48%	\$3,375,526	53%	\$3,330,536	51%	\$3,395,762	
	3rd Party	1%	\$80,434	1%	\$88,781	-1%	-\$36,860	

CLAIM COLLECTIONS	
Current Year To Date Collections	\$14,488,481
Prior Year To Date Collections	\$12,801,362
\$ Change from Prior Year	\$1,687,119
% Change from Prior Year	13%



Quarterly Fee Collections

Write-off Report

Month: I	Nov 2024			
Write Off Code	Current	YTD	Prior YT	D
BAD ADDRESS	\$	482	\$	40
BANKRUPTCY	\$	-	\$	20
DECEASED	\$	-	\$	20
NO FINANCIAL AGREEMENT	\$	2,826	\$	213
SMALL BALANCE	\$	30	\$	132
FINANCIAL ASSISTANCE	\$	164,358	\$	132,418
NO SHOW	\$	120	\$	60
MAX UNITS/BENEFITS	\$	42,370	\$	21,825
PROVIDER NOT CREDENTIALED	\$	1,540	\$	2,571
ROLL UP BILLING	\$	-	\$	205
DIAGNOSIS NOT COVERED	\$	3,548	\$	320
NON-COVERED SERVICE	\$	12,147	\$	1,493
SERVICES NOT AUTHORIZED	\$	4,855	\$	11,144
PAST BILLING DEADLINE	\$	555	\$	65
MCO DENIED AUTH	\$	1,694	\$	-
INCORRECT PAYER	\$	4,169	\$	689
NO PRIMARY EOB	\$	-	\$	2,204
SPENDDOWN NOT MET	\$	31,663	\$	-
TOTAL	\$	270,357	\$	173,419

Year to D	Date: Ju	ly - Nov 202	24	
Write Off Code	Current	t YTD	Prior YTD	
BAD ADDRESS	\$	47,568	\$	70
BANKRUPTCY	\$	-	\$	386
DECEASED	\$	1,530	\$	120
NO FINANCIAL AGREEMENT	\$	19,837	\$	17,314
SMALL BALANCE	\$	351	\$	651
UNCOLLECTABLE	\$	2,100	\$	1,975
FINANCIAL ASSISTANCE	\$	936,729	\$	714,136
NO SHOW	\$	3,132	\$	4,178
MAX UNITS/BENEFITS	\$	200,599	\$	76,607
PROVIDER NOT CREDENTIALED	\$	8,660	\$	51,275
ROLL UP BILLING	\$	-	\$	56,821
DIAGNOSIS NOT COVERED	\$	4,988	\$	640
NON-COVERED SERVICE	\$	40,598	\$	17,182
SERVICES NOT AUTHORIZED	\$	78,561	\$	67,492
PAST BILLING DEADLINE	\$	2,142	\$	16,529
MCO DENIED AUTH	\$	9,033	\$	-
INCORRECT PAYER	\$	16,962	\$	9,224
NO PRIMARY EOB	\$	1,345	\$	2,204
SPENDDOWN NOT MET	\$	192,775	\$	12,321
TOTAL	\$	1,566,910	\$	1,049,124

Payroll Statistics

Pay Date	Overtime Hours	Overtime Cost	Average Cost per hour-Overtime	2P Hours	2P Cost	Average Cost per hour-2p	Total Hours	Total Costs
7/12/2024	339	\$13,564.10	\$40.01	141.08	\$4,943.28	\$35.04	480.08	\$18,507.38
7/26/2024	351	\$14,250.59	\$40.60	164.25	\$5,893.46	\$35.88	515.25	\$20,144.05
8/9/2024	453.76	\$18,804.66	\$41.44	124.5	\$4,445.08	\$35.70	578.26	\$23,249.74
8/23/2024	321.17	\$13,217.47	\$41.15	210	\$6,984.26	\$33.26	531.17	\$20,201.73
9/6/2024	562	\$23,390.92	\$41.62	89.5	\$3,949.93	\$44.13	651.5	\$27,340.85
9/20/2024	456.95	\$19,086.60	\$41.77	112	\$3,835.53	\$34.25	568.95	\$22,922.13
10/4/2024	303.75	\$12,456.71	\$41.01	130	\$4,755.90	\$36.58	433.75	\$17,212.61
10/18/2024	33.5	\$1,403.28	\$41.89	35.75	\$1,018.20	\$28.48	69.25	\$2,421.48
11/1/2024	41.75	\$1,593.96	\$38.18	41	\$1,200.94	\$29.29	82.75	\$2,794.90
11/15/2024	99.5	\$3,949.75	\$39.70	39.75	\$1,303.09	\$32.78	139.25	\$5,252.84
11/29/2024	58	\$2,245.66	\$38.72	31.5	\$1,031.50	\$32.75	89.5	\$3,277.16
12/13/2024	30.5	\$1,216.00	\$39.87	36	\$1,186.00	\$32.94	66.5	\$2,402.00
12/27/2024	43	\$1,653.00	\$38.44	52.75	\$1,677.00	\$31.79	95.75	\$3,330.00
1/10/2025	31	\$1,203.00	\$38.81	14.75	\$418.00	\$28.34	45.75	\$1,621.00
Grand Total	3124.88	\$128,035.70	\$40.55	1222.83	\$42,642.17	\$34.38	4347.71	\$170,677.87

RACSB FY 2025 FINANCIAL REPORT Fiscal Year: July 1, 2024 through June 30, 2025 Report Period: July 1, 2024 through November 30, 2024

MENTAL HEALTH

		REVENUE		EXPENDITURES				
PROGRAM	BUDGET FY 2025	ACTUAL YTD	%	BUDGET FY 2025	ACTUAL YTD	%	ACTUAL VARIANCE	VARIANCE / REVENUE
INPATIENT	0	12,026	0.00%	0	115,450	0.00%	(103,424)	-860%
OUTPATIENT (FED)	3,194,943	1,802,223	56.41%	3,194,943	1,721,618	53,89%	80,605	4%
MEDICAL OUTPATIENT (R) (FED)	4,910,714	1,642,137	33.44%	4,910,714	1,993,989	40,60%	(351,853)	-21%
ACT NORTH (R)	1,009,186	366,552	36.32%	1,009,186	488,480	48.40%	(121,928)	-33%
ACT SOUTH (R)	969,616	492,084	50.75%	969,616	481,979	49.71%	10,105	2%
CASE MANAGEMENT ADULT (FED)	1,196,606	491,409	41.07%	1,196,606	613,156	51,24%	(121,746)	-25%
CASE MANAGEMENT CHILD & ADOLESCENT (FED)	929,321	416,424	44.81%	929,321	506,769	54.53%	(90,344)	-22%
PSY REHAB & KENMORE EMP SER (R) (FED)	776,442	296,759	38.22%	776,442	400,892	51.63%	(104,133)	-35%
PERMANENT SUPPORTIVE HOUSING (R)	3,265,491	3,977,818	121.81%	3,265,491	1,023,767	31.35%	2,954,052	74%
CRISIS STABILIZATION (R)	2,789,414	1,499,279	53,75%	2,789,414	1,188,164	42.60%	311,115	21%
SUPERVISED RESIDENTIAL	622,585	351,928	56.53%	622,585	295,933	47.53%	55,995	16%
SUPPORTED RESIDENTIAL	869,009	427,414	49.18%	869,009	525,206	60.44%	(97,791)	-23%
JAIL DIVERSION GRANT (R)	94,043	52,832	56.18%	94,043	49,993	53.16%	2,840	5%
JAIL & DETENTION SERVICES	675,354	272,825	40.40%	675,354	336,313	49.80%	(63,488)	-23%
SUB-TOTAL	21,302,725	12,101,711	57%	21,302,725	9,741,708	46%	2,360,004	20%

DEVELOPMENTAL SERVICES

	REVENUE			EXPENDITURES				
PROGRAM	BUDGET FY 2025	ACTUAL YTD	%	BUDGET FY 2025	ACTUAL YTD	%	ACTUAL VARIANCE	VARIANCE / REVENUE
CASE MANAGEMENT	4,204,751	1,591,250	37,84%	4,204,751	2,124,817	50.53%	(533,567)	-34%
DAY HEALTH & REHAB *	5,313,080	2,150,722	40.48%	5,313,080	2,722,096	51.23%	(571,374)	-27%
GROUP HOMES	6,851,462	2,955,534	43.14%	6,851,462	3,119,613	45.53%	(164,079)	-6%
RESPITE GROUP HOME	653,469	124,327	19.03%	653,469	348,202	53,29%	(223,875)	-180%
INTERMEDIATE CARE FACILITIES	4,788,336	2,448,032	51.12%	4,788,336	2,424,051	50.62%	23,981	1%
SUPERVISED APARTMENTS	1,932,464	1,204,892	62.35%	1,932,464	848,708	43.92%	356,184	30%
SPONSORED PLACEMENTS	1,943,190	1,034,246	53.22%	1,943,190	1,087,774	55.98%	(53,528)	-5%
SUB-TOTAL	25,686,752	11,509,004	44.81%	25,686,752	12,675,262	49.35%	(1,166,258)	-10%

RACSB FY 2025 FINANCIAL REPORT Fiscal Year: July 1, 2024 through June 30, 2025 Report Period: July 1, 2024 through November 30, 2024 SUBSTANCE ABUSE

		REVENUE		EXPEN	IDITURES			
PROGRAM	BUDGET FY 2025	ACTUAL YTD	%	BUDGET FY 2025	ACTUAL YTD	%	ACTUAL VARIANCE	VARIANCE / REVENUE
SA OUTPATIENT (R) (FED)	1,544,604	535,527	34.67%	1,544,604	610,197	39.51%	(74,670)	-14%
MAT PROGRAM (R) (FED)	814,953	936,759	114.95%	814,953	572,766	70,28%	363,993	39%
CASE MANAGEMENT (R) (FED)	239,631	101,634	42.41%	239,631	69,165	28.86%	32,469	32%
RESIDENTIAL (R)	69,049	13,300	19.26%	69,049	37,294	54.01%	(23,994)	-180%
PREVENTION (R) (FED)	634,155	225,196	35.51%	634,155	288,071	45.43%	(62,876)	-28%
LINK (R) (FED)	274,980	102,349	37.22%	274,980	132,662	48.24%	(30,313)	-30%
SUB-TOTAL	3,577,371	1,914,765	54%	2,032,767	1,710,156	84%	279,279	15%

SERVICES OUTSIDE PROGRAM AREA

		REVENUE		EXPENDITURES				
PROGRAM	BUDGET FY 2025	ACTUAL YTD	%	BUDGET FY 2025	ACTUAL YTD	%	ACTUAL Variance	VARIANCE / REVENUE
EMERGENCY SERVICES (R)	2,012,744	1,125,150	55.90%	2,012,744	842,572	41.86%	282,578	25%
CHILD MOBILE CRISIS (R)	376,212	21	0.01%	376,212	118,080	31.39%	(118,059)	-562186%
CIT ASSESSMENT SITE (R)	391,306	219,996	56.22%	391,306	181,891	46.48%	38,105	17%
CONSUMER MONITORING (R) (FED)	133,656	42,242	31.60%	133,656	183,074	136.97%	(140,833)	-333%
ASSESSMENT AND EVALUATION (R)	448,026	193,419	43.17%	448,026	193,553	43.20%	(134)	0%
SUB-TOTAL	3,361,944	1,580,828	47.02%	3,361,944	1,519,169	45.19%	61,658	4%

ADMINISTRATION

		REVENUE		EXPEN			
PROGRAM	BUDGET FY 2025	ACTUAL YTD	%	BUDGET FY 2025	ACTUAL YTD	%	ACTUAL VARIANCE
ADMINISTRATION (FED)	470,080	593,290	126 21%	470,080	593,519	126.26%	(229)
PROGRAM SUPPORT	27,600	11,500	41.67%	27,600	11,500	41.67%	0
SUB-TOTAL	497,680	604,790	121.52%	497,680	605,019	121.57%	(229)
ALLOCATED TO PROGRAMS			4	4,268,473	3,126,283	73.24%	

RACSB FY 2025 FINANCIAL REPORT Fiscal Year: July 1, 2024 through June 30, 2025 Report Period: July 1, 2024 through November 30, 2024 FISCAL AGENT PROGRAMS PART C AND HEALTHY FAMILY PROGRAMS

		REVENUE		EXPENDITURES				
PROGRAM	BUDGET FY 2025	ACTUAL YTD	%	BUDGET FY 2025	ACTUAL YTD	%	ACTUAL VARIANCE	VARIANCE / REVENUE
INTERAGENCY COORDINATING COUNCIL (R)	1,882,348	995,031	52.86%	1,882,348	729,314	38.74%	265,716	27%
INFANT CASE MANAGEMENT (R)	998,791	347,532	34.80%	998,791	474,599	47.52%	(127,067)	-37%
EARLY INTERVENTION (R)	2,567,207	894,323	34.84%	2,567,207	1,365,056	53.17%	(470,733)	-53%
TOTAL PART C	5,448,346	2,236,886	41.06%	5,448,346	2,568,969	47.15%	(332,083)	-15%
HEALTHY FAMILIES (R)	141,386	92,096	65.14%	141,386	19,090	13.50%	73,006	79%
HEALTHY FAMILIES - MIECHV Grant (R) (REIM)	340,846	208,385	61.14%	340,846	200,017	58.68%	8,369	4%
HEALTHY FAMILIES-TANF & CBCAP GRANT (R) (REIM)	528,690	323,503	61.19%	528,690	311,457	58.91%	12,046	4%
TOTAL HEALTHY FAMILY	1,010,921	623,985	61.72%	1,010,921	530,564	52.48%	93,421	15%

FY 2025 FINANCIAL REPORT Fiscal Year: July 1, 2024 through June 30, 2025 Report Period: July 1, 2024 through November 30, 2024

RECAP FY 2025 BALANCES

	REVENUE	EXPENDITURES	NET	NET / REVENUE
MENTAL HEALTH	12,101,711	9,785,434	2,316,277	19%
DEVELOPMENTAL SERVICES	11,509,004	12,675,262	(1,166,258)	-10%
SUBSTANCE ABUSE	1,914,765	1,710,156	204,609	11%
SERVICES OUTSIDE PROGRAM AREA	1,580,828	1,519,169	61,658	4%
ADMINISTRATION	604,790	605,019	(229)	0%
FISCAL AGENT PROGRAMS	2,860,871	3,099,533	(238,662)	-8%
TOTAL	30,571,969	29,394,574	1,177,395	4%

RECAP FY 2024 BALANCES

	REVENUE	EXPENDITURES	NET	NET / REVENUE
MENTAL HEALTH	8,514,903	6,460,936	2,053,967	24%
DEVELOPMENTAL SERVICES	9,995,726	8,483,916	1,511,810	15%
SUBSTANCE ABUSE	934,588	1,360,756	(426,168)	-46%
SERVICES OUTSIDE PROGRAM AREA	1,348,459	881,768	466,691	35%
ADMINISTRATION	352,559	352,559	0	0%
FISCAL AGENT PROGRAMS	2,526,729	2,019,750	506,980	20%
TOTAL	23,672,963	19,559,684	4,113,279	17%
Chappe in Revenue from Prior Year	\$ Change % Change \$ 6,899,006 29,14%			

Change in Revenue from Prior Year	\$ 6,899,006	29.14%
Change in Expense from Prior Year	\$ 9,834,890	50.28%
Change in Net Income from Prior Year	\$ (2,935,884)	-71.38%

*Unaudited Report

RACSB FY 2025 FINANCIAL REPORT Fiscal Year: July 1, 2024 through June 30, 2025 Report Period: July 1, 2024 through December 31, 2024

MENTAL HEALTH

		REVENUE		EXPEN	IDITURES			
PROGRAM	BUDGET FY 2025	ACTUAL YTD	%	BUDGET FY 2025	ACTUAL YTD	%	ACTUAL VARIANCE	VARIANCE / REVENUE
INPATIENT	0	12,026	0.00%	o	126,450	0.00%	(114,424)	-951%
OUTPATIENT (FED)	3,194,943	2,048,453	64.12%	3,194,943	2,029,823	63,53%	18,631	1%
MEDICAL OUTPATIENT (R) (FED)	4,910,714	1,860,022	37.88%	4,910,714	2,361,307	48,08%	(501,285)	-27%
ACT NORTH (R)	1,009,186	446,124	44.21%	1,009,186	572,270	56,71%	(126,147)	-28%
ACT SOUTH (R)	969,616	579,487	59.76%	969,616	555,375	57,28%	24,111	4%
CASE MANAGEMENT ADULT (FED)	1,196,606	608,987	50.89%	1,196,606	723,072	60.43%	(114,085)	-19%
CASE MANAGEMENT CHILD & ADOLESCENT (FED)	929,321	503,724	54.20%	929,321	595,838	64,12%	(92,114)	-18%
PSY REHAB & KENMORE EMP SER (R) (FED)	776,442	454,110	58.49%	776,442	476,544	61,38%	(22,434)	-5%
PERMANENT SUPPORTIVE HOUSING (R)	3,265,491	4,254,302	130.28%	3,265,491	1,299,849	39.81%	2,954,453	69%
CRISIS STABILIZATION (R)	2,789,414	1,688,159	60.52%	2,789,414	1,409,735	50,54%	278,424	16%
SUPERVISED RESIDENTIAL	622,585	388,183	62.35%	622,585	346,520	55.66%	41,664	11%
SUPPORTED RESIDENTIAL	869,009	510,034	58.69%	869,009	617,870	71,10%	(107,836)	-21%
JAIL DIVERSION GRANT (R)	94,043	60,669	64.51%	94,043	51,083	54,32%	9,586	16%
JAIL & DETENTION SERVICES	675,354	301,285	44.61%	675,354	399,116	59.10%	(97,831)	-32%
SUB-TOTAL	21,302,725	13,715,565	64%	21,302,725	11,564,853	54%	2,150,712	16%

DEVELOPMENTAL SERVICES

N		EXPENDITURES						
PROGRAM	BUDGET FY 2025	ACTUAL YTD	%	BUDGET FY 2025	ACTUAL YTD	%	ACTUAL VARIANCE	VARIANCE / REVENUE
CASE MANAGEMENT	4,204,751	1,930,424	45.91%	4,204,751	2,526,734	60.09%	(596,310)	-31%
DAY HEALTH & REHAB *	5,313,080	2,578,996	48.54%	5,313,080	3,220,433	60.61%	(641,436)	-25%
GROUP HOMES	6,851,462	3,636,979	53.08%	6,851,462	3,703,239	54.05%	(66,259)	-2%
RESPITE GROUP HOME	653,469	152,317	23.31%	653,469	403,885	61.81%	(251,568)	-165%
INTERMEDIATE CARE FACILITIES	4,788,336	2,938,222	61.36%	4,788,336	2,888,067	60.31%	50,155	2%
SUPERVISED APARTMENTS	1,932,464	1,538,716	79.62%	1,932,464	1,009,663	52.25%	529,053	34%
SPONSORED PLACEMENTS	1,943,190	1,241,779	63.90%	1,943,190	1,141,585	58,75%	100,194	8%
SUB-TOTAL	25,686,752	14,017,433	54.57%	25,686,752	14,893,604	57.98%	(876,171)	-6%

RACSB FY 2025 FINANCIAL REPORT Fiscal Year: July 1, 2024 through June 30, 2025 Report Period: July 1, 2024 through December 31, 2024 SUBSTANCE ABUSE

		REVENUE		EXPEN	IDITURES		-		
PROGRAM	BUDGET FY 2025	ACTUAL YTD	%	BUDGET FY 2025	ACTUAL YTD	%	ACTUAL VARIANCE	VARIANCE / REVENUE	
SA OUTPATIENT (R) (FED)	1,544,604	662,736	42.91%	1,544,604	715,721	46.34%	(52,985)	-8%	
MAT PROGRAM (R) (FED)	814,953	969,409	118.95%	814,953	700,241	85.92%	269,168	28%	
CASE MANAGEMENT (R) (FED)	239,631	127,721	53.30%	239,631	81,223	33.90%	46,498	36%	
RESIDENTIAL (R)	69,049	15,960	23.11%	69,049	70,719	102.42%	(54,759)	-343%	
PREVENTION (R) (FED)	634,155	433,965	68.43%	634,155	353,869	55.80%	80,096	18%	
LINK (R) (FED)	274,980	137,079	49.85%	274,980	157,712	57.35%	(20,633)	-15%	
SUB-TOTAL	3,577,371	2,346,870	66%	2,032,767	2,079,485	102%	320,370	14%	

SERVICES OUTSIDE PROGRAM AREA

		REVENUE EXPENDITURES						
PROGRAM	BUDGET FY 2025	ACTUAL YTD	%	BUDGET FY 2025	ACTUAL YTD	%	ACTUAL Variance	VARIANCE / REVENUE
EMERGENCY SERVICES (R)	2,012,744	1,273,367	63.27%	2,012,744	989,646	49.17%	283,722	22%
CHILD MOBILE CRISIS (R)	376,212	5,015	1.33%	376,212	142,619	37.91%	(137,604)	-2744%
CIT ASSESSMENT SITE (R)	391,306	244,285	62.43%	391,306	201,085	51.39%	43,200	18%
CONSUMER MONITORING (R) (FED)	133,656	42,242	31.60%	133,656	229,198	171.48%	(186,957)	-443%
ASSESSMENT AND EVALUATION (R)	448,026	249,027	55.58%	448,026	225,342	50.30%	23,685	10%
SUB-TOTAL	3,361,944	1,813,936	53.95%	3,361,944	1,787,890	53.18%	26,047	1%

ADMINISTRATION

		REVENUE		EXPENDITURES			
PROGRAM	BUDGET FY 2025	ACTUAL YTD	%	BUDGET FY 2025	ACTUAL YTD	%	ACTUAL VARIANCE
ADMINISTRATION (FED)	470,080	649,215	138.11%	470,080	649,444	138.16%	(229)
PROGRAM SUPPORT	27,600	13,800	50.00%	27,600	13,800	50.00%	0
SUB-TOTAL	497,680	663,015	133.22%	497,680	663,244	133.27%	(229)
ALLOCATED TO PROGRAMS				4,268,473	3,126,283	73.24%	

RACSB FY 2025 FINANCIAL REPORT Fiscal Year: July 1, 2024 through June 30, 2025 Report Period: July 1, 2024 through December 31, 2024 FISCAL AGENT PROGRAMS PART C AND HEALTHY FAMILY PROGRAMS

		REVENUE		EXPENDITURES				
PROGRAM	BUDGET FY 2025	ACTUAL YTD	%	BUDGET FY 2025	ACTUAL YTD	%	ACTUAL VARIANCE	VARIANCE / REVENUE
INTERAGENCY COORDINATING COUNCIL (R)	1,882,348	1,149,957	61.09%	1,882,348	843,690	44.82%	306,267	27%
INFANT CASE MANAGEMENT (R)	998,791	393,412	39,39%	998,791	565,108	56.58%	(171,696)	-44%
EARLY INTERVENTION (R)	2,567,207	1,078,589	42.01%	2,567,207	1,610,662	62.74%	(532,072)	-49%
TOTAL PART C	5,448,346	2,621,959	48.12%	5,448,346	3,019,459	55.42%	(397,501)	-15%
HEALTHY FAMILIES (R)	141,386	107,820	76.26%	141,386	26,045	18.42%	81,775	76%
HEALTHY FAMILIES - MIECHV Grant (R) (REIM)	340,846	216,364	63.48%	340,846	237,794	69.77%	(21,430)	-10%
HEALTHY FAMILIES-TANF & CBCAP GRANT (R) (REIM)	528,690	323,503	61.19%	528,690	369,350	69,86%	(45,846)	-14%
TOTAL HEALTHY FAMILY	1,010,921	647,687	64.07%	1,010,921	633,189	62.63%	14,498	2%

FY 2025 FINANCIAL REPORT Fiscal Year: July 1, 2024 through June 30, 2025 Report Period: July 1, 2024 through December 31, 2024

RECAP FY 2025 BALANCES

	REVENUE	EXPENDITURES	NET	NET / REVENUE
MENTAL HEALTH	13,715,565	11,608,580	2,106,986	15%
DEVELOPMENTAL SERVICES	14,017,433	14,893,604	(876,171)	-6%
SUBSTANCE ABUSE	2,346,870	2,079,485	267,385	11%
SERVICES OUTSIDE PROGRAM AREA	1,813,936	1,787,890	26,047	1%
ADMINISTRATION	663,015	663,244	(229)	0%
FISCAL AGENT PROGRAMS	3,269,646	3,652,648	(383,002)	-12%
TOTAL	35,826,465	34,685,451	1,141,015	3%

RECAP FY 2024 BALANCES

	REVENUE	EXPENDITURES	NET	NET / REVENUE
MENTAL HEALTH	9,759,145	8,262,390	1,496,754	15%
DEVELOPMENTAL SERVICES	11,737,625	10,666,341	1,071,284	9%
SUBSTANCE ABUSE	1,482,538	1,689,440	(206,902)	-14%
SERVICES OUTSIDE PROGRAM AREA	1,583,801	1,136,481	447,320	28%
ADMINISTRATION	355,680	355,680	0	0%
FISCAL AGENT PROGRAMS	2,822,739	2,484,024	338,715	12%
TOTAL	27,741,528	24,594,357	3,147,171	11%
Change in Revenue from Prior Year	\$ Change % Change \$ 8,084,937 29.14%			

 Change in Expense from Prior Year
 \$ 10,091,095
 41.03%

 Change in Net Income from Prior Year
 \$ (2,006,156)
 -63.74%

*Unaudited Report

RAPPAHANNOCK AREA COMMUNITY SERVICES BOARD

MEMORANDUM

To: Joe Wickens, Executive Director

From: Sara Keeler, Director of Finance and Administration

Date: January 16, 2025

Re: Proposed revision to Employee Handbook and Financial Policy 7.11 Travel

Reimbursement rates for staff meals have remained unchanged for many years and no longer reflect the true cost staff are incurring within the scope of their duties on behalf of RACSB. The current policy states the rates will be made in accordance with the per diem rates established by RACSB. The current per diem rates are \$12 for Breakfast, \$14 for Lunch, and \$20 for Dinner.

Recommendation for Board Approval:

Revise the Employee Handbook policy to allow the per diem rates to adjust in accordance with the U.S. General Services Administration (GSA) established rates for our catchment area. This change would allow the rate to adjust with the GSA rate each year, removing the need to re-evaluate the rate for potential needed changes. The current GSA rates for our catchment area for 2025 are \$16 for Breakfast, \$19 for Lunch, and \$28 for Dinner. Further, this aligns with RACSB policy regarding mileage reimbursement which adjusts based on Internal Revenue Service rates.

7.11 TRAVEL AND MEAL REIMBURSEMENT

All employees who incur travel <u>and/or meal</u> expenses in the course of their employment must keep a detailed account record in order to be reimbursed for actual approved expenses. Employees are expected to exercise appropriate prudence in incurring travel expenses. Expenses judged by the Executive Director to be unreasonable may be disallowed.

Out of service area approved expenses incurred by employees in the course of their employment, including lodging, travel expenses, conference fees, and other reasonable and proper expenses will be reimbursed at the actual cost. Meals and mileage are reimbursed as set forth below.

Reimbursement for meals when purchased out of service area within the scope of duties will be made in accordance with the per diem rate established by RACSB U.S. General Services Administration (GSA) for the catchment area of RACSB, unless meals are provided by the presenter. These rates can be found by visiting https://www.gsa.gov. This allowance will be periodically adjusted to reflect approved changes. Generally, for one day trips, only lunch is reimbursable. Other meals are reimbursable only when overnight travel is involved.

Meals included with the registration fee of an event will not be additionally reimbursed. Meal charges required as part of an event with a fee separate from the registration will be reimbursed at cost, not to exceed the per diem rate. No reimbursement will be made for meals purchased in the service area, unless training is outside of business hours and meals are not provided by the presenter.

Mileage allowance, at the rate established by the Internal Revenue Service, will be granted for use of private automobiles for travel, both out-of-service area and in the service area. This rate is also subject to periodic adjustments.

Mileage and travel expenses will be submitted for reimbursement through Company Mileage. Payment for approved expenses will be included in regular bi-weekly pay deposits.

Reimbursement requests for expenses incurred more than ninety (90) days prior to the date the request is submitted will not be paid.

All employees are expected to be prudent in incurring expenses for which they expect to be compensated.

HUMAN RESOURCES PROGRAM UPDATE- December 2024

While things tend to slow down during the December holidays, the HR team was kept busy! Some of our December highlights are below;

- Completed the Germanna BHT Intern selection process for the January 2025 cohort.
- Onboarded 14 new Hopestarters through the New Employee Orientation process.
- Made ~ 30 job offers for future orientations.
- Assisted the agency through mid-year evaluations.
- Attended a GoVA Region 6 workforce meeting.





Office of Human Resources 600 Jackson Street • Fredericksburg, VA 22401 • 540-373-3223 RappahannockAreaCSB.org

MEMORANDUM

To: Joe Wickens, Executive Director

From: Derrick Mestler, Human Resources Director

Date: January 16, 2025

Re: Inclement Weather Policy update

The Executive Leadership Team reviewed policy 7.4, Inclement Weather, and found that it needed to be updated. The goal of this update was to simplify the policy so that the process was clear and to make clear how employees would be compensated during a closure due to inclement weather.

I have attached the marked-up copy of the policy below, along with a clean copy of the proposed updated policy.

The Executive Leadership Team recommends that the Board of Directors approve the updated policy.

7.4 INCLEMENT WEATHER

В

During inclement weather, the decision to close any or all <u>of</u> <u>-Rappahannock Area Community</u> <u>Services Board</u> (RACSB) programs<u>and/or buildings</u> shall be made by the Executive Director<u>or</u> <u>their designee</u>.

A. <u>A. Weather event during the night or over a weekend: The Executive Director will</u> make the determination on whether to close the offices and<u>Information on any closings or</u> <u>delayed openings</u>—will <u>appear on submit the information to</u> Fredericksburg.com, for <u>inclusion on RACSB's website, RACSB's Facebook page, on the employee intranet and</u> for broadcast on the radio station of WBQB (101.5).

Each employee will be responsible for referring to the aforementioned website or radio station in the evening or the following morning for an <u>official announcement that the office</u> will be closed on closing or delays due to the weather.

If there is no announcement stating that a program(s) of RACSB Rappahannock Area Community Services Board is closed, the officeprograms will be open and employees will be expected to report to work at their usual starting time. If an announcement is made that the agency has a delayed opening, the employees will be expected to report for work at the time indicated in the announcement.

Each succeeding day of a closure due to a weather event, the Executive Director will follow the same procedure as above The Executive Director, or designee, will follow the same procedure each succeeding day of a weather event. If the office is officially open and an employee is still unable to get to work because of adverse weather conditions, the employee may charge the time absent to Annual/PTO leave, or if Annua/PTOI leave is not available, to leave without pay.

Any employee unable to report to work due to adverse weather conditions must call his/her supervisor within thirty (30) minutes of the employee's normal beginning time for work.

B. Weather event during the workday: If a weather event begins during a workday, the Executive Director or his/her designee will make one of the following determinations:

♦ Officially close the office (partial or full-day). Employees who a have the capability to telework will be expected to telework. In such circumstances where employees are <u>NOT</u> able to work or telework, the (full-time) employee will be required to charge the number of hours absent against paid leave balances.

<u>C.</u> <u>Employee Compensation during inclement weather_time policy</u>: Hours that the <u>agencyprogram(s) of RACSB-is_are</u>_officially closed due to inclement weather will be counted as hours worked for all full-time employees<u>and inclement weather leave may be</u> <u>used.</u> Part-time, temporary, and non-gradedPRN employees along with contractors and temporary support, will not be paid for the hours that the agency is closed.

If a program(s) of RACSB is officially open and an employee is still unable to get to work because of adverse weather conditions, the employee may charge the time absent to Annual or Family/Personal Leave or, if Annual or Family/Personal leave is not available, to Leave Without Pay.

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If a full-time employee is scheduled to be on leave (sick, family/personal, floating holiday or annual) on a day that the agency is officially closed, the employee will remain on the respective leave status for the number of hours scheduled to be on leave.

If the office is officially open and an employee is still unable to get to work because of adverse weather conditions, the employee may charge the time absent to Annual/PTO leave, or if Annua/PTOI leave is not available, to leave without pay. Any employee unable to report to work due to adverse weather conditions must call his/her supervisor within thirty (30) minutes of the employee's normal beginning time for work.

- <u>CD.</u> Makeup days: Should the agency be closed for more than three (3) full days within a fiscal year due to inclement weather, the decision to <u>makeup make</u> those days <u>up</u> will be at the discretion of the Executive Director. Potential makeup days shall include single-day holidays, <u>s</u>.—Should these<u>these be</u> insufficient, Saturdays will be considered.
- <u>D</u>E. Emergency Services, 24-hour services, Maintenance, and Residential program employees crew: On days when the agency is closed, the full-time Emergency Services therapists will be available to respond to mental health emergencies. The Emergency Services Coordinator will develop and maintain a schedule so that the shift between 8:00 a.m. and 7:00 p.m. is distributed equitably among all full-time Emergency Services therapists, and all involved therapists will remain aware of this schedule in anticipation of adverse weather. The regularly scheduled After-Hours Emergency Therapist will be responsible for responding to mental health emergencies that occur after 7:00 p.m., with the Coordinator providing assistance as needed. It shall be the responsibility of the Clinical Services Director to insure that the emergency crew is aDue to the nature of the services provided, all staff of these programs will report as scheduled even during inclement weather. During inclement weather events, employees should be prepared to stay onsite until relief arrives. vailable.

If a full-time employee is scheduled to be on leave (sick, family/personal, or annual) on a day that the agency is officially closed, the employee will remain on the respective leave status for the number of hours the office is closed or the number of hours scheduled to be on leave whichever is less.

- EF. Informing individuals receiving services: It is the responsibility of the respective impacted Division Directorsprograms to inform the individuals receiving services in their programs, after notification/authorization_authorization_of the Executive Director, of our inclement weather policy and program(s) and/or building(s) closures.__The respective_impacted Division Directorprograms will reschedule appointments and/or group meetings__ which are canceled due to offices closing.
- <u>FG.</u> Notification of media: No Community Services Board employee, other than the Executive Director or <u>his/hertheir</u> designee, shall inform the media (radio, newspaper, etc.) of closure due to inclement weather.
- H. County clinics: County clinics will follow the same inclement weather procedure as the central office. Should extremely unusual circumstances occur and the Executive Director or his/her designee decide to close the county offices while the central office remains open, personnel normally assigned to the county clinics will report to work at the central office. Employees who have full-time responsibility at the county clinic involved will be granted leave for the period of time that the clinic is closed.

SECTION 7.0: GENERAL POLICIES

7.4 INCLEMENT WEATHER

During inclement weather, the decision to close any or all of Rappahannock Area Community Services Board (RACSB) programs and/or buildings shall be made by the Executive Director or their designee.

A. Information on any closings or delayed openings will appear on Fredericksburg.com, RACSB's website, RACSB's Facebook page, and broadcast on the radio station WBQB (101.5).

Each employee will be responsible for referring to the aforementioned website or radio station in the evening or the following morning for an official announcement on closing or delays due to the weather.

If there is no announcement stating that a program(s) of RACSB is closed, programs will be open and employees will be expected to report to work at their usual starting time.

The Executive Director, or designee, will follow the same procedure each succeeding day of a weather event.

B. Employee Compensation during inclement weather: Hours that program(s) of RACSB are officially closed due to inclement weather will be counted as hours worked for all full-time employees and inclement weather leave may be used. Part-time and PRN employees along with contractors and temporary support, will not be paid for the hours that the agency is closed.

If a program(s) of RACSB is officially open and an employee is still unable to get to work because of adverse weather conditions, the employee may charge the time absent to Annual or Family/Personal Leave or, if Annual or Family/Personal leave is not available, to Leave Without Pay.

If a full-time employee is scheduled to be on leave (sick, family/personal, floating holiday or annual) on a day that the agency is officially closed, the employee will remain on the respective leave status for the number of hours scheduled to be on leave.

- *C. Makeup days:* Should the agency be closed for more than three (3) full days within a fiscal year due to inclement weather, the decision to make those days up will be at the discretion of the Executive Director. Potential makeup days shall include single-day holidays, should these be insufficient, Saturdays will be considered.
- D. Emergency Services, 24-hour services, Maintenance, and Residential program employees: Due to the nature of the services provided, all staff of these programs will report as scheduled even during inclement weather. During inclement weather events, employees should be prepared to stay onsite until relief arrives.
- *E.* Informing individuals receiving services: It is the responsibility of the impacted programs to inform the individuals receiving services in their programs, after notification/authorization of the Executive Director, of our inclement weather policy and program(s) and/or building(s) closures. The impacted programs will reschedule appointments and/or group meetings.
- *F. Notification of media*: No Community Services Board employee, other than the Executive Director or their designee, shall inform the media (radio, newspaper, etc.) of closure due to inclement weather.



Office of Human Resources

600 Jackson Street • Fredericksburg, VA 22401 • 540-373-3223

RappahannockAreaCSB.org

MEMORANDUM

- To: Joe Wickens, Executive Director
- From: Derrick Mestler, Human Resources Director

Date: January 16, 2025

Re: Summary – December 2024 Applicant and Recruitment Update

For the month of December 2024, RACSB received 306 applications.

Of the applications received, 53 applicants listed the RACSB applicant portal as their recruitment source, 39 stated employee referrals as their recruitment source and 214 listed job boards as their recruitment source.

At the end of December, there are currently 34 open positions, 27 full-time and 7 parttime.

A summary is attached indicating external applicants hired, internal applicants moved, and actual number of applicants applying for positions in the month of December 2024.

APPLICANT DATA REPORT

RACSB FY 2025

APPLICANT DATA	<u>Jul-24</u>	<u>Aug-24</u>	Sep-24	Oct-24	<u>Nov-24</u>	Dec-24	<u>Jan-25</u>	Feb-25	<u>Mar-25</u>	<u>Apr-25</u>	<u>May-25</u>	<u>Jun-25</u>
Female	727	338	373	402	340	150						
Male	128	93	128	154	106	37						
Not Supplied	372	294	299	313	258	119						
Total	1227	725	800	869	704	306						
ETHNICITY												
Caucasian	254	140	155	172	128	40						
African American	405	193	227	256	226	111						
Hispanic	67	26	32	34	25	6						
Asian	20	15	16	18	16	6						
American Indian	2	2	0	0	4	1						
Native Hawaiian	2	1	1	0	1	0						
Two or More Races	63	44	51	49	27	16						
RECRUITMENT SOURCE												
Newspaper Ads												
RACSB Website	192	138	171	130	143	53						
RACSB Intranet												
Employee Referrals	99	72	91	68	57	39						
Radio Ads												
Job Boards												
Indeed.com	861	437	428	567	428	162						
VA Employment Commission												
Monster.com												
Other -	48	53	75	72	57	47						
VA Peer Recovery Specialist Site												
Colleges/Handshake												
Facebook												
Multi Site Search												
NHSC												
Linked In												
Goodwill referral												
Zip Recruiter	27	25	35	32	19	5						
Job Fair												
Total # of Applicants	1227	725	800	869	704	306						

RECRUITMENT REPORT FY 2025

MONTHLY RECRUITMENT	<u>JULY</u>	<u>AUGUST</u>	<u>SEPTEMBER</u>	<u>OCTOBER</u>	<u>NOVEMBER</u>	DECEMBER	<u>JANUARY</u>	FEBRUARY	<u>MARCH</u>	APRIL	<u>MAY</u>	JUNE	TOTAL YTD
External Applicants Hired:													
PRN													
Part-time	3	8	9	2	1	3							26
Full-time	8	14	13	10	6	9							60
Sub Total External Applicants Hired	11	22	22	12	7	12							86
Internal Applicants Moved:													
Part-time to Full-time					3	2							5
PRN As Needed to Full-Time													0
Sub Total Internal Applicant Moves	0	0	0	0	3	2							5
Total Positions Filled:	11	22	22	12	10	14							91
Total Applications Received:													
Actual Total of Applicants:	1227	725	800	869	704	306							4631
Total External Offers Made:	11	22	22	12	7	12							86
Total Internal Offers Made:	0	0	0	0	3	2							0

opennos	itions Repor	ι 	12/30/2024				-+
	<u>Days</u>						
- .	position					_	_
Date	<u>open</u>	<u>Job #</u>	Job Title	Division	Department	-F	T
<u>12/20/2024</u>	10	<u>1383380</u>	Accounting Coordinator	Admin	Finance	1	L
						1	_
10/15/2024	76		Vocational Specialist - ACT	CSS	FBG City CSS	1	L
8/26/2024	126	1053566	Therapist	CSS	FBG City Mental Health Crisis Stabilization	1	L
8/22/2024	130	1284004	ACT Team Coordinator III	CSS	FBG City Mental Health Residential	1	L
12/12/2024	18	1376335	MH Specialist ACT	CSS	FBG City Mental Health Residential	1	L
10/24/2024	67	1337708	MH Residential Counselor	CSS	FBG City Mental Health Residential	1	L
10/4/2024	87	1321621	Peer Recovery Specialist - Crisis Stabilization	CSS	Crisis Stabilization		
12/20/2024	10	1381440	MH Residential Specialist Crisis Stabilization	CSS	Crisis Stabilization	1	ī
12/20/2024	10	1381456	MH Residential Specialist Crisis Stabilization	CSS	Crisis Stabilization	1	ī
11/6/2024	54	1349372	Developmental Services Support Coordinator - Stafford	CSS	Stafford County Community Support Services	1	ī
11/21/2024	39	1360866	Developmental Services Support Coordinator - River Club	CSS	FBG City CSS Services - ID/DD Support Coordination Services	1	1
						10	-
12/7/2023	389	1053800	Peer, Family Support - Spotsylvania	Clinical	Spotsylvania Clinical Svcs Child & Adolescent Services	_	-
2/23/2024	311		Therapist, Emergency Services Mobile Co-Response	Cinical	FBG City Clinical Svcs Emergency Svcs	1	
10/21/2024	70		Therapist, Emergency Services	Clinical	FBG City Clinical Svcs ES Coordinator	1	1
12/12/2024	18		Therapist, Jail Based	Clinical	FBG City Clinical Svcs Substance Abuse Svcs		1
12/1/2024	760		Therapist, SA - Probation and Parole	Clinical	FBG City Clinical Svcs Substance Abuse Svcs		-
				Clinical			1
7/25/2024	158		Therapist, MHSA Outpatient		FBG City Clinical Svcs Outpatient Svcs	+	1
5/6/2024	238		Psychiatrist	Clinical	FBG City Clinical Svcs Outpatient Svcs	-	
8/30/2024	122		CSAC Mobile OBOT	Clinical	FBG City Clinical Svcs Substance Abuse Svcs	-	
10/25/2024	66		Peer Recovery Specialist	Clinical	FBG City Clinical Svcs Substance Abuse Svcs	1	
1/3/2024	362	1076741	Therapist, SA - Women's Services - Fredericksburg	Clinical	FBG City Clinical Svcs Substance Abuse Svcs	1	L
						10	
11/8/2024	52		Direct Support Professional - Day Support - Kings Highway	CSS	Stafford County CSS Day Health & Rehabilitation Services	1	L
12/3/2024	27		Direct Support Professional - Day Support - Kings Highway	CSS	Stafford County CSS Day Health & Rehabilitation Services	1	L
11/8/2024	52	1351760	Direct Support Professional - Day Support - Stafford	CSS	Stafford County CSS Day Health & Rehabilitation Services		
						3	
12/7/2024	23	1053889	Nurse, LPN Wolfe Street	CSS	FBG City ID/DD Residential Services	1	L
12/7/2024	23	1053891	Nurse, LPN Wolfe Street	CSS	FBG City ID/DD Residential Services	1	L
11/6/2024	54	1349488	Direct support Professional - Residential ICF - Wolfe	CSS	FBG City ID/DD Residential Services		
10/29/2024	62	1341975	Direct Support Professional - Residential - Ross	CSS	Spotsylvania ID/DD Residential Services	1	L
12/17/2024	13	1380188	Direct Support Professional - Residential - Churchill	CSS	Spotsylvania ID/DD Residential Services		
12/20/2024	10	1381485	Lead Direct Support Professional - Merchant Square	CSS	Spotsylvania ID/DD Residential Services	1	1
12/17/2024	13	1380169	Direct Support Professional - Residential - Galveston	CSS	Stafford ID/DD Residential Services		
10/17/2024	74		Direct Support Professional - Residential - Piedmont	CSS	ID/DD Residential Services	1	ī
10/25/2024	66		Direct Support Professional - Residential - Piedmont	CSS	Caroline ID/DD Residential Services		
9/11/2024	110		Direct Support Professional - Residential - Igo	CSS	King George ID/DD Residential Services	1	1
3/11/2021		12,0000				10	-
Avg days open	111.82						7
	111.02						
					Total Open Positio	nc ¹	34
							J4





Office of Human Resources 600 Jackson Street • Fredericksburg, VA 22401 • 540-373-3223 RappahannockAreaCSB.org

MEMORANDUM

To: Joe Wickens, Executive Director

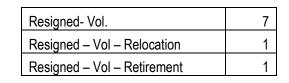
From: Derrick Mestler, Human Resources Director

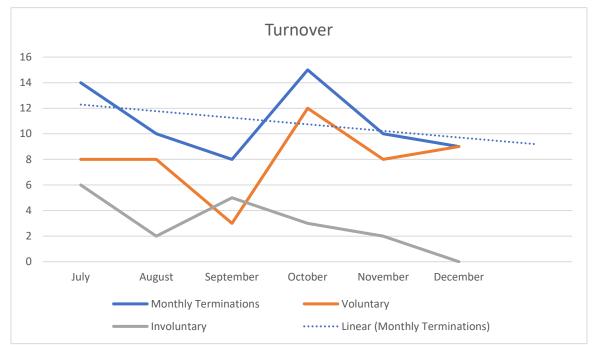
Date: January 16, 2025

Re: Summary – Turnover Report – December 2024

Human Resources processed nine (9) employee separations for December 2024. All nine (9) separations were voluntary.

Reasons for Separations





RACSB Turnover FY '25

Employees	<u>Jul-24</u>	<u>Aug-24</u>	<u>Sep-24</u>	<u>Oct-24</u>	<u>Nov-24</u>	<u>Dec-24</u>	<u>Jan-25</u>	Feb-24	<u>Mar-24</u>	<u>Apr-24</u>	<u>May-24</u>	<u>Jun-24</u>
Average Headcount	572	573	587	586	570	571						
Monthly Terminations*	14	10	8	15	10	9						
Turnover by Month	2.45%	1.75%	1.36%	2.56%	1.75%	1.58%						
Cumulative Turnover YTD	2.45%	4.19%	5.54%	8.11%	9.87%	11.45%						
Average % Turnover per Month YTD	2.45%	2.10%	1.85%	2.03%	1.97%	1.91%						

*Monthly Terminations, FT, PT, PRN, Do Not Include Interns/Volunteers

RACSB MONTHLY TURNOVER REPORT

Dec-24

ORGANIZATIONAL UNIT	NUMBER OF TERMS	VOLUNTARY	INVOLUNTARY	EXPLANATION
Administrative				Resignation
Unit Totals	0	0	0	
Clinical Services		1		Resignation
Unit Totals	1	1	0	
Community Support Services		6		Resignation
		1		Retirement
		1		Relocation
Unit Totals	8	8	0	
Grand Totals for the Month	9	9	0	

Total Average Number of Employees	571
Retention Rate	98.42%
Turnover Rate	1.58%
	1.0070

Total Separations	9

RACSB DEPUTY EXECUTIVE DIRECTOR REPORT December Monthly Updates

Opportunities for Partnership/Input:

- Led the FY2024 Financial Audit
- Participated in the DBHDS Incident Management System Replacement committee leading the replacement of the CHRIS and CONNECT data systems.
- Met minimum of three times a week regarding transition to new statewide data exchange. RACSB and Netsmart will be the first to pilot and test the system. Partial testing will begin in the next few weeks.
- Negotiated Contract for the Mobile Medication-Assisted Treatment vehicle and met with Stafford County representative for OAA project review.
- The Administrative Policy Committee which works to negotiate changes to the DBHDS Performance Contract has met every two weeks to discuss upcoming changes.
- Began weekly participation in legislation review through VACSB.
- Completed all mid-year performance evaluations under my supervision at that time.
- Attended Youth Mental Health Corps Convening
- Attended small VACSB group to meet with DMAS regarding re-design of Targeted Case Management Services

Community Consumer Submission 3

DBHDS staff and CSB staff continue to meet weekly about the CCS 3 replacement project. Rappahannock Area Community Services Board continues to be the lead Netsmart Community Services Board, for those that use MyAvatar. Netsmart is set to start testing in February in preparation for a go-live in March 2025.

Waiver Management System (WaMS)

Specifications for WaMS 4.0 were released on March 13th, 2024. DBHDS has delayed implementation of the new Individual Service Plan (4.0) due to an error in their system. New plan went live this month. Team has worked through challenges in the design which were not apparent until after go-live. The IT team continues to work through glitches in the integration

Trac-IT Early Intervention Data System

We continue to test our extract for required data to upload to TRAC-IT. RACSB started submitting Early Intervention Service level data through the CCS 3 process. Team meets monthly with DBHDS to support error processing and prepare for new data exchange. Met with DBHDS staff to prepare for the transition to new data exchange and requirements to report via that mechanism.

Information Technology by the Numbers

Information Technology Department Data										
Number of IT Tickets Completed	Number of IT Tickets Completed Zoom Meetings Total Zoom Participants									
December 2024-777	2,096	4829								

To: Joe Wickens, Executive Director

From: Brandie Williams, Deputy Executive Director

Re: New DBHDS Public Dashboard on CSB Data

Date: January 13, 2025

The Rappahannock Area Community Services Board is committed to using data-driven decision-making to improve performance, quality, and demonstrate the value of services. This report will provide an overview of the new DBHDS public dashboard on system-wide CSB data.





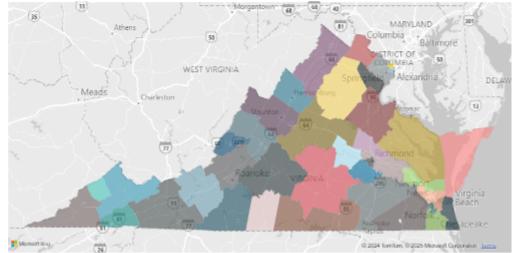
Welcome to the DBHDS Community Services Boards Performance Dashboard!

The CSB Performance Dashboard aggregates CSB context and performance data to inform executive-level analysis and decision-making.

Image: state of the state of

Click any data category to explore related CSB performance data.

Map of Virginia by CSB Catchment Areas

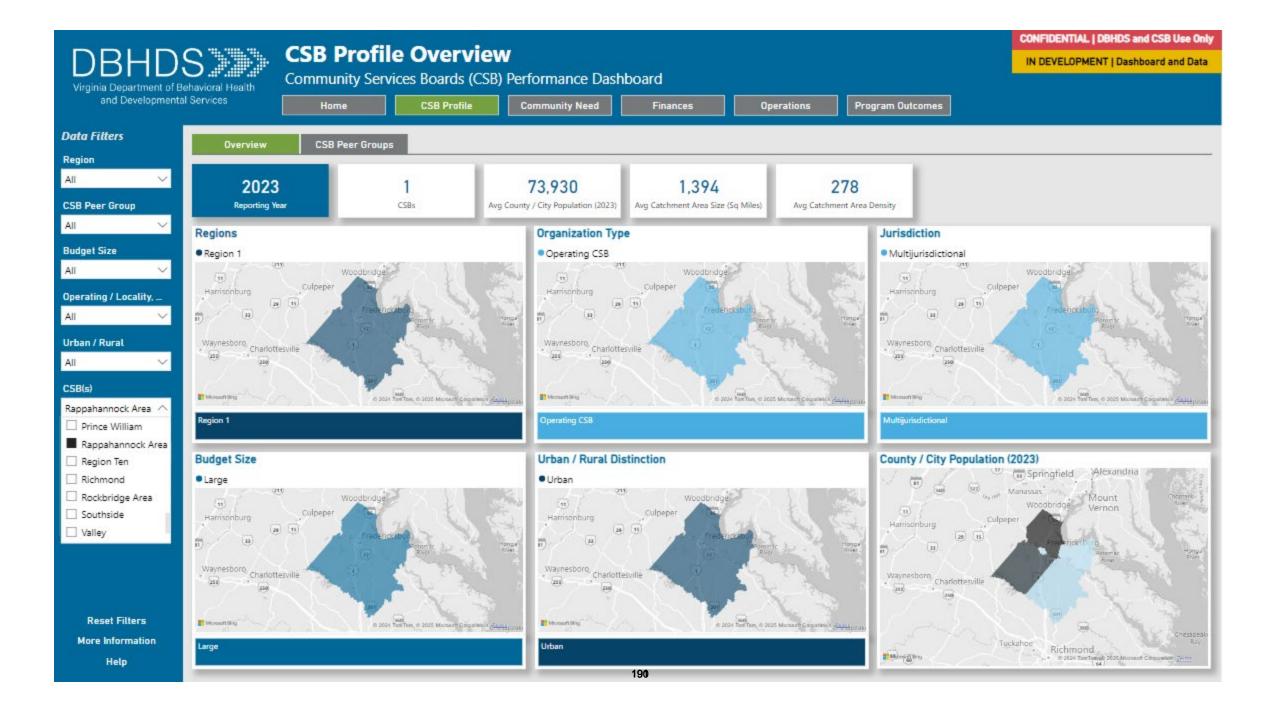


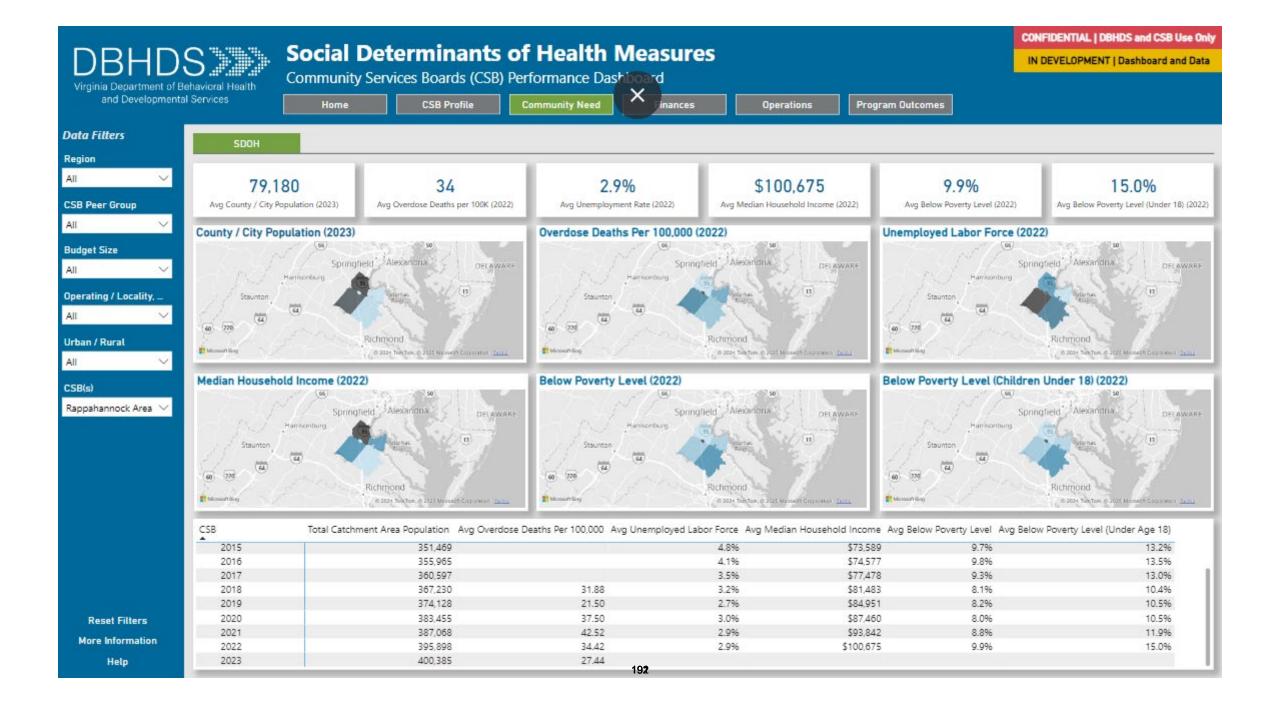
CSB Background

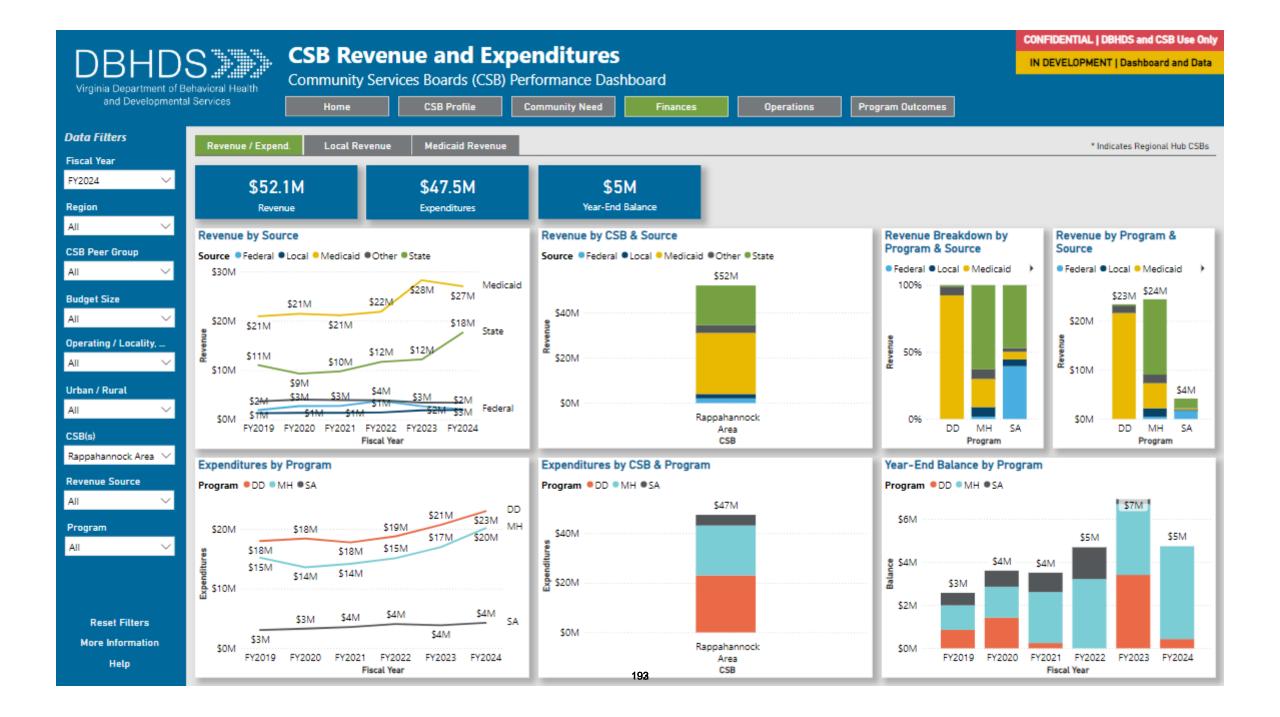
Beginning in the late 1940s, DBHDS established and operated mental hygiene clinics across the state to provide local mental health services. Eventually, the Department transferred all of its clinics to CSBs. In 1968, the General Assembly enacted Chapter 10 of Title 37.1, the CSB enabling legislation. Arlington and Prince William Counties established the first two CSBs in 1968.

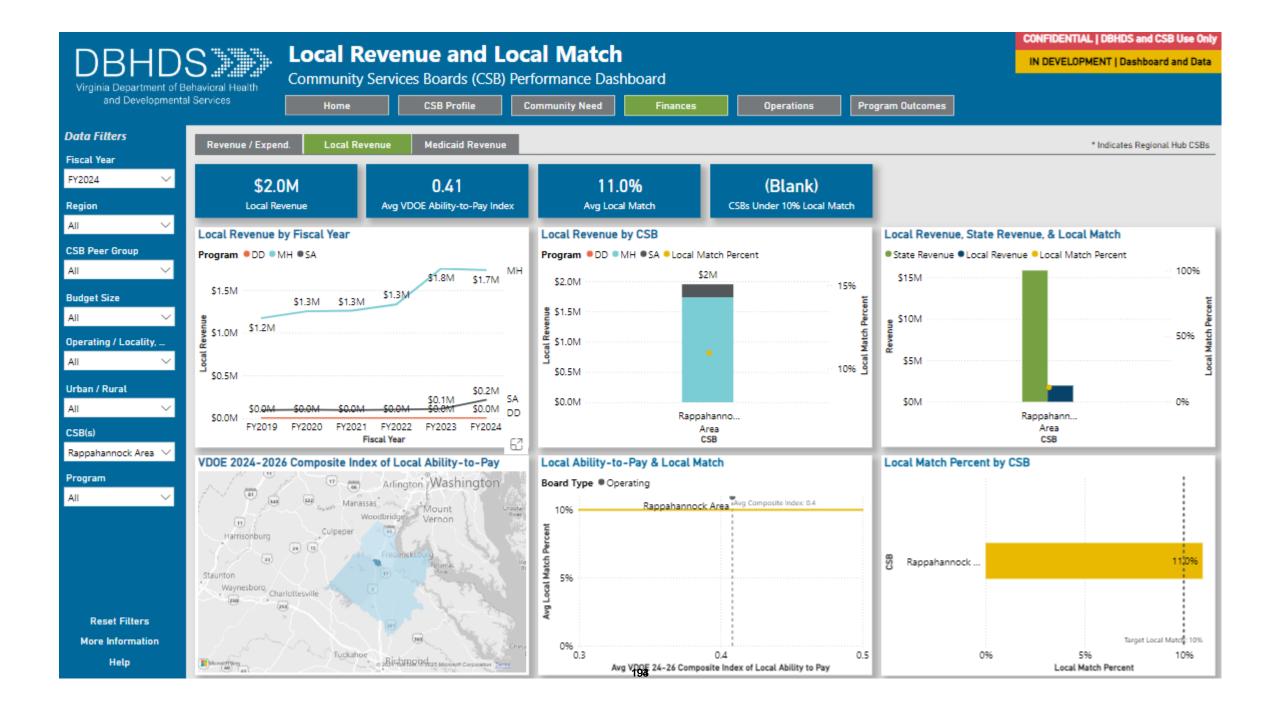
Today, 40 CSBs provide services to individuals in all 133 cities or counties in Virginia. Community Services Boards (CSBs) are by statute the single points of entry into publicly funded mental health, developmental disabilities, and substance use disorder services at numerous locations throughout the Commonwealth.

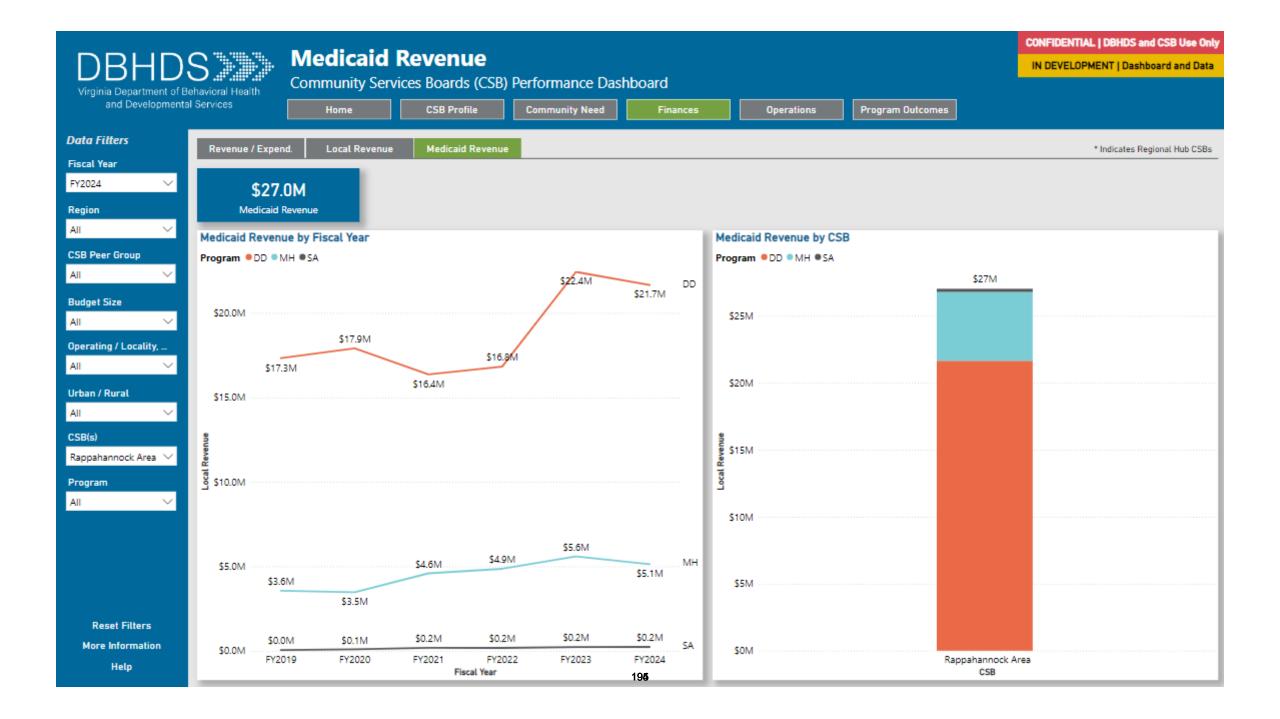
Click to Access the Latest Virginia Code Language Regarding CSB Purpose and Services Provided











DBHD	Community	rce Vacancy and Services Boards (CSB) Per		iscal Quarter YT		DENTIAL DBHDS and CSB Use Only VELOPMENT Dashboard and Data
Virginia Department of Be and Developmental	shavioral Health		ommunity Need Finances	Operations Pro	gram Outcomes	
Data Filters	Workforce Services Lic	ensed				
Fiscal Quarter						
FY2025 Q1 YTD V	(Blank) Vacancy & Turnover Fiscal Quarter	(Blank)	(Blank) Average of Vacancy Rate	(Blank) Average Turnover Rate	(Blank) FY25 Q1 Average of Hourly Rate	(Blank) FY25 Q1 Positions Filled
All 🗸						
	Vacancy & Turnover Rates by CS	3	Vacancy & Turnover Rates by P	Position Category	FY25 Q1 Average Hourly Rate by	CSB
CSB Peer Group	1000%		1000%		Position Category Admin Su Case	e Ma • Clinician • Direct S 🕨
All 🔹	800%		a. 800%		Í	•
Budget Size	000.0		800%		a \$100	
All 🗸 🗸	[#] 600%		La la		Rate	
Operating / Locality,	2 600%		600%		arty	
	5 400%		of Tu		1 T	•
All 🗸	5 400%		400%			
Urban / Rural			era		\$50 Average Hourly Rate: \$47	
All 🗸 🗸	200%		₹ 200%		¥.	:
						•
CSB(s)	0%		0%		6	•
Rappahannock Area 🖂	0%	500% 1000%	0%	500% 1000%	Ra	ppahannock Area
Position Category	Vaca	ncy Rate	Average	e of Vacancy Rate		Area 个 点 🖸
	CSB	Vacancy Rate Turnover Rate	Position	Vacancy Rate Turnover Rate	Position Category	Average Total Staff
All 🗸	Total		Total			Hourly Rate
000.15	Iotal		Iotal	1	Admin Support	\$34 56
CSB View					Admin Support Front-Line	\$26
Quarterly View					Admin Support Mid Mgmt	\$31
dual terty view					Admin Support Overall	\$30 56
					Admin Support Upper Mgmt	\$51
					Case Management	\$34 131
Densel Ellines					Case Management Front-Line	\$31
Reset Filters					Case Management Mid-Mgmt	\$37
More Information					Case Management Overall	\$33 131
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Virginia Departme	nt of Behavioral Health	nmunity Service	s Boards (CSB)	Performar	nce Dashboard	ł								
and Develop	pmental Services	Home	CSB Profile	Community	y Need Fi	inances	Operat	tions	Program Outco	omes				
ata Filters	STEP-VA Overview	Discharge Planning					All	data includ	ed on this page a	re from the	DBHDS Beha	avioral Healt	h (BH) Dash	board data
scal Year		bischarge r tanning												
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I	 STEP-VA Measures In Measure 	Averag	e Data Collection	Baseline	Target for					In-Progress	In-Progress	In-Progress	in-Progress	In-Progre
ıdget Size	Measure	of Actu		Assessed	Dashboard									
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DBHD Virginia Department of I	Communit	rge Planning y Services Boards (CSB) Per	formance Dashl	board			CONFIDENTIAL DBHDS and CSB Use Only IN DEVELOPMENT Dashboard and Data
and Development	al Services Home	CSB Profile C	Community Need	Finances	Operations	Program Outcomes	
Data Filters	STEP-VA Overview Discharge	Planning		Data	represented in these metrics	are from different reporting period	s and do not reflect the most up to date data.
Fiscal Year				-			
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All V	Benchmark Met	Benchmark Not Met	FY24 Average Daily		100K Catchment Area Populat		
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Budget Size All V	Discharge Planning Measures CSB Average Daily Bed Census Per100K	Average 7 Day Hospital EBL Days Follow Up Readmission Rate Rate	reavy treavy Rappahannock	••	6	ក្ល Rappahannock	88%
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Rappahannock Area 🖂			Average Days on EB			EV26 State Hospital Reade	nission (July 2023 - January 2024)
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More Information					Benchmark: <60	Days WSH	
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DBHD			rge Pla	oards (CSB)	Dorform	anco Dach	board						IN DEVELOPMENT Dash	hboard and Da
Virginia Department of I and Development	Benavioral Health	Home		SB Profile		nity Need	Finances		Operations	Progr	am Outcomes			
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egion 1 V	Benchmar			nark Not Met		4 Average Dail	y Bed Census Per			tion	FY24 Rate of 7 Day	/ Follow Up		
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aion	CSBs Meeting All Be	enchmarks	CSBs with 100k+ Popula			EBL day Average	Indiv. on EBL		Rate of 7 Day Follow U	
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To: Joe Wickens, Executive Director

From: Brandie Williams, Deputy Executive Director

Re: Legislative Updates and Priorities

Date: January 13, 2025

The Rappahannock Area Community Services Board (RACSB) is committed to advocacy to improve performance, quality, and demonstrate the value of services. We recognize the impact that legislative activity at the federal, state, and local level impact the services we offer to the community. This report will provide specific information on current legislative or regulatory topics which impact RACSB.

Review of Virginia Association of Community Services Board's Legislative Initiatives:

Public Policy Actions:

- VACSB provides a unified public policy voice of CSB/BHAs and advocacy partners to the Governor, the General Assembly, DBHDS, DMAS, and other state agencies and local government organizations.
- VACSB builds relationships with legislators and advocates for positive legislation and resources for services.
- VACSB impacts state and federal policy and legislation through grass roots efforts and active participation with national associations, such as NACBHDD

Annual Conferences:

- Public Policy Conference: Held each October, this conference features Virginia and National public policy issues through panels and presentations.
- Legislative Conference: Held each January in Richmond, this conference provides knowledge and perspective for all members on current budget and legislative information and advocacy opportunities during the legislative session.

VACSB Public Policy Committee:

- This committee is comprised of varied CSB leadership and meets each Wednesday during Virginia's General Assembly Session to review each bill which impacts public behavioral health and developmental disabilities services.
- Produces an advocacy document each week during session which outlines these bills, the status, and VACSB position.
- Alison Standring, RACSB Part C System Manager and Brandie Williams, Deputy Executive Director, represents the agency on this committee ensuring a strong voice for our individuals and programs

Items of note from the Governor's Introduced Budget:

- \$35M for special conservators of the peace to receive custody of individuals at private hospitals
- \$1.5M to sustain the Adult Psychiatric Access line (this provides primary care doctors access to consultation and referral to assist their patients with behavioral health conditions)
- \$1.5M in increased support for Part C Early Intervention
- \$1.2M for 2 co-response teams
- \$1.2M to support the administrative costs of new DD Waiver slots (this funding is for DBHDS staff)
- \$1M to support the Youth Mental Health Matters initiative
- \$1.5M to address problem gambling
- Approximately \$800k to fund for 10 youth peer support specialists and associated training costs.
- Approximately 500\$K to allow children served in psychiatric residential treatment facilities (PRTF) to maintain their enrollment in managed care during their treatment. The payment for PRTF per diem payments and PRTF required services will be carved out of the managed care contract and paid as a fee-for-service benefit.
- Language and \$3M to implement the proposed 1115 Waiver (currently under review at CMS). The language authorizes coverage for services provided to Medicaid beneficiaries during short-term stays (not to exceed 60 days) for acute care in psychiatric hospitals or residential treatment settings that qualify as Institutes of Mental Disease through an 1115 serious mental illness (SMI) waiver. Resources are also provided to support the cost of implementing and overseeing services provided through the SMI waiver. Authority to reappropriate first year balances is also provided should program implementation costs run into 2026.
- Language and \$1.2M to implement the provision of covered services, including screenings, diagnostic services, and targeted case management, in the 30 days pre-release and immediately post-release to eligible incarcerated youth and young adults in accordance with section 5121 of the federal Consolidated Appropriations Act of 2023.
- \$52M to renovate, repair and upgrade state psychiatric facilities
- Language to allow the State Board of Behavioral Health and Developmental Services to promulgate emergency regulations related to peer recovery specialist-trainees.
- Language to allow funds provided for school-based mental health services to be used to make grants available to school divisions in addition to the current language directing the department to contract with Federally Qualified Health Centers (FQHCs) to establish school-based clinics to provide mental health and primary health care.



VACSB Legislative Update January 15, 2025

This update is published weekly during the General Assembly Session. If you have questions or need information, please contact Ariel DeVoy at adevoy@vacsb.org.

(804) 330 - 3141

VACSB CLEARINGHOUSE BILL DESIGNATION

DESIGNATION

Actively Support

Support

Monitor

Oppose

Actively Oppose

ACTION

Advocacy by VACSB Reps

Published Statement

Online Tracking

Published Statement

Advocacy by VACSB Reps

Bill	Catch line	Chief Patron	Committee	Last Action	Position	Date
<u>HB1577</u>	Centralized local government reporting system; unfunded mandates on localities.	Williams	Counties, Cities and Towns	Assigned CCT sub: Subcommittee #3	Monitor	1/13/2025
<u>HB1578</u>	Office of the State Inspector General; behavioral health and developmental services; required reports.	Campbell	General Laws	Fiscal Impact Statement from Department of Planning and Budget	Monitor	1/14/2025
<u>HB1596</u>	Department of Medical Assistance Services; state plan for medical assistance services; telemedicine services.	Clark	Health and Human Services	Assigned sub: Social Services	Pending; VACSB to seek amendment	1/13/2025
<u>HB1636</u>	Civil immunity; health care professionals; professional programs related to career fatigue and wellness.	Норе	Health and Human Services	Fiscal Impact Statement from Department of Planning and Budget	Monitor	1/15/2025
<u>HB1637</u>	Opioid antagonists; dispensing and administration by person acting on behalf of an organization.	Норе	Health and Human Services	Assigned sub: Health	Support; identical to SB 790	1/14/2025
<u>HB1641</u>	State plan for medical assistance services and health insurance; pediatric autoimmune neuropsychiatric disorders associated with streptococcal infections and pediatric acute- onset neuropsychiatric syndrome.	Норе	Labor and Commerce	Subcommittee recommends reporting and referred to Appropriations (7- Y 0-N)	Monitor	1/14/2025
<u>HB1649</u>	Board of Medicine; continuing education; unconscious bias and cultural competency.	Hayes	Referred to Committee on Health and Human Services	Assigned sub: Health Professions	Monitor; identical to SB 740	1/13/2025

<u>HB1651</u>	Social Services, Department of; applications for public assistance, immigration status inquiry.	Ballard	Referred to Committee on Health and Human Services	Assigned sub: Social Services	Monitor; identical to SB 772	1/13/2025
<u>HB1710</u>	Department of Medical Assistance Services; reimbursement rates for Early Intervention Program for Infants and Toddlers with Disabilities; work group; report.	Gardner	Health and Human Services	Assigned sub: Social Services	Actively Support	1/13/2025
<u>HB1712</u>	Arrest of certain persons with or without a warrant not required.	Watts	Courts of Justice	Referred to Committee for Courts of Justice	Support	1/4/2025
<u>HB1713</u>	Jurisdiction of district courts in felony cases; specialty dockets; Behavioral Health Docket Act.	Watts	Courts of Justice	Fiscal Impact Statement from Department of Planning and Budget (HB1713)	Monitor	1/11/2025
<u>HB1728</u>	Child victims and witnesses using two-way closed-circuit television; standard.	Delaney	Courts of Justice	Subcommittee recommends reporting and referred to Appropriations (7- Y 0-N)	Support	1/15/2025
<u>HB1733</u>	Children; petitions for relief of care & custody, investigation by local dept. of social services.	Cole	Health and Human Services	Fiscal Impact Statement from Department of Planning and Budget	Monitor	1/15/2025

<u>HB1753</u>	Department of Health; regulations; Centers for Medicare and Medicaid Services' final rule; Minimum Staffing Standards for Long- Term Care Facilities.	Watts	Health and Human Services	Assigned sub: Health	Monitor	1/13/2025
<u>HB1760</u>	Infant and Early Childhood Mental Health Act; report.	Gardner	Health and Human Services	Assigned sub: Behavioral Health	Monitor	1/13/2025
<u>HB1762</u>	Social Security Disability Insurance; DMAS to seek authorization to provide to certain individuals.	Morefield	Health and Human Services	Assigned sub: Social Services	Support	1/13/2025
<u>HB1763</u>	Virginia Freedom of Information Act; virtual meetings; advisory boards, commissions, and councils.	Martinez	General Laws	Fiscal Impact Statement from Department of Planning and Budget	Monitor	1/15/2025
<u>HB1765</u>	Health insurance; coverage for non-opioid prescription drugs.	Martinez	Labor and Commerce	Assigned L & C sub: Subcommittee #1	Support	1/13/2025
<u>HB1772</u>	Autism Advisory Council; name change, membership, repeals sunset date.	Норе	Rules	Referred to Committee on Rules	Support	1/5/2025
<u>HB1800</u>	Persons with disabilities; rights to the full and free use of public playgrounds.	Cohen	General Laws	Assigned GL sub: Housing/Consum er Protection	Support	1/13/2025
<u>HB1805</u>	Individuals w/disabilities; postsecondary transition planning & services, documentation or evidence.	Cohen	Education	Referred to Committee on Education	Monitor	1/6/2025

<u>HB1806</u>	Students with individualized education programs or Section 504 Plans; emergency protocol and guide.	Cohen	Education	Committee substitute printed 25104850D-H1	Monitor	1/15/2025
<u>HB1811</u>	Medical Assistance Services, Dept. of; creating an income exemption for personal care assistants.	Campbell	Health and Human Services	Assigned sub: Social Services	Monitor	1/13/2025
<u>HB1816</u>	Commercial entity offering social media accounts; restricted hours for minors, civil liability.	Campbell	General Laws	Referred from General Laws and referred to Communications, Technology and Innovation (Voice Vote)	Monitor	1/14/2025
<u>HB1827</u>	Comprehensive plan; social determinants of health.	Simonds	Counties, Cities and Towns	Subcommittee recommends reporting (5-Y 3-N)	Monitor	1/15/2025
<u>HB1852</u>	Definition of 'family or household member.'	Arnold	Courts of Justice	Impact statement from VCSC (HB1852)	Pending input from Children's Council and VACSB	1/8/2025
<u>HB1861</u>	Department of Health Professions; health regulatory boards; regulations; licensure by endorsement.	Price	Health and Human Services	Fiscal Impact Statement from Department of Planning and Budget	Monitor	1/15/2025
<u>HB1877</u>	Barrier crimes; peer recovery specialists; screening requirements.	Callsen	Referred to Committee on Health and Human Services	Assigned sub: Behavioral Health	Support	1/14/2025

<u>HB1880</u>	Public schools; enrollment of certain military children with disabilities; provision of special education services and accommodations.		Reported from Education (21-Y 0-N)	Reported from Education (21-Y 0- N)	Support	1/15/2025
<u>HB1893</u>	State plan for medical assistance services; recovery residences; work group; report.	Seibold	Referred to Committee on Health and Human Services	Assigned sub: Behavioral Health	Monitor	1/14/2025
<u>HB1895</u>	Involuntary temporary detention orders; definition of 'psychiatric emergency department	Willett	Referred to Committee on Health and Human Services	Assigned sub: Behavioral Health	Monitor	1/14/2025
<u>HB1897</u>	Board of Social Work; Board of Counseling; master's social worker; scope of practice; regulations.	Willett	Referred to Committee on Health and Human Services	Assigned sub: Health Professions	Monitor	1/14/2025
<u>HB1906</u>	Local departments of social services and health districts; screening for unmet social needs.	Willett	Referred to Committee on Health and Human Services	Assigned sub: Social Services	Monitor	1/14/2025
<u>HB1923</u>	Health insurance; reimbursement for services rendered by certain practitioners, etc.	Ward	Referred to Committee on Labor and Commerce	Assigned L & C sub: Subcommittee #1	Monitor	1/14/2025
<u>HB1928</u>	Minimum wage.	Ward	Referred to Committee on Labor and Commerce	Referred to Committee on Labor and Commerce	Monitor	1/6/2025
<u>HB1931</u>	Regional Older Adults Facility Team; central/eastern Va to establish.	LeVere Bolling	Referred to Committee on Health and Human Services	Assigned sub: Behavioral Health	Actively Oppose	1/14/2025

<u>HB1937</u>	Acute psychiatric bed registry; patient privacy and data security, etc.	Норе	Referred to Committee on Health and Human Services	Assigned sub: Behavioral Health	Monitor	1/14/2025
<u>HB1945</u>	School boards; student access to telehealth services, policies.	Reaser	Reported from Education with amendment(s) and referred to Appropriations (13-Y 8- N)	Assigned Approps sub: Elementary & Secondary Education	ldentical to HB919; monitor	1/15/2025
<u>HB1946</u>	Retail tobacco products, etc., liquid nicotine, smoking by a person younger than 21 years of age.	Норе	Referred to Committee for Courts of Justice	Referred to Committee for Courts of Justice	Monitor	1/6/2025
<u>HB1956</u>	Provider contracts; pharmacies allowed to refuse to fill certain prescriptions.	Wachsmann	Referred to Committee on Labor and Commerce	Assigned L & C sub: Subcommittee #1	Pending	1/14/2025
<u>HB1964</u>	Bright Futures program; established.	Tata	Referred to Committee on Health and Human Services	Assigned sub: Social Services	Support	1/14/2025
<u>HB1972</u>	Early childhood care & education; statewide, unified, universally accessible, public- private system.	Gardner	Referred to Committee on Education	Assigned Educ sub: Early Childhood	Monitor	1/13/2025
<u>HB2029</u>	Real property tax; exemption for elderly and disabled individuals.	Hernandez	Referred to Committee on Finance	Impact statement from TAX	Support	1/14/2025
<u>HB2040</u>	Speech-language pathology assistants; licensure, qualifications, scope of practice.	Seibold	Referred to Committee on Health and Human Services	Assigned sub: Health Professions	Support	1/14/2025

<u>HB2127</u>	Telework by local government employees.	Milde	Referred to Committee on Counties, Cities and Towns	Assigned CCT sub: Subcommittee #3	Oppose	1/15/2025
<u>HB2116</u>	Driver's licenses, identification cards, and learner's permits; indication of non-apparent disability; indication of a disability that can impair communication.	Keys-Gamarra	Referred to Committee on Transportation	Assigned Trans sub: Department of Motor Vehicles	Support	1/14/2025
<u>HB2102</u>	Department of Medical Assistance Services; presumptive eligibility for pregnant individuals; qualified entities; performance standards for qualified entities.	Feggans	Referred to Committee on Health and Human Services	Assigned sub: Social Services	Support	1/14/2025
<u>HB2099</u>	Health insurance; carrier contracts; required provisions regarding prior authorization for health care services; work group; report.	Maldonado	Referred to Committee on Labor and Commerce	Assigned L & C sub: Subcommittee #1	Support	1/14/2025
<u>HB2089</u>	Collective bargaining; individual home care providers.	Shin	Referred to Committee on Labor and Commerce	Assigned L & C sub: Subcommittee #2	ldentical to SB964; monitor	1/14/2025
<u>HB2085</u>	Health insurance; carrier business practices; method of payment for claims.	Shin	Referred to Committee on Labor and Commerce	Referred to Committee on Labor and Commerce	Support	1/7/2025
<u>HB2082</u>	Department of Medical Assistance Services; appeals of agency determinations.	Норе	Referred to Committee on Health and Human Services	Assigned sub: Health	Support	1/14/2025
<u>HB2081</u>	Virginia Human Rights Act; unlawful discrimination.	Garrett	Referred to Committee on General Laws	Referred to Committee on General Laws	Monitor	1/7/2025

<u>HB2130</u>	Referral of juvenile for child in need of services or child in need of supervision determination; juvenile respondent in protective order proceeding.	Keys-Gamarra	Referred to Committee for Courts of Justice	Referred to Committee for Courts of Justice	Monitor	1/7/2025
<u>HB2160</u>	Department of Medical Assistance Services; 1915(c) Home and Community Based Waivers; program rule amendments; direct support professionals.	Carr	Referred to Committee on Health and Human Services	Assigned sub: Social Services	Support	1/14/2025
<u>HB2182</u>	Sage's Law; minor students experiencing gender incongruence; parental notification of certain requests and parental permission for certain plans required; parental care.	Freitas		Fiscal Impact Statement from Department of Planning and Budget	Monitor	1/9/2025
<u>HB2198</u>	Prescribed pediatric extended care centers; licensure, regulation.	McQuinn		Committee Referral Pending	Pending; VACSB to speak with patron	1/7/2025
<u>HB2230</u>	Emergency custody and involuntary admissions; transfer of custody to facility.	Cherry		Committee Referral Pending	Monitor	1/7/2025
<u>HB2253</u>	Nursing homes; sanctions; civil penalty.	Wachsmann		Committee Referral Pending	Monitor	1/7/2025
<u>HB2260</u>	Child in need of supervision; definition.	Delaney		Committee Referral Pending	Pending input from C&F Council	1/7/2025
<u>HB2274</u>	Health benefit programs; discrimination; cause of action.	Ennis		Committee Referral Pending	Pending input from VACSB	1/8/2025

<u>HB2282</u>	Children's Services Act; state pool of funds.	Coyner	State Depa	al Impact ement from artment of ning and get	identical to SB801; pending input from C&F Council)	1/13/2025
<u>HB2285</u>	Study; Autism Advisory Council; establishment of an autism data dashboard in the Commonwealth; report.	Coyner		imittee rral Pending	Support	1/8/2025
<u>HB2289</u>	Zoning; recovery residences.	Coyner	State Depa	al Impact ement from artment of ning and get	Monitor	1/14/2025
<u>HB2290</u>	Behavioral health services; exchange of medical and mental health information and records; correctional facilities.	Coyner		ımittee rral Pending	Oppose. identical to SB870.	1/8/2025
<u>HB2339</u>	Child in foster care; provision of certain documents; 16 years of age.	Batten	State Depa	al Impact ement from artment of ning and get	Monitor	1/15/2025
<u>HB2344</u>	Department of Behavioral Health and Developmental Services; Early Intervention Program for Infants and Toddlers with Disabilities; program extension.	Obenshain		imittee rral Pending	Monitor	1/8/2025
<u>HB2353</u>	Discharge plans; copies to public elementary and secondary schools.	Wilt	Staten Depart	l Impact ment from rtment of ing and Budget	Actively Oppose; identical to SB1143	1/14/2025

<u>HB2391</u>	Certified registered nurse anesthetists; elimination of supervision requirement.	Sickles	Committee Referral Pending	Pending; coordinated strategy with SB882 and SB739	1/8/2025
<u>HB2399</u>	Parental access to minor's health records.	Scott, P.A.	Fiscal Impact Statement from Department of Planning and Budget	Actively Oppose	1/14/2025
<u>HB2457</u>	State Board of Social Services; regulations; application for and use of foster care benefits.	Glass	Committee Referral Pending	Support	1/8/2025
<u>HB2471</u>	Expansion of Medicaid services for students at public schools; certain platforms, surveys, and analyses.	Rasoul	Committee Referral Pending	Monitor	1/8/2025
<u>HB2472</u>	Fingerprints, palm prints, and photographs of juveniles.	Batten	Committee Referral Pending	Oppose	1/8/2025
<u>HB2473</u>	Board of Pharmacy; long-acting injectable or extended-release prescription drugs; correctional facilities.	Sickles	Committee Referral Pending	Pending to MH/SUD Councils	1/8/2025
<u>HB2474</u>	School resource officers and school security officers; crisis intervention training.	Higgins	Committee Referral Pending	Monitor	1/8/2025
<u>HB2485</u>	Cannabis control; retail market; penalties.	Krizek	Committee Referral Pending	Monitor	1/8/2025
<u>HB2486</u>	Best interests of the child; custody; orders to return a minor child; violations of orders regarding motions to relocate.	Zehr	Committee Referral Pending	Pending input from C&F Council	1/8/2025

<u>HB2534</u>	Department of Medical Assistance Services; state plan for medical assistance services; crisis stabilization services for nonhospitalized individuals; emergency.	Sewell	Committee Referral Pending	Monitor	1/9/2025
<u>HB2535</u>	Uniform Health Care Decisions Act.	Норе	Impact statement from VCSC	Pending input from MH, SUD, DD Councils	1/10/2025
<u>HB2543</u>	Department of Education; model memorandum of understanding; counseling from school counselors by way of telehealth.	Laufer	Committee Referral Pending	Monitor	1/10/2025
<u>HB2569</u>	Virginia State Crime Commission; Department of Behavioral Health and Developmental Services; persons with mental illness; petty crimes; study; report.	Leftwich	Committee Referral Pending	Monitor	1/12/2025
<u>HB2605</u>	Medical Conscience Protection Act established.	Ware	Committee Referral Pending	Monitor	1/13/2025
<u>HB2606</u>	Students with disabilities; due process hearings; certain verified statement required of complainant.	Ware	Committee Referral Pending	Monitor	1/13/2025
<u>HB2647</u>	State correctional facilities; use of restorative housing or isolated confinement; restrictions.	Keys-Gamarra	Committee Referral Pending	Monitor	1/14/2025
<u>HJ445</u>	Persons with disabilities; JLARC to study transportation options in rural areas.	Laufer	Committee Referral Pending	Monitor	1/7/2025

<u>SB740</u>	Medicine, Board of; continuing education, unconscious bias and cultural competency.	Locke	Education and Health	Referred to Committee on Education and Health	Monitor; identical to HB 1649	9/25/2024
<u>SB746</u>	Felony homicide; certain drug offenses, penalty.	McDougle	Courts of Justice	Impact Statement from VCSC	Oppose	1/7/2025
<u>SB747</u>	Juvenile and domestic relations district courts; mental health and social assessments.	Favola	Courts of Justice	Reported from Courts of Justice with substitute and rereferred to Finance and Appropriations (8- Y 5-N)	Monitor	11/18/2024
<u>SB752</u>	Psychology, Board of; prescriptive authority for clinical psychologists, report.	Favola	Referred to Committee on Education and Health	Fiscal Impact Statement from Department of Planning and Budget	Monitor	1/13/2025
<u>SB765</u>	Incapacitated persons; finding of mental incompetence.	Favola	Referred to Committee on Rehabilitation and Social Services	Referred to Committee on Rehabilitation and Social Services	Support	12/16/2024
<u>SB768</u>	School-based mental and behavioral health services; DOE to survey local education agencies, report.	Favola	Referred to Committee on Education and Health	Referred to Committee on Education and Health	Monitor	12/17/2024
<u>SB772</u>	Social Services, Department of; applications for public assistance, immigration status inquiry.	Sturtevant	Referred to Committee for Courts of Justice	Referred to Committee for Courts of Justice	Monitor; identical to HB 1651	12/23/2024

<u>SB773</u>	Foster care; housing services, housing plan, report.	Favola	Referred to Committee on Rehabilitation and Social Services	Referred to Committee on Rehabilitation and Social Services	Support	12/23/2024
<u>SB774</u>	Essential health benefits benchmark plan review; members of stakeholder work group.	Surovell	Referred to Committee on Rules	Fiscal Impact Statement from State Corporation Commission	Monitor	1/10/2025
<u>SB778</u>	Juveniles; adjudication of delinquency.	Locke	Reported from Courts of Justice with substitute (9-Y 5-N)	Reported from Courts of Justice with substitute (9- Y 5-N)	Monitor	1/15/2025
<u>SB790</u>	Opioid antagonists; dispensing and administration by person acting on behalf of an organization.	Head	Referred to Committee on Education and Health	Fiscal Impact Statement from Department of Planning and Budget	Support; identical to HB 1637	1/14/2025
<u>SB801</u>	Children's Services Act; changes to state pool of funds.	Favola	Referred to Committee on Rehabilitation and Social Services	Fiscal Impact Statement from Department of Planning and Budget	Pending; VACSB to speak with patron; identical to HB2282	1/13/2025
<u>SB819</u>	Community-based outpatient stabilization programs for voluntary treatment; referrals.	Favola	Referred to Committee on Rehabilitation and Social Services	Fiscal Impact Statement from Department of Planning and Budget	Monitor	1/14/2025

<u>SB838</u>	Recovery residences; certification required penalty, report.	VanValkenburg	Referred to Committee on Education and Health	Fiscal Impact Statement from Department of Planning and Budget	Monitor	1/15/2025
<u>SB841</u>	Opioid treatment programs; dispensing, medications from mobile units.	Favola	Referred to Committee on Education and Health	Assigned Education sub: Health	Support	1/14/2025
<u>SB869</u>	Autism spectrum disorder or a developmental disability; custodial interrogation of person.	Favola	Referred to Committee for Courts of Justice	Referred to Committee for Courts of Justice	Support	1/3/2025
<u>SB870</u>	Behavioral health services; correctional facilities, exchange of medical/mental health information.	Favola	Referred to Committee on Rehabilitation and Social Services	Referred to Committee on Rehabilitation and Social Services	Oppose	1/3/2025
<u>SB964</u>	Collective bargaining; individual home care providers.	Carroll Foy	Referred to Committee on Commerce and Labor	Referred to Committee on Commerce and Labor	Monitor; identical to HB2089	1/6/2025
<u>SB1013</u>	Neurocognitive disorder, etc.; affirmative defense to prosecution.	Boysko	Referred to Committee for Courts of Justice	Referred to Committee for Courts of Justice	Monitor	1/7/2025
<u>SB1037</u>	School boards; student access to telehealth services, policies.	Pekarsky	Referred to Committee on Education and Health	Assigned Education sub: Public Education	identical to HB1945, monitor	1/16/2025

<u>SB1110</u>	Weapons; possession prohibited in a hospital that provides mental health services or developmental services; penalty.	Williams Graves	Referred to Committee for Courts of Justice	Impact statement from VCSC	Monitor	1/10/2025
<u>SB1143</u>	Discharge plans; copies to public elementary and secondary schools.	Obenshain	Referred to Committee on Education and Health	Fiscal Impact Statement from Department of Planning and Budge	Actively Oppose; identical to HB2353	1/14/2025
<u>SB1232</u>	Autism Advisory Council; name change; membership; staffing; powers and duties.	Aird	Referred to Committee on Rules	Referred to Committee on Rules	Identical to HB1772; support	1/8/2025
<u>SB1293</u>	School board employees; health care professionals; professional development and continuing education; optional programs; children with autism spectrum disorder.	Stanley	Referred to Committee on Education and Health	Referred to Committee on Education and Health	Pending; VACSB to speak with patron	1/8/2025
<u>SB1304</u>	Department of Medical Assistance Services; state plan for medical assistance services; crisis stabilization services for nonhospitalized individuals; emergency.	McPike	Referred to Committee on Education and Health	Referred to Committee on Education and Health	Support	1/9/2025
<u>SB1345</u>	Commercial entity offering social media accounts; restricted hours for minors, civil liability.	Jordan	Referred to Committee for Courts of Justice	Referred to Committee for Courts of Justice	identical to HB1816, monitor	1/13/2025
<u>SB1372</u>	Petitions for relief of care and custody of a child; investigation by local department of social services; Office of the Childrens Ombudsman work group; report.	Suetterlein	Referred to Committee on Rules	Fiscal Impact Statement from Department of Planning and Budget	Monitor	1/15/2025

<u>SB1377</u>	Department of Education; mental health first aid training program.	Hashmi	Referred to Committee on Education and Health	Referred to Committee on Education and Health	identical to SB1381; pending Prevention Council	1/13/2025
<u>SB1381</u>	Department of Education; mental health first aid training program.	Hashmi	Referred to Committee on Education and Health	Referred to Committee on Education and Health	identical to SB1377; pending Prevention Council	1/13/2025
<u>SB1405</u>	Raising question of competency to stand trial or plead; evaluation and determination of competency; second evaluation.		Referred to Committee for Courts of Justice	Referred to Committee for Courts of Justice	Oppose	1/14/2025

Bill	Catch line	Chief Patron	Last Committee Event	Last Action	Position	Date
<u>HB1731</u>	Services for sexual assault patients; provision of information for sexual assault patients; Task Force on Services for Survivors of Sexual Assault; work group; report.	Delaney	Referred from Courts of Justice and referred to Health and Human Services (Voice Vote)	Assigned sub: Behavioral Health	FYI	1/14/2025
<u>HB1921</u>	Employment; paid sick leave, civil penalties, effective date.	Ward	Referred to Committee on Labor and Commerce	Assigned L & C sub: Subcommittee #2	FYI	1/14/2025
<u>HB1927</u>	Department of Medical Assistance Services; remote monitoring services for pregnant and postpartum patients; reimbursement.	LeVere Bolling	Referred to Committee on Health and Human Services	Assigned sub: Social Services	FYI	1/14/2025

<u>HB1951</u>	Workers' compensation; post-traumatic stress, anxiety, or depressive disorders, dispatchers.	Wachsmann	Referred to Committee on Labor and Commerce	Assigned L & C sub: Subcommittee #2	FYI	1/14/2025
<u>HB1954</u>	Public school funding and staffing; special education students; support services positions.	Rasoul	Referred to Committee on Appropriations	Assigned Approps sub: Elementary & Secondary Education	FYI	1/13/2025
<u>HB1973</u>	Affordable housing; preservation, definitions, civil penalty.	Bennett-Parker	Referred to Committee on General Laws	Fiscal Impact Statement from Department of Planning and Budget	FYI	1/14/2025
<u>HB1975</u>	Patient-initiated consultation; state plan for medical assistance.	Laufer	Referred to Committee on Health and Human Services	Assigned sub: Social Services	FYI	1/14/2025
<u>HB1976</u>	Maternal Health Monitoring Pilot Program; Department of Health to implement.	Laufer	Referred to Committee on Health and Human Services		FYI	1/14/2025
<u>HB1978</u>	Assisted living facility administrators; study; Joint Commission on Health Care to study licensure.	Cohen	Referred to Committee on Rules		FYI	1/14/2025
<u>HB2054</u>	Affordable housing; application for special use permit for assisted living facilities.	Reaser	Referred to Committee on Counties, Cities and Towns		FYI	1/14/2025
<u>HB2055</u>	Student health and safety; responsibility to contact parent of student at imminent risk of suicide.	Reaser	Referred to Committee on Education		FYI	1/14/2025

<u>HB2083</u>	Virginia Health Benefit Exchange; special enrollment period for pregnancy.	Shin	Referred to Committee on Labor and Commerce	FYI	1/14/2025
<u>HB2093</u>	Adult adoptee access to original birth certificate; contact preference form.	Walker	Referred to Committee on Health and Human Services	FYI	1/14/2025
<u>HB2100</u>	Medicare supplement policies; annual open enrollment period.	Maldonado	Referred to Committee on Labor and Commerce	FYI	1/14/2025
<u>HB2104</u>	Seizure rescue meds.; administration by certain school employees, possession by certain students.	Bennett-Parker	Referred to Committee on Education	FYI	1/14/2025
<u>HB2106</u>	Health insurance; pharmacy override for enrollee with sickle cell disease; prohibited.	Wachsmann	Referred to Committee on Labor and Commerce	FYI	1/14/2025
<u>HB2107</u>	Health insurance; pharmacies; freedom of choice; delivery of prescription drugs; penalties.	Wachsmann	Referred to Committee on Labor and Commerce	FYI	1/14/2025
<u>HB2109</u>	Task Force on Maternal Health Data and Quality Measures; report.	Herring	Referred to Committee on Health and Human Services	FYI	1/14/2025
<u>HB2153</u>	Faith and housing; comprehensive plan; zoning; Department of Housing and Community Development.	Carr	Referred to Committee on General Laws	FYI	1/14/2025

<u>HB2187</u>	Children's Ombudsman; powers and duties.	Freitas	Fiscal Impact Statement from Department of Planning and Budge	FYI	1/10/2025
<u>HB2258</u>	Bureau of Insurance; step therapy protocols; study; report.	Delaney	Committee Referral Pending	FYI	1/14/2025
<u>HB2269</u>	Hospitals; reports of threats or acts of violence against health care providers.	Tran	Committee Referral Pending	FYI	1/14/2025
<u>HB2275</u>	Virginia Freedom of Information Act; civil penalties.	Ennis	Committee Referral Pending	FYI	1/14/2025
<u>HB2287</u>	Guidelines and policies on school- connected overdose; response and parental notification.	Coyner	Committee Referral Pending	FYI	1/14/2025
<u>HB2296</u>	Reckless exposure of illegal fentanyl to certain persons; penalty; arrest and prosecution when experiencing or reporting overdoses.	Earley	Committee Referral Pending	FYI	1/14/2025
<u>HB2307</u>	Prescription Monitoring Program; requirements of practitioners; pharmacy technicians; training programs.	Hodges	Committee Referral Pending	FYI	1/14/2025
<u>HB2366</u>	Secretary of Public Safety and Homeland Security and Secretary of Health and Human Resources; combat the sale of illicit cannabis products; work group; report.	Coyner	Committee Referral Pending	FYI	1/8/2025
<u>HB2372</u>	Joint Commission on Health Care; duty to study proposed health insurance mandates.	Sickles	Committee Referral Pending	FYI	1/14/2025

<u>HB2393</u>	Human trafficking; issuance of writ of vacatur for victims.	Mundon King	Committee Referral Pending	FYI	1/14/2025
<u>HB2394</u>	Department of Medical Assistance Services; Medicaid; long-term services and supports; presumptive eligibility; sunset.	Sickles	Committee Referral Pending	FYI	1/14/2025
<u>HB2445</u>	Absentee voting in person; available beginning 14 days prior to election; hours of operation.	Scott, P.A.	Committee Referral Pending	FYI	1/14/2025
<u>HB2475</u>	Use of safety belt systems.	Keys-Gamarra	Committee Referral Pending	FYI	1/14/2025
<u>HB2478</u>	Elections; absentee voting; drop-off locations for return of absentee ballots; 24- hour video surveillance requirement.	Zehr	Fiscal Impact Statement from Department of Planning and Budget	FYI	1/15/2025
<u>HB2481</u>	Workers' compensation; injuries caused by repetitive and sustained physical stressors.	Krizek	Committee Referral Pending	Identical to SB803; FYI	1/14/2025
<u>HB2482</u>	Virginia Public Procurement Act; competitive sealed bidding; required criteria in invitations to bid for certain construction projects.	Krizek	Committee Referral Pending	FYI	1/14/2025
<u>HB2493</u>	Gaming; conduct of Texas Hold'em poker tournaments; fantasy contests; age restrictions.	Krizek	Fiscal Impact Statement from Department of Planning and Budget	FYI	1/14/2025

<u>HB2538</u>	Public education; early childhood care and education; funding formula calculations; Early Childhood Care and Education Fund established; report.	Bulova	Committee Referral Pending	FYI	1/14/2025
<u>HB2539</u>	Department of Medical Assistance Services; state plan for medical assistance services; dental care services for pregnant women; report.	Mundon King	Committee Referral Pending	identical to SB756; FYI	1/14/2025
<u>HB2582</u>	Real property tax; permanent and total disability; definition.	Cordoza	Committee Referral Pending	FYI	1/14/2025
<u>HB2597</u>	Provisional licenses for assisted living facilities, adult day centers, or child welfare agencies; appeals.	Rasoul	Committee Referral Pending	FYI	1/14/2025
<u>HB2610</u>	Department of Medical Assistance Services; state pharmacy benefits manager.	Callsen	Committee Referral Pending	FYI	1/14/2025
<u>HB2617</u>	Commission on Women's Health established; report.	Mundon King	Committee Referral Pending	FYI	1/14/2025
<u>HB2649</u>	Prescription Monitoring Program; exemptions; licensed narcotic maintenance treatment programs.	Wachsmann	Committee Referral Pending	FYI	1/14/2025
<u>HB2655</u>	Behavioral health services; exchange of medical and mental health information and records; correctional facilities.	Williams	Committee Referral Pending	FYI	1/14/2025
<u>HJ441</u>	Study; Virginia Commission on Youth; policies to support student mental health in Virginia's elementary and secondary schools; report.	Martinez	Committee Referral Pending	FYI	1/14/2025

<u>HJ442</u>	Study; tax policies enacted by the Commonwealth and its political subdivisions concerning affordable housing; report.	Orrock		Committee Referral Pending	FYI	1/14/2025
<u>SB885</u>	Office of the State Inspector General; behavioral health and developmental services; required reports.	Perry	Reported from General Laws and Technology (15-Y 0-N)	Committee Referral Pending	FYI	1/14/2025
<u>SB937</u>	Administrative Process Act; issuance of provisional licenses, exemption from appeal.	Craig	Referred to Committee on Rehabilitation and Social Services	Committee Referral Pending	FYI	1/14/2025
<u>SB980</u>	Certified community health workers; state plan amendment to provide reimbursement for services.	Hashmi	Referred to Committee on Rules	Committee Referral Pending	FYI	1/14/2025
<u>SB1385</u>	Department of Emergency Management and the Department of Health to study the makeup and composition of the emergency management regions, state health regions, and local health districts; report.	Favola	Referred to Committee on Rules	Committee Referral Pending	FYI	1/14/2025
<u>SB1393</u>	Department of Health; pregnancy mobile application.	Williams Graves	Referred to Committee on Education and Health	Committee Referral Pending	FYI	1/14/2025
<u>SB1406</u>	Office of the Childrens Ombudsman; foster youths right to receive information.	Salim	Referred to Committee on General Laws and Technology	Committee Referral Pending	FYI	1/14/2025

<u>Bill</u>	Catch line	Chief Patron	Last Committee Event	Last Action	Position	Date
<u>HB1940</u>	International licensure and certification;	Willett	Referred to Committee on		Drop	1/6/2025
<u>HB1955</u>	regulations. Manufacturing, selling, giving, distributing, or possessing with intent to manufacture, sell, give, or distribute a controlled substance or an imitation controlled substance prohibited; penalties.	Gardner	General Laws Referred to Committee for Courts of Justice		Drop	1/8/2025
<u>HB1977</u>	Weapons; possession prohibited in a hospital that provides mental health or developmental services.	Hernandez	Referred to Committee for Courts of Justice		Drop	1/14/2025
<u>HB2053</u>	Baseline audit of education preparation programs; Department of Education to conduct.	Reaser	Referred to Committee on Education		Drop	1/7/2025
<u>HB2060</u>	Workers' compensation benefits; post- traumatic stress disorder, anxiety disorder, or depressive disorder incurred by law- enforcement officers and firefighters.	Krizek	Referred to Committee on Labor and Commerce		Drop	1/14/2025
<u>HB2064</u>	Firearm locking device; required for sale or transfer of firearm.	McClure	Referred to Committee on Public Safety		Drop	1/7/2025
<u>HB2075</u>	Sexual abuse of children; penalty.	Garrett	Referred to Committee for Courts of Justice		Drop	1/7/2025
<u>HB2079</u>	Board of Pharmacy; membership; emergency medical services agencies authorized to obtain controlled substance registration.	Thomas	Referred to Committee on General Laws		Drop	1/14/2025

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<u>HB2088</u>	Virginia Forensic Nursing Advisory Council established; powers and duties of Criminal Justice Services Board; sexual assault forensic examiners; physical evidence recovery kits.	Shin	Referred to Committee on Health and Human Services		Drop	1/7/2025
<u>HB2119</u>	Certificate of public need; establishes expedited application and review, medical deserts.	Walker	Referred to Committee on Health and Human Services		Drop	1/14/2025
<u>HB2133</u>	Health insurance; coverage for breast examinations for high-risk individuals.	Keys-Gamarra	Referred to Committee on Labor and Commerce		Drop	1/7/2025
<u>HB2167</u>	Charitable gaming; conduct of athletic event drawings; civil penalties.	Krizek		Committee Referral Pending	Drop	1/7/2025
<u>HB2171</u>	Virginia Lottery; Internet gaming authorized, penalties.	Simon		Committee Referral Pending	Drop	1/7/2025
<u>HB2325</u>	State Board of Local and Regional Jails; work group to review standards and regulations for pregnant and postpartum incarcerated persons in local and regional correctional facilities; report.	Simonds		Committee Referral Pending	Drop	1/8/2025
<u>HB2354</u>	Transfer of certain incarcerated persons to Immigration and Customs Enforcement.	Wilt		Committee Referral Pending	Drop	1/8/2025
<u>HB2389</u>	Sanctuary policies prohibited.	Higgins		Committee Referral Pending	Drop	1/8/2025

<u>HB2448</u>	Interstate Massage Compact.	Glass		Committee Referral Pending	Drop	1/8/2025
<u>HB2488</u>	Local tax authority; nicotine vapor products.	Green		Committee Referral Pending	Drop	1/8/2025
<u>HB2498</u>	Virginia Gaming Commission; established.	Krizek		Committee Referral Pending	Drop	1/13/2025
<u>HB2615</u>	Access to minor's records; records contained in or made available through secure website.	Ennis		Committee Referral Pending	Drop	1/13/2025
<u>HB2616</u>	Regional emergency medical services councils.	Ennis		Committee Referral Pending	Drop	1/13/2025
<u>HB2641</u>	Statewide housing targets for localities.	Helmer		Committee Referral Pending	ldentical to SB975; drop	1/14/2025
<u>HB2645</u>	Commission on Early Childhood Care and Education; members.	Feggans		Committee Referral Pending	Drop	1/7/2025
<u>HJ447</u>	Statewide food desert mapping tool; Virginia Commission to End Hunger to establish, report.	Anthony		Committee Referral Pending	Drop	1/7/2025
<u>SB975</u>	Statewide housing targets; requires localities to increase their total housing stock.	VanValkenburg	Referred to Committee on Local Government		ldentical to HB2641; drop	1/7/2025
<u>SB981</u>	Certified community health workers; Department of Health to submit annual report.	Hashmi	Referred to Committee on Education and Health		Drop	1/7/2025

<u>SB1011</u>	Affordable dwelling unit program; adds City of Falls Church to list.	Salim		Reported from Local Government (12-Y 1-N)	Drop	1/15/2025
<u>SB1164</u>	Office of Medicaid Financial Oversight established.	McDougle	Rereferred from General Laws and Technology to Finance and Appropriations (15-Y 0-N)		Drop	1/15/2025
<u>SB1334</u>	Juvenile and domestic relations district court; preliminary hearing; violent juvenile felony.	Marsden	Referred to Committee for Courts of Justice		Drop	1/13/2025
<u>SB1344</u>	Virginia Housing Trust Fund; creation and management.	Jordan	Referred to Committee on General Laws and Technology		Drop	1/13/2025
<u>SB1391</u>	Adding a member of the Department of Veterans Services to the Commission on Early Childhood Care and Education.	Srinivasan	Referred to Committee on Education and Health		Drop	1/13/2025