

About the Art of Recovery Exhibit

Since 2005, the Fredericksburg community has embraced the Art of Recovery Exhibit. Each year, the quality and quantity of art increases as more individuals throughout the Commonwealth of Virginia learn about the exhibit and want to become involved.

The exhibit coincides with National Mental Health Month.

About Art Therapy

Art therapy in a mental health profession setting uses the creative process of art making to improve and enhance the physical, mental, and emotional well-being of individuals of all ages. It is based on the belief that the creative process involved in artistic self-expression helps individuals resolve conflicts and problems, develop interpersonal skills, manage behavior, reduce stress, and increase self-esteem and self-awareness. When words are not enough, images and symbols can help tell stories. The ability to tell stories through art can lead to a path of wellness and recovery.

About RACSB

Founded in 1970, the Rappahannock Area Community Services Board (RACSB) is committed to improving the quality of life for people with mental health, developmental disability, and substance abuse problems and to preventing the occurrence of these conditions. RACSB uses an integrated community-based system of care that is responsive to individual needs and choices. RACSB serves the residents of the City of Fredericksburg and the Counties of Caroline, King George, Spotsylvania, and Stafford. To learn more, visit www.rappahannockareacsb.org.

About Kenmore Club

Kenmore Club provides psychosocial rehabilitation services supporting adults with severe and persistent mental illness. Their goal is to provide citizens living with the effects of mental illness the chance to contribute, to work, and to become self-supporting members of the community. Kenmore Club is located at 632 Kenmore Avenue, Fredericksburg (540-373-7737).

About the ACT Team

The Assertive Community Treatment team provides whole team support to individuals with mental illness, including psychiatry, therapy, case management, medication management, and vocational support in home, or in the community, wherever the client is.

Art of Recovery Exhibit

*Featuring original artwork of
individuals with mental illness*

May 1-31 2026

CALL FOR ARTISTS

Entry Deadline March 1 2026

Rappahannock Area Community Services Board (RACSB) is currently seeking entries for the Annual "The Art of Recovery" exhibit.

The art show features original artwork by adults with mental illness.

The show is facilitated by members and staff from Kenmore Club and the ACT Team

The exhibit will be on display at the Fredericksburg Regional Library located at 1201 Caroline St

Art of Recovery Exhibit

Eligibility

This exhibition is open to artists with mental illness. There is no fee to enter. There is no limit to the number of entries. Pieces must be **original** and available for sale (include price and dimensions).

Specifications

All work must be original 2d pieces. Textiles will be considered if they are able to be hung on a wall. Artists are encouraged to submit high-quality photographs for consideration. If selected, please send pieces framed appropriately and equipped with a hanging wire on the back for installation. Please refer to hanging and framing instructions for additional guidance.

Calendar

All entries must be submitted for consideration by March 1. Artists will be notified of decisions by April 1. All pieces selected must be delivered to RACSB no later than April 27th. The celebratory reception will be held 1st Friday May 1 from 5-9 pm.

Agreement

By submitting work for entry, artist agrees to allow representations of work to be shown and reproduced for publicity purposes. Artist assumes liability for damaged or lost pieces. Only original work will be displayed. All pieces must be for sale. Artwork must be picked up by June 6th from the Kenmore Club. Any artwork not retrieved by June 6th, 2026 will become the property of RACSB, Kenmore Club.

Entry Form

All work must be submitted for consideration by April 1.

Artist Information

Name _____

Address _____

City _____

State _____ Zip Code _____

Phone _____

Email _____

Supporting Agency (optional)

By signing below, I agree to the parameters of entry to this exhibition.

Signature _____

Date _____

To submit artwork or to learn more,
contact Anna Loftis, Kenmore Club
Coordinator
at 540-373-7737 or
dl_artofrecovery@rappahannockareacsb.
org

Submissions once chosen, should be
mailed to: RACSB/Kenmore Club
attn: Art of Recovery

632 Kenmore Avenue Fredericksburg,
VA 22401

Entry #1

Artist _____

Title _____

Year of completion (if known) _____

Media _____

Dimensions _____

Framed _____ Yes _____ No

Traveling Exhibit _____ Yes _____ No

Price _____

Entry #2

Artist _____

Title _____

Year of completion (if known) _____

Media _____

Dimensions _____

Framed _____ Yes _____ No

Traveling Exhibit _____ Yes _____ No

Price _____

Entry #3

Artist _____

Title _____

Year of completion (if known) _____

Media _____

Dimensions _____

Framed _____ Yes _____ No

Traveling Exhibit _____ Yes _____ No

Price _____

Entry #4

Artist _____

Title _____

Year of completion (if known) _____

Media _____

Dimensions _____

Framed _____ Yes _____ No

Traveling Exhibit _____ Yes _____ No

Price _____

No limit to the number of submissions. Please copy form as needed.