

LEGAL SERVICES Servicios legales

Legal Aid Works 540-371-1105

ADDITIONAL RESOURCES Recursos adicionales

2-1-1 Virginia for Community Resources 211
Brain Injury Services, Inc. 540-785-6122
Central Virginia Housing Coalition. 540-604-9943
Children's Home Society of Virginia . . . 540-226-0583
Department of Aging and
Rehabilitation Services 540-899-4161
disAbility Resource Center 540-373-2559
Employment Resources 540-372-6710
FAHASS 540-907-4555
Fail Safe - ERA 540-479-3021
Fredericksburg Food Bank. 540-371-7666
FRED Regional Transit 540-372-1222
Healthy Families Rappahannock Area . . 540-374-3366
Healthy Generations Agency on Aging . 540-371-3375
Infant & Toddler Connection of the
Rappahannock Area 540-372-3561

Kenmore Club 540-373-7737
Parent Education – Infant
Development Program 540-372-3561
Project LINK 540-891-3132
Rappahannock Adult Activities 540-373-7643
Rappahannock Goodwill Industries. . . . 800-789-2816
S.E.R.V.E. 540-288-9603
Virginia Employment Commission 540-322-5757
Virginia Veteran and Family Support. . . 804-690-3217

MEDICATION DISPOSAL BINS Contenedores para desechar medicamentos

Fredericksburg Police Department
2200 Cowman Boulevard
Fredericksburg, VA 24401
Monday - Friday 8:00 a.m. to 4:00 p.m.

Spotsylvania County Sheriff's Office
9119 Dean Ridings Lane
Spotsylvania, VA 22553
Monday - Friday 8:00 a.m. to 4:30 p.m.

King George Sheriff's Office
10445 Government Center Boulevard
King George, VA 22485
Available 24 hours a day

Stafford County Sheriff's Office
1225 Courthouse Rd
Stafford, VA 22554
Monday - Friday 8:00 a.m. to 9:00 p.m.

Kaiser Permanente facility
1201 Hospital Dr
Fredericksburg, VA 22401
540-368-3700

Many Pharmacies have permanent medication disposal bins on-site at many of their locations. Please call your local pharmacy to confirm or visit <https://safe.pharmacy/drug-disposal/> for a location near you.

Scan QR Code for online Community Resources link.

Information current as of April 2026 and subject to change without notice.



24-Hour Emergency Services 540-373-6876

RACSB LOCATIONS

RACSB Administrative Offices & Fredericksburg Clinic: Ronald W. Branscome Building

600 Jackson St., Fredericksburg, VA 22401
540-373-3223

Caroline County: Patricia K. Spaulding Building
19254 Rogers Clark Blvd., Ruther Glen, VA
22546 804-633-9997

King George County: Marie O. Kunlo Building
8479 St. Anthony's Rd., King George, VA 22485
540-775-9879

Spotsylvania County: Edith O. Fleming Building
7424 Brock Rd., Spotsylvania, VA 22553
540-582-3980

Stafford County: Charles A. Cooper Building
15 Hope Rd., Stafford, VA 22554
540-659-2725



Provided by

Prevention Services of the
Rappahannock Area
Community Services Board

RappahannockAreaCommunityServicesBoard
 @RappAreaCSB
 @hope_starter

rappahannockareacsb.org

CRISIS/MENTAL HEALTH HELPLINES (24-HOURS)

Línea de ayuda ante una crisis o Línea de ayuda para la salud mental, disponible las 24 horas del día

Emergency (police, fire, rescue)	911
RACSB Emergency Services	540-373-6876
Suicide & Crisis Lifeline	9-8-8
Region 1 Call Center	434-230-9704
Nacional de Prevencion del Suicidio	888-628-9454
National Maternal Mental Health Hotline Call or text 1-833-9-HELP4MOMS . . (1-833-943-5746)	
Crisis Textline	741741, type "Hello"
Gambling Helpline. . . 1-800-Gambler or 888-532-3500	
Trever Project Hotline . . 866-488-7386 or text 678678	
Poison Control Center	800-222-1222
RCASA (Sexual Assault) 540-371-1666/540-371-6771	
Empowerhouse (Domestic Violence) . . 540-373-9373	877-734-7238
Mental Health Virginia Warmline	866-400-6428
Safe Harbor Child Advocacy Center	540-891-6280
Snowden at Fredericksburg	540-741-3900

Fredericksburg Dept. of Social Services	540-372-1032
Stafford Dept. of Social Services	540-658-8720
Spotsylvania Dept. of Social Services	540-507-7898
King George Dept. of Social Services	540-775-3544
Caroline Dept. of Social Services	804-633-5071

COUNSELING/MENTAL HEALTH SUPPORTS Consejería/asistencia para la salud mental

Rappahannock Area Community Services Board (RACSB) 24-hour Emergency Services	540-373-6876
Fredericksburg Clinic	540-373-3223
Caroline County Clinic	804-633-9997
King George County Clinic	540-775-9879
Spotsylvania County Clinic	540-582-3980
Stafford County Clinic	540-659-2725
Catholic Charities	540-371-1124
Fredericksburg Christian Health Center	540-785-8500
Mental Health America of Fredericksburg	540-371-2704
Visit www.mhafred.org for local provider directory.	
National Alliance on Mental Illness (NAMI) – Rappahannock	namirapp.org

SUBSTANCE USE DISORDER Apoyo para el trastorno causado por el consumo de sustancias controladas

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Caroline County Clinic	804-633-9997	
King George County Clinic	540-775-9879	
Spotsylvania County Clinic	540-582-3980	
Stafford County Clinic	540-659-2725	
Al-Alon	888-425-2666	
Alateen	888-425-2666	
Alcoholics Anonymous	540-752-2228	
Narcotics Anonymous	800-777-1515	
Office on Youth	540-755-2636	
Project LINK	540-891-3132	
Rappahannock Area ASAP	540-372-3558	540-645-6310
Never Use Alone	877-696-1996	
Save1LifeFxbg.org (Harm Reduction)		

LAW ENFORCEMENT Orden público

Caroline County	804-633-1120
Fredericksburg	540-373-3122
King George County	540-775-2049
Spotsylvania County	540-507-7200
Stafford County	540-658-4450
University of Mary Washington Police	540-654-1025
Germanna College Police	540-891-3079

HOUSING/SHELTER Vivienda/refugios

Homelessness Helpline	540-358-5801
MICAH	540-479-4116
Thurman Brisben Center	540-899-9853
Salvation Army	540-373-3431
Loisann's Hope House	540-371-0831
Central VA Housing Coalition	540-604-9943

HEALTH Salud

Fredericksburg Christian Health Center	540-785-8500
Fredericksburg VA Healthcare Center	540-707-7074
Community Health Center of the Rappahannock Region	540-735-0560
Rappahannock Area Health District	540-899-4797
Caroline County Health Dept.	804-633-5465
Fredericksburg Health Dept.	540-899-4142
King George County Health Dept.	540-775-3111
Spotsylvania County Health Dept.	540-507-7400
Stafford County Health Dept.	540-659-3101

PARENT RESOURCE CENTERS Centros de recursos para padres

Fredericksburg City Schools	540-372-1127
Caroline County Public Schools	804-633-7083
King George County Public Schools	540-755-5833
Spotsylvania County Public Schools	540-582-7060
Stafford County Public Schools	540-899-6000